



Holy Cross College (Autonomous) Nagercoil – 629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle
An ISO 9001:2015 Certified Institution

SSR
2019-2020
to
2023-2024

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

Date	Title of the Programme	Participants	Outcome	Impact
2023-2024				
11-07-2023	A talk on Duties and Responsibilities of the citizens	165	Fostered a sense of social cohesion among citizens.	Students became more conscious of their actions and the impact they have on others
03-01-2024	Beyond Firewalls: Advanced Tactics in Cyber Security	75	Enhanced the capability of students to recognize irregular behavioural patterns	Advanced tactics in cybersecurity had a profound impact on enhancing digital defence strategies.
11-01-2024	Positive Mindset, Positive life: How to develop a positive Mental Attitude and achieve your goals.	66	Acquired knowledge about cultivating a constructive mindset to accomplish objectives.	Embracing a positive mindset not only enhanced mental well-being but also served as a catalyst for achieving personal goals.
20-10-2023	Group Activity on Human Rights	45	Students realized that the concept of human rights empowered people and informed them that they deserved dignity from society.	Participated in a human rights group activity cultivated awareness, empathy, and advocacy, nurturing a more compassionate and informed community.
10-07-2023	Botany Club meeting - Constitutional Rights	45	Strengthened understanding of legal dimensions in environmental conservation expanded perspectives on the convergence of law and botany.	By exploring constitutional rights and understanding how legal principles intersect with plant science

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03-11-2023	Skit, Song based on Human Rights	26	Communicated the concept of the universality and indivisibility of human rights, encouraging empathy and unity among the audience.	A skit or song centred on human rights delivered a powerful message, igniting empathy, sparking dialogue, and inspiring action towards a more just and equitable world.
20-10-2023	Album based on Human Rights	38	Students gained understanding about human rights.	Focusing on human rights left a lasting impact, amplifying awareness, sparking discussions, and advocating for positive change in society.
23-06-2023 to 26-06-2023	Take-Off with Spoken English	250	Students successfully conquered their fears and communicated confidently and without hesitation.	Embarking on a journey with spoken English left a lasting impact, empowering individuals to communicate effectively
26-07-2023	Inauguration of the English Club	240	The students sharpened their language skills.	Enhanced language skills, promoting cultural exchange, and cultivating exceptional communication among students.
08-08-2023	Elocution Competition – Women’s Empowerment in Free India	76	The listeners found inspiration and gained insight into the areas requiring empowerment.	Signified a transformative journey towards equality, opportunity, and social justice, catalysing progress and inclusivity across all sectors of society.
19-09-2023	Flash Fiction competition	42	Students enthusiastically engaged and demonstrated their imaginative skills.	Transformation ignited deep changes, brought forth growth, evolution, and new opportunities
08-09-2023	Mrs. Philomminammal's Endowment Lecture on Education and AI: The Transition	250	The students gained knowledge about various applications of AI in the field of education.	Education expanded, opening doors to innovative teaching methods, personalized learning experiences, and improved educational results.
08-09-2023	Photo contest for Freshman Flute cover page	26	Students from both PG and UG classes enthusiastically engaged and demonstrated their abilities.	Sparked excitement and encouraged creative expression among participants, fostering a vibrant community spirit.

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21-09-2023	The impact of Industry 4.0 on Innovative Content Development	232	The students gained knowledge regarding communication technologies.	Advanced technologies were utilized to improve creativity, collaboration, and efficiency in content creation.
16-10-2023	Dr. Mary Josheela's Endowment Lecture on English Language Professionals in the Digital World	250	Students gained insight into the significance of language in the digital world.	The lecture delivered insights into the evolving role of language experts, highlighting their adaptation to digital contexts
19-10-2023	Competitions on the title Nature Under Threat	61	Students enthusiastically engaged in the competitions and recognized the significance of nature conservation.	Shredded light on environmental issues and prompting initiatives to safeguard nature.
30-10-2023	Verse Writing Competition on the theme War	24	Students enthusiastically took part in the verse writing competition and gained insights into the horrors of war.	Prompted deep reflection on the truths and aftermath of conflict, encouraging imaginative expression and understanding among contestants.
16-11-2023	Alumnae Chapter Meet	38	The alumni were delighted to reunite with their past classmates, nurturing camaraderie and brotherhood.	The alumni enjoyed getting together to foster a sense of unity and togetherness.
14-08-2023	Independence Day Competitions on Letter to leader, Patriotic poem and Drawing.	150	Independence Day Competitions created a notable effect on both personal and patriarchal growth	Inspired creativity, patriotism, and pride in participants as they expressed their love for their country through various mediums.
21-07-2023	<i>Thiran Valar Competition- Tamil Ilakkiyam Vazhi Manitha Mathipedugal</i>	67	Gained understanding of the trajectory of Tamil literature.	Created true Tamil Eminent Personalities in the society.
04-10-2023	<i>Tamilarivom Quiz Competition (The Indhu Tamilthisai Nalithal - 2023 September Month) Vasipu Nokkil arivai valarthal</i>	12	Improved the Tamil reading habits.	Created true Tamil Eminent Personalities in the society.
07-12-2023	<i>Ilakiyam Chuttum Manitha Mathipedugal</i>	226	Students understood the qualities imposed by Tamil Literature.	Explored paths of human development in Tamil literature.

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12-12-2023	<i>ImperumVizha (Palsamaya Onrtipum Bharthathin Mempadum, Bharatiyar Brithday, Bharatha Mozhiga INaall, Ulaga Urimai Naall, India Arasiyalamappu Naall)</i>	446	Created unity among different religions and communities in Kanyakumari.	Understood the significance of time periods, Bharathi's principles, and the interrelation between global powers and Indian politics.
11-12-2023	Legal Awareness Programme on Women's Rights	64	Students gained awareness of women's legal rights.	Empowered participants with knowledge and understanding of their rights
23-01-2024	Association Meeting on Human Values	74	The students were inspired to lead a virtuous life through moral values.	Fostered a deeper understanding and appreciation of ethical principles among participants.
24-01-2024	Historia- Intercollegiate Competitions on My Right, My Vote My Identity	120	The students were motivated to vote honestly and understand the rights and duties of being a good citizen.	Empowered participants with a deeper understanding of their rights as citizens and the importance of voting in shaping their identity and the future of the nation.
14-12-2023	Indian Constitutional Rights	59	Increased awareness and understanding of citizens' legal entitlements, fostering a sense of empowerment and responsibility.	Participants gained a deeper appreciation for the fundamental principles enshrined in the constitution, leading to greater civic engagement and advocacy for justice and equality.
28-09-2023	Rural Camp: Bothai Marakka Naam Paathai Maatruvom	120	The community members gained awareness of different forms of addiction and learned how to redirect their lives towards happiness.	Empowered participants with practical skills and knowledge to address environmental challenges and promote sustainable practices in their communities.
04-08-2023	Awareness Program on Psychological Stress Relief Program for Women	120	The women gained insight into stress management and learned various mind mapping techniques to support their mental well-being.	Equipped participants with effective strategies to alleviate stress and enhance their overall well-being.

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07-09-2023	Awareness Program on Suicide Prevention	80	The session encouraged the student community to prioritize mental well-being	Raised awareness about the warning signs of suicide, promoting empathy and understanding, and providing resources for support.
17-09-2023	Awareness Program on Selfcare & Self-esteem	30	The students became aware of the negative consequences of social media and learned how to utilize it more effectively.	Helped participants to recognize the harmful effects of excessive social media usage and providing strategies to manage and reduce addiction.
17-09-2023	Awareness Program on Health care & Fitness	70	The students understood the significance of self-care and its role in bolstering their self-esteem.	Empowered participants with the knowledge and skills needed to make informed decisions about their health and fitness.
14-09-2023	Awareness Program on Social Media Addiction	70	Participants gained awareness of the negative effects of excessive social media use on mental health and well-being.	The program helped participants recognize signs of addiction, provided strategies to manage social media use more effectively, and encouraged healthier habits
14-10-2023	Awareness Program on Mental Health for Healthy life	90	Raised awareness about the crucial role of mental health in overall well-being.	Participants gained knowledge and resources to prioritize their mental well-being
16-10-2023	Awareness Program on Way to manage stress	25	Participants became aware of stress and common psychosomatic disorders prevalent among the population.	Equipped the participants with effective strategies to cope with and reduce stress levels, leading to improved mental well-being and overall quality of life.
16-10-2023	Awareness Program on Importance of Happiest life	28	The students recognized the importance of maintaining a positive attitude to transform their own lives and contribute to positive change in society.	Participants gained insights into the factors that contribute to happiness and learned practical strategies to enhance their well-being.

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17-10-2023	Awareness Program on Educational stress and Importance of Education	28	The students understood the significance of education and discerned between positive and negative stress, along with its diverse consequences.	Participants gained insights into the effects of stress on learning and personal growth, as well as the crucial role of education in shaping their futures.
31-10-2023	Be you	20	Transformative outcome and impactful results, empowered participants to embrace their authentic selves, prioritize self-care, and advocate for their well-being in various aspects of life.	Empowered participants to embrace their authentic selves, prioritize self-care, and advocate for their needs in contemporary society.
12-12-2023	Human Rights Day - Competitions	17	Students acquired valuable insights into the importance of upholding and respecting human rights	The program raised awareness about human rights issues and cultivated a culture of respect and advocacy among participants.
19-07-2023	Motivational Talk on How to become an Empowered (Prospective) Voter?	53	Students gained knowledge about voting rights, the Election Commission of India, citizens' duties, systematic voter education, electoral participation, voter awareness forums, Form 6, and the National Voters' Service Portal, among other topics.	Participants gained valuable insights and motivation to actively engage in the democratic process, understand their rights and responsibilities as voters, and contribute effectively to the electoral process.
08-01-2024	Solo Song Competition on Voter's Awareness	3	Students became aware of their voting rights and the importance of voting with integrity.	Through creative expression, participants conveyed messages that resonated with the audience
15-08-2023	Independence Day Celebration	335	Encouraged a sense of nationalism and patriotism for the nation.	Inculcated a sense of national pride and unity among participants
19-08-2023	Sadbhavana Pledge Diwas	190	Fostered national unity and interfaith harmony among students from diverse religious backgrounds.	Promoted a culture of empathy, tolerance, and unity among participants

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18-10-2023	Youth Awakening Day Competition	95	The essay and elocution competitions inculcated Dr. Abdul Kalam's vision among the youth.	Provided a platform for youth to showcase their talents, exchange ideas, and engage in meaningful discussions on important issues.
05-12-2023	Pledge on Human Rights	38	Fostered a personal commitment among citizens to promote and protect human rights.	Encouraged individuals to commit to upholding and safeguarding human rights principles in their daily lives.
24-01-2024	14th Voter's Day Pledge	1000	Promoted democratic electoral participation.	Encouraged participants to reaffirm their commitment to democracy and voting rights. the democratic process for the betterment of society.
26-01-2024	75th Republic Day Celebration	650	Motivated students to become enlightened citizens of the country.	Commemorated a significant milestone in India's history, fostering national pride and unity among citizens.
08-09-2023	Awareness Talk and Discussion on Women Protection Act	25	Students acquired knowledge about the different laws safeguarding women.	Participants were equipped with the tools and resources to navigate legal issues effectively, leading to increased empowerment
21-09-2023	Talk on the Importance of Fundamental Rights	25	Students were sensitized to their rights and encouraged to adhere to and respect not only their own rights but also the rights of fellow citizens.	It equipped participants with a deeper understanding of their fundamental rights as enshrined in the constitution.
17-10-2023	Awareness Talk on Dowry prohibition Act	40	Students understood the significance of the Dowry Prohibition Act.	Heightened awareness about the legal provisions against dowry, empowering individuals to recognize and address this social issue effectively.
20-01-2024	Awareness Talk on Child Rights in India	40	Students attained a deeper comprehension of the rights and safeguards provided to children according to Indian legislation.	Enhanced understanding among participants about the rights of children as outlined in Indian laws.

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30-01-2024	Awareness Talk on Voting Rights in India	40	Students gained awareness of the significance of voter registration and enhanced their understanding of the electoral process	Increased awareness among participants about their voting rights and responsibilities as citizens.
2022-2023				
10-08-2022	75th Azadi Ka Amrit Mahotsav Programme on Har Ghar Tiranga (Salute to Flag)	95	The students gained awareness and motivation regarding patriotism, nationalism, dedication, and the selfless efforts of freedom fighters.	Inculcated a sense of patriotism and pride among participants as they honoured the national flag.
13-08-2022	75th Azadi Ka Amrit Mahotsav Rally on Two Wheelers	62	The students were motivated by the importance of the National Flag.	Fostered a sense of unity and patriotism among participants as they rode together in celebration of the nation's freedom.
06-09-2022	Teacher's Day celebration	2100	Students expressed gratitude for the encouragement and dedication of teachers.	Honoured the invaluable contributions of teachers and fostered a sense of appreciation among students.
10-09-2022	Album on Human Rights	47	Students gained an understanding of the significance of Human Rights.	The album inspired listeners to become agents of change in their communities and advocated for a more just and equitable world.
14-10-2022	Screening of Film based on Periyar's Life	15	Students were educated about various human rights, encompassing the right to life and liberty	Provided insights into the life and ideologies of Periyar, sparking discussions and reflections on social justice, equality, and rationalism.
21-10-2022	Song on Human rights	54	Students gained comprehension of self-esteem and individual rights.	Provided a creative avenue to raise awareness about human rights issues through music and lyrics.

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31-10-2022	Skit on Life of Ambedkar Mime on Domestic Workers, Skit on Stress Management for Youngsters	41	The students could analyze the constitutional values and rights of contemporary India.	The impact of the program featuring a skit on the life of Ambedkar, a mime on domestic workers, and a skit on stress management for youngsters was profound.
04-11-2022	Vigilance Awareness Week Celebration on Corruption Free India for a Developed Nation	500	Both students and the general public became aware of anti-corruption measures and their consequences.	Raised awareness among participants about the detrimental effects of corruption on national development and prosperity.
04-11-2022	National Constitution Day- Notice Distribution on Legal awareness	100	The program instilled legal awareness among both students and staff.	Enhance understanding and knowledge of constitutional rights and responsibilities among participants.
10-11-2022	Talk on Importance of Indian Constitution	120	Students understood the significance of the Indian Constitution.	Fostered a deeper appreciation and understanding of the fundamental principles and values enshrined in the Constitution among participants.
14-11-2022	Awareness Songs on Human Rights	30	This program raised awareness among students about rights and values.	Effectively conveyed important messages about human rights through music, inspiring empathy and understanding among listeners.
15-11-2022	Constitution Day Celebration Talk & Oath on Importance of Constitution	1500	Students pledged to uphold the Indian Constitution and adhere to its principles.	Instilled a deeper understanding and appreciation for the significance of the constitution among participants
14-12-2022	World Human Rights Day Celebration	220	Students understood their citizenship rights.	Increased awareness and understanding of human rights issues among participants and encouraging advocacy for the protection and promotion of human rights globally.

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16-12-2022	Awareness Programme on Human Rights	86	Students became aware of human rights and women's rights.	Increased understanding and awareness of human rights issues among participants.
10-01-2023	Awareness Talk on Women's Legal Rights	52	Students gained comprehension of their legal rights.	Empowered participants with crucial knowledge and understanding of legal protections for women.
19-01-2023	Awareness Talk on Eradication of dowry system	52	Students gained insights into methods for eliminating the dowry system.	Raised awareness about the harmful effects of dowry and inspiring individuals to take action towards its elimination.
25-01-2023	Historia-2023 - Intercollegiate Competitions on Voter's Day	62	Inspired students to cultivate their talents and creativity.	Increased awareness and engagement among participants regarding the importance of voting and civic responsibility.
25-01-2023	Video Contest on Role of Students in National Development	3	Inculcated a sense of nationalism and patriotism in students and society.	Inspired creativity and encouraging students to reflect on their contributions to the progress of the nation.
25-01-2023	Republic Day Craft Work	50	Inspired to tribute the freedom fighters.	Fostered creativity and patriotism among participants as they expressed their love for the country through art.
25-01-2023	Voter's Pledge	96	The Voter's Pledge program aims to boost voter turnout and civic engagement by having individuals pledge to vote.	Increased voter participation, enhanced civic responsibility, and potential for more representative governance.
26-01-2023	74 th Republic Day Celebration	1200	Maintained a strong sense of connection between citizens and their country and to ensure they remain rooted in its history.	Fostered national pride, unity, and patriotism, while also highlighting India's cultural heritage and democratic values.

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03-02-2023	Awareness Programme on Legal Rights for Children	80	Aimed to educate children about their rights, leading to increased awareness, empowerment, and protection from exploitation or abuse.	Empowered children with knowledge about their rights, fostering a sense of agency and confidence, and ultimately enhancing their protection from various forms of exploitation, abuse, and injustice.
15-03-2023	Interactive session on <i>Are Women Deprived of Their Rights?</i>	125	Students gained insight into the current status of Women's Rights and the challenges they encounter.	Increased awareness about gender inequality issues and motivating participants to advocate for women's rights and gender equity in their communities.
20-03-2023	Dr. Hermana Gilt Arachi Endowment Lecture on <i>Thol Seelai Poratom Oru Varalattu parvai</i>	290	Students were able to understand the status of Women Right and Difficulties faced.	Provided a platform to shed light on the significance of nonviolent resistance, fostering awareness and understanding of its principles and impact.
20-03-2023	Talk on Social Responsibility of Youth	28	The students became aware of their social responsibility.	Awareness among participants, motivated them to actively engage in addressing societal issues and contributing positively to their communities.
21-03-2023	Session on Unlocking our constitutional Rights and Responsibilities	60	Participants obtained knowledge about the Indian Constitution.	Participants acquired a deeper understanding of the Indian Constitution, its principles, and its significance in shaping the nation's governance and democratic values.
21-03-2023	Skit on Women Rights	15	Students gained insights into women's self-value, their capacity to make independent decisions, and their entitlement to drive societal transformation for themselves and others.	Awareness about gender equality, empowered participants to advocate for women's rights, and inspired discussions on the importance of gender equity in society.

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05-04-2023	Court visit	30	The students were exposed to the workings of the court.	The court visit provided participants with firsthand experience and understanding of the legal system, enhancing their knowledge of judicial processes and fostering a greater appreciation for the rule of law.
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2021-2022

30-07-2021	Independence Day Competition	43	Significance of independence and patriotism, enhanced creativity and expression among participants, and a strengthened sense of national identity and unity.	Fostered a deeper sense of national pride and unity among participants, promoting creativity and innovation, and instilling a greater understanding of the significance of independence and patriotism in the community.
15-08- 2021	75 th Independence Day	40	Heightened national pride and unity, increased awareness and appreciation of India's history and achievements, and a renewed commitment to upholding democratic values and contributing to the nation's progress and development.	Promoted reflection on the journey of the nation, inspiring collective action towards social and economic progress, and strengthening India's global standing and diplomatic relations.
18-08-2021	A Motivational Talk on Why Attitude Matters?	90	Awareness about the importance of attitude in personal and professional success, enhanced motivation to cultivate positive attitudes, and improved interpersonal relationships and problem-solving skills among participants.	Inspired individuals to adopt positive attitudes, fostering resilience in the face of challenges, and enhancing personal and professional success through mindset shifts and improved interpersonal interactions.

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27-10-2021	Talk on Self Discipline	93	Importance of self-discipline in achieving goals, enhanced motivation to cultivate disciplined habits, and improved time management and productivity skills among participants.	Instilled a sense of responsibility and accountability among participants, fostering better decision-making skills, and empowering individuals to overcome obstacles and achieve their goals through disciplined actions and habits.
10-11-2021	Talk on Truthfulness	105	Importance of truthfulness in personal and professional life, increased commitment to honesty and integrity, and improved communication and trust among members of the association.	Fostered a culture of honesty and integrity within the association, promoting transparency and accountability in decision-making processes, and strengthening relationships and trust among members.
10-11-2021	Motivational talk on Human Values	30	Principles such as compassion, empathy, and respect for diversity, as well as a renewed commitment to integrating these values into one's personal and professional life. Additionally, it may inspire individuals to reflect on their actions and behaviours in alignment with these values, fostering a more harmonious and compassionate society.	Inspired individuals to incorporate values such as compassion, integrity, and empathy into their daily lives, promoting positive interpersonal relationships, and cultivating a more compassionate and harmonious community.
24-11-2021	District level declamation contest in commemoration with Republic Day with the topic on Patriotism	15	Awareness and appreciation of one's country's history, culture, and values, as well as a heightened sense of loyalty and commitment to contributing positively to the nation's progress and welfare.	The impact of a program focused on patriotism include fostering a stronger sense of national pride and unity among participants, promoting civic engagement and responsibility, and inspiring individuals to actively contribute to the betterment of their country through positive actions and service.

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30-11-2021 to 06-12-2021	New Voters Registration	211	Encouraged to participate in Electing good leaders.	Promoted constitutional duties and responsibility, and inspired individuals to actively contribute to the betterment of the country
15-12-2021	Skit based on Value Education	47	Understanding and internalization of moral and ethical principles among participants, enhanced empathy and respect for others, and improved decision-making skills based on ethical considerations.	Fostered a deeper understanding and appreciation of moral values, promoting empathy and respect among participants, and encouraging positive behavioural changes aligned with ethical principles in both personal and social contexts.
05-01-2022	25 th National Youth Festival	8	Enhanced cultural exchange, talent recognition, and the promotion of social cohesion among youth from diverse backgrounds, fostering a sense of national pride and unity.	Increased youth participation in cultural and social activities, promoted national unity and integration, and provided a platform for youth empowerment and leadership development, fostering a sense of belonging and responsibility among participants.
25-01-2022	Voter's Day pledge	49	The Voter's Day pledge program led to higher voter turnout and increased civic engagement, reinforcing commitment to democratic participation.	Increased voter participation, heightened civic engagement, and raised awareness about the importance of democratic participation among citizens. It reinforced the commitment to democracy and the electoral process, ultimately strengthening the democratic fabric of society.
26-01-2022	E- Competition on My Contribution – India@75 on Republic Day	19	Driving progress towards achieving India's developmental goals fostered a culture of social responsibility and collective action among citizens.	Empowered citizens to actively participate in India's journey towards development and progress, fostering a sense of ownership and responsibility while promoting innovation and social change.

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26-01-2022	75 th Republic Day	25	Bolstered national unity and pride while showcasing India's cultural diversity and democratic values.	Showcased India's cultural diversity and democratic values, fostering national unity and pride while promoting global diplomacy.
11-02-2022	Child Protection Rights	273	Increased awareness about child protection issues, enhanced community support systems for at-risk children, and improved reporting and intervention mechanisms to safeguard children from harm.	Increased awareness to safeguard children from harm.
14-02-2022	Voter's awareness meeting		Understanding of the electoral process, enhanced voter participation, heightened civic responsibility among attendees	Students were able to cast vote to the eligible candidates.
10-03-2022	Skit on Honesty, Responsibility and Helping others	27	Students understood how individual actions of honesty, responsibility, and helping others can create a ripple effect of positivity	A program focused on honesty, responsibility, and helping others created lasting positive change and contribute to building a more harmonious and resilient society.
25-03-2022	Talk on Indian Constitution and Women Rights	72	Students understood the significance of Indian Constitution and Women Rights.	The program instilled the importance of Womens' rights and Constitutional rights in developing a illustrious society
29-03-2022	The Needs of Women Psychiatry in Current Scenario	29	The audience were aware of Women's mental health.	The program created an environment to give importance of Psychiatry in Women
05-04-2022	Awareness Program on Creating a Child Friendly Community with Childline Rights of Children	141	The audience were aware of Child's rights.	Children regained their rights.

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07-04-2022	Career Guidance for Higher Education	200	Various opportunities and jobs were discussed for the welfare of the youth.	Youngsters made up their mind to go for deserving jobs and careers.
08-04-2022	Motivational Talk on Self Confidence and Youth	200	Motivated and improved the confidence of youngsters.	Moulded the personal success of future generations.
08-04-2022	Awareness Talk on Self-Motivation	130	Inspired the youngsters through illustrations.	Enhanced the life style of youth.
11-04-2022	Awareness song on social values	5	The students of II B.Sc. were given activities to promote the values of helping others and sharing their responsibilities to do the assigned tasks.	Students imbibed social responsibility values for their life.
11-04-2022	Album on (i) Child rights (ii) Women Rights	17	This event encouraged reflection on societal norms and values, highlight the challenges faced by children around the world and rights, advocate for gender equality.	Each album focused on different aspects of these rights, exploring the challenges faced, the progress made, and the work that still needs to be done.
12-04-2022	The Awareness Program on the Abolition of Drugs among Students.	31	Increased awareness among students about the dangers and consequences of drug abuse.	As a result of increased awareness and empowerment, students exhibited positive behavioural changes, such as improved decision-making, better peer relationships
12-04-2022	Concurrent Fieldwork-Importance of Students Personality development	27	Developed a well-rounded personality involves honing social skills such as communication, teamwork, empathy, and conflict resolution.	Personality development encouraged students to embrace change, adapt to new environments, and bounce back from setbacks
12-04-2022	Concurrent Fieldwork-Mental Health on Alcoholic Co-dependent	31	Recognized the signs of co-dependency and seek support through therapy, support groups, or counselling services	Established healthy boundaries, practicing self-care, and focusing on one's own well-being are essential steps towards improving mental health

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12-04-2022	Concurrent Fieldwork-Awareness Program on Mental Health	30	Supported through therapy, groups, or counselling services	Focussed on one's own well-being for improving mental health.
28-04-2022	Street Play on Indian Constitution	120	The street play served as a powerful educational tool, bringing the provisions and values of the Indian constitution to life in a dynamic and engaging manner.	By showcasing the ideals and aspirations embodied in the constitution, the play inspired a sense of patriotism and pride in the audience, encouraged them to uphold the principles of justice, equality, and liberty.
29-04-2022	Song on Social Values	5	The students promoted the values of helping others and sharing their responsibilities to do the assigned tasks.	Students imbibed social responsibility values for their life.
29-04-2022	Seminar on Constitution, Polity and Law	110	The seminar focussed on constitution, polity, and law delved into current legal and political debates, highlighting the implications of policy decisions on society.	Participants were inspired to become advocates for legal and political reform, using their newfound knowledge and insights to champion causes related to human rights, social justice, and good governance.
29-04-2022	Song on Values	47	The students promoted the values of helping others and sharing their responsibilities to do the assigned tasks.	Students imbibed social responsibility values for their life.
29-04-2022	Skit on Values	47	The students promoted the values of helping others and sharing their responsibilities to do the assigned tasks.	Students realized the social responsibility of life.
03-05-2022	Album on Women's Rights	12	Students realized the importance of Women's rights.	Women's rights were emphasized more in everyday life.
28-05-2022	Talk on Value of Sincerity	145	Students realized the importance of sincerity in all the assigned tasks.	Students discharged their duties with sincerity and commitment.

2020-2021				
17-11-2020	Online Quiz on Human Rights	45	Students realized the importance of human rights.	By quantifying changes in participant knowledge, attitudes, and behaviours, the online quiz is considered as a useful instrument for assessing the effectiveness of human rights education programs.
2020-2021	Album preparation on Personality Development (Value Education) by II BSc. Students	39	Empowered students with a holistic approach to personal and professional development.	Investigated many facets of values and personality development while taking into account the experiences, viewpoints, and personal development of the participating students.
2020-2021	Skit and Song based on Life Skill Training by I MSc students	24	Empowered participants to navigate challenges with confidence, build meaningful relationships.	Skits and songs based on life skills training by students had the potential to make a meaningful impact by promoting skill acquisition, self-expression, audience engagement, community outreach, and personal growth.
2020-2021	Skit and songs based on Value Education by I BSc students	42	Fostered a deeper understanding and appreciation for values, motivating individuals to integrate them into their decision-making processes.	Influenced students by encouraging empowerment, character development, community engagement, and the reinforcing of values.
2020-2021	Case study based on Life Skill Training by II MSc. students	18	The program fostered a sense of belonging and mutual support among peers by encouraging open communication, empathy, and teamwork.	Gave pupils the freedom to take charge of their own growth and make constructive adjustments.

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April 2021	A project on A Survey on Hygienic Measures Taken by the Villagers of Kanyakumari District During the Covid-19 Lockdown	39	Provided a detailed analysis of the hygienic measures implemented by villagers, offering actionable recommendations to enhance community resilience during health crises.	The survey on hygienic measures taken by villagers in Kanyakumari District during the Covid-19 lockdown served as a valuable tool for assessing public health preparedness, promoting behaviour change, and informing evidence-based decision-making.
05-08-2020	National Webinar on Folk Narratives: From the Past into the Future	86	Offered students insightful knowledge about the diversity of human culture and practical skills applicable to a range of academic fields and real-world situations.	Gained knowledge on the evolution of folk narratives from the past to the future.
24-01-2021	Webinar on English for Entrepreneurship	98	Improved entrepreneurship-related language skills, a better grasp of entrepreneurial concepts and tactics	Influenced students to become successful entrepreneurs.
30-01-2021	Interact With the Author- C.R. Ramana Kailash	145	Clarified and encouraged students to become writers.	Learning about how education and mentoring affected students individually and as a community was always enlightening.
21-02-2021	A webinar on Tame and Wild: Socio-Historical Representations of Women and Horses	92	The students understood the symbolic representations of the women horse relationship and gave a clear-cut information about the feminist, queer, post humanist, sociological and cultural studies	It improved students' comprehension of socio historical settings and their appreciation of the complex bond between women and horses.
11-03-2021	Webinar on Entrepreneurial Advantage of English Learners	243	Empowered English learners to recognize and leverage the entrepreneurial advantages of their language skills	Students provided a strong basis for their future success in the business sector by demonstrating measurable increases in their entrepreneurial abilities, confidence, and access to opportunities.

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30-03-2021	Mrs. Philominammal Endowment Lecture on Post-Colonial Eco-Criticism and Developmental Ideology	90	The resource person gave a clear explanation and the students learned about the relationship between literature and Environment.	Empowered individuals and communities to work towards a more just and sustainable world.
12-03-2021	The Second Sex: Facts and Myths	60	The teaching lecture enabled students to critically interact with difficult concepts, advancing their intellectual and personal growth.	It facilitated critical engagement with complex ideas, fostering intellectual growth and personal development among students.
31-03-2021	Inauguration of the Reader's Circle	91	The students shown tremendous personal development and progress as well as contributions to their communities.	The beneficial contributions they had previously made to their communities as well as their personal growth were examples of their impact.
17-04-2021	Webinar on Effective Newspaper Reading for Cracking Competitive Exams	98	The webinar played a crucial role in equipping students with the necessary skills and knowledge to excel in competitive exams	The webinar had a long-lasting, beneficial effect on the students, giving them the knowledge and abilities they needed to succeed in competitive tests by practicing reading newspapers well.
10-02-2020	<i>Tamilarivom</i> Quiz Competition (The Indhu Tamil <i>Thisai Nalithal</i> - 2020 January Month)	24	It provided students with an enriching experience, fostering knowledge exchange and celebrating the richness of Tamil culture and heritage.	It developed a sense of rivalry and unity among the students while improving their comprehension of Tamil culture and history.
06-10-2020	<i>Sanga Padalgalin Neetchiyil Samakala Katchigal</i>	289	It facilitated a deeper appreciation and understanding of ancient Tamil literature and cultural traditions among students.	The experience enhanced the students' understanding of classical Tamil literature and their cultural legacy, cultivating a feeling of self-worth and kinship with their cultural origins.

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24-11-2020	<i>Kumari Mavtta Kanni Ina Makkalin Vazhviyal</i>	350	It empowered young women and girls, equipping them with the necessary skills and knowledge to thrive in various aspects of life.	It helped young women and girls become more empowered by supporting their personal development and improving their chances for a better future.
28-11-2020	V. Ronimous Arachi Endowment Lecture <i>Velichamchirukathai Unarthum Manuda Ulaviyal</i>	320	It succeeded in shedding light on societal issues through storytelling, fostering understanding and awareness among students.	Sparked significant conversations, prompted individuals to take action, and successfully brought societal challenges to light through narrative.
26-04-2021	V. Hermana Gilt Arachi Endowment Lecture <i>Sangakala Vazhviyal</i>	383	It promoted community involvement, a greater awareness and respect of cultural heritage, and the holistic development of individuals.	Students were encouraged to actively participate in community initiatives and their grasp of cultural heritage was enhanced.
25-01-2021	Voter's Day Oath	200	Students gained an understanding of the value of democratic involvement and a sense of civic duty as a result of it.	It helped students develop a civic engagement culture and a sense of accountability for democratic processes.
25-01-2021	Voter's Day Celebration on Voting Rights	40	It was a successful initiative that helped students understand their roles as responsible citizens in a democratic society.	The celebration sparked a long-lasting shift in the students' understanding and participation with democratic ideas.
29-01-2021	Martyr's Day Association Meeting on Martyr's and Freedom Fighters	53	Students gained a stronger sense of patriotism and admiration for their country's history. Many indicated a wish to learn more about martyrs' sacrifices and to honour their legacy by promoting peace, justice, and equality in society.	The conference instilled in the students a sense of national pride and unity, inspiring them to continue the tradition of martyrs and freedom warriors via their acts and endeavours.

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30-01-2021	Martyr's Day Oath	18	Students were encouraged to consider their roles as guardians of the nation's legacy and to defend the ideas for which martyrs gave their life.	It inspired students to preserve the values for which martyrs dedicated their life and to make meaningful contributions to their communities and country. It also raised their feeling of civic duty and patriotism.
09-02-2021	Awareness program on Child Rights	24	The children and their parents realized the importance of child rights and legislations on child rights	Generated awareness and encouraging group efforts to protect children's rights.
23-02-2021	Awareness on Problem faced by children in the care of parents with alcoholism	36	The children understood the impacts of alcohols and what it can do to a family. Also, they were educated to deal with their friends who are affected by alcoholic parent.	Learning about this problem gave students the tools they needed to stand up for their peers with compassion and to try to make the school community more accepting of those who are going through similar struggles.
25-02-2021	Awareness Program on Child Rights	45	The children knew about their fundamental rights and how to claim it when needed.	Gained awareness about Child Rights.
23-02-2021	A Campaign on Alcoholic Deaddiction	20	The campaign encouraged students to take charge of the problem of drinking and serve as change agents.	Through this campaign, students were given the ability to become change agents in the fight against alcoholism. Through raising awareness, their combined efforts also helped to create a more understanding and encouraging atmosphere for those who are in the process of healing.
25-02-2021	Awareness on Child Protection	24	The children knew about their fundamental rights and they got aware of child line helpline number.	Improved Child protection in the society

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17-02-2021	Awareness on Alcohol Addiction	40	The community people realized the consequences of alcohol and how to overcome it.	People become aware of the ill effects of alcohol addiction.
20-02-2021	Psychosocial support for children and Community People	40	Students' leadership in psychosocial support programs had a long-lasting effect on kids and community members, encouraging perseverance in the face of hardship and mental health.	Students' deep engagement in psychological support programs promoted a community culture of understanding, compassion, and resiliency.
18-02-2021	Awareness on Child Protection	38	By raising understanding of child rights, students were better equipped to defend those rights and make their communities safer and more kid-friendly.	Students shared their knowledge and experiences with their families, friends, and community members, extending the campaign's reach beyond the student body. This knock-on effect aided in raising awareness and encouraging group efforts to protect children's safety and wellbeing.
12-03-2021	One day Election awareness Programme	180	Enhanced the understanding of the electoral process and motivated the students to overcome any inhibitions they may have had about participating in elections.	The Election Awareness Program acted as a spark to encourage civic engagement and education, enabling people to actively participate in democratic processes to shape the future of their country.
22-08-2021	Awareness programme on road Safety	125	Numerous students coordinated protests, took part in initiatives to increase public awareness of traffic safety issues, and worked with local government agencies to put traffic safety measures into place.	Students actively participated in raising community awareness of traffic safety. To raise awareness among their colleagues and the community about the value of safe driving, they planned events, made educational posters, and ran campaigns.

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12-03-2021	Awareness programme on Legal Rights	65	Students gained knowledge on specific laws, regulations, and procedures.	Students understood the factors that impact individuals in various aspects of their lives, such as employment, housing, family matters, and civil rights.
22-03-2021	Awareness programme on Voters Rights	65	Students understood the importance of casting their valuable votes in election.	Youth casted their votes for selecting a good leader.
2019-2020				
14-10-2019	Group Activity on Human Rights	44	Students gained a deeper appreciation for human rights principles and developed essential skills in research, communication, and teamwork.	The event successfully empowered students to become more informed and involved in promoting human rights within their communities."
20-06-2019 to 24-06-2019	Take-Off with Spoken English	707	Students gained confidence in expressing themselves fluently and articulately.	Students reported increased confidence and fluency in expressing themselves in English.
19-07-2019	The Inauguration of the English Club	90	The inauguration marked the beginning of a vibrant community dedicated to language learning and cultural exchange, leaving a lasting impact on the students' language proficiency and interpersonal skills.	The students' intellectual and personal growth were positively impacted by the inauguration, which signalled the start of a vibrant community of English language learners.
14-08-2019	Mrs. Philominaal Endowment Lecture on The Impact of Globalization	216	The resource person gave a clear explanation on the globalization in the digital world. The students shared many ideas in the discourse. It was an interactive and informative session.	The English language undergone a transformation due to the combined effects of globalization and technology, becoming more dynamic, diverse, and interconnected than it ever was before.

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26-09-2019	Intercollegiate literary Fest Crosslinks	92	Students were given an opportunity to meet people from different backgrounds, expand their minds, and share ideas throughout the fest.	Crosslinks created a dynamic environment that promoted creativity, education, and teamwork, making a lasting impression on everyone involved.
01-10-2019	National Conference on English, Language Literature and Culture	600	The conference gave academics, researchers, and readers a chance to explore the complexities of English literature, language, and culture.	Sharing of expertise, research results, and industry best practices were made easier by the conference. It promoted academics, researchers, and practitioners to collaborate and network.
03-10-2019	Book Review	49	Students were able to offer recommendations, voice their thoughts, and find new books they were interested in reading at the event.	Students' attitudes toward reading and their understanding of the power of storytelling were profoundly impacted by the Book Review event.
10-10-2019	Shakespeare Talent Search Examinations	78	Exam preparation and academic performance of the participating students were enhanced by the English Club's efforts.	Students could share resources, encourage one another, and trade advice in the club's encouraging learning environment.
18-12-2019	Shopping Shopkeeper Sans	240	The absence of a shopkeeper contributed to a good shopping experience, offering clients a smooth and fulfilling transaction process.	Buying without a shopkeeper had a good impact on the retail scene, providing a more customer-focused and efficient method of buying.
16-01-2020	A Talk on The Second Sex: Facts and Myths	30	The discussion's outcome increased participants' understanding and sparked a continuing conversation about women's rights and gender equality.	Participants were prompted to consider cultural norms and injustices as the discussion promoted a deeper awareness of gender dynamics and feminist philosophy.

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20-01-2020	Literary Theory/Criticism and Research	180	The research meet contributed to the ongoing development and improvement of the field, fostering a deeper understanding and interaction with literature.	Researchers and academics improved the field's understanding and interpretation of literature by making contributions.
24-01-2020	Board of Studies meeting	22	Participants discussed curriculum frameworks, updated educational programs, and engaged in a variety of intellectual discussions.	The Board of Studies meeting significantly influenced the educational field, aiding in its continuous improvement and progress.
29-08-2019	<i>Kappiyangal Munniruthum Vazhviyal</i>	383	Throughout the training, participants gained useful insights and useful knowledge. They developed a stronger comprehension of the significance of sustainable agriculture methods in improving livelihoods and food security.	The program's benefits went beyond the event itself, as participants used their newly acquired knowledge to raise environmental sustainability and agricultural productivity in their local communities.
14-01-2020	Association Meeting on Humanistic Values in Social Novels	120	The students inculcated the basic humane values that enriches one's personality.	Through the study of humanistic themes in literature, the Association Meeting aided in the advancement of social consciousness and empathy.
14-08-2019	Association Meeting on Indian freedom fighters	98	Students developed a stronger comprehension of the efforts, sacrifices, and contributions made by Indian independence warriors to win their country's freedom from colonial oppression.	Attendees were inspired to learn more about India's freedom struggle and to remember the valiant actions of the freedom fighters in a variety of ways.
01-10-2019	One day District Youth Conference on Mahatma Gandhi's Message to the Youth of Modern India	62	Students studied Gandhian principles like social justice, truth, and nonviolence.	Students kept upholding Gandhian principles and making positive contributions to society.

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04-10-2019	Association Meeting on Institutional Values	75	During talks and workshops, participants promoted and reinforced institutional ideals like cooperation, integrity, and respect.	The organization's increased accountability, teamwork, and morale were all clear results of the meeting.
18-10-2019	Song on Human Rights	34	The song served as a powerful medium to raise awareness about human rights issues, fostering empathy and understanding among listeners	It provoked discussions and actions meant to draw attention to abuses of human rights and advance social transformation.
25-01-2020	Voter's Day Celebration	136	Motivated the students to utilize their voting rights properly in selecting the leaders of India.	The students were motivated to actively engage in the political process and make well-informed choices when voting.
03-10-2019	Association Meeting	208	Participants gained valuable insights into various legal frameworks concerning women's rights, empowering them with knowledge to navigate legal challenges effectively.	Participants applied their newfound knowledge to promote women's rights and influence positive change in society.
17-02-2020	Social responsibility of youth towards society	120	Students gained a deeper understanding of their role in contributing positively to their communities. Through dialogue, brainstorming sessions, and action planning, attendees developed concrete strategies to address various social issues, such as poverty, education inequality, and environmental sustainability	Students took on projects, gave their time, and supported social justice movements locally.



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17-12-2019	Awareness on Banking customer Rights	120	Students gained a comprehensive understanding of their rights and responsibilities as bank customers.	Students promoted better banking practices in their areas and imparted their expertise to others.
15-02-2020	Awareness on Human Rights	35	The connection of core human rights ideas to everyday life became clearer to the students.	Students started acting as change agents by advocating for activism and human rights awareness in their different spheres of influence.
21-11-2019	Awareness on Child Rights	35	The community people knew about child rights and how children are being exploited in many areas	The community benefited from the child rights awareness campaign, which advanced the rights and welfare of children.
19-02-2020	Child Issues	110	Participants developed a broader comprehension of the range of problems and difficulties that society faces with regard to children.	Community members worked together to promote programs and put solutions into action that would enhance children's well-being.
22-02-2020	Awareness on Child Abuse	35	The participants realized the circumstances where children are abused verbally, physically and sexually. They had a better understanding of ways to deal with them.	It effectively raised awareness about the issue of child abuse and educated individuals on ways to protect children from harm.
20-02-2020	Awareness on Child Marriage	30	The women knew about fundamental rights of children and ways to stop a child marriage through child line and other legal ways	The campaign was extremely important in raising awareness and encouraging action to shield vulnerable children from child marriage and stop child marriage.
11-12-2019	Competitions in view of Human Rights Day Celebration	95	Provided a platform for intellectual and creative expression and fostered a sense of unity and awareness among the students.	By encouraging action and cultivating a culture of respect for human rights, the competitions had a good effect.

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15-08-2019	Independence Day	180	The program instilled a sense of pride and love for the country, fostering a deeper connection to its history, culture, and values.	The program produced a generation of patriotic individuals dedicated to the advancement and welfare of their nation, which had a favourable effect.
20-08-2019	Sadbhavana Diwas	2000	Students from different backgrounds were encouraged to feel peace, empathy, and respect for one another through a variety of events and programs.	Students were able to express their individuality and understand the value of working together to accomplish shared objectives in an accepting and encouraging environment that the program fostered.
07-01-2020	Voter's Day Competitions on Role of Individual for Democratic India	22	The competition provided a platform for students to express their ideas and perspectives on democracy, governance, and civic responsibility.	By their individual deeds and efforts, students should actively participate in determining the course of democratic India.
25-01-2020	Voter's day Rally cum prize distribution	97	The event served as a platform to raise awareness about the significance of active citizenship and participation in the democratic process.	It was highlighted how every individual may contribute to building a more resilient and inclusive democratic India.
26-01-2020	Republic Day celebration	123	It served to strengthen the spirit of patriotism and national identity among participants.	It promoted togetherness and a sense of pride in the country by bringing communities together.
30-07-2019	Awareness rally on destruction caused by drugs	64	The drug destruction awareness protest had a good effect in the past since it raised awareness of a pressing problem and inspired people to take action.	The awareness campaign was essential in energizing local communities and spurring earlier attempts to stop drug misuse.
21-01-2020	Programme on Discipline	200	The program equipped students with strategies for overcoming challenges and fostering a positive learning environment.	It had a good impact on the students, fostering discipline and accountability.

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26-01-2020	Seminar on establishing peace	67	The seminar encouraged individuals to become proactive agents of peace, inspiring them to work towards resolving conflicts peacefully and promoting harmony in their environments.	Participants started peacebuilding initiatives in their different zones of influence using the knowledge and abilities they had gained.
05-03-2019	One Day Basic Training Programme on Human Rights	50	Students gained a foundational understanding of basic human rights principles, fostering awareness of fundamental rights and their significance.	The one-day basic training program on human rights played a crucial role in empowering individuals with the necessary tools and knowledge to advance the cause of human rights.
12-09-2019	Awareness Talk and Discussion on Women's Right	40	It promoted equality and respect by encouraging people to speak up for women's rights in their communities and places of employment.	Participants took action to combat gender inequity in their personal and professional life as a result of growing awareness of the difficulties encountered by women.
29-11-2019	Awareness Talk on General Laws	40	Facilitated discussions on legal topics relevant to everyday life, such as civil rights, contract law, and criminal justice.	The impact of the talk extended beyond the event, as participants applied their newfound knowledge to make informed decisions and navigate legal matters effectively.
10-12-2019	National Conference on Human rights	600	Attendees explored pressing human rights issues and challenges facing society.	The conference extended beyond the event itself, as participants applied the knowledge and strategies gained to advance human rights causes in their respective contexts.
11-01-2020	Awareness Talk on Citizenship Amendment Act	40	Students gained a clearer understanding of the provisions and implications of the Citizenship Amendment Act (CAA).	The awareness talks on the Citizenship Amendment Act played a crucial role in raising awareness and promoting informed discourse on the topic.

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18-02-2020	Awareness Talk on General Laws	35	Encouraged individuals to seek legal remedies when facing injustices or violations.	Attendees left the event with increased legal literacy, enabling them to navigate legal matters more effectively.
12-03-2020	Awareness Talk on Types of Courts	35	Students gained a clear understanding of the various types of courts, including their functions, jurisdictions, and roles within the legal system.	The awareness talks on types of courts played a valuable role in promoting legal literacy and empowering individuals to engage effectively with the judicial system.



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