



# Holy Cross College (Autonomous)

## Nagercoil – 629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli  
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle  
An ISO 9001:2015 Certified Institution

SSR  
2019-2020  
to  
2023-2024

### 7.1.1 Institution has initiated the Gender Audit and measures for the promotion of gender equity during the last five years

Date	Title of the Activity	Participants	Outcome	Impact
<b>2023-2024</b>				
30-01-2024	Ronimous Arachi Endowment Lecture – <i>Nanneri Ilakiyangalum Pengalum</i>	203	Students understood the cultural shift towards modern women.	Brought a positive impact on the participants and facilitated women empowerment.
24-01-2024	Association Meeting on Women, Nature and Sustainability	63	Students gained a comprehensive understanding of how women's roles and actions impact ecological balance.	Students explored the interconnection of women, nature, and sustainability
24-01-2024	National Girl Child Day (skit and song on importance of girl child)	130	The programme evoked a positive shift in societal perceptions, encouraged equal opportunities for girls.	Raised awareness, challenge stereotypes, and promote gender equality by celebrating the value and potential of girls, inspiring positive attitudes.
12-01-2024	Empowering Women through Technology and Entrepreneurship	55	Created positive attitude and affirmation towards women entrepreneurs.	Created positive outlook towards women entrepreneurship.
20-12-2023	Street Play on Gender Equity	216	Students were made aware of the fundamental rights and the importance of gender equity for a just society.	Emphasised the importance of gender equality among the students.
12-12-2023	Talk on Self-defence	65	Enhanced Improved understanding of safety measures and increased confidence among girls in protecting themselves.	Emphasized the importance to learn safety measures to protect themselves.

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11-12-2023	Legal Awareness Programme on Women's Right	64	Students were made aware of the venues for seeking redress in cases of violation of their rights.	Students fundamentally understand their rights and legal protections.
21-10-2023	Survey on Women Empowerment in Maravankudieruppu Village	30	Identified barriers and constraints and inequalities that hinder women's empowerment.	Assessed the current status of women empowerment in Maravankudieruppu village across various dimensions.
19-10-2023	Skit on Exploitation against Women	19	Students were motivated to create awareness regarding the exploitation against women.	Students were made aware of the ways to stop women harassments.
19-10-2023	Lifestyle Management in PCOS	48	Students were motivated to take up a healthy lifestyle to maintain good physical strength.	Students understood the importance of adopting a healthy lifestyle.
18-10-2023	Role of Men and Women in the Future Society	45	Created inclusive learning environments that celebrate diversity	Participants were sensitized to celebrate diversity.
13-10-2023	Album Making - Gender Equity	10	Ensured the importance of gender equality in all fields	Promoted equal opportunities for women in all fields
26-09-2023	A talk on "What is the Next Step after Graduation"	160	Emphasized the importance of resilience, setting goals and believing in their potential as women.	Initiated new phases of personal and professional development of women.
26-08-2023	Awareness Talk on Women Empowerment	19	Empowered individuals to actively support and promote gender equality, contributing to a more inclusive and equitable society.	Enlightened the participants to actively support and promote gender equality.
07-08-2023	World Breast Feeding Day (Cognizance on Breast Feeding)	254	The event enhanced community awareness, debunk myths, foster a supportive environment and encourage optimal breastfeeding practices.	Promoted breastfeeding awareness and dispel myths and misconceptions about breastfeeding.
08-08-2023	Elocution on Women's Empowerment in Free India	52	Highlighted the importance of women empowerment.	Challenged gender stereotypes and promoted gender-inclusivity in society.



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08-01-2024	<i>Pengalum Arasiyal Vilipunarvum</i>	150	Students have acquired knowledge about political aspects related to women	Promoted the students to vote in elections
14-07-2023	<i>Owvai –Puthiya Parvai</i>	132	Celebrated the empowered women as reflected through Tamil Literature	Increased awareness regarding the empowered ancient women and their roles.
11-07-2023	Power of Gender Equality	84	Increased confidence, skills, and opportunities of the participants.	Promoted awareness on the opportunities and avenues for women.
<b>2022-2023</b>				
29-03-2023	Album Making on Gender Equity Studies	61	Promoted better understanding of Gender Studies and its relevance in the academic forum.	Students promoted the importance and benefits of Gender Equity.
29-03-2023	Case Study on Dowry System	30	Students understood the evil practice of the dowry system and its associated hardships.	Students were determined to eradicate the dowry system which is still prevalent in India.
28-03-2023	Exhibition and Enactment on the Marginalization of Women	61	Students understood the means through which women are marginalized.	Students analysed the ways to get rid of the clutches of patriarchy.
21-03-2023	Seminar on Unlocking the Hidden Potential of Women Entrepreneurship	103	Motivated the students to realise their innate potential to become successful entrepreneurs.	Increased the number of women entrepreneurs to achieve empowerment.
21-03-2023	Role Play on Gender Equity Studies	54	Students understood the different roles of women in the society and promoted gender equality.	Students understood the importance of gender diversity.
20-03-2023	Dr. Hermana Gilt Arachi Endowment Lecture <i>Thol Seelai Poratom Oru Varalattu Paarvai</i>	290	Students understood the involvement of women during the freedom struggle in Travancore.	Students inherited a indomitable spirit to fight for freedom and empowerment.
17-03-2023	Talk on Women Empowerment	125	The programme successfully raised awareness regarding the ways to achieve women empowerment.	Students promoted the ways to achieve women empowerment.

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16-03-2023 to 17-03-2023	Lecture on An Analysis of Illango's <i>Chilapathikaram</i>	30	Highlighted the role of women in literature to promote emancipation of women.	Students understood the importance of women in the development of society.
15-03-2023	Seminar on Women Entrepreneurship	268	Promoted the sustainable development of women entrepreneurs for balanced growth in the country.	Increased the opportunities for women entrepreneurs in the society.
15-03-2023	Interactive Session on Are Women Deprived of their Rights?	125	Participants gained a deeper understanding of the current status of women's rights globally and locally.	Increased awareness and advocacy for policy changes and social reforms to enhance women's rights.
10-03-2023	Talk on Women as Nation Builders	86	Highlighted the significant contributions of women in various fields, emphasizing their role in nation-building.	Boosted recognition of women's achievements and inspired participants to support women's active involvement in nation-building activities.
08-03-2023	Talk on Embrace Equity and Women Empowerment	136	Participants learned about the importance of gender equity and strategies to empower women in different sectors.	Encouraged adoption of equitable practices in workplaces and communities, leading to a more inclusive environment.
06-03-2023	Lecture on Get to know: Simon de Beauvoir's <i>Second Sex</i>	29	Provided insights into the feminist philosophy of Simone de Beauvoir and her seminal work, <i>The Second Sex</i> .	Inspired critical thinking about gender roles and encouraged academic discourse on feminist theory.
06-03-2023	Skit on Dowry System	31	Effectively portrayed the detrimental effects of the dowry system on women's lives.	Raised awareness and sparked discussions on abolishing dowry practices, promoting gender equality.
15-02-2023	Group Discussion on Women in Religion	47	Facilitated a diverse discussion on the roles and representation of women in various religious contexts.	Promoted interfaith understanding and highlighted the need for gender equality in religious practices and leadership.
27-01-2023	Screening of a Short Film on Women Empowerment	140	Visually showcased inspiring stories of empowered women overcoming obstacles.	Motivated viewers to support and engage in women empowerment initiatives.



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26-01-2023	Skit on Women Education	24	Dramatized the importance of education for women and its positive impact on communities.	Encouraged community efforts to promote girls' education and address barriers to educational access.
21-12-2022	Seminar on Eco Entrepreneurship Paving the Way to Financial Upliftment of Women	145	Introduced eco-entrepreneurship as a viable pathway for women's financial independence.	Encouraged women to explore sustainable business ventures, contributing to economic and environmental benefits.
19-12-2022	Awareness Talk on Safety Act for Women Employees	140	Educated employees on the legal protections available under the Women Safety Act.	Improved workplace safety and encouraged reporting and prevention of harassment.
12-12-2022 to 27-04-2023	Album Creation based on Women's Studies	47	Compiled a comprehensive collection of research data and images pertaining to women's studies.	Served as a valuable resource for academic and advocacy work, promoting gender studies.
09-11-2022	Sr. Elsy Geore's Endowment Lecture on Womenomics	82	Explored the economic contributions and potential of women in the economy.	Raised awareness of the importance of women's economic participation and influenced policy recommendations.
22-10-2022	Session on How to Become a Successful Entrepreneur	75	Provided practical guidance and motivational insights for aspiring female entrepreneurs.	Increased entrepreneurial confidence and knowledge among participants, leading to new business ventures.
21-10-2022	Talk on Women Scientist and their Inventions	145	Highlighted the contributions of women scientists and their innovations.	Inspired young women to pursue careers in STEM fields.
17-10-2022	Awareness Programme on Breast Cancer	130	Educated participants on breast cancer prevention, early detection, and treatment options.	Increased awareness and proactive health measures, potentially reducing breast cancer incidence and mortality.
13-10-2022	Awareness Talk on Women Equality	140	Discussed the principles and importance of gender equality in various spheres.	Fostered a commitment to gender equality initiatives and policies.

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13-10-2022	Motivational Session on Financial Freedom: Key to Women Empowerment	192	Emphasized the role of financial independence in empowering women.	Encouraged women to pursue financial literacy and independence, enhancing their overall empowerment.
12-10-2022	Seminar on Motivational Factor and Entrepreneurial Intention	88	Analyzed the motivational factors influencing women's entrepreneurial intentions.	Provided insights for developing support systems to encourage women's entrepreneurship.
29-09-2022	Book Review on <i>Mounam Pesinal</i>	69	Offered a critical analysis of the book <i>Mounam Pesinal</i> and its themes.	Promoted literary engagement and discussions on relevant social issues.
26-09-2022	Styles of Leadership	140	Explored various leadership styles and their effectiveness in different contexts.	Enhanced leadership skills and understanding among participants, promoting effective leadership practices.
24-09-2022	Awareness Talk on Entrepreneurship	160	Provided an overview of the entrepreneurial landscape and opportunities.	Encouraged participants to consider entrepreneurship as a viable career option.
23-09-2022	Seminar on Women's Rights Acts	15	Educated participants on the various legal acts protecting women's rights.	Increased legal awareness and advocacy for women's rights.
21-09-2022	Seminar on Gender Equity	194	Discussed the importance and implementation of gender equity in society.	Promoted gender equitable practices and policies.
04-08-2022	Group discussion on Women in Advertisements and Religion	42	Engaged in a critical discussion on the portrayal of women in advertisements and religious contexts.	Raised awareness of stereotypes and promoted more accurate and respectful representations.
20-05-2022	Entrepreneurial Motivation of Women and Ideas of Business	110	Explored the factors motivating women entrepreneurs and shared business ideas.	Inspired entrepreneurial ventures and provided practical business ideas for aspiring women entrepreneurs.



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2021-2022				
29-04-2022 02-05-2022 03-05-2022 28-05-2022 30-05-2022	Album Making on Women's Issues	169	Participants created informative and visually engaging albums focusing on various women's issues.	Increased awareness and sensitivity towards women's issues among community members and participants.
09-04-2022	Awareness Programme on Breast Cancer	57	The programme successfully educated women on the importance of early detection, symptoms, and preventive measures for breast cancer.	More women scheduled screenings and practiced self-examinations, leading to early detection and better treatment outcomes.
21-04-2022	Safe Childhood and Safer Childhood	160	Educated participants about safety measures and child protection laws	Reduced incidents of child abuse and increased reporting of such cases due to heightened awareness.
09-04-2022	A Community Organization Programme – Feminine Hygiene	65	Women and girls received education on menstrual health and hygiene management.	Improved menstrual health practices and reduced stigma around menstruation in the community.
07-04-2022	A Community Organization Programme - Women Health and Empowerment	25	Women learned about their rights and the importance of empowerment in society.	Increased participation of women in community decision-making processes and local governance.
07-04-2022	A Community Organization Programme – Awareness Programme on Entitling Village Women by Educating Them Law	30	Women were educated on legal rights and procedures.	Enhanced ability of women to seek legal recourse and assert their rights in various situations.
07-04-2022	A Community Organization Programme – Awareness Programme on Importance of Women Education in Rural Areas	30	Awareness sessions highlighted the significance of educating girls in rural areas.	Higher enrolment rates of girls in schools and continued education.

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07-04-2022	A Community Organization Programme - Women Authorization in the Contemporary Society	21	Promotion of women's authority and leadership roles in contemporary society, fostering gender equality and social empowerment.	Strengthened community support for women's leadership and professional growth.
07-04-2022	A Community Organization Programme – Awareness Programme on Women Empowerment	30	Women received comprehensive health education and empowerment training.	Improved health outcomes and greater confidence in managing personal and family health.
29-03-2022	Mushroom Culture Training Programme for the Women of Neighbourhood	59	Women were trained in mushroom cultivation techniques.	New income-generating opportunities for women, enhancing economic independence.
25-03-2022	Indian Constitution and Women Rights	72	Educational sessions were held on constitutional provisions related to women's rights.	Increased legal awareness and advocacy for women's rights among participants.
14-03-2022	Gender Equity	150	Gender sensitivity workshops promoted the concept of gender equity.	More equitable treatment of men and women in various community settings.
09-03-2022	Healthy Lifestyle	110	Participants learned about the components of a healthy lifestyle.	Adoption of healthier habits and routines among women, leading to improved overall well-being.
09-03-2022	Woman and Health	70	Health seminars addressed specific health issues faced by women.	Better health management and preventive care practices among women.
09-03-2022	International Women's Day	750	Celebratory events highlighted women's achievements and contributions.	Increased recognition and appreciation of women's roles in society.
05-03-2022	<i>Naallai Namate</i>	240	The programme focused on future-oriented strategies for women's development.	Strategic planning and goal setting among women for personal and community advancement.



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28-02-2022	To be a Successful Women: GOAL	48	Workshops on goal setting and achieving success were conducted.	Enhanced motivation and practical skills for women to pursue their goals.
24-02-2022	Women in the Eyes of the Media.	92	Discussions on media representation of women were held.	Greater awareness of gender biases in media and advocacy for more balanced portrayals.
23-02-2022	Celebrating Womanhood	150	Events celebrated the essence and achievements of womanhood.	Strengthened sense of pride and solidarity among women.
24-01-2022	Celebrating National Girl Child Day	119	Increased focus on the rights and empowerment of the girl child.	Increased support for girl children's education and well-being.
18-12-2021	Success Story of a Women Entrepreneur	110	Inspirational stories of successful women entrepreneurs were shared.	Motivated more women to pursue entrepreneurship.
14-12-2021	<i>Sanga Kaalathil Pennurimai</i>	86	highlighted women's rights	Greater understanding of women's rights issues.
14-12-2021	<i>Skit on Rights of Women</i>	86	Highlighted women's rights.	Greater understanding of women's rights issues.
24-11-2021	Sexual Harassment against Women	91	Acquired information about sexual harassment	Improved reporting and prevention of sexual harassment incidents.
11-11-2021	Villu Pattu and Album Making on Women Empowerment	29	Traditional storytelling combined with album-making emphasized women's empowerment.	Enhanced cultural engagement and spread of empowerment messages.
11-11-2021	Entrepreneurship and Innovation as Career Opportunity	59	Workshops introduced women to entrepreneurship and innovation as viable career paths.	Increased interest and participation in entrepreneurial ventures by women.
30-10-2021	Woman: God's Gift to Mankind	115	Celebrated women's intrinsic value and contributions.	Strengthened societal appreciation and respect for women.
29-10-2021	My Story - Motivational Section by Successful Innovator	96	Successful women innovators shared their personal stories and kindled the innate potential of the participants.	Provided role models and practical inspiration for aspiring women innovators.

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13-10-2021	Financial Empowerment of Women in Higher Education	127	Financial literacy workshops were conducted for women in higher education.	Improved financial management skills and economic empowerment of female students.
08-10-2021	Poster Making Competition on - Female Child: Her Right to know Her Rights	15	Raised awareness about the rights of the female child.	Increased knowledge and advocacy for female children's rights among participants.
11-10-2021	Say "NO" to Female Infanticide	300	Campaigns against female infanticide were conducted to make people realise the cruelty of female infanticide.	Reduced incidents of female infanticide and greater community support for girl children.
07-10-2021	Women Empowerment, Challenges and Strategies	130	Students were made aware of the challenges and strategies for women's empowerment.	Development of actionable strategies and greater collaboration for women's empowerment.
04-10-2021	Legal Rights of Women	58	Legal education sessions informed women of their rights.	Enhanced ability of women to navigate legal systems and assert their rights.
25-09-2021	Women Empowerment Campaign	300	Enhanced awareness and advocacy for women's rights and empowerment, fostering gender equality and social progress.	Broad-based support and initiatives for improving women's status and rights.
17-09-2021	Women's Law	173	Students were made aware of the specific laws affecting women.	Greater legal literacy and protection of women's rights.
27-08-2021	Online Debate on Feminism	46	Facilitated deeper understanding of feminist issues.	Increased engagement and diverse perspectives on feminism.
24-08-2021	Gender Equity and Women's Empowerment	216	Students understood that women's participation in the workforce and entrepreneurship contributes to economic growth and poverty reduction.	Balanced approach leading to more equitable and empowered communities.



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29-07-2021	Gender Equality Awareness Programme	145	Increased awareness on legislative rules and the power of equality rendered by the Government to girl child and women.	Reduced gender biases and more inclusive practices in the community.
30-06-2021	Women Health Issues and Remedies	145	Increased awareness and understanding of women's health issues and remedies among participants, promoting gender equity and sensitization.	Better health outcomes due to informed health choices and practices.
19-06-2021	Gender Disparity and Feminism	145	Students understood the history and evolution of feminism and reasons behind gender disparity.	Increased understanding and advocacy for gender equality.
18-06-2021	Webinar on Gender Equity Yesterday - Today -Tomorrow	250	Reviewed the progress and future goals of gender equity.	Enhanced strategic planning for continued advancement of gender equity.
<b>2020-2021</b>				
30-04-2021	Webinar on Entrepreneurship Training for Mathematics Students	191	Participants gained a comprehensive understanding of how to apply mathematical skills to entrepreneurial ventures.	Several attendees reported increased confidence in starting their own businesses, with some launching startups leveraging their mathematical expertise.
30-03-2021 and 31-03-2021	International Webinar on Women in Tamil Literature	583	Attendees were educated about the significant literary contributions made by women fighters of Tamil Eelam.	The session inspired participants to further explore and document the literary works of women in conflict zones, fostering a deeper appreciation for their contributions.
26-03-2021	Poster Making on Women's Issues	45	Students created posters highlighting various women's issues, promoting awareness and dialogue.	The activity fostered creativity and increased awareness among participants and viewers about the challenges women face, prompting discussions and actions towards addressing these issues.

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26-03-2021	Dr. Jesi Isabella's Endowment Lecture on "Wisdom of Women in Business"	103	The session provided insights into the strategies and experiences of successful women in business.	Participants reported feeling more motivated and equipped to pursue business ventures, leading to a notable increase in women-led startups.
12-03-2021	The Second Sex: Facts and Myths	60	Participants engaged in a critical analysis of Simone de Beauvoir's <i>The Second Sex</i> , differentiating between facts and myths regarding women's roles in society.	The discussion led to a heightened awareness of gender biases and inspired many to advocate for gender equality in their personal and professional lives.
12-03-2021 & 22-03-2021	Preparation of Album and Song Based on Women's studies	45	Participants collaborated to create an album and songs focused on themes in women's studies.	The creative process and resulting works amplified women's voices and issues, reaching a broader audience and encouraging further artistic expressions related to women's empowerment.
08-03-2021	Skit on International Women's Day Celebration	25	The skit highlighted key themes of International Women's Day, celebrating women's achievements and advocating for gender equality.	The performance sparked conversations and increased community engagement in women's rights initiatives.
08-03-2021	Skit on Women Studies in Commemoration of Women's Day	40	Participants explored various topics within women's studies, celebrating Women's Day.	The skit educated the audience on critical women's issues and inspired a commitment to supporting women's rights and gender equality.
01-03-2021 to 05-03-2021	Skit, Mime, Song and Album on Women's Issues	44	Participants showcased skits, mimes, songs, and albums addressing diverse women's issues.	The multimedia approach reached a wide audience, enhancing awareness and understanding of women's issues, and encouraging activism.
27-02-2021	Talk on Women in Progressive Ways	65	The program highlighted progressive women and their contributions to various fields.	Participants were inspired by the stories of these women, leading to increased efforts to support and mentor women in their communities.



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23-02-2021	Community Organization Program on A Campaign on Women Rights and Law	40	Participants gained knowledge about women's rights and relevant laws protecting them.	The program empowered women to assert their rights and provided them with the tools to seek legal recourse when necessary.
22-02-2021	Awareness Program on Women Rights	35	The session educated attendees on the fundamental rights of women and the importance of protecting these rights.	Increased awareness led to stronger advocacy for women's rights and greater community support for women's issues.
16-02-2021	Endowment Lecture on Gastrointestinal Problems in Women	140	The lecture provided in-depth information on gastrointestinal problems specific to women.	Attendees, particularly healthcare professionals, reported enhanced understanding and improved practices in treating women's gastrointestinal issues.
09-01-2021	Breaking the Glass Ceiling-A Gender Sensitization Programme	100	Raised Awareness and Fostered inclusive attitudes, promoting gender equality in the workplace	Participants committed to implementing gender-sensitive practices in their workplaces, contributing to a more inclusive environment.
28-11-2020	Webinar on Women Entrepreneurship	74	The programme addressed gender biases and strategies to overcome barriers faced by women in various sectors.	Several participants successfully launched their own businesses, citing the webinar as a pivotal resource.
23-11-2020	Webinar on Women Entrepreneurship	90	Cultivated a greater understanding of entrepreneurship among women, catalysed the development of entrepreneurial skills, fostered networking and mentorship opportunities.	There was a notable increase in women-led businesses and entrepreneurial activities within the community.
27-10-2020	Awareness Talk on Safety of Girls in Current Scenario	63	The programme educated attendees on safety measures and strategies for protecting girls in today's society.	Increased awareness and implementation of safety practices led to a safer environment for girls in participating communities.

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20-10-2020	Album Making - Women Empowerment	32	Students understood the importance of women's empowerment contributing to overall social development by challenging traditional gender roles.	The project raised awareness and celebrated women's achievements, inspiring further initiatives for women's empowerment.
21-08-2020	Role of Women's Empowerment	147	The session emphasized the critical role of education in empowering women.	Increased advocacy for women's education resulted in higher enrolment rates and support for educational programs for girls and women.
14-07-2020	Webinar on Recreating our World for an Empowered Future	213	Fostered a sense of empowerment, collaboration, and skill enhancement among women participants, leading to increased confidence.	The initiative inspired participants to engage in mentorship and support networks, fostering a culture of women helping women.
25-06-2020	National Webinar on A Gendered Past: The Epistemological Problems in the Writings of History	202	The session explored the gender biases present in historical writings and their impact.	Participants developed a more critical approach to historical analysis, advocating for more inclusive and accurate historical narratives.
27-02-2020	Guest Lecture on Women Empowerment through the Ages	40	The lecture provided a historical perspective on women's empowerment and progress over time.	Increased awareness of women's historical struggles and achievements inspired renewed efforts toward gender equality in contemporary society.

**2019-2020**

16-03-2020	Women Entrepreneurship	65	Participants gained essential business skills and knowledge through workshops and mentorship sessions, leading to the creation of several women-owned start-ups.	The initiative increased the number of women entrepreneurs in the community, contributing to economic growth and promoting gender equity in the business sector.
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**NAAC V Cycle Self Study Report (SSR)**

14-03-2020	Gender Equity Promotion Programme (Skit, Song)	32	Fostered a deeper understanding and empathy for women's experiences, challenges, and achievements.	The performance led to increased community engagement and support for women's empowerment initiatives, encouraging both men and women to advocate for gender equality.
13-03-2020	Skit/ Mime/ Song & Album preparation on Women Empowerment,	43	Highlighted the importance of women's empowerment and the challenges women face in society.	The performance led to increased community engagement and support for women's empowerment initiatives, encouraging both men and women to advocate for gender equality.
13-02-2020 & 14 -02-2020	Women Entrepreneurs	363	The programme successfully motivated women to explore entrepreneurship opportunities.	The initiative increased the number of women entrepreneurs in the community, contributing to economic growth and promoting gender equity in the business sector.
29-02-2020	Rally on Problems faced by Women	110	The rally brought together a diverse group of participants who marched to raise awareness about social issues like domestic violence, gender discrimination, and lack of access to education.	The rally drew significant attention to these issues, leading to greater community support for policies and programs aimed at addressing and mitigating these problems.
25-02-2020	Group Activities on Women Empowerment	44	Group activities fostered collaboration and networking among women, allowing them to share experiences and support each other's empowerment journeys.	The activities built a strong sense of community and solidarity among women, enhancing their collective capacity to advocate for their rights and interests.
22-02-2020	Awareness on Women Health Issues	30	Educated participants on preventive measures, early detection and the importance of regular health check-ups.	As a result of the program, there was a noticeable increase in the number of women seeking regular medical consultations and screenings.

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19-02-2020	Skit on Women Studies	42	The skit on Women Studies effectively conveyed the historical and contemporary issues faced by women.	The skit inspired discussions and reflections among the audience, leading to increased interest in gender studies and women's history.
16-02-2020	Awareness on Women Empowerment	18	The participants understood the concept of women empowerment and the importance of financial stability.	Many women started their own businesses, participated in local governance, and became active voices in advocacy for women's rights.
24-01-2020	National Girl Child Day Celebration	145	Fostered a supportive environment for girls to thrive, promoting their rights, talents, and aspirations.	The event led to increased awareness about the issues faced by girl children.
19-12-2019	Skit on Dowry Issue and Awareness Song on Women Rights, Mime on Women Harassment and Skit on Gender Equality	42	Students understood the detrimental effects of the dowry system, portraying real-life scenarios to emphasize its impact on women and families.	The performance increased awareness about the dowry issue, encouraging community members to reject this practice and advocate for legal reforms.
17-12-2019	<i>Pakthi Ilakkiyangalil Pen Kural</i>	383	The literary programme showcased women's voices in devotional literature, highlighting their contributions and perspectives.	The event elevated the recognition of women writers and their works, promoting gender inclusivity in literary circles.
25-10-2019	Talk on Know Oneself	135	The talk focused on self-awareness and personal development, encouraging women to understand their strengths and potential.	Participants reported increased confidence and self-esteem, leading to more proactive engagement in personal and professional pursuits.
18-10-2019	Album Making - Child Rights / Women Rights	28	Students understood that child right is a moral imperative but also creating a more just, equitable, and prosperous world for current and future generations	There was an increase in reporting and intervention in cases of rights violations, and local authorities noted a higher engagement with social services and support systems.



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24-09-2019	Debate on <i>Intraya Suthanthiram Pengalukku Varama? Sabama?</i>	53	The debate engaged participants in a critical discussion about the current state of women's freedom and its implications.	The debate fostered a deeper understanding of the complexities surrounding women's freedom, motivating further dialogue and action towards achieving true gender equality.
12-09-2019	Awareness Talk on Women's Right	163	The talk provided comprehensive information on women's legal rights and protections, educating attendees on how to advocate for themselves and others.	The awareness talks empowered women with knowledge, leading to increased legal awareness and assertiveness in claiming their rights.
29-08-2019	Future Entrepreneurs	481	The programme offered training and resources to aspiring women entrepreneurs, equipping them with the skills needed to start and manage successful businesses.	Many participants launched their own ventures, contributing to economic development and serving as role models for other women in the community.
29-08-2019	A Talk on Gender Equity	120	Students were motivated that women are not equal to men but are higher than men and having more potential to overcome them.	The performance inspired the audience to actively promote gender equality in their communities and workplaces.
22-07-2019	Talk on Gender and Skin Typed Biases	30	The discussion explored biases related to gender and skin color, encouraging participants to recognize and challenge these prejudices.	The discussion promoted inclusivity and diversity, leading to more conscious efforts to combat biases in various social settings.
20-07-2019 & 10-10-2019	Preparation of Album and Song Based on Women's Studies	46	Students understood the necessity for women's empowerment.	The initiative led to increased funding and support for similar cultural and educational programmes.

