

# Holy Cross College (Autonomous)

SSR 2019-2020

to

2023-2024

Nagercoil-629004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle An ISO 9001:2015 Certified Institution

7.1.10 The Institution has a prescribed code of conduct for students, teachers, administrators and other staff and conducts periodic programmes

### ANTI RAGGING COMMITTEE MINUTES

Anti-Ragging Awareness Talk - June 30, 2023

On June 30, 2023, an essential meeting was organized by the campus Animation team for the first-year students, with a specific focus on anti-ragging awareness. Sr. P. Leema Rose delivered a crucial talk to 600 students about fostering a safe and respectful environment within the college and hostels.

During the session, she emphasized the importance of preventing ragging and creating a conducive atmosphere for students to thrive in their academic pursuits. The awareness talk covered the prohibited actions for seniors, outlined the steps for affected students to take, and elucidated the severe consequences awaiting those engaged in ragging activities.

Students were informed about the college's commitment to maintaining a zero-tolerance policy against ragging, and the potential repercussions for offenders, including termination of studies. Additionally, the existence of a designated complaint email ID was highlighted, providing a confidential and accessible channel for reporting any incidents.

The session aimed not only to educate the students about the severe implications of ragging but also to create a sense of responsibility and mutual respect among the student body. The proactive approach to anti-ragging measures contributes to a safer and more supportive learning environment for all students.

Date:

30.06.2023

Time:

11.00 am

Venue:

Multipurpose Hall



Holy Cross College (Autonomous), Nagercoil Affiliated to Manonmaniam Sundaranar University, Tirunelveli Accredited with A+ Grade with CGPA 3.35 by NAAC



# Campus Animation Team

Organizes

**Orientation Programme** 

on

Resource Persons Dr. P. Sathya Dr. Sr. Leema Rose

Organizing Committee:

Dr. Sr. S. Sebastiammal Dr. J.M. Vinitha Charles Dr. Y. Christabel Shaji Dr. M.F. Anne Feril Dr. M.D. Arun Mozhi Nangai Mr. M. Julibar Euprin Xavier Code of Conduct & Antiragging for the

I UG & I PG Students

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Holy Cross College, Nagercoil 30.06.2023 11:43 8.15453, 77.41561



## ANTI-DRUG AWARENESS PROGRAMME

Anti-Drug Awareness Program Meeting - August 11, 2023

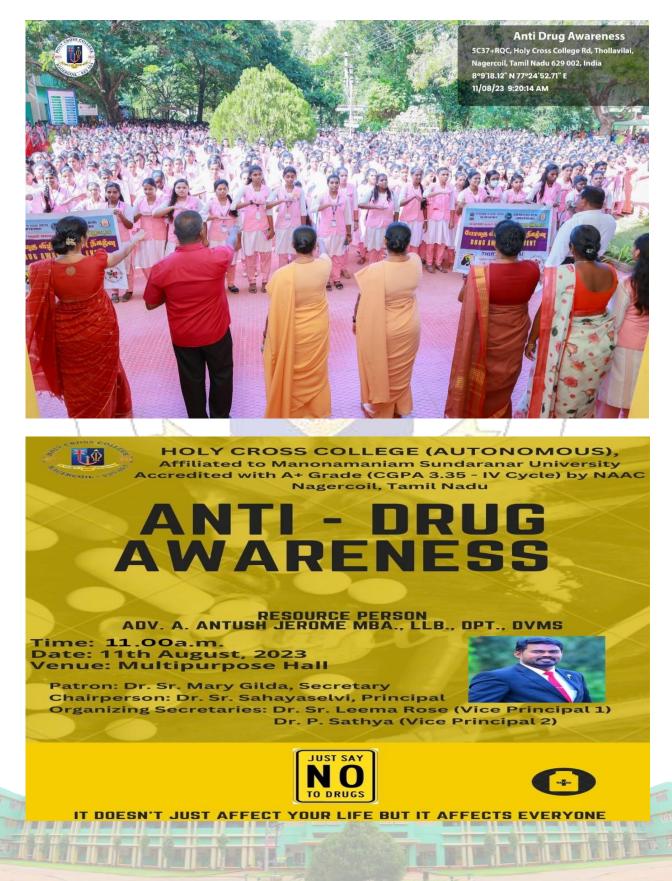
campus

A significant Anti-Drug Awareness Program was conducted on August 11, 2023, with a focus on enlightening and empowering the student community. An impressive turnout of 600 students participated in the meeting dedicated to addressing the critical issue of drug abuse.

During the session, a solemn oath was administered, urging the students to abstain from substances that can be harmful to both the body and mind. The pledge symbolized a collective commitment to a drug-free lifestyle, emphasizing the importance of individual responsibility in promoting a healthy and secure environment.

Notably, on the same day, the entire college, consisting of 1,998 students, collectively took the oath against drug abuse. This comprehensive commitment from the student body underscores the gravity of the issue and reflects the determination of the college community to foster a drug-free

The success of the Anti-Drug Awareness Program lies not only in the significant turnout but also in the unity demonstrated by the entire student body in taking a stand against drug abuse. Such initiatives play a crucial role in building awareness, fostering a sense of responsibility, and creating a supportive environment for those striving to lead drug-free lives.



## ANTI-RAGGING AND ANTI-DRUGS AWARENESS PROGRAMME



HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL-629004. Affiliated toManonmanianSundaranadniversity, Tirunelveli Accredited with A+ Grade (CGPA 3-85 Cycle) by NAAC



Anti-ragging and Anti-drug Committee of Holy Cross College **Organizes A Seminar** In Collaboration With The Prison Ministry of Kottar Diocese

on

## "Empowering Young Girls: Navigating Life's Highs without Dru

Date:22/01/2024 Time: 11.00 am 12.30 pm **Venue: Seminar Hall** 

22.01.2024 12:11

**RESOURCE PERSONS** 

DR. PHILIP

DR. IMMACULATE

Fr. Antony Prabu

Dr. Sathya

**Organizing Secretaries** 

**Dr. P.LeemaRose** 

**Mr. Peter Thomas** 



8 UNFER P -ragging And Anti -drugs Ragging And Anti- Drugs

PARTY & REAL PARTY & REAL PARTY



On the 22nd of January 2024, a transformative initiative unfolded at our institution, focusing on empowering young girls to navigate life's challenges without resorting to drugs. The event, organized by a dedicated team led by Dr. Leema Rose, Dr. Sathya, Fr. Antony Prabu, and Mr. Peter Thomas, brought together esteemed resource persons, Dr. Immaculate and Dr. Philip.

The initiative witnessed active participation from nearly 220 first-year students, creating an environment conducive to learning and growth. The main objective was to equip these young minds with tools and insights to face life's challenges with resilience and wisdom.

The event commenced with insightful presentations from Dr. Immaculate and Dr. Philip, who shared their expertise on the psychological and medical aspects of coping with life's challenges. The discussions delved into the importance of mental health, effective communication, and building a support network.

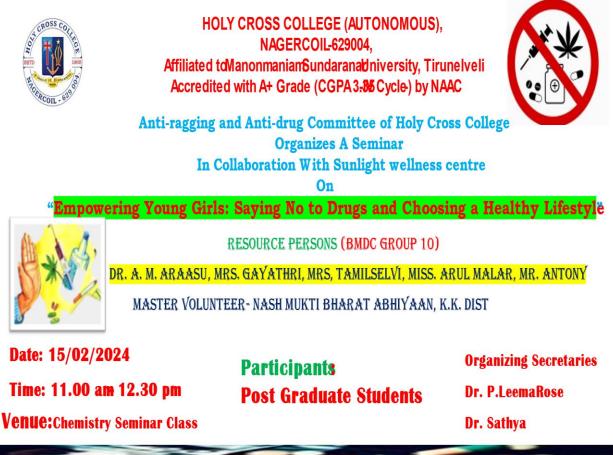
Led by the organizing team, interactive sessions and group discussions allowed students to openly express their concerns and seek guidance. Dr. Leema Rose emphasized the significance of creating a safe space for dialogue, encouraging a culture of empathy and understanding

To make the experience more engaging, a series of exercises were incorporated into the program. These activities aimed at promoting teamwork, self-reflection, and stress management. Students actively participated in these exercises, fostering a sense of camaraderie and shared experience.

Feedback from the participants highlighted the immense value they derived from the initiative. Many expressed gratitude for the opportunity to engage with experts and peers on topics that are often overlooked. The event not only provided valuable information but also created a sense of community among the first-year students.

In conclusion, "The Initiative for Life's Challenges" on January 22, 2024, stands as a testament to the commitment of our institution to the holistic development of its students. By addressing the specific needs of young girls and fostering an environment of open dialogue and support, the event has made a positive impact on the lives of those who participated. It is a step forward in nurturing resilient and empowered individuals who can face life's challenges with confidence and grace.

## **DRUG AWARENESS**





On 15<sup>th</sup> February 2024 a compelling session on "Say No to Drugs" was conducted for the second-year PG students, aiming to raise awareness about the detrimental effects of drug use on individuals, families, and society. The event, organized by the Anti-Ragging Committee and spearheaded by Dr. Leema Rose and Dr. Sathya, witnessed the active participation of 125 students.

The resource persons for the session were experts in their respective fields, including Dr. Araasu, Mrs. Tamilselvi, Mrs. Gayathri, Miss. Arul Malar, Mr. Rajan, and Mr. Antony. Their presentations covered the multifaceted impacts of drug abuse, addressing the physical, psychological, and social consequences. Additionally, the session explored the rising concern of mobile addiction, emphasizing the need for responsible mobile usage.

Incorporating an interactive approach, the event also touched upon the importance of good manners and cultivating self-confidence. These aspects were discussed in relation to personal and

professional development, encouraging students to build a foundation for a successful and respectful future.

Towards the conclusion of the session, the participating students took a collective oath to abstain from drug use throughout their lives. This symbolic gesture reflected their commitment to a healthy and responsible lifestyle, fostering a drug-free environment within the academic community.

The organizational efforts of Dr. Araasu and the collaboration of the Anti-Ragging Committee played a pivotal role in the success of the event. Their dedication ensured a seamless and impactful session, leaving a lasting impression on the participating students.

In conclusion, the "Say No to Drugs" session served as a valuable platform for second-year PG students to gain comprehensive knowledge about the consequences of drug use. The holistic approach, encompassing mobile addiction, good manners, and self-confidence, contributes to the overall well-being and character development of the students. The event stands as a testament to the commitment of the institution and its anti-ragging committee towards creating a healthy and nurturing educational environment







## AWARENESS ADOUT SUBSTAILCE ADUSE

Date

Venue

: St. Joesph's Hall

: 6/03/2024

Participants : 100 students from history and economics disciplines attended.

Objective : The meeting aimed to raise awareness about substance abuse among students and highlight its historical and economic implications.

### **Highlights:**

1. Introduction: The session commenced with an introduction highlighting the significance of the topic in both historical and economic contexts.

2. Presentation by Mrs. Saleth: Mrs. Saleth, a renowned expert in the field, delivered an insightful presentation. She discussed the historical evolution of substance abuse, tracing its roots and impact through various civilizations and time periods.

3. Economic Perspectives: The presentation also delved into the economic ramifications of substance abuse, emphasizing its costs on society, healthcare systems, and productivity. Mrs. Saleth presented statistical data and case studies to underscore the economic burden associated with

substance abuse.

4. Interactive Discussion: Following the presentation, an interactive discussion ensued, allowing students to ask questions and share their thoughts. Topics ranged from preventive measures to policy implications and societal interventions.

5. Awareness Campaigns: Strategies for promoting awareness and prevention were also discussed. Students brainstormed ideas for organizing awareness campaigns within the university and local community.

6. Conclusion: The meeting concluded with a call to action, urging students to actively participate in combating substance abuse and spreading awareness among their peers.

Outcome:

Overall, the meeting provided a comprehensive understanding of the historical and economic dimensions of substance abuse. It empowered students with knowledge and equipped them with the tools to contribute towards creating a substance-free environment.

#### **Future Steps:**

- Organize follow-up workshops or seminars to delve deeper into specific aspects of substance abuse.

- Collaborate with relevant stakeholders to implement awareness campaigns and preventive measures.

- Encourage ongoing discussions and initiatives within the student body to address substance abuse effectively.

The meeting served as a crucial step towards fostering a culture of awareness and responsibility among students, paving the way for a healthier and more informed community.





#### HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL - 4. Anti – Ragging Committee / Anti Sexual Harassment Minutes of the meeting 2022 – 2023

Place: Multipurpose Hall, Holy Cross College (Autonomous), Nagercoil

#### Date : 20.07.2022

The meeting began with a prayer song and the following were selected as the office bearers.

Faculty in charge:

- Dr. Sr. Leema (Vice Principal)
- All Head of all the Departments
- Dean of Students

The Orientation programme on anti-ragging was conducted on 207.07.2022 Dr. Sr. Leema Rose, Vice Principal gave an awareness talk on "Anti-Ragging" Documentary film about "Anti-Ragging" was screened. This programme enriched the students about the consequences of ragging. 750 students participated. The meeting came to an end with the National Anthem.

The Anti-Ragging affidavit distribution took place on 01.07.2022, during the admission of the students. They were asked to sign the affidavits by ensuring that they will not be Victims for ragging and will not make any one victimize to ragging.

Department of Social Justice and Empowerment, Govt. of India and Dept. of Social Welfare and Women empowerment Kanyakumari District organized an oath taking programme on "Drive against Drugs" and "போதைப்பொருள் இல்லாத இந்தியா திட்டம்" on 03.08.2022 in our college campus. 2,050 students participated.

E-mail id for anti-ragging/Anti Sexual harassment /Narcotics Club was created on 15.09.2022.

"antirc@holycrossngl.edu.in"

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Dr. Sr. Leema Rose Vice Principal Holy Cross College, Nagercoil

Vice Principal Holy Cross College (Autonomous) Nagercoli - 4

STREET, STREET

#### Redressal of the Grievance Committee meeting on 19.12.2022

Time: 11.00 a.m.

Venue : Principal's office Members Dr. Sr. S. Sahayaselvi Dr. Sr. P. Leema Rose Dr. P. Sathya Ms. A. Judes Jalaja Dr. Mabel Edal Queen Dr. Bojaxa Rosy Following are the grievances from the students

- The canteen is crowded during the break time .
- Need to have colour dress for more days. .
- . More fans are required in the Golden Jubilee Hall

#### Redressal of the grievance committee

- . The break time is extended from 10 minutes to 15 minutes. Also 2 kiosks (restaurant huts) are set up to avoid crowd in the canteen, Four more counters are also up in the canteen
- Students will be permitted to come in colour dress for Christmas, Feast and Pongal. .
- Two big fans and 100 ceiling fans are fixed in the Golden Jubilee Hall.

#### **Restaurant Hut**



#### A hall that brings vision to life - Two huge fans and 100 eco- friendly fans



#### Members

Dr. Sr. P. Leema Rose Dr. P. Sathya D.S. Ms. A. Judes Jalair Dr. Mabel Edal Queen Dr. Bojaxa Rosy

#### ANTI – RAGGING COMMITTEE Minutes of the meeting 2021 – 2022

Place: Multipurpose Hall, Holy Cross College (Autonomous), Nagercoil

The meeting began with a prayer song and the following were selected as the office bearers.

Faculty in charge:

- Dr. Sr. Leema (Vice Principal)
- Ms. P.T. Anbu Hannah Dora M.A., M.Phil.,
- Heads of the department
- · Dean of Students
- · Student Council Member

The orientation programme on anti-ragging was conducted on 5<sup>th</sup> October 2021. Awareness talk on 'Anti-Ragging' was given by Dr. Sr. Leema Rose, Vice Principal. The meeting came to an end with the National Anthem.

'Anti sexual harassment' programme was conducted on 9th December 2021. Dr. Sr. Anne Perpet Sophy, Principal gave the inaugural address. Dr. Sr. Leema Rose, Vice Principal and Mrs. Cathelin Mary, Childline Nodal Officer gave the awareness talk on sexual harassment. Finally some guidance was given to overcome and to help the person affected by the sexual harassment.

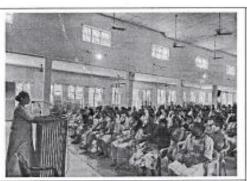
Anti-Ragging affidavit distribution took place on 4<sup>th</sup> August 2021 and 3<sup>rd</sup> November 2021. It was duly signed by the fresher's especially 1<sup>st</sup> UG and 1<sup>st</sup> PG students. The affidavits were also endorsed by the class teachers. The coordinators distributed the Anti-Ragging Affidavits and the students were asked to sign the affidavits by ensuring that they will not be victims for ragging and will not make any one victimize to ragging.

éema Rose

(Autonomous)

Dr. Sr. Leema Rose Vice-Principal, Holy Cross College, Nagercoil

Vice Principal





Holy Cru



# Redressal of the grievance committee meeting on 06-10-2021

Venue : Principal's office

Time: 3:00pm

#### Members

Dr.Sr. Gerardin Jeyam

Dr.Sr. Anne Perphet sophy

Dr.Sr. Leema Rose

Dr. J. Vinoliya Josephine Mary

Dr. G.Leema Rose

Dr.C.Jespin Ida

Dr. Bojaxa .A.Rosy

Dr. Mary Helen stella

Following are the grievances from the students

- Students wanted to have more number of toilets
- Near to the garden, its needed to spray insecticides

#### Redressal of the grievance committee

- Management has decided to construct more number of toilets
- Insecticides was sprayed near all the gartdens

#### Members

Dr.Sr. Gerardin Jeyam Dr.Sr. Anne Perphet sophy Dr.Sr. Leema Rose Dr. J.Vinoliya Josephine Mary Dr. G.Leema Rose Dr.C.Jespin Ida Dr. Bojaxa .A.Rosy Dr. Mary Helen stella

Dr. Læma Kose

Vice Principal Holy Cross College (Autonomous) Nagercoil - 4

#### ANTI - RAGGING COMMITTEE

Minutes of the meeting 2020 - 2021

Place: Virtual mode through Google Meet

Due to pandemic situation the meeting was conducted through online and the following were selected as the office bearers.

Faculty in charge:

- Dr. Sr. Leema Rose (Vice Principal)
- Ms. P.T. Anbu Hannah Dora M.A., M.Phil.,
- · Heads of the department
- · Dean of Students
- Student Council Member

As the pandemic situation worsened, the orientation programme for anti-ragging was

held in online mode.

Awareness talk on "Anti-Ragging" was given by Dr. Sr. Leema Rose (Vice Principal). Talk was very effective through PPT and video. This talk enriched the students about the consequences of ragging. The meeting came to an end with the ragging National Anthem.

eema Kose Dr. Sr. Leema Rose

Vice-Principal,

Holy Cross College, Nagercoil Vice Principal Holy Cross College (Autonomous) Nagercoil - 4

#### ANTI - RAGGING COMMITTEE

#### Minutes of the meeting 2019-2020

Place: Multipurpose Hall, Holy Cross College (Autonomous), Nagercoil

The meeting began with a prayer song and the following were selected as the office bearers.

Faculty in charge:

- Dr. Sr. Leema Rose(Vice Principal)
- · Heads of the department
- Dean of Students

Student Representatives:

Awareness talk on "Anti-Ragging" was given by Dr. Sr. Leema Rose (Vice Principal). The Deans distributed the Anti-Ragging Affidavits and the students were asked to sign the affidavits by ensuring that they will not be victims for ragging and will make anyone victimize to ragging.

The Anti-Ragging affidavit was duly signed by the fresher's especially Ist UG and Ist PG students. The affidavits were also endorsed by the class teachers. The meeting came to an end with the National Anthem.

Dr. Sr. Leema Rose

Vice-Principal, (Autonomous) Holy Cro Nagercoll - 4

