

Holy Cross College (Autonomous)

Nagercoil-629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle
An ISO 9001:2015 Certified Institution

SSR 2019-2020 to 2023-2024

7.1.1 Institution has initiated the Gender Audit and measures for the promotion of gender equity during the last five years

2023-2024

Title of the Programme

: V. Ronimus Arachi Endowment Lecture on Nanneri Ilakiyangalum

Pengalum

Date

: 30-01-2024

Organized By

: Department of Tamil, Holy Cross College (Autonomous), Nagercoil

Theme/Objective

: To understand the prominence of women in Tamil literature.

Resource Person

: Mr. Neelam Mathumayan, Tamil Writer

Outcome of the Activity

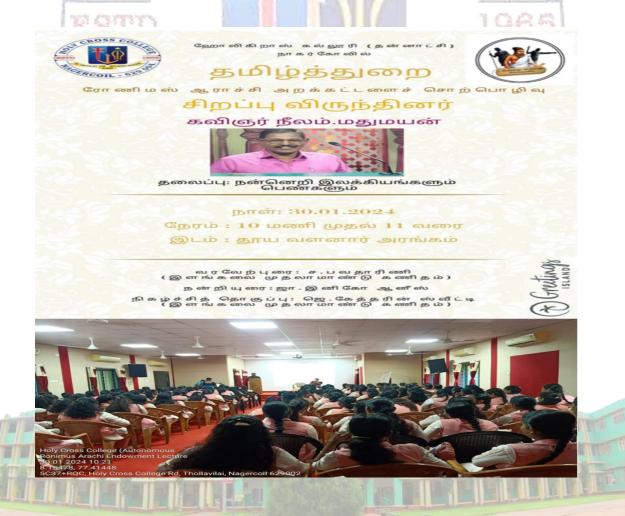
: Students understood the cultural shift towards modern women.

No. of Beneficiaries

: 203

Venue

: St. Josephs Hall, Holy Cross College (Autonomous), Nagercoil



Title of the Programme : Association Meeting on Women, Nature and Sustainability

Date : 24-01-2024

Theme /Objective : To explore the interconnection of women, nature, and sustainability

Organized By : Department of French, Holy Cross College (Autonomous), Nagercoil

Resource Person : Mrs. Jemima Jorin G.S, Assistant Professor,

Department of English, St. Alphonsa College of Arts

and Science, Karungal

Outcome of the Activity : Students gained a comprehensive understanding of how women's roles

and actions impact ecological balance.

No. of Beneficiaries : 63

Venue : Seminar Hall, Holy Cross College (Autonomous), Nagercoil



Nagercoil -629 004

Accredited with A+ grade (IV-cycle -CGPA 3.35) by NAAC

Affiliated to Mononmaniam sundaranar

university, Tirunelveli

Department of French

Organises

Association meeting

On

Women, Nature and Sustainability

Resource Person:

Jemima Jorin G.S
Assistant Professor,
Dept of English
St. Alphonsa College of Arts and
Science, Karungal



Time: 9.55am to 10.50am

Date: 24.01.2024

Venue: Golden jubilee, seminar hall

Patron: Dr. Sr. Mary Hilda, secretary Chair person:Dr.Sr.Sahayaselvi, principa

Organized by:P.T.Anbu Hannah Dora Associate professor, Head of the department Holy Cross college (Autonomous) Nagercoll



Title of the Programme child)

Date

Organized By

Theme / Objectives

attitudes.

Resource Person

Outcome of the Activity

No. of Beneficiaries

: National Girl Child Day (Skit and Song on importance of girl

: 24-01-202<mark>4</mark>

: CHIRPS Club, Department of Zoology, Holy Cross College

(Autonomous), Nagercoil

: Raise awareness, challenge stereotypes, and promote gender

equality by celebrating the value and potential of girls, inspiring positive

: Dr. S. Mary Mettilda Bai, Associate Professor, Department

of Zoology, Holy Cross College (Autonomous), Nagercoil

: The programme evoked a positive shift in societal

perceptions nurturing the potential of every girl child.

: 130

: UG Main Lab, Department of Zoology, Holy Cross College

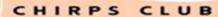
(Autonomous), Nagercoil



DEPARTMENT OF ZOOLOGY



HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL-4 AFFILIATED TO MANONMANIAM SUNDARANAR UNIVERSITY, TRINELVELI ACCREDITED WITH A+ BY NAAC-IV CYCLE (CGPA 3.35)





Date: 24-01-2024 Time: 11.50 AM



Venue: UG Main Lab











Student Coordinators

Sr. S Anto Monisha & A Anu Flowercy

III B.Sc. Zoology





Title of the Programme : Empowering Women through Technology and Entrepreneurship

Date : 12-01-2024

Organized Byby : Department of Economics, Holy Cross College

(Autonomous), Nagercoil

Theme : Women Entrepreneurship

Resource Person : Er. R. Sujith, M.E., District Resource Person, Pradhan Mantri

Formalization of Micro Food Processing Enterprises

Scheme (PMFME), National Agricultural Infra

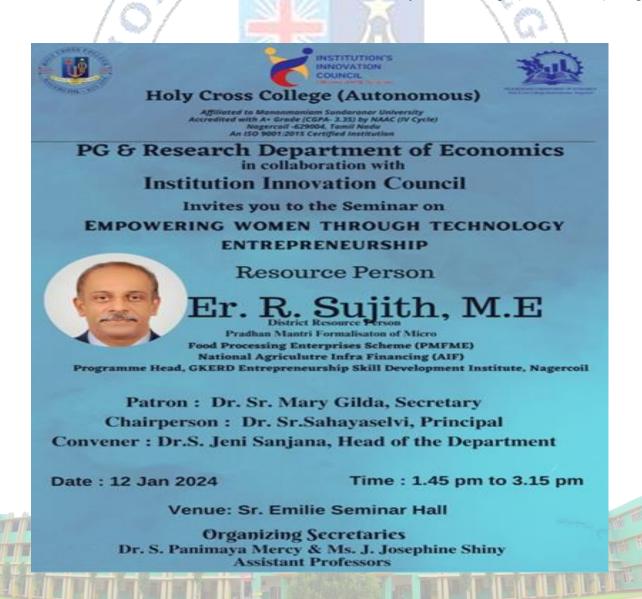
Financing (AIF), Programme Head, GKERD

Entrepreneurship Skill Development Institute, Nagercoil.

Outcome of the Activity : Created positive attitude and affirmation towards women entrepreneurs.

No. of Beneficiaries : 55

Venue : Sr. Emilie Seminar Hall, Holy Cross College (Autonomous), Nagercoil





Title of the Programme

Outcome of the Activity

Date : 20-12-2023

Organized By : Department of English (Aided), Holy Cross College (Autonomous),

: Street Play on Gender Equity

Nagercoil

Theme / Objective : To emphasize the importance of gender equality among the students

: Students were aware of the fundamental rights and the importance of

gender equity for a jest society.

No. of Beneficiaries : 216

Venue : College Portico, Holy Cross College (Autonomous), Nagercoil





(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

Re-Accredited with A+ by NAAC (IV Cycle- CGPA 3.35)

THE ENGLISH CLUB

Organizes

Street Play
Gender Equity

Date: 20.12.2023

Club Co-ordinators Dr. Selva Mary Gokila Ms. K. B. Steffi Secretary: Dr. Sr. Mary Hilda Principal: Dr. Sr. Sahayaselvi

HOD: Dr. Alby Grace

Title of the Programme

: Talk on Self-defence

Date

: 12-12-2023

Organized By

: Women's Cell

Theme / Objective

: To emphasize the importance to learn safety measures to protect

themselves.

Outcome of the Activity

: Enhanced safety awareness and empowerment among girls.

Impact of the Activity

: Improved understanding of safety measures and increased confidence

among girls in protecting themselves.

No of Beneficiaries

: 65

Venue

: Room No: 2, Holy Cross College (Autonomous), Nagercoil





HOLY CROSS COLLEGE (AUTONOMOUS) AFFILIATED TO MANONMANIAM SUNDARANAR UNIVERSITY ACCREDITED WITH A+ GRADE (CGPA 3.35) BY NAAC (IV CYCLE) NAGERCOIL – 629004, TAMILNADU, INDIA

Women Cell

Talk on 'Self defense'

Resource Person : Ms. Adline Sherina I B.Sc Chemistry

Date: 12/12/2023

Time: 11.45 am

Venue: Room No: 2

Organising Secretaries : Dr. L. Deva Vijila & Dr. J. M. Vinitha Charles



Title of the Programme : Legal Awareness Programme on Women's Right

Date : 11-12-2023

: Department of History, Department of History, Holy Cross Organized By

College (Autonomous), Nagercoil.

Theme / Objective : To make students fundamental understand their rights and legal

protections

Resource Person : G. Kirubin Sheeba B.E.M.L, Advocate, Nagercoil

Outcome of the Activity : Students were aware of the venues for seeking redress in cases of

violation of their rights.

Number of the Beneficiaries : 64

Venue: Room No : 77, Department of History, Holy Cross College (Autonomous),

Nagercoil.



Holy Cross College (Autonomous)

Affiliated to Manonmaniam Sundaranar Universitry Accrediated with 'A+'Grade (CGPA-3.35) by NAAC (IV Cycle Nagercoil - 629004, Tamil Nadu, India

Legal Awareness Programme on Women's Right

Resource Person

Tmt. G. Kirubin Sheeba ,B.E.,M.L. Advocate, Nagercoil.

Patron: Dr. Sr. Mary Hilda, Secretary Chairperson: Dr. Sr. Sahaya Selvi, Principal Convener: Dr. I. Jalaja kumari, HoD

> Organizer Dr. V. Pradeepa





Title of the Programme : Survey on Women Empowerment in Maravankudieruppu

Village

Date : 21-10-2023

Organized By : Department of Chemistry, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To assess the current status of women empowerment in

Maravankudieruppu village across various dimensions, including

economic, social, political, and cultural empowerment.

Outcome of the Activity : The students identified barriers, constraints, and inequalities that hinder

women's empowerment

No. of beneficiaries :30

Venue : Maravankudieruppu Village



Holy Cross College (Autonomous)



(Accredited with 'A+' Grade (IV Cycle-CGPA 3.35) by NAAC)
(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)
Nagercoil - 629 004

Department of Chemistry

Organizes

Field Project

Survey On Women Empowerment

Date: 21-10-2023

Venue: Maravankudieruppu Village

Organizing team

Department of Chemistry



Title of the Programme

Date

Organized By

Theme / Objective

Resource Person

Outcome of the Activity

Number of the Beneficiaries

Venue

: Skit on Exploitation Against Women

: 19-10-2023

: Department of History, Holy Cross College (Autonomous), Nagercoil.

: To make students awareness aware of the ways to stop women

harassments.

: Dr. S. Mary Judit, Assistant Professor of History, Hoy Cross College (Autonomous), Nagercoil.

: Created awareness regarding the exploitation against women.

: 19

: Room No: 77, Department of History, Holy Cross College (Autonomous), Nagercoil.



Title of the Programme : Lifestyle Management in PCOS

Date : 19-10-2023

Organized By : Department of Social Work, Holy Cross College (Autonomous),

Nagercoil and Mind Care Centre, Tirunelveli

Theme / Objective : To make students understand the importance of adopting a healthy

lifestyle.

Resource Person : Sonia V.R, Assistant Professor, Grace College of Nursing,

Padanthaalumoodu

Outcome of the Activity : Students were motivated to take up a healthy lifestyle to maintain good

physical strength.

No. of Beneficiaries : 48

Venue : Holy Cross College (Autonomous), Nagercoil



Title of the Programme : Role of Men and Women in the Future Society

Date : 18-10-2023

Organized By : Department of Mathematics (S.F), Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : To create inclusive learning environments that

celebrate diversity and promote gender equity.

Resource Person : Mr. D. Rajendran, Programme Executive (RTD), All India Radio,

Nagercoil.

Outcome of the Activity : Sensitized to celebrate diversity – formative educational landscape

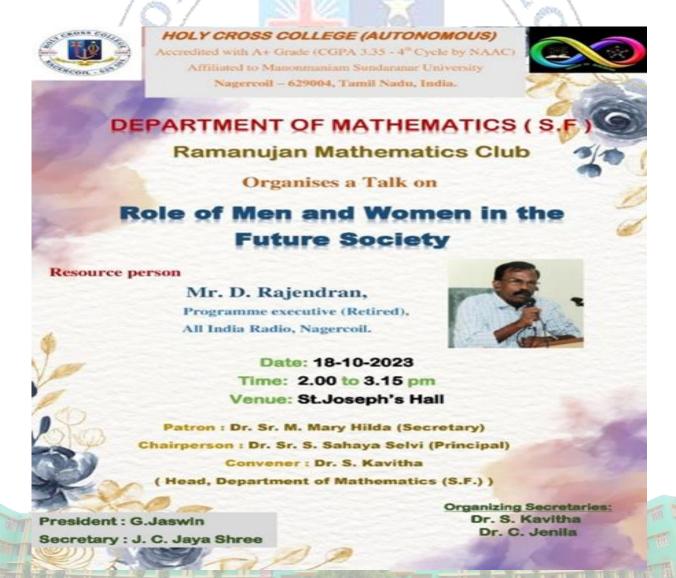
characterized by equity, diversity and empowerment

No. of Beneficiaries

Venue

: 45

: St. Joseph Hall, Holy Cross College (Autonomous), Nagercoil





Title of the Programme : Album Making - Gender Equity

Date : 13-10-2023

Organized By : Department of Botany, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Gender Equity Promotion

Outcome of the Activity : Ensured the importance of gender equality in all fields.

No. of Beneficiaries : 10

Venue : Room No.:42, Department of Botany, Holy Cross College

(Autonomous), Nagercoil





Department of Botany

ALBUM MAKING - GENDER **EQUITY**



Venue : Department of Botany

Date : 13.10.2023

Dr. A. Anami Augustus Arul Assistant Professor and Head Department of Botany Holy Cross College (Autonomous)

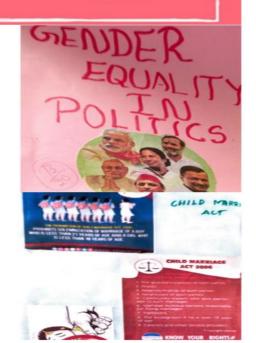
Nagercoil - 4



Head of the Department

Dr. A. Anami Augustus Arul Assistant Professor and Head Department of Botany Holy Cross College (Autonomous) Nagercoil - 4





Title of the Programme : A Talk on What is the Next Step after Graduation

Date : 26-09-2023

Organized By : Mathematics club, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To orient the students on future career opportunities.

Resource Person : Mrs. A. Amala Persy Anusha, Bishop Remigius CBSE

School, Nagercoil

Outcome of the Activity : Emphasized the importance of resilience, setting goals

and believing in their potential as women.

No. of Beneficiaries : 160

Venue : Seminar Hall, Holy Cross College (Autonomous),

Nagercoil



Affiliated to Manonmaniam Sundaranar University
Accredited with 'A+'Grade (CGPA 3.35 - IV Cycle) by NAAC
Nagercoil - 629004

The Mathematics Club

Organises

A talk on "What is the Next Step after Graduation"

Resource person: Amala Persy Anusha. A

Bishop Remigius CBSE School

Nagercoil.

Date: 26/09/2023

Time: 2.15pm to 3.15pm

Venue: Seminar Hall

CONVENER: DR. T. SHEEBA HELEN HEAD OF THE DEPARTMENT

President: T. Jeya Aarya Secretary: C. Deva Thibiksha Staff- in-charge: Dr.M.K. Angel Jebitha Dr.A. Anat Jaslin Jini



Title of the Programme

Date

Organized By

Theme / Objective

Resource Person

Outcome of the Activity

: Awareness Talk on Women Empowerment

: 26-08-2023

: CEC, Holy Cross College (Autonomous), Nagercoil

: To raise awareness about the importance of women empowerment and foster a deeper understanding of the challenges and opportunities for women in various aspects of life.

: Dr. S. Prakash Shoba, Assistant Professor, Department of

Zoology, Holy Cross College (Autonomous), Nagercoil

: Empowered individuals to actively support and promote

gender equality, contributing to a more inclusive and

equitable society.

No. of Beneficiaries

Venue

: 19

: Keelakaattuvilai





HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL
AFFILIATED TO MANONMANIAM SUNDARANAR UNIVERSITY, TIRUNELVELI
ACCREDITED WITH A+ GRADE (CGPA 3.35 - IV CYCLE) BY NAAC

COMMUNITY ENGAGEMENT COURSE

ORGANISES

AWARENESS TALK ON WOMEN EMPOWERMENT

DATE: 26.08.2023

VENUE: KEELAKAATTUVILLAI

RESOURCE PERSON

DR.PRAKASH SHOBA

ASSISTANT PROFESSOR OF ZOOLOGY

HOLY CROSS COLLEGE, NAGERCOIL



Title of the Programme : World Breast Feeding Day (Cognizance on Breast

Feeding)

Date : 07-08-2023

Organized By : Department of Zoology, HolyCross College (Autonomous), Nagercoil

Theme / Objectives : Promote breastfeeding awareness and dispel Myths and Misconceptions

about breastfeeding.

Resource Person : Dr. R. Uma Selvan, M.B.B.S, D.G.O, RTD. Municipal

Health Officer, Nagercoil

Outcome of the Activity : The event enhanced community awareness, debunk myths, foster a

supportive environment, and encourage optimal breastfeeding practices.

No. of Beneficiaries : 254

Venue : Grama Munetra Sangam, Punnai Nagar, Nagercoil



Holy Cross College (Autonomous)

Zoology Club, Department of Zoology

Social Work Club, Department of Social Work

Jointly organising

World Breast Feeding Day

August 07 2023

Special Invitee; Dr. R. Uma Selvan MBBS DaG Rtd Municipal Health Offic

> Title: Cognizance on Breastfeedin Venue: Grama Munetra Sangam, Punnai Naga

> > Time: 2.00pm - 3.15 pn

Organizing Secretary: Dr. Jeni Padua, Dept. of Zoolog Ms.Helba Barbara. R, Dept. of Social Wor Title of the Programme : Elocution on Women's Empowerment in Free India

Date : 08-08-2023

Organized By : Department of English (Aided), HolyCross College (Autonomous),

Nagercoil

Theme / Objective : To stress the importance of women empowerment.

Resource Person : Dr. Subha Ganapathy, Assistant Professor of Zoology, HolyCross

College (Autonomous), Nagercoil

Outcome of the Activity : Highlighted the importance of women empowerment.

No. of Beneficiaries : 52

Venue : Room no. 61, HolyCross College (Autonomous), Nagercoil



Title of the Programme : Pengalum Arasiyal Vilipunarvum

Date : 08-01-2024

Organized By : Department of Tamil (SF), Holy Cross College (Autonomous)

Nagercoil.

Theme / Objective : Political awareness of women

Resource Person : Dr Baseliyan Nasren, Film Producer.

Outcome of the Activity : Students acquired knowledge about political aspects related to women,

which will be beneficial if they decide to engage in political affairs.

No of Beneficiaries : 150

Venue : St. Joseph's Hall, Holy Cross College (Autonomous), Nagercoil



Title of the Programme : Owvai - Puthiya Parvai

Date : 14-07-2023

Organized By : Department of Tamil (SF), Holy Cross College (Autonomous), Nagercoil.

Theme / Objective : Women Empowerment

Resource Person : Dr A. Delphin, Assistant Professor of Tamil (SF), Holy Cross College

(Autonomous), Nagercoil.

Outcome of the Activity : Celebrated the empowered women as reflected through Tamil Literature

No of Beneficiaries : 132

Venue : Seminar Hall, Holy Cross College (Autonomous), Nagercoil.





Title of the Programme

: Power of Gender Equality

Date

: 11-07-2023

Organized By

: Department of History, Holy Cross College (Autonomous), Nagercoil.

Theme / Objective

: Importance of World Population Day

Resource Person

: Dr. K. Baby, Assistant Professor of History (Autonomous), Holy Cross

College, Nagercoil

Outcome of the Activity

: Increased confidence, skills, and opportunities of the participants.

Number of the Beneficiaries

: 84

Venue

: Room No: 77, Department of History, Holy Cross College (Autonomous),

Nagercoil.



WORLD POPULATION DAY

Theme: Power of Gender Equality

Resource person Dr.K.BABY ASSISTANT PROFESSOR OF HISTORY HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL

TIME: 2.00PM-3.15PM

VENUE: ROOM NO: 77, DEPARTMENT OF HISTORY HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL

> ORGANIZING SECRETARY: MALATHI KEERTHIKA.P, PRESIDENT HISTORYCLUB SALOME ELNA.S SECRETARY, HISTORY CLUB

JULY 2023 TUESDAY





2022-2023

Title of the Programme : Album Making on Gender Equity Studies

Date : 29-03-2023

Organized By : The Department of English, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : To promote better understanding of Gender Studies

Outcome of the Activity : Promoted better understanding of Gender Studies and its relevance

in the academic forum.

Beneficiaries : 61

Venue : Room No. 53, Holy Cross College (Autonomous), Nagercoil



Title of the programme : Case Study on Dowry System

Date : 29- 03- 2023

Organized By : Value Education, Department of English (SF) Holy Cross

College (Autonomous), Nagercoil

Theme / Objective : To prohibit the evil practice of dowry system

Outcome of the Activity : Students understood the evil practice of dowry system and its associated

hardships.

No. of Beneficiaries : 30

Venue : Jubilee Hall, Holy Cross College (Autonomous), Nagercoil



Topic of the Programme : Exhibition and Enactment on the Marginalization of Women

Date : 28-03-2023

Organized By : Department of English (Aided), Holy Cross College (Autonomous),

Nagercoil

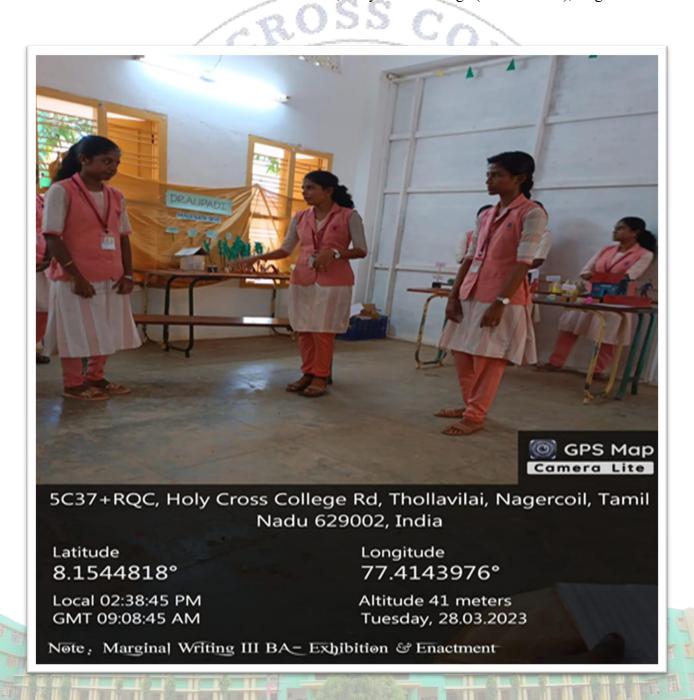
Resource Person : Ms. Anishya Dani, Assistant Professor of English, Holy Cross College

(Autonomous), Nagercoil

Outcome of the Activity : Students understood the means through which women are marginalized.

Beneficiaries : 61

Venue : Room No. 53, Holy Cross College (Autonomous), Nagercoil



Title of the Programme : Seminar on Unlocking Hidden Potential of Women

Entrepreneurship

Date : 21-03-2023

Organized By : IIC & Department of History, Holy Cross College

(Autonomous), Nagercoil.

Theme / Objective : Unlocking the Hidden Potential of Women Entrepreneurship

Resource Person : Mr. S. Ajith Kumar, Soft Skill Trainer/ Mentor/ Motivational

Speaker, Founder & ASK Training Solutions.

Outcome of the Activity : Motivated the students to realise their innate potential to become

successful entrepreneurs.

Number of the Beneficiaries : 103

Venue : Seminar Hall, Holy Cross College (Autonomous), Nagercoil





Title of the programme

Date

Organized By

Theme / Objective

Outcome of the Activity

No. of Beneficiaries

Venue

: Role Play on Gender Equity Studies

: 21-03-2023

: Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

: To showcase the different roles of women.

: Students understood the different roles of women in the society, and promoted gender equality.

: 54

: III UG Classroom, Department of English (SF), Holy Cross College (Autonomous), Nagercoil



Title of the Programme : Dr. Hermana Gilt Arachi Endowment Lecture *Thol*

Seelai Poratom Oru Varalattuparvai

Date :20-03-2023

Organized Byby : Department of Tamil, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Thol Seelai Poratum Oru Varalattuparvai (The Largest

shoulder struggle in the Travancore principality in 200 years was the

celebration of the Memorial Day.)

Resource Person : Mr. Nanjil Raja Danieal, Students Legal

Association, Chennai

Outcome of the Activity : Students understood the involvement of women during the freedom

struggle in Travancore.

No. of Beneficiaries : 290

Venue : Seminar Hall, Holy Cross College (Autonomous), Nagercoil





Title of the Programme : Talk on Women Empowerment

Date : 17-03-2023

Organized By : RUN (Reaching the Unreached Neighbourhood), Department

of Economics, Holy Cross College (Autonomous),

Nagercoil / Provision, NGO organization, NGO colony,

Nagercoil.

Theme / Objective : To create awareness on women empowerment.

Resource Person : Kutty Rajan, President, Periyavillai Village, Kanniyakumari

District

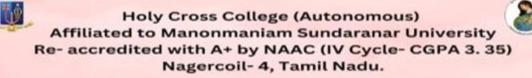
Outcome : The programme successfully raised awareness regarding the ways to

achieve women empowerment.

No. of. Beneficiaries : 125

Venue : Periyavillai Village, Thengamputhur





Department of English SF

An Analysis of Illango's Chilapathikaram

GUEST LECTURE

BY

DR. EDAL QUEEN

ASSISTANT PROFFESSOR

DEPARTMENT OF TAMIL

HOLY CROSS COLLEGE (AUTONOMOUS).

NAGERCOIL

Date: 16.03.2023 & 17-03-2023

Venue: II M.A Classroom

Title of the Programme

: Lecture on An Analysis of Illango's Chilapathikaram

SPES N

Date

: 16-03-2023 to 17-03-2023

Organized By

: Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

Theme / Objective

: To highlight the role of Women.

Resource Person

: Dr. M. Mabel Edel Queen, Assistant Professor of Tamil (SF), Holy

Cross College (Autonomous), Nagercoil.

Outcome of the Activity

: Highlighted the role of women in literature to promote emancipation of

women.

No. of Beneficiaries

: 30

Venue

: II PG Classroom, Department of English (SF), Holy Cross College

(Autonomous), Nagercoil

Title of the Programme

: National Level Seminar on Women Entrepreneurship

Date

: 15-03-2023

Theme / Objective

: To promote the sustainable development of Women

Entrepreneurs for balanced growth in the country.

Organized By

: Department of Commerce (SF-I), Holy Cross College (Autonomous),

Nagercoil

Outcome

: Promoted the sustainable development of women entrepreneurs for

balanced growth in the country.

No. of Beneficiaries

: 268_

Venue

: Multipurpose Hall, Holy Cross College (Autonomous), Nagercoil.



AMOUT THE COLLEGE

Hely Creas College Seatonemous), Nagercell lathe first ventural College in Kanyakumari District tomogravited on tred August, toos. It is utilisated to Mannoteminan Mundamous University, Transdeed, The College has a population of 2000 erudents apread across to disciplines. All the programmer are arisented terminal terminative development, currentential terminal terminative development, currentential terminal terminative and global computancy. The college aims at total liberalization and development of the whole presentity of the anothers. The college stands for the regulationed of when opidalizated of uneman ky aphabiting the glurious motito of the vollege.

ABOUT THE DEPARTMENT

The Department of Commerce (M-I) was setablished as a 1st Contro of Learning in 2007 and was upgraded to PG level in 2010 and pre-determine the year 2023. The department has vibrant faculty suntribuding in the quality education of the element community. To enhance the quality of education and development, the ataslants are expand to industrial visits, assume to be exceptive akill development programmes. The shapartment finds present the time standards are dynamic. Innovative, enterprising to serve the society in large.

ABOUT THE SEMINAR

The increasing presence of vromen as entrepressure has led to significant business and economic growth in the country. Women-owned business enterprises are playing a prominent role in acciety by generating simpleyment opportunities in the country, bringing in demographic shifts and laspiring the next generation of women foundars. With a vision to premote the mentainable development of money processes to mount in business growth in the womenty, nearly printing to mountify the mountification of the womenty, nearly printing to mountify the womenty, nearly printing to mountify the mountification, advances of the first through mitatives, advances, creating or modeling actuaches and communication and activating particerchips among divorce atakeholdors in the contraptive among divorce atakeholdors in the

The seminar argunised by our department is likely to take the concept of Women Enterprenantlist to the heuris of the youth, especially young women. Women Entreprenant has the strength to bring the change and overcome restrance. In this extrest emisewous and hope, we take a closer look at Entrepreneurable and Beglood Development.

REGISTRATION FEE: RS. 250/-

Per further Details contact

Mrs. A. Franklin Ragila : 7898486120 Dr. R. SreeDevi : 9487418640

Registration Form

National Level Seminar

WOMEN ENTREPRENEURSHIP

15th March 2023

institution :_____

Designation : Student/Scholar/Faculty

Moleile No. +

Signature of the Participant





Title of the programme : An Interactive Session on Are women deprived of their

rights?

: 15-03-2023 Date

Organized By : Department of Chemistry, Holy

Cross College (Autonomous), Nagercoil

Theme / Objective : To create an awareness on women rights

Resource Person : Prof. Mary Gracelet Stanly, Retired Principal, St. Joseph's

Evening College, Bengaluru.

Outcome of the Activity : Participants gained a deeper understanding of the current status of

women's rights globally and locally.





HOLY CROSS COLLEGE (AUTONOMOUS)

Accredited with A+ Grade (CGPA 3.35 - 4th Cycle) by NAAC

Nagercoil - 629 004, Tamil Nadu.

DEPARTMENT OF CHEMISTRY

Chemistry Association

Organizes an interactive session on



Resource person

Prof. Mary Gracelet Stanly

Principal (Rtd.) oseph's Evening College (Autonomous),

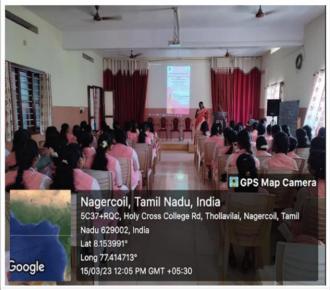
Bangalore Date: 15.03.2023

Time: 11.30am -12.30 pm

Venue: Hall No. 2

Patron: Dr. Sr. Mary Hilda, Secretary Chair Person : Dr. Sr. S. Sahayaselvi, Principal Head of the Department: Dr. M. Anitha Malbi Organizing Secretaries: Dr. Sr. K. Francy &

Dr. S. Lizy Roselet









Title of the Programme

: Talk on Women as Nation Builder

Date

:10-03-2023

Organized By

: Department of History

Theme / Objective

: Women's Day Celebration and Women's Rights

Resource Person

: Mrs. J. Jeyamathi Rosario - President, Dr. K.L.S. Geetha –

Secretary, Dr. V. Jeyaseeli-Vice President (Bharathiyar

Sangam, Nagercoil)

Outcome of the Activity

: Highlighted the significant contributions of women in various fields,

emphasizing their role in nation-building.

Number of the Beneficiaries

: 86

Venue

: Seminar Hall, Holy Cross College (Autonomous), Nagercoil





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III	At the	programme
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Date

Organized By

Theme / Objective

Resource person

Outcome of the Activity

No of Beneficiaries

Venue

: Talk on Embrace Equity and Women Empowerment

: 08-03-2023

: Department of Zoology, Holy Cross College (Autonomous),

Nagercoil

: To inculcate the importance of Equity and Equality.

: Dr F. Brisca Renuga, Associate professor of Zoology, Holy Cross

College (Autonomous), Nagercoil

: Participants learned about the importance of gender equity and

strategies to empower women in different sectors.

: 136

: UG Main Lab, Zoology Department, Holy Cross College

(Autonomous), Nagercoil



Title of the programme

Date

Organized By

Theme / Objective

3

Resource Person

Outcome of the Activity

: Lecture on Get to know: Simon de Beauvoir's Second Sex

: 06-03-2023

: Coffee House Association, Department of English (SF)

: To get to know the physic and role of women.

: Ms. Nishiha J.

: Provided insights into the feminist philosophy of Simone de Beauvoir

and her seminal work, The Second Sex.

No. of Beneficiaries : 29

Venue

: I MA Classroom, Department of English (SF), Holy Cross College

(Autonomous), Nagercoil



Holy Cross College (Autonomous)
Affiliated to Manonmaniam Sundaranar University
Re- accredited with A+ by NAAC (IV Cycle- CGPA 3. 35)
Nagercoil- 4, Tamil Nadu.

Department of English (SF) English Coffee House Association





GET TO KNOW:
SIMONE DE BEAUVOIR'S
SECOND SEX

Resource Person: Ms. Nishiha.J

Patrons

Dr. Sr. Mary Hilda, Secretary
Dr. Sr. S. Sahaya Selvi, Principal
Dr. Sr. Leema Rose, Vice Principal
Dr. P. Sathya, Vice Principal
Ms.M.Maria Helen Janoba- HOD









Title of the Programme : Skit on Dowry System

Date : 06-03-2023

Organized By : Department of Chemistry, Holy Cross College

(Autonomous), Nagercoil

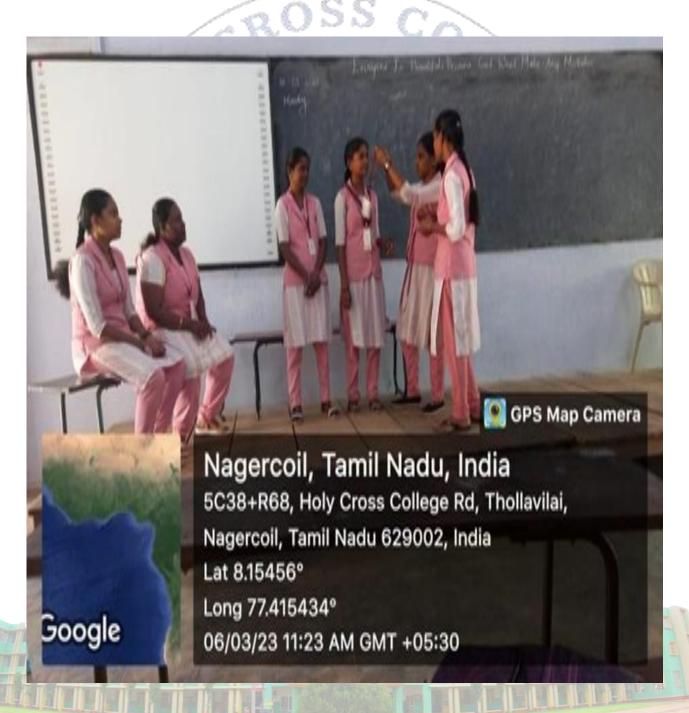
Theme / Objective : To create an awareness on dowry system and its evil effects

on the society

Outcome of the Activity : Effectively portrayed the detrimental effects of the dowry system on

women's lives.

Venue : Hall No.2, Holy Cross College (Autonomous), Nagercoil



Title of the programme : Group Discussion on Women in Religion

Date : 15-02-2023

Organized By : Department of Computer Science, Holy Cross

College (Autonomous), Nagercoil

Theme / Objective : To know about women's rights

Outcome of the Activity : Facilitated a diverse discussion on the roles and representation of

women in various religious contexts.

No. of beneficiaries :47

Venue : Department of Computer Science, Holy Cross

College (Autonomous), Nagercoil



Title of the programme : Screening of a short film on Women Empowerment

Date : 27-01-2023

Organized By : Women's Cell, Holy Cross College (Autonomous), Nagercoil

Theme /Objective : To empower young women emotionally, socially and

economically Screening of a short film on Women

Empowerment

Outcome of the Activity : Visually showcased inspiring stories of empowered women overcoming

obstacles.

No. of Beneficiaries : 140

Venue : Room.No.1, Holy Cross College (Autonomous), Nagercoil



Title of the programme : Skit on Women Education

Date :26-01-2023

Organized By : UBA (Department of Chemistry) Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : To promote women's education in Annai Nagar Village

Outcome of the Activity : Dramatized the importance of education for women and its positive

impact on communities.

Venue : Grama Sabha Meeting at Annai Nagar Village, Pallam.



Title of the programme : Seminar on Eco Entrepreneurship paving the way to

Financial upliftment of Women

Date :21-12- 2022

Organized By : Department of Zoology, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Financial upliftment of women

Resource person : Mr. Ponnambalam, Create Foundation, Nagercoil and

Dr. Sunil Richardson, Co-convenor, INTACH, Nagercoil Chapter

Outcome of the Activity : Introduced eco-entrepreneurship as a viable pathway for women's

financial independence.

No of Beneficiaries : 145

Venue : Jubilee Hall, Holy Cross College (Autonomous), Nagercoil



Title of the programme : Awareness Talk on Safety Act for Women Employees

Date : 19-12-2022

Organised by : The Women's Cell, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To impart knowledge about Safety Act for Women Employees

Resource Person : Ms. Mihi Nancy, Assistant Professor of English, Holy Cross College

(Autonomous), Nagercoil

Outcome of the Activity : Educated employees on the legal protections available under the Women

Safety Act.

No. of. Beneficiaries : 140

Venue : Room No. l, Holy Cross College (Autonomous), Nagercoil



Title of the programme : Album Creation based on Women's studies

Date : 12-12-2022 to 27-04-2023

Organized By : Department of Computer Science, Holy Cross

College (Autonomous), Nagercoil

Theme / Objective : To know about gender equity

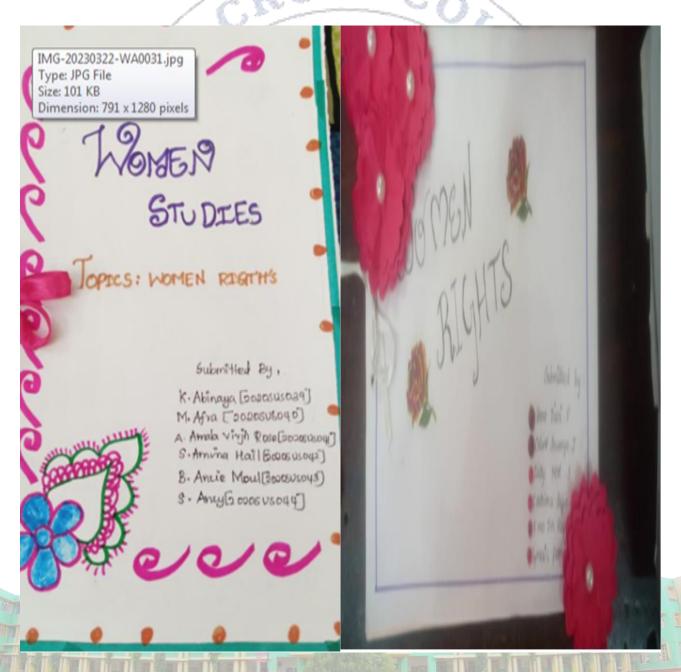
Outcome of the Activity : Compiled a comprehensive collection of research data and images

pertaining to women's studies.

No. of beneficiaries : 47

Venue : Department of Computer Science, Holy Cross

College (Autonomous), Nagercoil



Title of the Programme : Sr. Elsy George's Endowment Lecture on WOMENOMICS

Date : 09-11-2022

Organized By : Department of Economics, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : To Highlight the Importance and Growth of Women in the

World Economy

Resource Persons : Dr. D. Hylin Reba, Assistant Professor, Department of

Economics (Autonomous) Scott Christian College, Nagercoil

Outcome of the Activity : Explored the economic contributions and potential of women in the

economy.

No. of. Beneficiaries : 82

Venue : Seminar Hall, Holy Cross College (Autonomous), Nagercoil



Title of the programme : A Session on How to Become a Successful Entrepreneur

Date :22-10-2022

Organized By : Chemistry Association in collaboration with IIC,

Department of Chemistry, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : To motivate and empower students through entrepreneurship

Resource Person : Dr S. Ajith Sinthuja,

Assistant Professor, Department of Chemistry

Holy Cross College, (Autonomous), Nagercoil

Outcome of the Activity : Provided practical guidance and motivational insights for aspiring

female entrepreneurs.

No. of beneficiaries : 75

Venue : St. Joseph's Hall. Holy Cross College, (Autonomous),

Nagercoil







HOLY CROSS COLLEGE (AUTONOMOUS)

Accredited with A+ Grade (CGPA 3.35 - 4th Cycle) by NAAC Nagercoil - 629 004, Tamil Nadu.

DEPARTMENT OF CHEMISTRY

In Collaboration with IIC

Organizes a Seminar on

HOW TO BECOME A SUCCESSFUL ENTREPRENEUR

Resource Person

Dr. S. AJITH SINTHUJA

Assistant Professor Department of Chemistry

Holy Cross College (Autonomous), Nagercoil

Date: 22-10-2022 @ 11:30 am Venue: St. Joseph's Hall

Patron : Dr. Sr. Mary Hilda, Secretary

Chair Person : Dr. Sr. S. Sahayaselvi, Principal

Head of the Department: Dr. M. Anitha Malbi

Organizing Team
Department of Chemistry

Organizing Secretaries: Sr. K. Francy & Dr. S. Lizy Roselet



Title of the programme

Date

Organized By

Theme / Objective

Resource Person

Outcome of the Activity No. of beneficiaries

Venue

: Talk on Women Scientist and Their Inventions

: 21-10-2022

: Department of Chemistry, Holy Cross College

(Autonomous), Nagercoil

: To motivate students through the lives of Women Scientist

and their Inventions

: Ms. Annie Ronaldino. A,

III B.Sc. Chemistry, Department of Chemistry,

Holy Cross College (Autonomous), Nagercoil

Q.____

: Highlighted the contributions of women scientists and their innovations.

:145

: St. Joseph's Hall, Holy Cross College, (Autonomous),

Nagercoil



Title of the programme

Date

Organized By

Theme / Objective

Resource person

Outcome of the Activity

No of Beneficiaries

Venue

: Awareness Programme on Breast Cancer

: 17-10-2022

: Zoology Association, Holy Cross College (Autonomous), Nagercoil

: To create an Awareness on Breast Cancer

: Dr. Beena Theres, Medical Officer, Dept. of Yoga and

Naturopathy, Lifestyle Clinic, Kanyakumari Govt. Medical

College Hospital, Asaripallam

: Educated participants on breast cancer prevention, early detection, and

treatment options.

: 130

: St. Joseph's Hall, Holy Cross College (Autonomous), Nagercoil



DEPARTMENT OF ZOOLOGY HOLY CROSS COLLEGE (AUTONOMOUS) NAGERCOIL - 629 004, TAMIL NADU AFFILIATED TO MANONMANIAM SUNDARANAR UNIVERSITY



Awareness Program on

"Breast Cancer"



OCTOBER 17, 2022 TIME: 11.00 AM - 12.35 PM RESOURCE PERSON

DR. L. BEENA THERES

MEDICAL OFFICER

DEPARTMENT OF YOGA AND NATUROPATHY

LIFE STYLE CLINIC

KANYAKUMARI GOVT. MEDICAL COLLEGE HOSPITAL

ASARIPALLAM



Zoology Association Venue: St. Joseph's Hall

Title of the programme

: Awareness Talk on Women Equality

Date

: 13-10-2022

Organized By

: Department of English, Holy Cross College (Autonomous), Nagercoil

Theme / Objective

: To create an awareness on Women's Equality

Resource Person

: Ms. N. Monica, II BA English SF, Holy Cross College (Autonomous),

Nagercoil

Outcome of the Activity

: Discussed the principles and importance of gender equality in various

spheres.

Beneficiaries

: 140

Venue

: Room.No.1, Holy Cross College (Autonomous), Nagercoil



Title of the programme : Motivational Session on Financial Freedom: Key to

Women Empowerment

: 13-10-2022 Date

Theme / Objective : To create financial independence and boost confidence among women

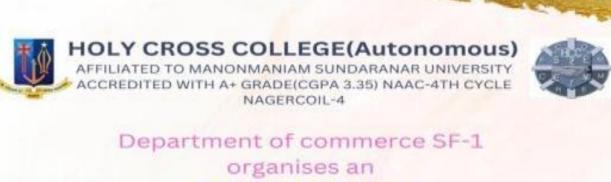
Organized By : Department of Commerce (SF-I), Holy Cross College (Autonomous),

Nagercoil.

Outcome of the Activity : Emphasized the role of financial independence in empowering women.

No. of Beneficiaries :192

Venue : Multipurpose Hall, Holy Cross College (Autonomous), Nagercoil.



Association meeting

Financial Freedom Key to Women Empowerment

Resource person

Dr.P.Lovelin Auguskani, MBA, Ph.D

Director: Mentat Wealth Pvt.ltd

DATE: 13/10/2022

TIME : 10:30 AM TO 12:00 PM VENUE: MULTI-PURPOSE HALL

Patron: Dr.Sr.Mary Hilda, Secratary

Chairperson:Dr.Sr.S.Sahaya Selvi, Principal

Convener:Dr.R.Evalin Latha, Head of the Department

Organising Committee

Dr.M.Charles Dayana Dr.P.M.Sirumalar Rajam Title of the Programme : Seminar on Motivational Factor & Entrepreneurial

Intentions

Date : 12-10-2022

Organized By : Department of Economics, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : To Develop and Motivate the Skills with Business Values

and Ethics among the students

Resource Person : Dr. M. Janarthanan Pillai, Prof. and Head, Faculty of

Management Studies, Noorul Islam Centre for Higher

Education, Thuckalay

Outcome of the Activity : Analyzed the motivational factors influencing women's entrepreneurial

intentions.

No. of. Beneficiaries : 88

Venue : Seminar Hall, Holy Cross College (Autonomous), Nagercoil

HOLY CROSS COLLEGE (AUTONOMOUS)

Affiliated to Manonmaniam Sundaranar University Accredited with A+ Grade (CGPA- 3.35) by NAAC (IV Cycle) Nagercoil -629004, Tamil Nadu

PG & Research Department of Economics

In collaboration with IIC invites you to join us for seminar on

MOTIVATIONAL FACTORS & ENTREPRENEURIAL INTENTION

Resource Person

Dr. M. Janarthanan Pillai

Prof & Head Faculty of Management Studies Noorul Islam Centre for Higher Education, Thuckalay

DATE: OCT 12, 2022 TIME: 11.00 AM TO 12.00 PM

Patron : Dr. Sr. Mary Hilda (Secretary) Chair Person : Dr. Sr. Sahayaselvi (Principal)

Convener : Dr. 8. Vimal Dolli (Head of the Department)



Title of the Programme : Book Review on Mounam Pesinal

Date : 29-09-2022

Organized By : Department of English (SF), Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : To highlight the problems faced by the Transgender

Community.

Resource Person : Dr. Sr. Gerardin Jeyam, Former Secretary, Holy Cross College

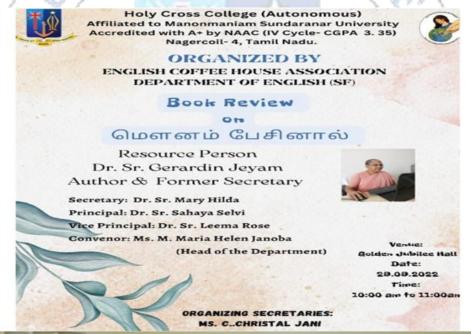
(Autonomous), Nagercoil

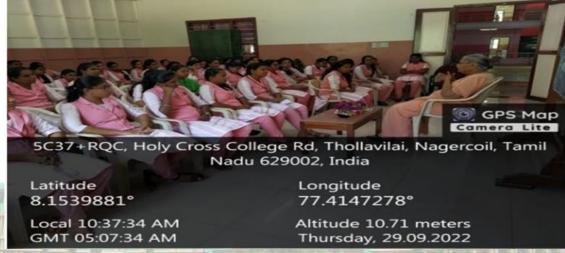
Outcome of the Activity : Offered a critical analysis of the book *Mounam Pesinal* and its themes

No. of Beneficiaries : 69

Venue : I MA Classroom, Department of English (SF), Holy Cross College

(Autonomous), Nagercoil





Title of the Programme : Styles of Leadership

Date : 26-09-2022

Organized By : The Women's Cell, Holy Cross College (Autonomous), Nagercoil

Resource Person : Ms. Shimarna, II B.A. English Literature, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : To develop leadership qualities

Outcome of the Activity : Explored various leadership styles and their effectiveness in different

contexts.

No. of Beneficiaries : 140

Venue : Room No. 1, Holy Cross College (Autonomous), Nagercoil



Title of the Programme : Awareness talk on Entrepreneurship

Date : 24-09-2022

Organized By : UBA, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To instil and encourage entrepreneurship

Resource Person : Fr. Antonyappan, Parish Priest, Manakudi

Outcome of the Activity : Provided an overview of the entrepreneurial landscape and opportunities.

No. of Beneficiaries :160

Venue : Manakudi Village, Kanyakumari District.



Title of the Programme : Seminar on Women's Rights Acts

Date : 23-09-2022

Organized By : Department of Tamil SF, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To exercise and establish Women's Rights

Resource Person : Ms. Muthu Suba, Department of Tamil SF, Holy Cross College

(Autonomous), Nagercoil

Outcome of the Activity : Educated participants on the various legal acts protecting women's rights.

No of Beneficiaries : 15

Venue : III B.A. Classroom, Department of Tamil SF, Holy Cross College

(Autonomous), Nagercoil



Title of the programme : Seminar on Gender Equity

Date : 21- 09- 2022

Organized By : Department of English (SF), Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To understand the role of Gender in society.

Resource Person : Dr. Jeni Padua, Assistant Professor of Zoology, Holy Cross College

(Autonomous), Nagercoil

Outcome of the Activity : Discussed the importance and implementation of gender equity in society.

No. of Beneficiaries : 194

Venue : Seminar Hall, Holy Cross College (Autonomous), Nagercoil



Title of the programme : Group Discussion on Women in Advertisements and Religion

Date : 04-08-2022

Organized By : Department of Chemistry, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To know about the rights of women

Outcome of the Activity : Engaged in a critical discussion on the portrayal of women in

advertisements and religious contexts.

No. of beneficiaries : 42

Venue : Room No.11, Holy Cross College, (Autonomous), Nagercoil



Title of the Programme : Entrepreneurial Motivation of Women and Ideas of Business

Date : 20-05-2022

Organized Byby : Department of Economics, Holy Cross College

(Autonomous), Nagercoil

Theme : Women Empowerment

Resource Person : Dr. D. G. M. Victoria, Assistant Professor, S.T. Hindu College,

Nagercoil

Outcome of the Activity : Explored the factors motivating women entrepreneurs and shared business

ideas.

No. of Beneficiaries :110

Venue : Holy Cross College (Autonomous), Nagercoil



2021-2022

Title of the Programme : Album making on Women's Issues

Date : 29-04-2022

Organised by : Department of Zoology, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To create an impactful album that raises awareness and

fosters understanding of women's issues

Resource Person : Dr. C. Anitha, Assistant Professor of Zoology, Holy Cross

College (Autonomous), Nagercoil.

Outcome : Participants created informative and visually engaging albums

focusing on various women's issues, enhancing their understanding

and ability to communicate these topics.

No. of Participants : 41

Venue : Room No. 44, Department of Zoology, Holy Cross

College (Autonomous), Nagercoil.



Title of the Programme : Album Making on Women's Issues

Date : 02-05-2022

Organised by : Department of History, Holy Cross College (Autonomous), Nagercoil.

Theme / Objective : To create an impactful album that raises awareness and

fosters understanding of women's issues

Outcome : Participants created informative and visually engaging albums

focusing on various women's issues, enhancing their understanding

and ability to communicate these topics.

No. of Participants : 12

Venue : Department of History, Holy Cross College (Autonomous), Nagercoil.



Title of the Programme : Album Making on Women's Issues

Date : 03-05-2022

Organised by : Department of Mathematics, Holy Cross College (Autonomous),

Nagercoil.

Theme / Objective : To create an impactful album that raises awareness and

fosters understanding of women's issues

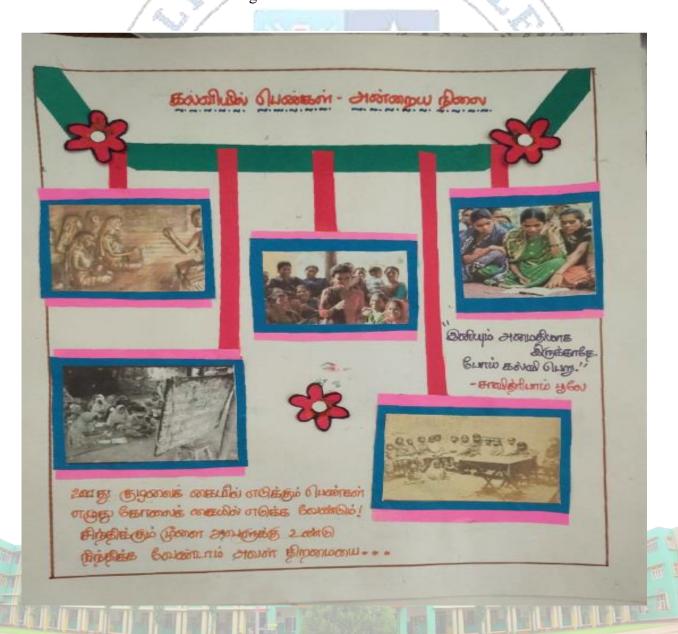
Outcome : Participants created informative and visually engaging albums

focusing on various women's issues, enhancing their understanding

and ability to communicate these topics.

No. of Participants : 12

Venue : Department of Mathematics, Holy Cross College (Autonomous),
Nagercoil.



Title of the Programme : Album on Gender Trouble

Date : 28-05-2022

Organised by : Department of English, Holy Cross College (Autonomous), Nagercoil.

Theme / Objective : To create an impactful album that raises awareness and

fosters understanding of women's troubles

Outcome : Increased students' awareness and empathy towards women's issues,

inspiring action and positive change

No. of Beneficiaries : 52

Venue : Department of English, Holy Cross College (Autonomous), Nagercoil.



Title of the Programme : Assignments and verses related to women' Right & Women

Date : 30-05-2022

Organised by : Department of Commerce, Holy Cross College (Autonomous), Nagercoil.

Theme / Objective : To create an impactful assignment that raises awareness and fosters

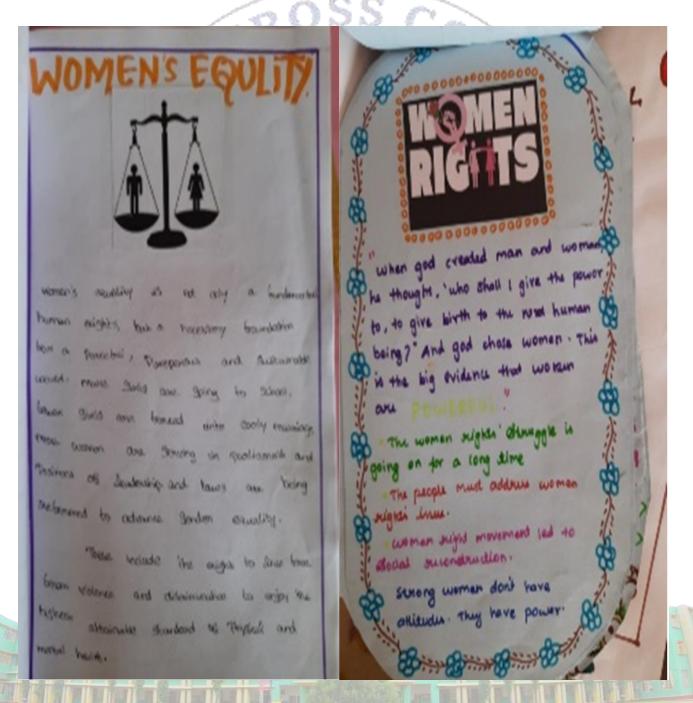
understanding of women's troubles

Outcome : Increased students' awareness and empathy towards women's issues,

inspiring action and positive change

No. of Beneficiaries : 52

Venue : Department of Commerce, Holy Cross College (Autonomous), Nagercoil.



Title of the Programme : Awareness Programme on Breast Cancer

Date : 09-04-2022

Organized By : Department of Social Work, Holy Cross College & Pro-vision Children

Orthopaedic and Rehabilitation Centre

Theme : Women's health

Resource Person : Mrs. B. Vijaya Shanthi, M.P.T, M.I.A.P

Outcome of the Activity : The programme successfully educated women on the importance of

early detection, symptoms, and preventive measures for breast cancer.

No. of Beneficiaries :57





Title of the Programme : Safe Childhood and Safer Childhood

Date : 21-04-2022

Organized By : Women's Cell, Holy Cross College (Autonomous), Nagercoil

Theme/Objective : Child Safety

Resource Person : Ms. Deepshika, II MA English, Holy Cross College

(Autonomous), Nagercoil.

Outcome of the Activity : Educated participants about safety measures and child protection laws.

No. of Beneficiaries : 160



Title of the Programme : A Community Organization Programme - Feminine Hygiene

Date : 09-04-2022

Organized By : Department of Social Work, Holy Cross College (Autonomous),

Nagercoil.

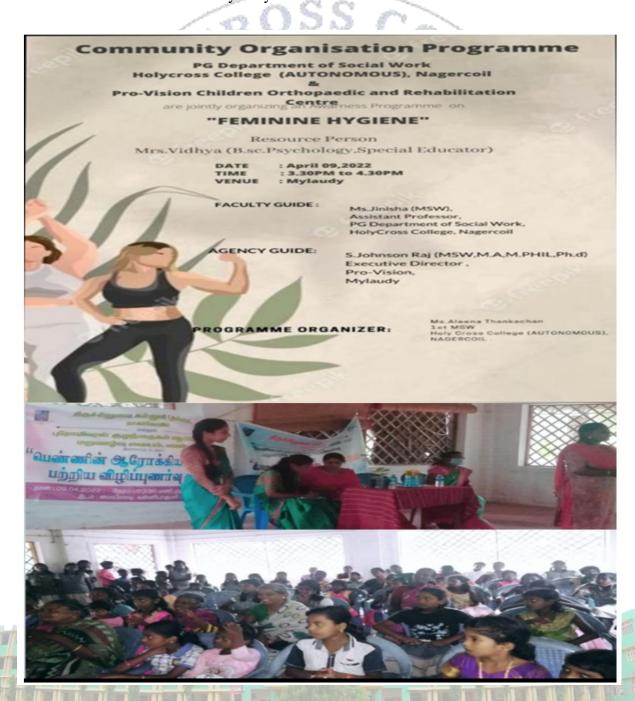
Theme : Feminine Hygiene

Outcome of the Activity : Women and girls received education on menstrual health and

hygiene management.

No. of Beneficiaries : 65

Venue : Mylaudy



Title of the Programme : A Community Organization Program- Women Health

and Empowerment

: 07-04-2022 Date

Organized By : Department of Social Work & Rural Uplift Centre

Theme : Women Health and Empowerment

Resource Person : Mrs. Jasmine Moses Rtd. Nurse

Outcome of the Activity : Women learned about their rights and the importance of empowerment

in society.

No. of Beneficiaries : 25

Venue



Title of the Programme : A Community Organization Program-Awareness Programme

on Entitling Village Women by educating them Law

Date : 07-04-2022

Organized By : Department of Social Work, Holy Cross College (Autonomous),

Nagercoil.

Theme : Entitling Village Women by educating them Law

Resource Person : Mr. Muthu Kumar, Program Co-ordinator, RUC, Nanguneri

Outcome of the Activity : Village women were educated on legal rights and procedures.

No. of Beneficiaries : 30

Venue : Pallichanvilai.



Title of the Programme : A Community Organization Programme- Awareness Programme

on Importance of Women Education in Rural Areas

Date : 07-04-2022

Organized By : Department of Social Work, Holy Cross College (Autonomous),

Nagercoil.

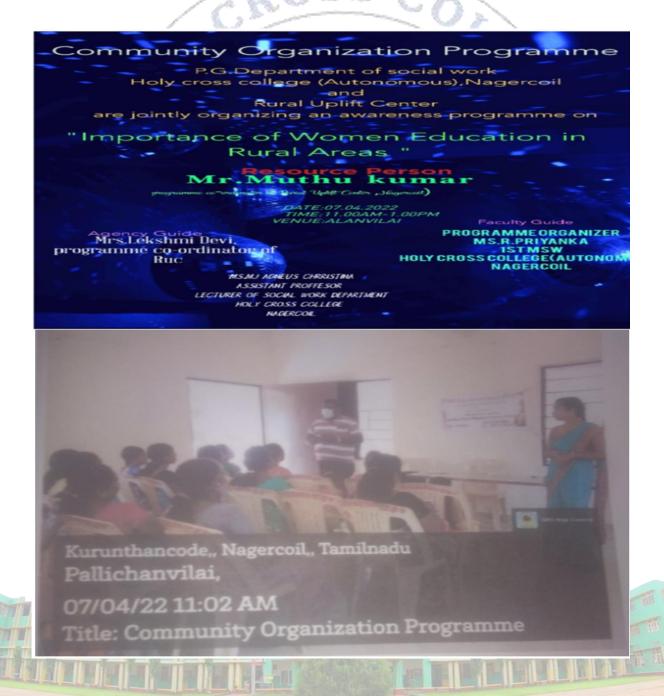
Theme / Objective : Important of women Education in rural area

Resource Person : Mr. Muthu Kumar, Program Co-ordinator, RUC, Nanguneri

Outcome of the Activity : Awareness sessions highlighted the significance of educating girls

in rural areas.

No. of Beneficiaries :30





திருச்சிலுவைக் கல்லூரி (தன்னாட்சி) சமூக பணித்துறையும் பார்வதிபுரம் கிராமப்புற எழுச்சி மையம் (RUC) இணைந்து கிராமப் புறங்களில் பெண்கல்வியின் முக்கியத்துவம் என்ற தலைப்பில் விழிப்புணர்வு முகாம் குருந்தன்கோடு ஊராட்சி ஆலன்விளையில் நடத்தப்பட்டது. இந்நிகழ்ச்சியில் RUC நிரல் ஒருங்கிணைப்பாளர் திரு.முத்துக்குமார் கலந்து கொண்டு

பெண்களுக்கு கல்வி எவ்வளவு முக்கியம் என்பதை பற்றி விளக்கினார். இந்த விழிப்புணர்வு நிகழ்ச்சி மிகவும் பயனுள்ளதாக இருந்ததாக ஆலன்விளையை சார்ந்த பெண்கள் தெரிவித்தனர்.

Title of the Programme : Community Organization Programme- Women Authorization

in the Contemporary Society

Date : 07-04-2022

Resource Persons : Mrs. Krishna Surendran and Mrs. Premavathi Suresh, the

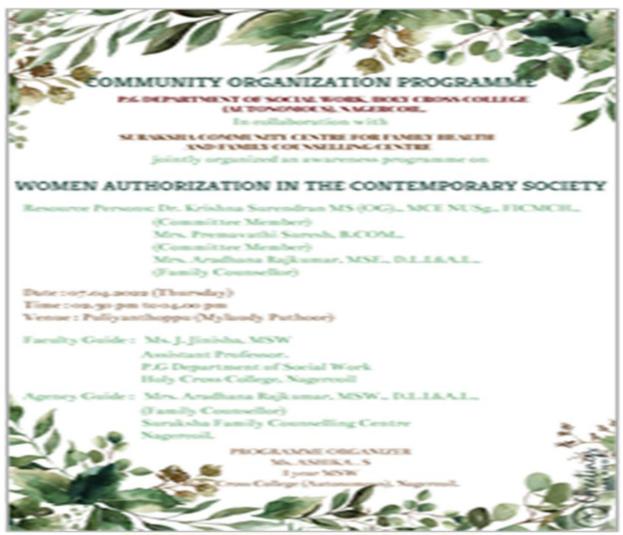
Committer Members of Suraksha Family Counselling Centre

Outcome of the Activity : Promotion of women's authority and leadership roles in contemporary

society, fostering gender equality and social empowerment.

No. of Beneficiaries : 2

Venue : Puliyanthoppu.







Title of the Programme : Community Organization Programme- Awareness Programme

on Women Empowerment

Date : 07-04-2022

Organized By : Department of Social Work in association with Nuthana Trust

Theme / Objective : Women Empowerment

Resource Person : Mrs. Juliet, Field Staff, Nuthana Trust

Outcome of the Activity : Women received comprehensive health education and

empowerment training.

No. of Beneficiaries : 30

Venue : Colachel



Title of the Programme : Mushroom Culture Training Programme for The Women Of

Neighbourhood

Date : 29-03-2022

Organized By : Department of Botany, Holy Cross College (Autonomous), Nagercoil

Theme : To earn income for the livelihood

Resource Person : Dr Sr. P. Leema Rose, Assistant Professor of Botany, Holy Cross

College (Autonomous), Nagercoil

Outcome of the Activity : Women were trained in mushroom cultivation techniques.

No. of Beneficiaries : 59



Title of the Programme : Indian Constitution and Women Rights

Date : 25-03-2022

Organized By : AICUF, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Indian Constitution and Women Rights

Resource Person : Mr. Ranjith Roy, AICUF, St. Joseph's College, Trichy

Outcome of the Activity : Educational sessions were held on constitutional provisions

related to women's rights.

No. of Beneficiaries :72



Title of the Programme : Gender Equity

Date : 14-03-2022

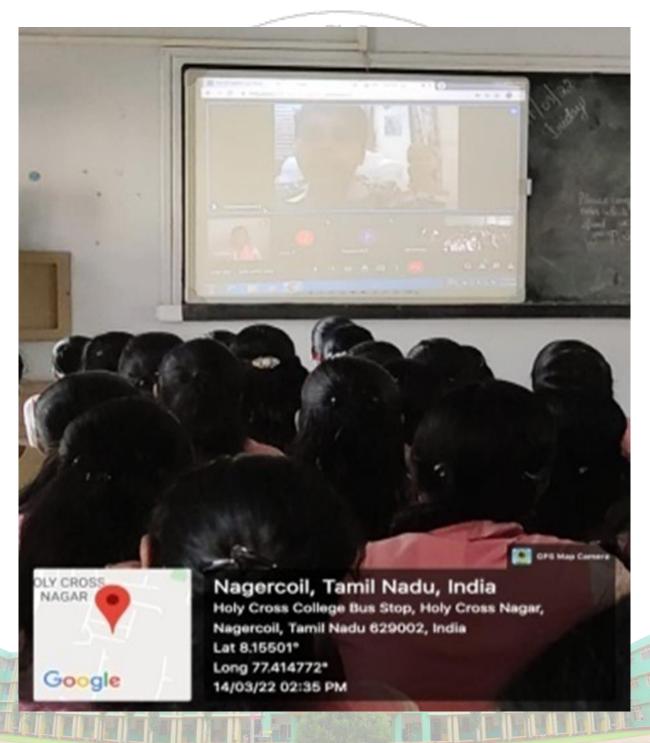
Organized By : Department of Physics, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Gender equity

Resource Person : S. Thaiyalnayakee, DSP (Salem-Rural)

Outcome of the Activity : Gender sensitivity workshops promoted the concept of gender equity.

No. of Beneficiaries :150



Title of the Programme : Healthy Lifestyle

Date : 09-03-2022

Organized By : YRC, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Woman and Health

Resource Person : Dr. S. Mary Mettilda Bai, Assistant Professor of Zoology, Holy Cross

College (Autonomous), Nagercoil

Outcome of the Activity : Participants learned about the components of a healthy lifestyle.

No. of Beneficiaries : 110



Title of the Programme : Women and Health

Date : 09-03-2022

Organized By : Department of History & Rotaract Club, Holy Cross

College (Autonomous), Nagercoil

Theme /Objective : Women Health

Resource Person : Dr. L. Beena Theres BNYS, HOD, Yoga and Naturopathy

lifestyle clinic Department, KGMCH, Asaripallam

Outcome of the Activity : Health seminars addressed specific health issues faced by women.

No. of Beneficiaries : 70



Title of the Programme : International Women's Day

Date : 09-03-2022

Organized by : Women's Cell, Holy Cross College (Autonomous), Nagercoil

Theme : Women Empowerment

Resource Person : Most Rev. Bishop Nazarene Soosai & Mr. Joe Malloori

(Writer & Actor)

Outcome of the Activity : Celebratory events highlighted women's achievements and contributions.

No. of Beneficiaries : 750



Title of the Programme : Naalai Namate

Date : 05-03-2022

Organized By : Women's Cell, Holy Cross College (Autonomous), Nagercoil

Theme/Objective : Honouring Gracena G. Merly from I MA English for

her extraordinary contribution in sports especially in high jump

Outcome of the Activity : The programme focused on future-oriented strategies for women's

development.



Title of the Programme : To be a Successful Women - GOAL

Date : 28-02-2022

Organized By : Department of Computer Science, Holy Cross College

(Autonomous), Nagercoil

Theme/Objective : Set goals to become successful in life

Resource Person : Dr. V. Jeyaseeli, Retired HoD, Department of Tamil, Holy Cross

College (Autonomous), Nagercoil

Outcome of the Activity : Goal-setting and achieving success

No. of Beneficiaries : 48



Title of the Programme : Women in the Eyes of the Media.

Date : 24-02- 2022

Organized By : Crossian Centre for Environmental Studies, Holy Cross

College (Autonomous), Nagercoil

Theme : Media and women

Resource Person : Dr. Baby, Assistant Professor of History, Holy Cross College

(Autonomous), Nagercoil

Outcome of the Activity : Gained awareness on the pros and cons of media

No. of Beneficiaries : 92



Title of the Programme : Celebrating Womanhood

Date : 23-02-2022

Organized By : Department of Mathematics, Holy Cross College (Autonomous), Nagercoil

Theme : Appreciating Womanhood

Resource Person : Sr. Antin Mary, Assistant Professor of Mathematics, Holy Cross College

(Autonomous), Nagercoil

Outcome of the Activity : Celebrated the essence and achievements of womanhood.

No. of Beneficiaries : 150

Venue : St. Joseph's Hall, Holy Cross College (Autonomous), Nagercoil



Title of the Programme : Celebrating National Girl Child Day

Date : 24-01-2022

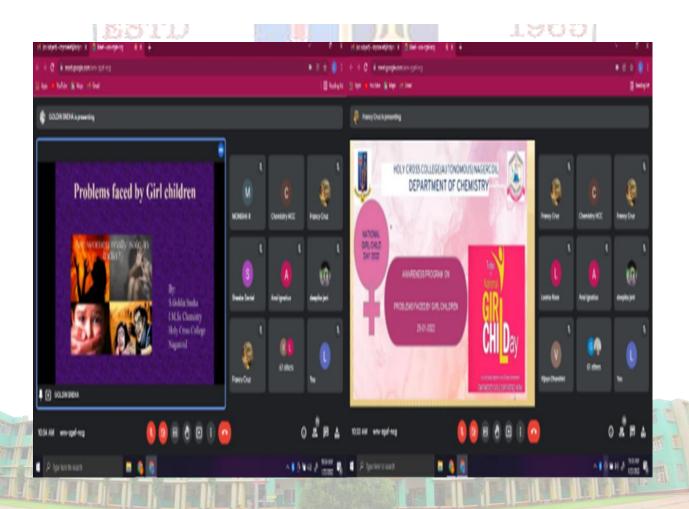
Theme/Objective : To protect girl children

Resource Person : Goldin Sneha, Holy Cross College (Autonomous), Nagercoil

Outcome of the Activity : Increased focus on the rights and empowerment of the girl child.

No. of Beneficiaries : 119





Title of the Programme : Success Story of a Women Entrepreneur

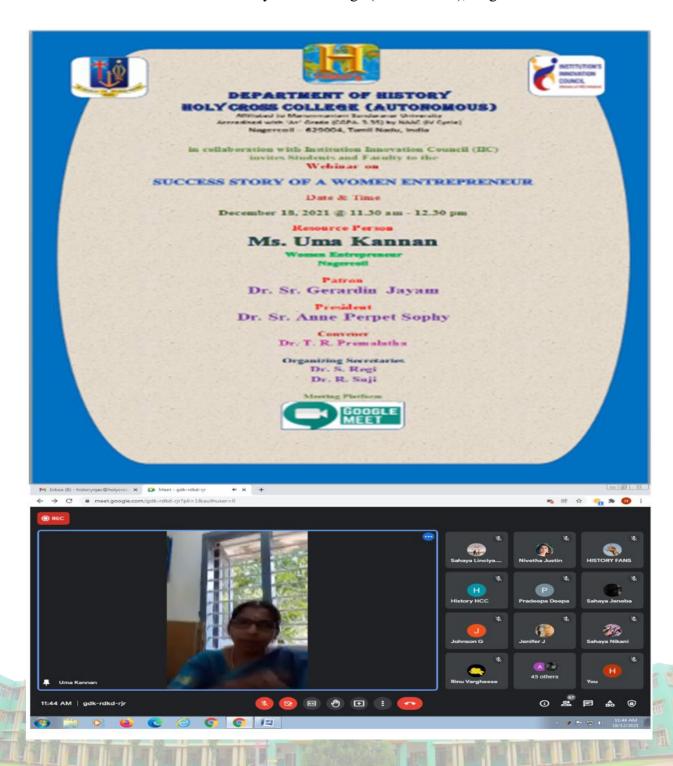
Date : 18-12-2021

Organized By : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme : To achieve their goals in life

Resource Person : Mrs. Uma Kannan, Siva Packaging industries, Nagercoil

Outcome of the Activity : Inspired by the stories of successful women entrepreneurs.



Title of the Programme : Sanga Kaalathil Pennurimai

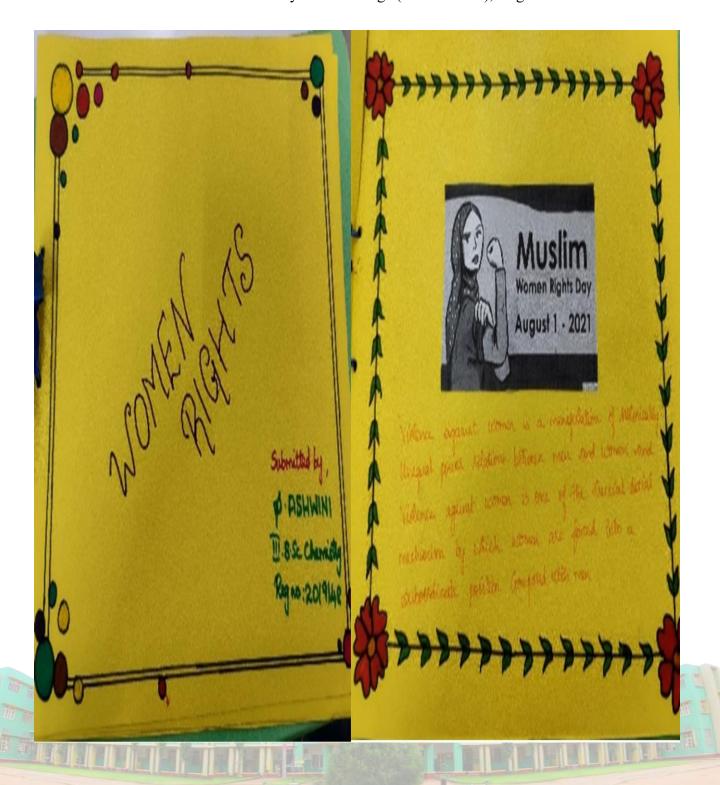
Date : 14-12-2021

Organized By : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Women in Ancient period

Outcome of the Activity : Highlighted women's rights.

No. of Beneficiaries : 86



Title of the Programme : Skit on Rights of Women

Date : 14-12-2021

Organized By : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Rights of Women

Outcome of the Activity : Highlighted women's rights.

No. of Beneficiaries : 86



Title of the Programme : Sexual Harassment against Women

Date : 24 -11 - 2021

Theme / Objective : Women's Safety

Resource Person : Ms. S. Linin Sheena, II M.Sc. Mathematics, Holy Cross

College (Autonomous), Nagercoil

Outcome of the Activity : Acquired information about sexual harassment.



Title of the Programme : Villu Pattu and Album Making on Women Empowerment

Date : 11-11-2021

Organised By : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Women Empowerment

Outcome of the Activity : Traditional storytelling combined with album-making emphasized women's

empowerment.





Title of the Programme : Entrepreneurship and Innovation as Career Opportunity

Date : 11-11-2021

Organized By : Women's Cell, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Women Entrepreneurship

Resource Person : Dr. Alpana Shukla, Head, Department of Botany, M.G.

Science Institute, Ahmadabad

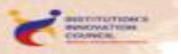
Outcome of the Activity : Realized entrepreneurship and innovation as viable career paths.

No. of Beneficiaries : 59

Venue : Holy Cross College (Autonomous), Nagercoil







HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL-4

Affiliated to Manonmaniam Sundaranar University, Tirunelveli Accredited with A+ by NAAC-IV cycle-CGPA 3.35

> PG and Research Department of Botany in collaboration with Institution's Innovation Council invites you to join a National Workshop on

"Entrepreneurship and Innovation as Career Opportunity"



Date: 11-11-2021 Time: 11:15 A.M to 12:15 PM

Resource Person
Dr. Alpana Shukla
Head, Department of Botany
Mafatlal Gagalbhai Science
Institute, Ahmedabad
Gujarat

Join Here

Patron: Dr. Sr. Gerardin Jayam, Secretary Chairperson: Dr. Sr. Anne Perpet Sophy, Principal Convenor: Dr. C. Jespin Ida, Head of the Department Organising Secretary: Dr. A. Anami Augustus Arul Title of the Programme : Woman- God's Gift to Mankind

Date : 30-10-2021

Organized By : Women's Study Centre, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Importance of being a woman

Resource Person : Dr. S. Mary Mettilda Bai, Assistant Professor of Zoology,

Holy Cross College (Autonomous), Nagercoil

Outcome of the Activity : Celebrated women's intrinsic value and contributions.

No. of Beneficiaries : 115

Venue : Holy Cross College (Autonomous), Nagercoil

HOLY CROSS COLLEGE (AUTONOMOUS)

AFFILIATED TO MANONMANIAM SUNDARANAR UNIVERSITY ACCREDITED WITH 'A+' GRADE BY NAAC (CGPA 3.35), IV CYCLE

NAGERCOIL – 629 004, TAMIL NADU



Women's Study Centre
organises a National Webinar on
"Woman - God's Gift to Mankind"

DATE: 30.10.2021

TIME: 2.00 PM - 3.00 PM

Resource Person

Dr. S. Mary Mettilda Bai, M.Sc., M.Phil., Ph.D. Assistant Professor of Zoology, Holy Cross College, Nagercoil

Patron: Dr. Sr. Gerardin Jayam, Secretary
Chairperson: Dr. Sr. Anne Perpet Sophy, Principal
Convener: Dr. R. Abilasha, Co-ordinator,
Women's Study Centre.

Certificates will be issued to all the participants Title of the Programme : My Story - Motivational Section by Successful Innovator

Date : 29-10-2021

Organized By : Department of Botany, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To be a Successful Innovator

Resource Person : Dr. Asha Kadam, Assistant Professor of Botany,

Rayav shikshan Sanstha's Dada Patel, Mahavidhyalaya, Maharashtra

Outcome of the Activity : Kindled the innate potential of the participants.

No. of Beneficiaries : 96



Title of the Programme : Financial Empowerment of Women in Higher Education

Date : 13-10-2021

Organized By : Department of Zoology, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Women's Education

Resource Person : Ms. Nirmala Guru, International Business & Leadership

Coach, CEO, Guru Coaching and Consulting LLC, Qatar

Outcome of the Activity : Gained knowledge on womenomics

No. of Beneficiaries : 127



Title of the Programme

: Poster Making Competition on Female Child: Her Right

to Know Her Rights

Date : 08-10-2021

Organized By : Rotaract club, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Celebrating International Girl child day

Outcome of the Activity : Raised awareness about the rights of the female child.

No. of Beneficiaries : 15

Venue : Holy Cross College (Autonomous), Nagercoil

Title of the Programme

Organized By

Resource Person

Theme / Objective

No. of Beneficiaries

Outcome of the Activity

: Say "NO" to Female Infanticide

Date : 11-10-2021

: Rotaract club, Holy Cross College (Autonomous), Nagercoil

: Rtn.Dr. Jacintha Dharma, District Governor, Rotary Club of Nagercoil

: Celebrating International Girl child day.

: Realised the cruelty of female infanticide.

: 300



Title of the Programme : Women Empowerment, Challenges and Strategies

Date : 07-10-2021

Organized By : Department of Zoology, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Women empowerment

Resource Person : Adv. D. Annie Sophia Rexline, Panel Advocate, Nagercoil

Outcome of the Activity : Students were made aware of the challenges and strategies for

women's empowerment.

No. of Beneficiaries : 130



Title of the Programme : Legal Rights of Women

Date : 04-10-2021

Organized By : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Protection of girl child

Resource Person : Mrs. Anne Sophia, Panel Court Advocate, Nagercoil

Outcome of the Activity : Legal education sessions informed women of their rights.

No. of Beneficiaries : 58



Title of the Programme : Women Empowerment Campaign

Date : 25-09-2021.

Organized By : Rotaract Club, Holy Cross College (Autonomous), Nagercoil

& Maxillo Facial and Dental Hospital, Nagercoil

Theme / Objective : Women Empowerment

Resource Person : A.G. Rtn. Dr. Sunil Richardson, Maxillo Facial and Dental

Hospital, Nagercoil

Outcome of the Activity : Enhanced awareness and advocacy for women's rights and

empowerment, fostering gender equality and social progress.

No. of Beneficiaries : 300



Title of the Programme : Women's Law

Date : 17-09-2021

Organized By : NSS units and RRC of Holy Cross College in collaboration

with District legal Services Authority Kanyakumari, Nagercoil

Theme / Objective : Legal awareness

Outcome of the Activity : Students were made aware of the specific laws affecting women.

No. of Beneficiaries : 173



Title of the Programme : Online Debate on Feminism

Date : 27-08-2021

Organized Byby : Rotaract Club, Holy Cross College (Autonomous), Nagercoil

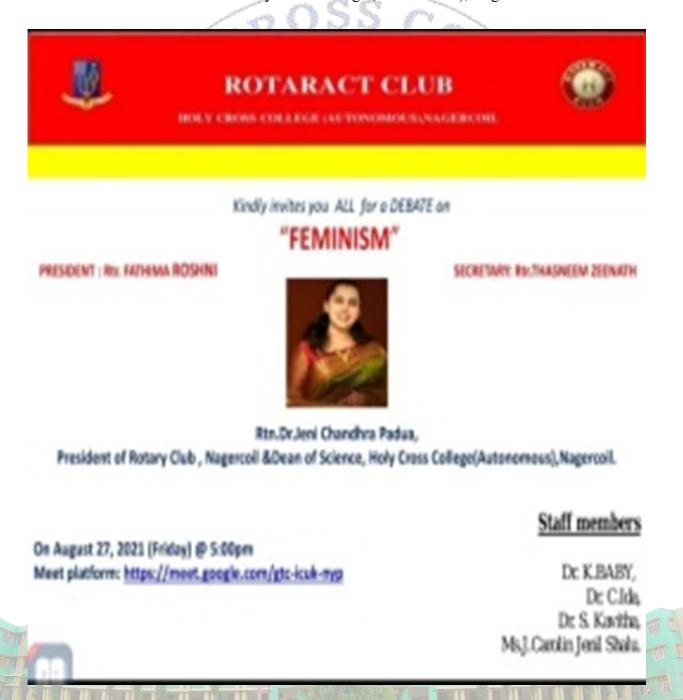
Theme : Women's contribution in nation's development

Resource Person : Rtn. Dr. Jeni Chandar Padua, Assistant Professor of Zoology, Holy Cross

College (Autonomous), Nagercoil

Outcome of the Activity : Facilitated deeper understanding of feminist issues.

No. of Beneficiaries : 46



Title of the Programme : Gender Equity and Women's Empowerment

Date : 24-08-2021

Organized By : Department of Mathematics (S.F.), Holy Cross College

(Autonomous), Nagercoil

Theme/Objective : Women's contribution in economic growth

Resource Person : Dr. A. Beula, Assistant Professor, Department of Tamil (SF), Holy Cross

College (Autonomous), Nagercoil

Outcome of the Activity : Students understood that women's participation in the workforce

and entrepreneurship contributes to economic growth and

poverty reduction.

No. of Beneficiaries :216



Title of the Programme : Gender Equality Awareness programme

Date : 29-07-2021

Organized By : Department of Economics, Holy Cross College (Autonomous), Nagercoil

Theme : Awareness on legislative rules and the power of equality

Resource Person : Mrs. Anne Sophia Rexlin, Panel Advocate, Nagercoil

Outcome of the Activity : Increased awareness on legislative rules and the power of equality

rented by the Government to girl child and women.

No. of Beneficiaries :145

Venue : Holy Cross College (Autonomous), Nagercoil





DISTRICT LEGAL SERVICES AUTHORITY

collaboration with NSS and RRC of

Gender Equality Awareness Program

: Holy Cross College (Autonomous) @Nagercoil



http://meet.google.com/wzu-izqb-ozp

<u>Programme</u> Tamil Thai Vazhthu

Welcome Address : Tmt. V.Pradeepa, NSS PO,

@ Nagercoil.

Secretary / Sub judge, Kanniyakumari District Legal Service

Kanniyakumari District Legal S Authority @ Nagercoil.

Felicitation : Dr. Sr. Leema Rose,
Vice principal.

Holy Cross College, Nagercoil

Awareness Speech : Tmt. D. Annie Sophia Rexline, Panel Advocate,

Nagercoil.

RRC-Co-ordinator, Holy Cross College, Nagercoi

National Anthem

Title of the Programme : Women Health Issues and Remedies

Date : 30-06-2021

Organized Byby : Department of Economics, Holy Cross College (Autonomous),

Nagercoil

Theme : Women Health Issues and its remedies

Resource Persson : Prof. Swapna, Professor Cum Principal, Sri Ramakrishna College of

Nursing, Kulasekaram

Outcome of the Activity : Increased awareness and understanding of women's health issues

and remedies among participants, promoting gender equity and

sensitization.

No. of Beneficiaries :145



Title of the Programme : Gender Disparity and Feminism

Date : 19-06-2021

Organized Byby : Department of Commerce (Aided), Holy Cross College (Autonomous),

Nagercoil

Theme : Gender Disparity and Feminism.

Resource Person : Ms. M. Antenet Blessy, Department of English (S.F), Holy Cross

College (Autonomous), Nagercoil

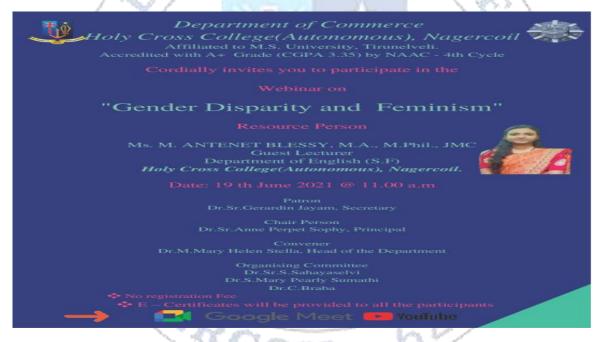
Outcome of the Activity : Students understood the history and evolution of feminism and reasons

gender disparity.

No. of Beneficiaries :145

Venue : Holy Cross College (Autonomous), Nagercoil

You Tube link : https://youtu.be/ZreTegqTdwI





Title of the Programme : Webinar on Gender Equity Yesterday -Today -Tomorrow

Date : 18-06-2021

Organized By : Department of Chemistry, Holy Cross College (Autonomous),

Nagercoil

Theme : Role of Gender in society

Resource Person : Mr. Kumari Aathavan, PG Assistant, St. Mary Goretty Hr. Sec. School,

Manalikarai.

Outcome of the Activity : Reviewed the progress and future goals of gender equity.

No. of Beneficiaries : 250

Venue : Holy Cross College (Autonomous), Nagercoil

You Tube link : https://youtu.be/171Agz815qM



2020-2021

Title of the Programme : Webinar on Entrepreneurship Training for Mathematics

Students

Date : 30-04-2021

Organized Byb : Department of Mathematics, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : Women Entrepreneurship

Resource Person : Mr. Thomas Franco, President of Rebuild Kanyakumari

Movement

Outcome of the Activity : Participants gained a comprehensive understanding of how to apply

mathematical skills to entrepreneurial ventures.

No. of Beneficiaries : 191

Venue : Online Platform – Google Meet



Title of the Programme : International Webinar on Women in Tamil Literature

Date : 30-03-2021 and 31-03-2021

Organized By : Department of Tamil, Holy Cross College (Autonomous), Nagercoil

Theme/Objective : Kalamthorum Tamil Ilakkiythil Pengal

Resource Persons : Poet Thirukumaran, Ireland and Dr. T. Vijayalakshmi, University of

Kerala

Outcome of the Activity : Attendees were educated about the significant literary contributions

Made by women fighters of Tamil Eezham.

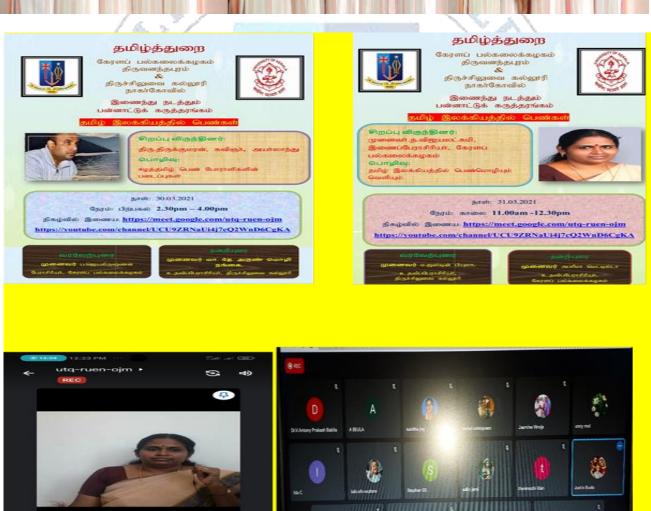
No. of Beneficiaries : 583

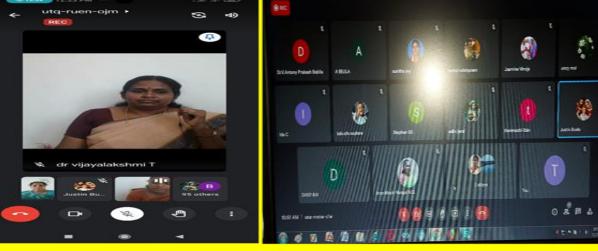
Venue : Online

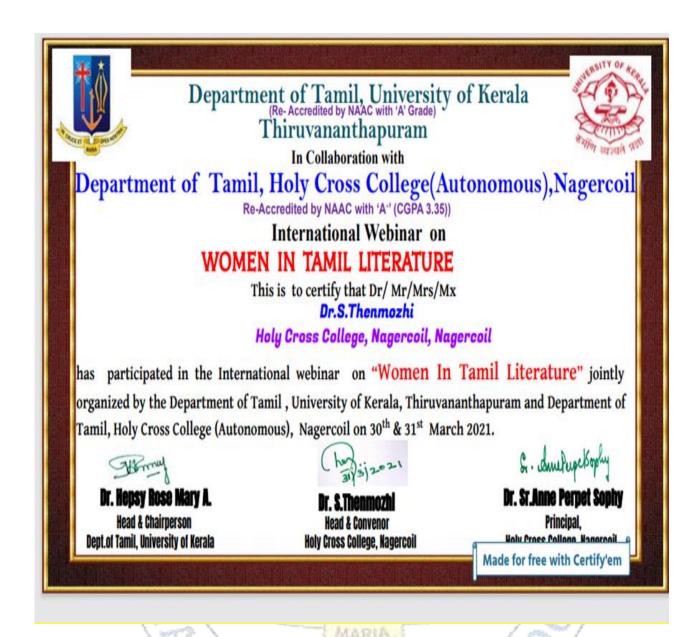












Title of the Programme

: Poster Making on Women's Issues

Date

: 26-03-2021

Organized By

: Department of Physics, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective

: To create awareness on the challenges faced by women in

day today life

Outcome of the Activity

: Students created posters highlighting various women's issues, promoting

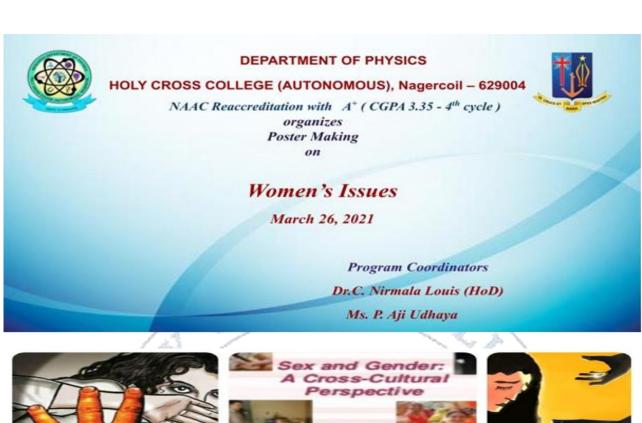
awareness and dialogue.

No of Beneficiaries

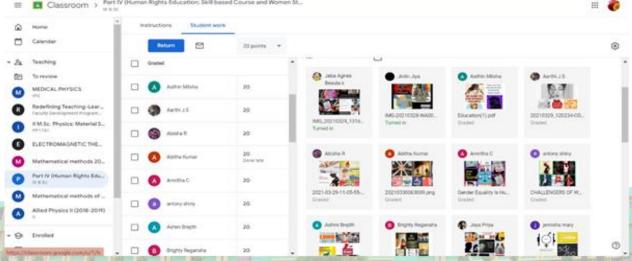
: 45

Venue

: Online







Title of the Programme : Dr. Jesi Isabella's Endowment Lecture on Wisdom of Women in

Business

Date : 26-03-2021

Organized By : Department of Commerce, Holy Cross College (Autonomous),

Nagercoil.

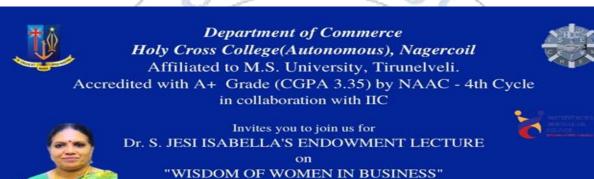
Theme/Objective : Women's Right

Outcome of the Activity : The session provided insights into the strategies and experiences of

successful women in business.

No. of Beneficiaries : 103

Venue : Online Platform- Google Meet



Resource Person Mr. SAJEEVE

(Airports Authority of India & Former President of Chennai Toastmasters Club)

Date: 26 th March 2021 @ 10.00 a.m

Patron Dr.Sr.Gerardin Jayam Secretary

Chair Person Dr.Sr.Anne Perpet Sophy Principal

Convener
Dr.M.Mary Helen Stella,
Head of the Department

Organising Committee Dr.Sr.S.Sahayaselvi Dr.S.Mary Pearly Sumathi Dr.C.Braba Ms. G. Hesil Jerda

Meeting Platform Google Meet

Title of the Program : The Second Sex: Facts and Myths

Date : 12-03-2021

Organized By : Department of English SF, Holy Cross College

(Autonomous), Nagercoil

Theme/Objective : Gender Equity

Resource Person : Dr. S. Mary Mettilda Bai, Assistant Professor of Zoology,

Holy Cross College (Autonomous), Nagercoil

Outcome of the Activity : Participants engaged in a critical analysis of Simone de Beauvoir's, the

Second Sex, differentiating between facts and myths regarding women's

roles in society.

No of Beneficiaries : 60

Venue : Seminar Hall, Holy Cross College (Autonomous), Nagercoil



Departemnt of English(SF) English Coffee House Club

The Second Sex: Facts and Myths

Date: 12.03.2021

Organizing Secretraries

Ms. Elza

Ms.M.Maria Helen Janoba



Title of the programme : Preparation of Album and Song Based on Women's Studies

Date : 12-03-2021 & 22-03-2021

Organized By : Department of Computer Science, Holy Cross College (Autonomous),

Nagercoil

Theme/Objective : Women Studies

Outcome of the Activity : Participants collaborated to create an album and songs focused on

themes in women's studies.

No. of beneficiaries : 45

Venue : III B.Sc. classroom, Department of Computer Science, Holy Cross

College (Autonomous), Nagercoil



Title of the programme : Skit on International Women's Day Celebration

(i) Women empowerment through women

(ii) future of a drop out girl

(iii) Consequences of dowry system on

Date : 08-03-2021

Organized By : Department of Chemistry, Holy Cross

College (Autonomous), Nagercoil

Theme / Objective : To raise awareness about important social issues

Outcome of the Activity : The skit highlighted key themes of International Women's Day,

celebrating women's achievements and advocating for gender equality.

No. of beneficiaries : 25

Venue : Hall No.7, Holy Cross College (Autonomous), Nagercoil



Holy Cross College (Autonomous)

(Accredited with "A+" Grade (IV Cycle-CGPA 3.35) by NAAC)
(Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nageropil - 629 004



Department of Chemistry

Organizes

International Women's day 2021

Date: 08-03-2021 @ 11.30 - 12 30 p.m.

Programme

- Awareness song on Women Rights
- Mime (Theme: Gender Equality Fate of a female
 & child in the past years)
- Skit (Theme: Women empowerment through Women,

Future of a drop out girl,

Consequences of Dowry system)

Venue: Hall No: 7

Organizing team

Department of Chemistry

Title of the Programme : Skit on Women Studies in commemoration of Women's Day

Date : 08-03-2021

Organized By : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : To awareness about Women related problems

Resource Person : Dr. M.D. Arun Mozhi Nangai, Assistant Professor of Tamil, Holy Cross

College (Autonomous), Nagercoil

Outcome of the Activity : Participants explored various topics within women's studies, celebrating

Women's Day.

Number of the Beneficiaries : 40

Venue : Room No: 64, Department of History, Holy Cross College

(Autonomous), Nagercoil



DEPARTMENT OF HISTORY HOLY CROSS COLLEGE (AUTONOMOUS)

Affiliated to Manonmanism Sundaranar University Accredited with A* Grade (CGPA - 3.35) by NAAC (IV Cycle) Nagercoil - 629004, Tamil Nadu, India



Skit on

Women Studies

In commemoration of Women's Day

Date : 08-03-2021 Time : 11.00 am - 12.00 Noon

Resource Person: Dr. M.D. Arun Mozhi Nangai, Assistant Professor of Tamil Holy Cross College (Autonomous), Nagercoil

Venue : Room No: 64, Department of History,



Title of the Programme : Skit, Mime, Song and Album on Women's Issues

Date : 01-03-2021 to 05-03-2021

Organized By : Department of Mathematics, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : Women Empowerment

Outcome of the Activity : Participants showcased skits, mimes, songs, and albums addressing diverse

women's issues.

No. of Beneficiaries : 44

Venue : Room No.:73, Holy Cross College (Autonomous), Nagercoil





Title of the Programme : Talk on Women in Progressive Ways

Date : 27-02-2021

Organized By : YRC, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Breaking Barriers, Building Futures: Women Pioneering

Progress in Diverse Pathways

Resource persons : Dr. Arun Mozhi Nangai, Assistant Professor of Tamil,

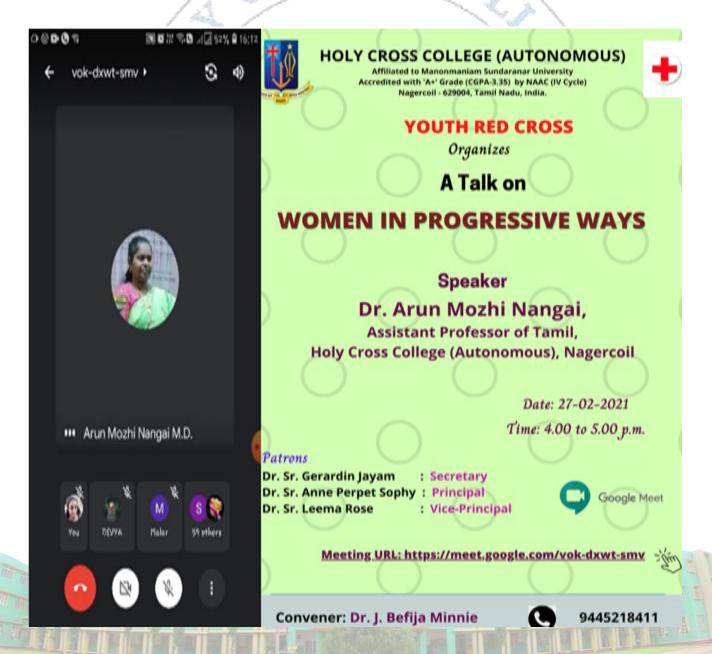
Holy Cross College (Autonomous), Nagercoil

Outcome of the Activity : The program highlighted progressive women and their contributions to

various fields.

No. of Beneficiaries : 65

Platform : Google Meet



Title of the Programme : Community Organization Program on A Campaign on Women Rights

and Law

Date : 23-02-2021

Organized By : Department of Social Work, Holy Cross College (Autonomous),

Nagercoil in collaboration with Rural Uplift Centre, Parvathipuram

Theme / Objective : Women rights and laws

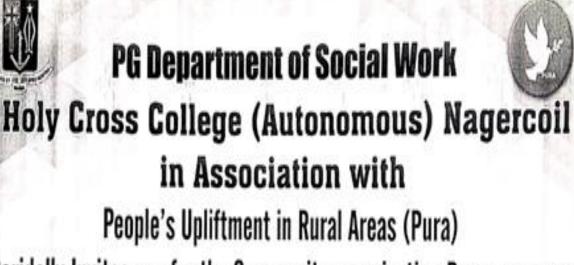
Resource Person : Mrs. Shanthi, Women Co-Ordinator, Rural Uplift Centre, Parvathipuram

Outcome of the Activity : Participants gained knowledge about women's rights and relevant laws

protecting them.

No. of. Beneficiaries : 40

Venue : Aathichanputhoor



Coridally Invites you for the Community organization Programme on

A CAMPAIGN ON WOMEN RIGHTS AND LAW

Date : 23.02.2021 Time : 4.00 pm

Venue : Aathichanputhoor Senbagaramanputhoor

Under the guidance of Mrs.R.DEEPA DHAS MSW Assit.Prof.Dept.of Socialwork Holy Cross College

Organised by S.NEETHU NAIR I MSW Student Holy Cross College Title of the Programme : Awareness Program on Women Rights

Date : 22-02-2021

Organized By : Department of Social Work, Holy Cross College (Autonomous),

Nagercoil in collaboration with Rural Uplift Centre, Parvathipuram

Theme / Objective : To create awareness on women rights

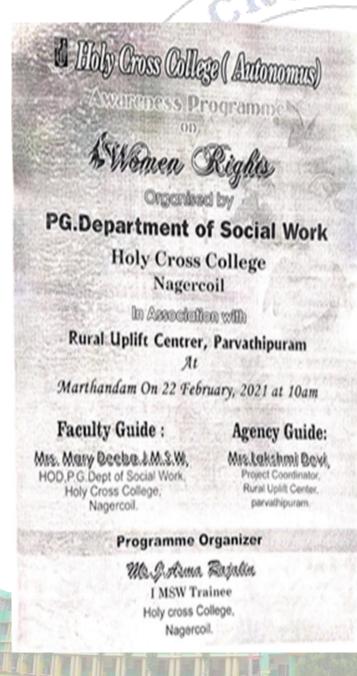
Resource Person : Mr. Christopher, Project Coordinator, Rural Uplift Centre, Parvathipuram

Outcome of the Activity : The session educated attendees on the fundamental rights of women

and the importance of protecting these rights.

No. of. Beneficiaries : 35

Venue : Vettumani, Marthandam





Title of the Programme : Endowment Lecture on Gastrointestinal Problems in

Women

Date : 16-02-2021

Organized By : Department of Zoology, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : To disseminate comprehensive and up-to-date information about

gastrointestinal health specific to women, promoting awareness,

prevention, and early detection of digestive issues.

Resource Persons : Dr. S. Antony Selvi, Assistant Professor & Head, Department

of Physiology, Raja's Dental College & Hospital, Raja's Medical Institutions, Kavalkinaru Jn., Tirunelveli District,

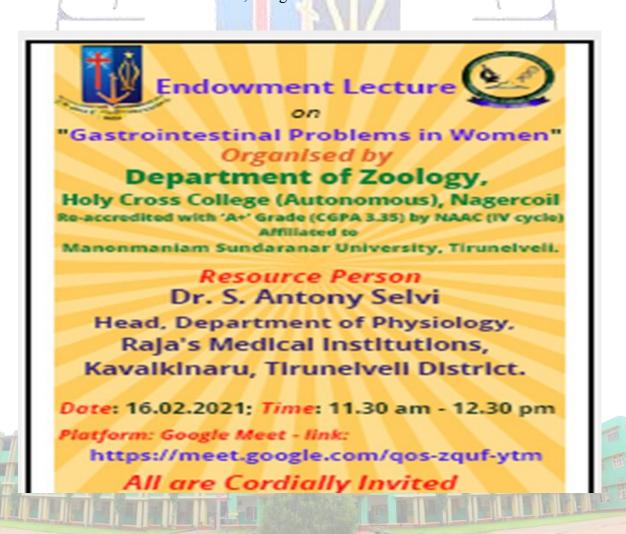
Tamil Nadu.

Outcome of the Activity : The lecture provided in-depth information on gastrointestinal problems

specific to women.

No. of Beneficiaries : 140

Venue : Online, Google meet



Title of the Programme : Breaking the Glass Ceiling-A Gender Sensitization Programme

Date : 09-01-2021

Organized By : Dept. of Commerce, Holy Cross College (Autonomous),

Nagercoil.

Theme/Objective : To creative awareness on Women's Right

No. of Beneficiaries : 100

Outcome of the Activity : Raised awareness and fostered inclusive attitudes, promoting gender

equality in the workplace.

Venue : Online Platform- Google Meet





Invites you to join us for
Dr. S. STELLA BAI'S ENDOWMENT LECTURE
on
"BREAKING THE GLASS CEILING A GENDER SENSITIZATION PROGRAMME"

Resource Person
Mr. VENU NEELAKANDAN, MBA, (HRM)
(Airports Authority of India & Former President of
Chennai Toastmasters Club)



Date: 09 th JANUARY 2021 @ 11.00 a.m.

Patron Dr.Sr.Gerardin Jayam Secretary

Chair Person Dr.Sr.Anne Perpet Sophy Principal

Convener
Dr.M.Mary Helen Stella,
Head of the Department

Organising Committee Dr.Sr.S.Sahayaselvi Dr.S.Mary Pearly Sumathi Dr.C.Braba Ms. G. Hesil Jerda

Meeting Platform: Google Meet

Title of the Programme : Webinar on Women Entrepreneurship

Date : 28-11-2020

Organized By : Department of History, Holy Cross College (Autonomous), Nagercoil.

Theme / Objective : A motivational talk on Women Entrepreneur

Resource Person : Dr. A. Shyla Suganthi, Assistant Professor of Zoology, Holy

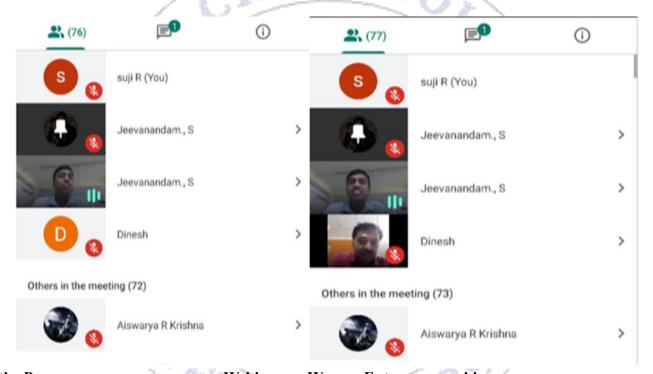
Cross College (Autonomous), Nagercoil

Outcome of the Activity : The programme addressed gender biases and strategies to overcome

barriers faced by women in various sectors.

Number of the Beneficiaries : 74

Venue : Online Mode



Title of the Programme

: Webinar on Women Entrepreneurship

Date : 23-11-2020

Organized By : Department of History, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : To educate, inspire, and empower women to explore

entrepreneurship, providing valuable insights and resources

Resource Person : Dr. A. Shyla Suganthi, Assistant Professor, Department of

Zoology, Holy Cross College, Nagercoil

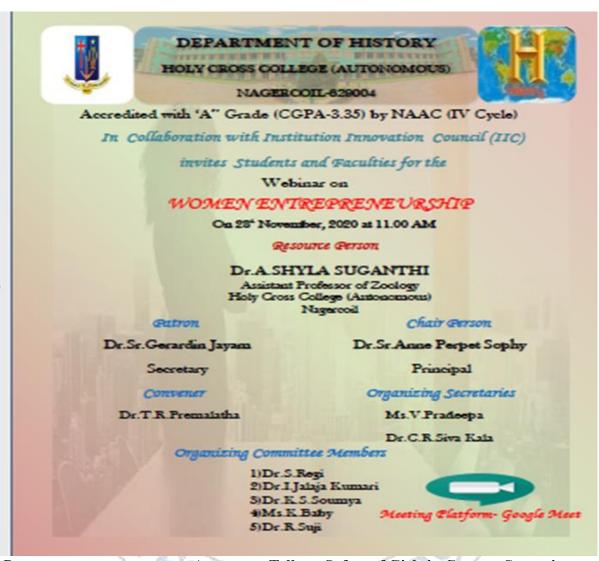
Outcome of the Activity : Cultivated a greater understanding of entrepreneurship

among women, catalyzed the development of entrepreneurial

skills, fostered networking and mentorship opportunities.

No. of Beneficiaries : 90

Venue : Online, Google Meet



Title of the Programme : Awareness Talk on Safety of Girls in Current Scenario

Date : 27-10-2020

Organized By : YRC, Holy Cross College (Autonomous), Nagercoil

Theme / Objective : Safety of Girls

Resource Person : Ms. M. Sahaya Vennila, Assistant Professor of Economics,

Holy Cross College (Autonomous), Nagercoil

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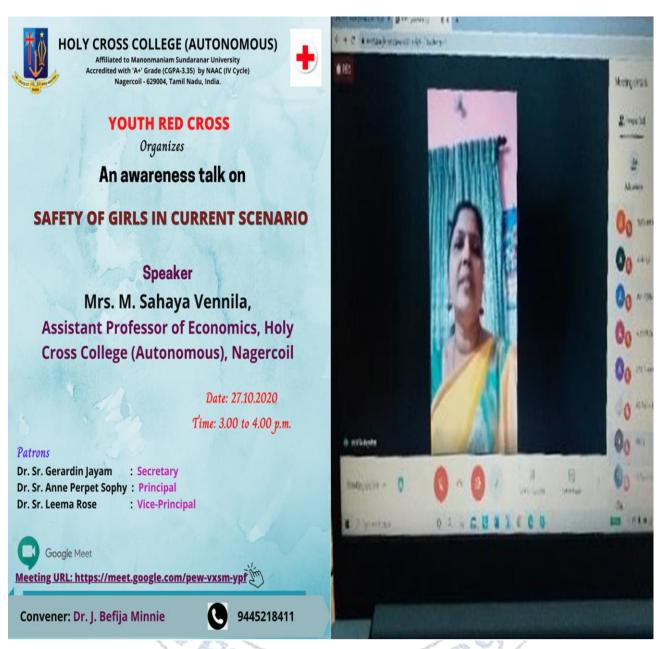
Outcome of the Activity : The programme educated attendees on safety measures and strategies for

protecting girls in today's society.

No. of Beneficiaries : 6

: 03

Venue : Holy Cross College (Autonomous), Nagercoil



Title of the Programme

: Album Making - Women Empowerment

Date

: 20-10-2020

Organized By

: Department of Botany, Holy Cross College (Autonomous),

Nagercoil

Theme/Objective

: Gender Equity Promotion

Outcome of the Activity

: Students understood the importance of Women's

empowerment contributing to overall social development by

challenging traditional gender roles and stereotypes.

No. of Beneficiaries

: 32

Venue

: Room No.: 42, Department of Botany, Holy Cross College

(Autonomous), Nagercoil







Title of the Programme

Date

Organized By

Theme / Objective

Resource Person

Outcome of the Activity

: Role of Women's Empowerment

: 21-08-2020

: Department of Mathematics (S.F), Holy Cross College (Autonomous),

Nagercoil

: Providing knowledge and skills

: Ms. S. Kavitha, Assistant Professor of Mathematics, Holy Cross

College (Autonomous), Nagercoil

: The session emphasized the critical role of education in empowering

women.

147

No. of Beneficiaries

Venue

: Holy Cross College (Autonomous), Nagercoil





Title of the Programme : Webinar on Recreating our World for an Empowered Future

Date : 14-07-2020

Organized By : Holy Cross College (Autonomous), Nagercoil

Theme / Objectives : To facilitate a platform for knowledge-sharing, mentorship,

and networking, aiming to inspire and empower women

Resource Person : Dr. Jeni Chandar Padua, Assistant Professor, Department of

Zoology, Holy Cross College, Nagercoil

Outcome of the Activity : Fostered a sense of empowerment, collaboration, and skill

enhancement among women participants, leading to

increased confidence.

No. of Beneficiaries : 213

Venue : Online, Zoom



Title of the Programme : National Webinar on A Gendered Past: The

Epistemological Problems in the Writings of History

Date : 25-06- 2020

Organized By : Department of History, Department of History, Holy Cross

College (Autonomous), Nagercoil

Theme / Objective : A talk on feminism, position women in past ages, problem

faced by a gendered past in Historical writings

Resource Person : Dr. S. Jeevanandam, Assistant Professor, Department of

History, Sikkim University, Gangtok-Sikkim

Outcome of the Activity : The session explored the gender biases present in historical writings and

their impact.

Number of the Beneficiaries : 202

Venue : Online Mode



Title of the Programme : Guest Lecture on Women Empowerment through the Ages

Date : 27-02-2020

Organized By : Department of History, Holy Cross

College (Autonomous), Nagercoil

Theme / Objective : A motivational idea about Women Empowerment

Resource Person : Dr. M.L. Mini, Assistant Professor, Department of History,

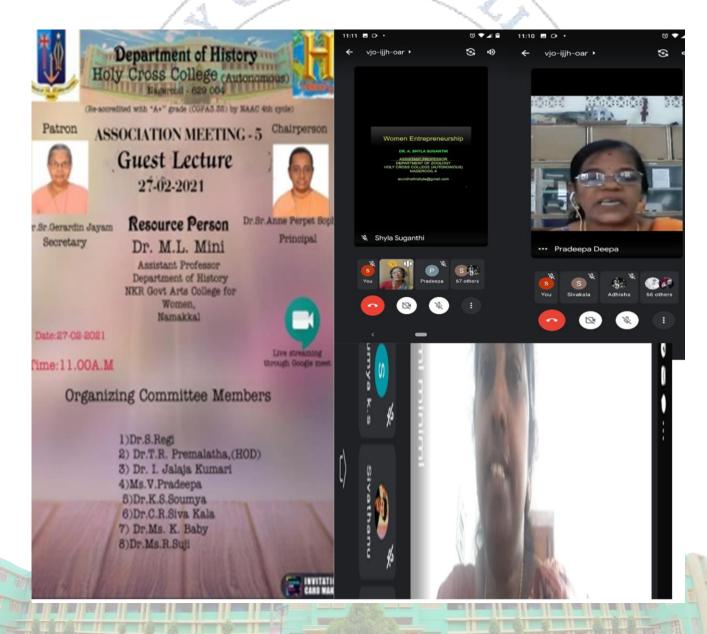
MKR Government Arts College for Women, Namakkal

Outcome of the Activity : The lecture provided a historical perspective on women's empowerment

and progress over time.

Number of the Beneficiaries : 40

Venue : Online Mode



2019-2020

Title of the Programme : Women Entrepreneurship

Date : 16-03-2020

Organised by : Department of Mathematics, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : Women Entrepreneurship

Resource Person : Dr. J. M. Vinitha Charles, Assistant Professor, Department of

Economics, Holy Cross College (Autonomous), Nagercoil

Outcome of the Activity : Participants gained essential business skills and knowledge through

workshops and mentorship sessions, leading to the creation of several

women-owned start-ups.

No. of Beneficiaries : 65

Venue : Room No.:73, Holy Cross College (Autonomous), Nagercoil





Title of the Programme

: Gender Equity Promotion Programme

Date

: 14-03-2020

Organized By

: Department of Zoology, Holy Cross College (Autonomous), Nagercoil

Theme / Objectives

: To creatively and engagingly raise awareness about critical topics in

women's studies, including gender equality, empowerment, and societal

perceptions.

Resource Person

: Dr. A. Punitha, Assistant Professor, Department of Zoology, Holy Cross

College (Autonomous), Nagercoil

Outcome of the Activity

: Fostered a deeper understanding and empathy for women's experiences,

challenges, and achievements.

No. of Beneficiaries

: 32

Venue

: III UG Classroom, Department of Zoology, Holy Cross College

(Autonomous), Nagercoil



Department of Zoology Holy Cross College (Autonomous) Nagercoil – 629 004, Tamil Nadu d to Manonmaniam Sundaranar Universit



Affiliated to Manonmaniam Sundaranar University Accredited with 'A+' Grade By NAAC (CGPA 3.35),

IV Cycle organises

GENDER EQIUTY PROMOTION PROGRAMME

I M. Sc. Zoology 2020-2021

Mode: Online Examiner:

Dr. A. Punitha, Assistant Professor

Head of the Department Dr. S. Mary Mettilda Bai

Title of the Programme

: Skit/ Mime/ Song & Album preparation on Women

Empowerment

Date

: 13-03-2020

Organized By

: Department of Mathematics, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective

: Women Empowerment

Outcome of the Activity

: Highlighted the importance of women's empowerment and the challenges

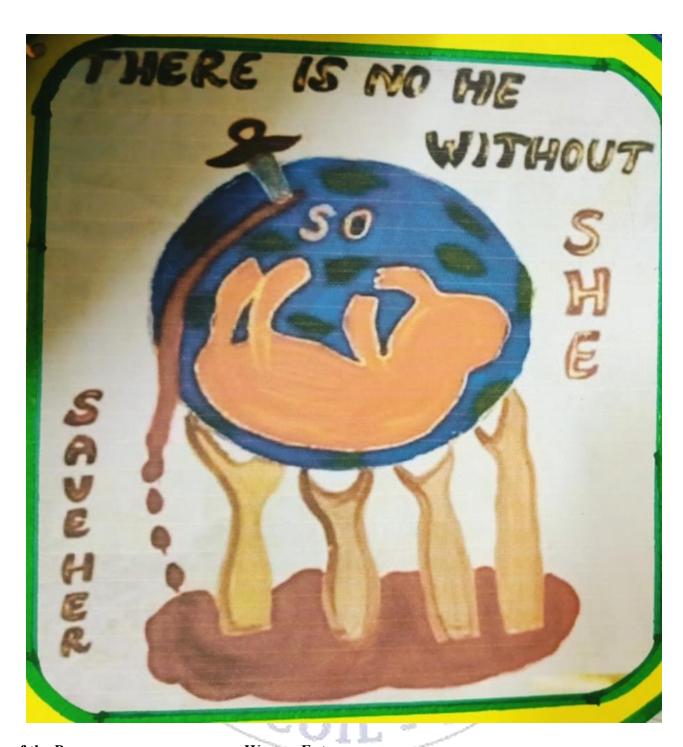
women face in society.

No. of Beneficiaries

: 43

Venue

: Room No.:72, Holy Cross College (Autonomous), Nagercoil



Title of the Programme

: Women Entrepreneurs

Date

: 13-02-2020 & 14-02-2020

Organized By

: Department of Economics, Holy Cross College

(Autonomous), Nagercoil

Theme/Objective

: Women Entrepreneurs

Outcome of the Activity

: The programme successfully motivated women to explore

entrepreneurship opportunities.

Venue

: Multipurpose Hall, Holy Cross College (Autonomous), Nagercoil





PG & Research Department of Economics

WOMEN ENTREPRENEURS

Venue : Multi Purpose Hall

Date: 13 & 14 Feb 2020

Patron : Dr. Sr. Gerardin Jayam

Chair Person: Dr. Sr. Anne Perpet Sophy

Organising Secretary: Dr. S. Jeni Sanjana & Ms. J. Josephine Shiny

Title of the Programme

: Rally on Problems faced by Women

Date

: 29-02-2020

Organized By

: Department of Zoology, Physics and Chemistry, Holy Cross

College (Autonomous), Nagercoil

Theme / Objective

: To raise awareness, advocate for gender equality, and

address the diverse social challenges faced by women

Resource Persons

: Dr. X. Venci Candida, Dr. S. Prakash Shoba, Dr. Abila Jeba Queen,

Dr. Krishna Priya, Dr. Deva Vijila, Assistant Professors, Holy Cross

College, Nagercoil

Outcome of the Activity

: The rally brought together a diverse group of participants who marched to

raise awareness about social issues like domestic violence, gender

discrimination, and lack of access to education.

No. of Beneficiaries

: 110

Venue

: Keezhakaattuvillai, Nagercoil



Affiliated to Manonmaniam Sundaranar University
Accredited with 'A+' Grade By NAAC (CGPA 3.35), IV Cycle

in Collaboration with Unnat Bharat Abhiyan organises

Rally on "Problems faced by Women"

Date: 29.02.2020 Time: 9.00 a.m

Venue: Keezhakaattuvillai

Organising Secretaries

Dr. X. Venci Candida

Dr. S. Prakash Shoba

Dr. Abila Jeba Queen

Dr. Krishnapriya

Dr. Deva Vijila



Title of the Programme : Group Activities on Women Empowerment

Date : 25-02-2020

Organized By : Department of Physics, Holy Cross College (Autonomous),

Nagercoil

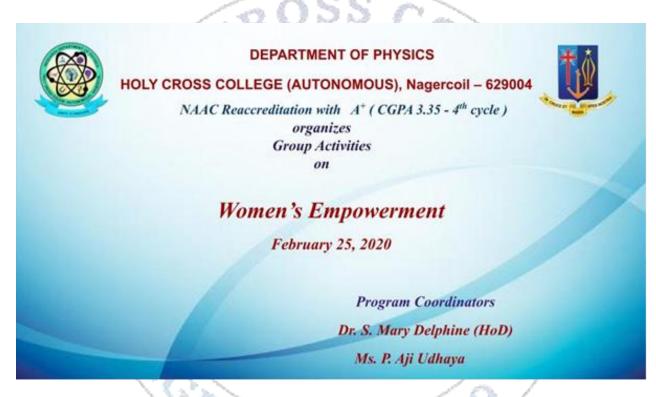
Theme / Objective : To create awareness on the upliftment of women.

No of Beneficiaries : 44

Outcome of the Activity : Fostered collaboration and networking among women, allowing them to

share experiences and support each other's empowerment journeys.

Venue : Holy Cross College (Autonomous), Nagercoil





Title of the Programme : Awareness on Women Health Issues

Date : 22-02-2020

Organized By : Department of Social Work, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : To create awareness on women health issues

Resource Person : Mr. Raj, Social Worker

Outcome of the Activity : Educated participants on preventive measures, early detection and the

importance of regular health check-ups.

No. of. Beneficiaries : 30

Venue : Muttom



Title of the Programme : Skit on Women Studies

Date : 19-02-2020

Organized By : Department of History, Holy Cross

College (Autonomous), Nagercoil

Theme / Objective : Awareness about Women Empowerment

Resource Person : Dr. S. Ancy Mol, Assistant Professor of Tamil, Holy Cross College

(Autonomous), Nagercoil

Outcome of the Activity : The skit on Women Studies effectively conveyed the historical and

contemporary issues faced by women, highlighting the struggles and

achievements of women through different eras.

Number of the Beneficiaries : 42

Venue : Room No: 64, Department of History, Holy Cross College

(Autonomous), Nagercoil



Title of the Programme : Awareness on Women Empowerment

Date : 16-02-2020

Organized By : Department of Social Work, Holy Cross

College (Autonomous), Nagercoil

Theme / Objective : To create awareness on women empowerment

Resource Person : Mr. Christopher, Project Coordinator, Rural Uplift Centre, Parvathipuram

Outcome of the Activity : The participants understood the concept of women

empowerment and the importance of financial stability.

No. of. Beneficiaries : 18

Venue



Title of the Programme : National Girl Child Day Celebration

(Awareness songs and poster presentation competition)

Date : 24-01-2020

Organized By : Department of Chemistry, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : To raise awareness about the importance of gender equality

and highlight the talents, capabilities, and achievements of

girls

Outcome of the Activity : Fostered a supportive environment for girls to

thrive, promoting their rights, talents, and aspirations, and

advancing efforts towards gender equality and social justice.

No. of beneficiaries :145

Venue : Cecile Hall, Holy Cross College (Autonomous), Nagercoil



Title of the programme : Skit on Dowry issue and Awareness song on women

Rights, Mime on women harassment and Skit on gender

equality

Date : 19-12-2019

Organized By : Department of Chemistry, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : To make students aware of women safety and gender equality.

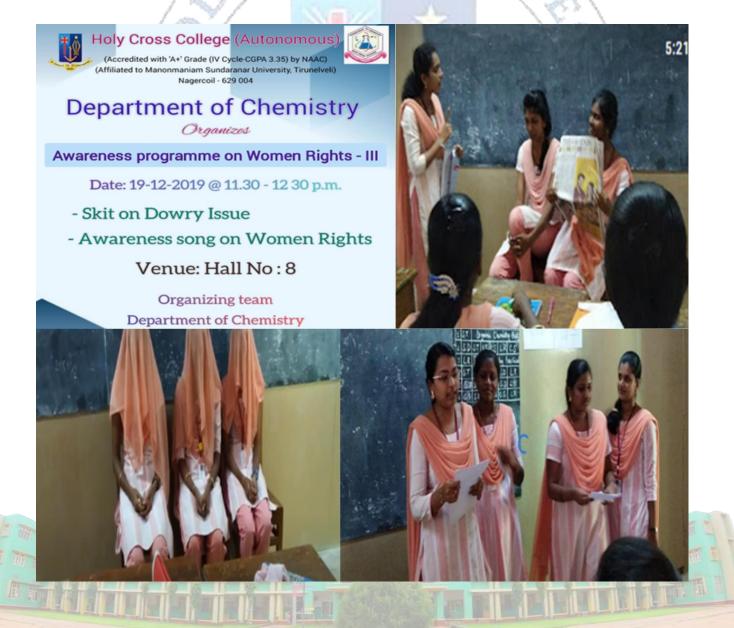
Outcome of the Activity : Students understood the detrimental effects of the dowry system,

portraying real-life scenarios to emphasize its impact on women and

families.

No. of beneficiaries :42

Venue : Hall No.8, Holy Cross College (Autonomous), Nagercoil



Title of the Programme : Pakthi ilakkiyangalil Pen Kural

Date : 17-12-2019

Organized By : Department of Tamil, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : Pakthi ilakkiyangalil Pen Kural

Resource Person : Mr. H. Hameem Mustafa, Assistant Professor of Tamil,

Muslim Arts & Science College, Thiruvithancode

Outcome of the Activity : The literary programme showcased women's voices in devotional

literature, highlighting their contributions and perspectives.

No. of Beneficiaries :383

Venue : Multipurpose Hall, Holy Cross College

(Autonomous), Nagercoil



Title of the Programme

: Talk on Know Oneself

Date : 25-10-2019

Organized By : Department of Mathematics, Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : Know Oneself

Resource Person : Sr. S. Antin Mary, Assistant Professor, Department of

Mathematics, Holy Cross College (Autonomous), Nagercoil

Outcome of the Activity : The talk focused on self-awareness and personal development,

encouraging women to understand their strengths and potential.

No. of Beneficiaries : 135

Venue : Cecile Hall, Holy Cross College (Autonomous), Nagercoil





Title of the Programme

: Album Making - Child Rights / Women Rights

Date

: 18-10-2019

Organized By

: Department of Botany, Holy Cross College (Autonomous), Nagercoil

Theme / Objective

: Gender Equity Promotion

Outcome of the Activity

: Students understood that child right is a moral imperative but also

creating a more just, equitable, and prosperous world for current and

future generations.

No. of Beneficiaries

: 28

Venue

: Room No.: 42, Department of Botany, Holy Cross College

(Autonomous), Nagercoil



Title of the Programme

Pengalukku Varama? Saabama?

Date

: 24-09-2019

Organized By

: Department of History, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective

: A discussion on the freedom of women

Outcome of the Activity

: The debate engaged participants in a critical discussion about the current

state of women's freedom and its implications.

Number of the Beneficiaries

Venue

: Seminar Hall, Holy Cross College (Autonomous), Nagercoil



DEPARTMENT OF HISTORY HOLY CROSS COLLEGE (AUTONOMOUS)



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DEBATE ON

இன்றைய சுதந்திரம் பெண்களுக்கு வரமா? சாபமா?

Date : 24-09-2019 Time : 1.30 pm - 3.00 pm

Resource Person: Mrs.R. Sahaya Sobitha, I MA History, Department of Histo

Holy Cross College (Autonomous), Nagercoil

Venue : Seminar Hall, Jubilee Hall Building, Holy Cross College(Autonomous), Nagercoil

> Organizer Department of History



Title of the Programme

: Awareness Talk on Women's Right

Date : 12-09-2019

Organized By : Department of Commerce, Holy Cross College (Autonomous),

Nagercoil.

Theme/Objective : To create awareness on Women's Right

Outcome of the Activity : The talk provided comprehensive information on women's legal rights

and protections, educating attendees on how to advocate for themselves

and others.

No. of Beneficiaries : 163

Venue : Cecile Hall, Holy Cross College (Autonomous), Nagercoil



Title of the Programme

Date

Organized By

Theme/Objective

Outcome of the Activity

: Future Entrepreneurs

: 29-08-2019

: Department of Economics, Holy Cross College

(Autonomous), Nagercoil

: Future Entrepreneurs

: The programme offered training and resources to aspiring women

entrepreneurs, equipping them with the skills needed to start and manage

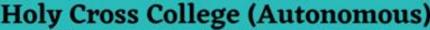
successful businesses.

No. of Beneficiaries

Venue

: 481

: Holy Cross College (Autonomous), Nagercoil



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PG & Research Department of Economics

Future Entrepreneurs

Venue: Department of Economics

Date: 29 Aug 2019

Patron: Dr. Sr. Gerardin Jayam

Chair Person: Dr. Sr. Anne Perpet Sophy

Organising Secretary: Ms. J. Josephine Shiny & Ms. Fajila Nasrin

Title of the Programme : A Talk on Gender Equity

Date : 29-08-2019

Organized By : Department of Mathematics (S.F), Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : The importance of gender equity

Resource Person : Dr. A. Delphin, Assistant Professor of Tamil

(SF), Holy Cross College (Autonomous), Nagercoil

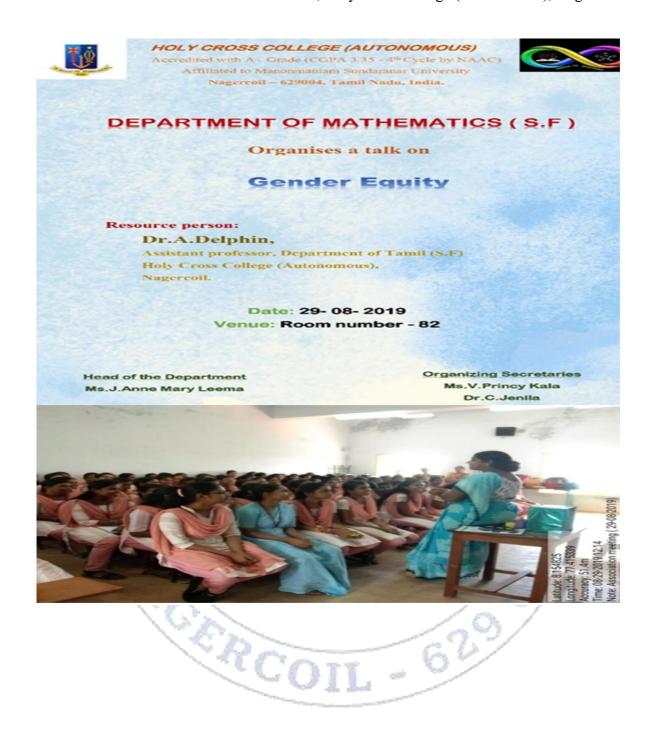
Outcome of the Activity : Students were motivated that women are not equal to men

but are higher than men and having more potential to

overcome them.

No. of Beneficiaries : 120

: Room no: 82, Holy Cross College (Autonomous), Nagercoil





Title of the Programme : Talk on Gender and Skin Typed Biases

Date : 22-07-2019

Organized By : Department of English SF, Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : Gender Equality

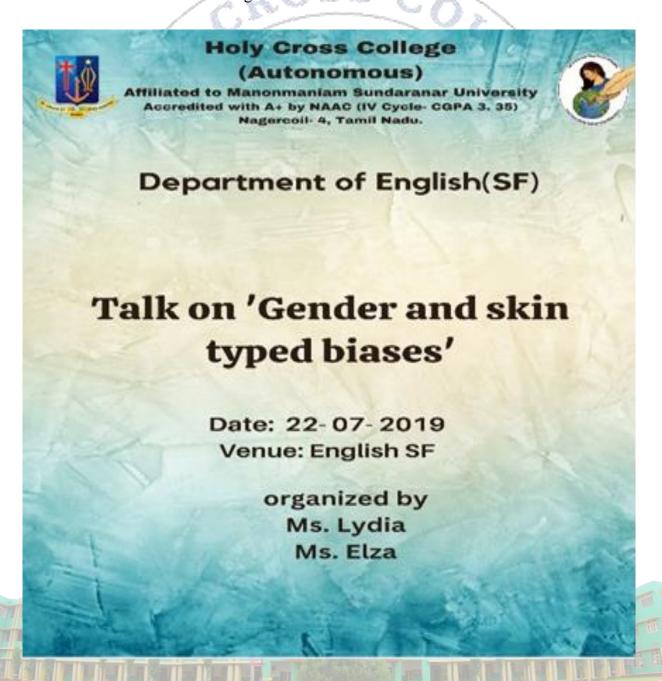
Outcome of the Activity : The discussion explored biases related to gender and skin color,

encouraging participants to recognize and challenge these prejudices.

No of Beneficiaries : 30

Venue : Department of English SF, Holy Cross College (Autonomous),

Nagercoil



Title of the Programme : Preparation of album and song based on women's studies

Dates : 20-07-2019 & 10-10-2019

Organized By : Department of Computer Science, Holy Cross College

(Autonomous), Nagercoil.

Theme / Objective : Women Studies

Outcome of the Activity : Students understood the necessity for women's empowerment.

No. of beneficiaries : 46

Venue : III B.Sc. class room, Department of Computer Science, Holy Cross

College (Autonomous), Nagercoil.

