

Holy Cross College (Autonomous)

Nagercoil-629004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle
An ISO 9001: 2015 Certified Institution

SSR 2019-2020 to 2023-2024

5.3.1 Number of awards/medals for outstanding performance in sports/cultural activities at university/state/national/international level events during the last five years



RAJAS INSTITUTE OF TECHNOLOGY

(Approved by AICTE, New Delhi & Affiliated to Anna University, Chennal.) Ozhuginasery, Nagercoil, Kanyakumari District - 629001, Tamil Nadu. | www.riit.cc



NATIONAL LEVEL TECHNICAL SYMPOSIUM

UI1U/U - 5053

This is to certify that

Mr/Ms				colle	ge
has Participated / W Fashion show / Hair do & make up	on First / Sece Fashion illustr of National le	ation / evel tech	Miniature	Paper presentatiol garment making	1
organized by Rajas In Co-ordinat	Department stitute of Techn				



























TAMILNADU NADASAARI CHILAMBAM VILAYATTU KAZHAGAM Affiliated to : Indian Nadasaari Chilambam Association in Registered Under : FIT INDIA, COMPETITION COMMISION OF INDIA, MY GOV.IN, NSRS, INIDIA GOV.IN
REPUBLIC DAY CHAMPIONSHIP - 2023
Certificate of Merit
NAME . N. GIOMATHY.
SCHOOL : Holy Cross College , Nager cail
D.O.B. 22 10 2004 CATEGORY Junior Codet
NADASAARI GAME: Single hand Decoration style.
POSITION: First, IST.
Venue: ARIGNAR ANNA STADIUM, NAGERCOIL.
Chilamboli, M. JEYARAJ Dr. J. ARNOLD ARASU S. PASKARIAS
General Secretary TAMILNADU NADASAARI CHILAMBAM VILAYATTU KAZHAGAM

















LICENSED TO: ATHLETICS FEDERATION OF INDIA

Page 20 of 31

36TH NATIONAL GAMES, GUJARAT 2022-ATHLETICS

30TH SEPTEMBER- 4TH OCTOBER

04-10-2022

9/30/22 - 10/5/22

IIT GANDHINAGAR GROUND (GUJARAT)

Event # 33 WOMENS High Jump

NR:SAHANA KUMARI HYDERABAD 1.92 2012

& NGR:BOBBY ALOYSIUS LUDHIANA 1.82 2001

1	SWAPNA BARMAN	395 324	29/10/96	MADHYA PRADESH	1.83m &
3	GRACENA GLISTUS MERLY	618	23/05/00	TAMILNADU	1.81m
4	KHYAII MAIHUK	/02	02/09/03	UTTAK PKADESH	1,77m
5	RUBINA YADAV	249	14/01/01	HARYANA	1.74m
5	ANGEL P DEVASIA	345	06/12/94	KERALA	1.74m
7	KEVINAA ASHWINE A	614	23/03/02	TAMILNADU	1.71m
8	REKHA	234	24/01/99	HARYANA	1.71m
9	SINCHANA M S	316	28/02/03	KARNATAKA	1.65m
10	PRAMILLA RAJGAR	776	27/11/00	WEST BENGAL	1.60m
11	ATHIRA SOMARAJ	365	26/10/98	KERALA	1.60m

Event # 34 WOMENS Pole Vault

NR:V.S. SUREKHA NEW DELHI 4.15 2014

& NGR:V.S. SUREKA THIRUVANANTHAPURAM 4.00 2015

1	ROSY MEENA PAULRAJ	625	28/10/97	TAMILNADU	4.20m #&
2	PAVITHA VENGATESH	635	08/12/01	TAMILNADU	4.00m &
3	BARANICA ELANGOVAN	617	03/02/97	TAMILNADU	3.90m
4	MARIYA JAISON	348	23/09/97	KERALA	3.80m
5	VANSHIKA GHANGHAS	239	08/10/05	HARYANA	3.70m
6	SINDHUSHREE G	308	23/10/00	KARNATAKA	3.60m
7	RAJNI.	223	12/03/04	HARYANA	3.50m
8	BABITA PATEL	400	12/08/00	MADHYA PRADESH	3.50m
9	NITIKA AKARE	394	31/12/05	MADHYA PRADESH	3.50m
	RESHMA RAVEENDRAN	360	20/02/96	KERALA	NM
	DIVYA MOHAN	353	28/07/99	KERALA	NM

Event # 35 WOMENS Long Jump

NR:ANJU B. GEORGE ATHENS 6.83 2004

& NGR: ANJU B. GEORGE LUDHIANA 6.61 2001

1	NAYANA JAMES	349	18/10/95	KERALA	+0.9m/s	6.33m
	6.33, 6.09, 6.30,	, 5.93, 6.19, 6.23				
2	SHAILI SINGH	714	07/01/04	UTTAR PRADESH	+0.9 m/s	6.28m
	4.29, 6.05, 6.07,	, 6.10, 6.09, 6.28				
3	SRUTHI LAKSHMI L	351	04/04/96	KERALA	+0.7 m/s	6.24m
	6.06, 5.99, 6.02,	, 6.24, X, 6.11				
4	KARTHIKA G	105	02/01/96	ANDHRA PRADESH	+0.8m/s	6.16m
5	SHERIN A	612	24/02/00	TAMILNADU	+0.7 m/s	6.14m
6	ANCY SOJAN E	364	01/03/01	KERALA	+0.6m/s	6.05m
7	HARSHINI SARAVANAN	631	10/08/99	TAMILNADU	+0.5m/s	5.98m
8	BHAVANI YADAV	108	19/12/98	ANDHRA PRADESH	+0.7 m/s	5.80m
9	PRIYANKA KERKETTA	295	13/10/98	JHARKHAND	+0.8 m/s	5.76m













36th National Games

Gujarat 2022 - 29 September - 12 October 2022

Certificate of Merit

Mr./Ms Gracena Glistus Merly

Represented Tamil Nadu

State

winning the Bronze Medal in the event Athletics - High Jump

I D Nanavati Secretary Gujarat State Olympic Association

Rajeev Mehta

Rajeev Mehta Secretary General Indian Olympic Association Ashwini Kumar, IAS Member Secretary National Games Organising Committee





NGGJ2022007828



TAMILNADU ATHLETIC ASSOCIATION



MERIT CERTIFICATE

DOINDYH . M
representing BANNIYAKUMARI DISTRICT secured THIRD place
in the age group of GIBLS U2D in the
36th Tamilnadu Inter District Junior Athletic Championship Organised by Tiruvannamalai District Athleti
ssociation at SDAT Stadium, Tiruvannamalai from 16th to 19th October, 2022

Date of Birth given by him/her is

W.I. DAVARAM, I.P.S. President, TNAA E.V. KAMBAN President, TDAA

K. PUHAZENDI Secretary TDAA

C. LATHA Secretary, TNAA











TAMILNADU ATHLETIC ASSOCIATION



MERIT CERTIFICATE

This is to certify that	***************************************
representing — UNATTACHEO —	securedF.(R&Tplace
in TRIPLE JUMP performance 12:22 m	in the age group of Crincis U20 in
4^{TH} Tamilnadu State Youth Athletic (U/18 & 20 years) Champions	hip Organised by Tamilnadu Athletic
Association at Tamilnadu Sports University, Vandalur, Chennai on	18th & 19th February, 2023.
Date of Birth given by him/her is 22.09.2004	
Davaram	Calif.
W.I. DAVARAM, I.P.S.	C. LATHA Secretary, TNAA
President TNAA	Secretary, create

TAMILNADU ATHLETIC ASSOCIATION



MERIT CERTIFICATE

This is to certify that ABINAYA MOHAN JAYARAJ
representing
in
4 TH Tamilnadu State Youth Athletic (U/18 & 20 years) Championship Organised by Tamilnadu Athletic
Association at Tamilnadu Sports University, Vandalur, Chennai on 18th & 19th February, 2023.
Date of Birth given by him/her is
O 17

W.I. DAVARAM, I.P.S.
President, TNAA

C. LATHA Secretary, TNAA

Manonmaniam Sundaranar Union Manon M

CERTIFICATE OF MERIT

No: MSU 737

2022-2023

This is to certify that TAIN RENY .S.	Sto or D/o .S. SEBASTIAN
represented HOLY CROSS COLLEGE, NAMER COL	L
in the inter-collegiate	
held at ST. IUDES COLLEGIE THOOTHOOR on/f	rom 19.11-2022 to 20-11-2022
and securedTHIRD position.	

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Centre for Physical Education

Dr.D. Jim Reeves Silent Night Convener

Manonmaniam Sundaranar University Manonmaniam Sundaranar University Office of the Manon Manon Manon Sundaranar University Office of the Manon Ma

CERTIFICATE OF MERIT 2022-2023

represented .HOLY CROSS COLLEGIE , MAGIERCOLL held at .. ST. JUDES COLLEGIE , THOUTHOOR on/from .. 19:11:2022 to ... 20:11:2022 and securedT.H.IR.D...... position.

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Dr.D. Jim Reeves Silent Night

Director Centre for Physical Education

Manonmaniam Sundaranar United Abishekapatti, Tirunelveli - 627 012 Peropetation of the Comment o

CERTIFICATE OF MERIT 2022-2023

No: MSU_731

This is to certify thatDHARSHINI R.	S/o or D/o (H. RAMESH
represented HOLY CROSS COLLEGE NAMER	COIL
in the inter-collegiate FOOTBALL (WOMEN)	Tournament / Competition
held at ST. JUDES COLLEGE, THOOTHOOR ON	from 19.11.2022 10.20.11.2022
and securedT.H.I.R.D position.	

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Organising Secretary Dr. C

Dr.D. Jim Reeves Silent Night

Convener

Dr.S.Arumugam
Director
Centre for Physical Education

Manonmaniam Sundaranar United Abishekapatti, Tirunelveli - 627 0/2 Corong

CERTIFICATE OF MERIT

No: MSU_ 733

2022-2023

This is to certify that ASAN HARSHA S Stoop D/o A: SILUVAL DHASON represented HOLY CROSS COLLEGIE, NAMER COIL in the inter-collegiate FOOTBALL (WOMEN) Tournament / Competition held at ST: JUDES COLLEGIE, THOOTHOOR on/from 19.11.2022 to 20.11.2022 and secured THIRD position.

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Dr.D. Jim Reeves Silent Night

Com

Convener

Dr.S.Arumugam
Director
Centre for Physical Education



CERTIFICATE OF MERIT

No: MSU_735

2022-2023

This is to certify that ARRCKIYA ANISHA E 86 or D/o M. EMMANUVEL represented HDLY CROSS COLLEGE, NAMERCOLL in the inter-collegiate FROTBALL (WDMEN) Tournament / Competition held at ST. JUDES COLLEGE, THOOTHOOR on/from 19:11:2022 to 20:11:2022 and secured THIRD position.

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Dr.D. Jim Reeves Silent Night

ganising Secretary Conver

Dr.S.Arumugam
Director
Centre for Physical Education

Manonmaniam Sundaranar University Abishekapatti, Tirunelveli - 627 012 Persity

CERTIFICATE OF MERIT

No: MSU_736

2022-2023

This is to certify that ANCIL CRUZ S	S/e or D/o .T. SAHAYA .RAJ
represented HOLY CROSS COLLEGE, NAMERCOLL	
in the inter-collegiate	
held at .ST: JUDES COLLECTE, THOOTHOOR on/fr	om 19.11:20.22 to 20:11:20.22
and securedTHIRDposition.	

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Dr.D. Jim Reeves Silent Night

Convener

Dr.S.Arumugam Director Centre for Physical Education

Manon Sundaranar United Abishekapatti, Tirunelveli - 627 012 Company

CERTIFICATE OF MERIT

No: MSU 729

2022-2023

This is to certify that M. MATHIJA Stoor D/o M. MANDHARAN represented HDLY CROSS COLLEGE, NAGERCOLL held at ST. JUDES COLLEGE, THOUTHOUR onlyrom 19.11.2022 to 20.11.2022 and secured THIRD position.

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Dr.D. Jim Reeves Silent Night

Convener

Dr.S.Arumugam Director Centre for Physical Education

Manonmaniam Sundaranar United Abishekapatti, Tirunelveli - 627 012 Pergreta	
CERTIFICATE OF MERIT No: MSU 738	
2022-2023	
This is to certify that RABINA MALINI M See or D/o R. MURUGIESON represented HDLY CROSS COLLEGIE, NACHERCOIL in the inter-collegiate FOOTBALL (WOMEN) Tournament / Competition held at ST. JUPES COLLEGIE, THOOTHOOR en/from 19:11.2022 to 20:11.2022 and secured THIRD position. a) Time / Distance / Height (if applicable) b) Weight Category Snatch Jerk Dr.D. Jim Reeves Silent Night Organising secretary Convener Convener Convener Convener	



Manonmaniam Sundaranar University Abishekapatti, Tirunelveli - 627012 Propinsional Propinsional

CERTIFICATE OF MERIT 2022-2023

740 No : MSU_

This is to certify that	Sto or D/o .R. NAMARAJAN
represented HDLY CROSS COLLEGE, NAGIER COIL	
in the inter-collegiate FODTBALL (WOMEN)	Tournament / Competition
held at ST. JUDES COLLEGE, THOOTHOOR on/from .!	9.11.2022 10 20.11.2022
and securedTH.I.R.Dposition.	
a) Time / Distance / Height (if applicable)	
b) Weight Category Snatch Jerk	
Dr.D. Jim Reeves Silent Night	Emty
Dr.D. Jim Reeves Silent Night	Dr.S.Arumugam
Organising Secretary Convener	Director

Convener

Centre for Physical Education

Manonmaniam Sundaranar University Abishekapatti, Tirunelveli - 627 012 Pering CERTIFICATE OF MERIT No : MSU___ 2022-2023 This is to certify that I. SOWNLY A... represented 10/14 Ctupes College, Nagoria in the inter-collegiate Meight lighting held at J. D. M. S. College T. Collie ungom 29.11.20210 a) Time / Distance / Height (if applicable) b) Weight Category 59 La Snatch 65 Lagerk 87 kg Dr.D. Jim Reeves Silent Night Centre for Physical Education Organising Secretary

TIM	bishekapatti, Tidaely	eli - 627 0 Dip
Nano	aniam Sundar Abishekapatti, Tirunely	of Cray
À.	CERTIFICATE OF	
	2022-2023	
	RAMYA . R	
held at ANNA ST	ADIUM PALLAYAMKOTTAL on	from 19.12.2022 to 20.12.202
and secured	S.Tposition.	
a) Time / Distance	/ Height (if applicable)	(NMR)
	y Snatch Jerk	
-	0.0	mm
10.00	Dr.D. Jim Reeves Silent Night	100 +
(Trink	Dr.D. Jim Reeves Silent Night	Dr.S.Arumugam
Organising Secretary	Convener	Centre for Physical Educat





CERTIFICATE OF MERIT 2022-2023 This is to certify that ABINAYA, M. So or D/o MOMAN JAYARAJ. Or represented HOLY CROSS COLLECTE NACTERCOIL. in the inter-collegiste TRIPLE JUMP Tournament / Competition held at ANNA STADIUM, PALLAYAMKOTTAL on/from 19.12.2022. to 20.12.2022 and secured FIRST position. a) Time / Distance / Height 1.2.2.2.3. This is to certify that ANNA STADIUM. PRILAYAMKOTTAL on/from 19.12.2022. to 20.12.2022 and secured FIRST position. a) Time / Distance / Height 1.2.2.2.3. This is to certify that Director Convener Convener Centre for Physical Education

CERTIFICATE OF MERIT 2022-2023 This is to certify that HARISHMA C S/O or D/O CHIDAMBARA DHAS Y represented Holy Cross Collago, Nagar Coil in the inter-collegiate 1500 mts Tournament / Competition held at Anna Stadium, Polayamko Hou on/from 19:13:2022 to 20:12:2022 and secured Second position. a) Time / Distance / Height 5. 18. 03.34(if applicable) b) Weight Category Snatch Jerk

Manonmaniam Sundaranar Uniteration Abishekapatti, Tirunelveli - 627 012 Pergrita

Dr.D. Jim Reeves Silent Night

Convener

CERTIFICATE OF MERIT 2022-2023

No : MSU 1356

Dr.S.Arumugam

Director Centre for Physical Education

This is to certify that HARISHMA . C S/o or D/o CHIDAMPARA DHAS . V
represented HOLY CROSS COLLEGIE , NAGIERCOLL .

in the inter-collegiate 800 m. Tournament / Competition held at ANNA STADIUM, PALLAYAMKOTTAL on/from 19.12.2022 to 20.12.2022

and secured THIRD position.

a) Time / Distance / Height ... 02:28.8..... (if applicable)

b) Weight Category Snatch Jerk

Dr.D. Jim Reeves Silent Night

Convener

Dr.S.Arumugam

Centre for Physical Education

Manonmaniam Sundaranar Uniteration Abishekapatti, Tirunelveli - 627 012 Cropic **CERTIFICATE OF MERIT** No: MSU 1125

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Z	U	Z	2	-2	u	Z	ĸ

This is to certify that	SREE M	S/o or D/o MURU GANANTHAM N	١
		ncoll.	
in the inter-collegiate	Shot Put		
held at Anna Stadium,	Palayankoltai	on/from 19.12.2022 to 20.12.2022	
and secured FixSt			

- a) Fime / Distance / Height .. LQ . 9.2. m (if applicable)
- b) Weight Category Snatch Jerk

Dr.D. Jim Reeves Silent Night

Convener

Dr.S.Arumugam

Director Centre for Physical Education

Manonmaniam Sundaranar University

CERTIFICATE OF MERIT

No: MSU_1076

2022-2023

This is to certify that JEY	ARUNISHA R	S/o or D/o RAYLR
represented Holy Cros	S college Nager C	oil
in the inter-collegiate	Hammer Throw	
held at Anna Stadium	Palayam Ko. Hai on/from	19.12.20220 20.12.2022
and secured Se con ol	position.	

- a) Time / Distance / Height ... 22. 65. m... (if applicable)

Organising Secretary

Dr.D. Jim Reeves Silent Night

Convener

Director Centre for Physical Education

and A	Dist	027 012 Ve
Mich	liganisti.	Sign
	CERTIFICATE OF ME 2022-2023	RIT No: MSU_1138
in the inter-collegiate	LX 400 M RELAY DIUM PALLAYAMKOTTA buffrom 1	Tournament / Commetition
b) Weight Category	Snatch Jerk	Same
	51)	PW
	This is to certify that	CERTIFICATE OF ME 2022-2023 This is to certify that ANTONY CLATCIA K represented HOLY CROSS COLLEGE, NAMERCOL in the inter-collegiate 4 X 400 m RELAY held at ANNA STADIUM, PALLAYAMKOTTA bn/from 1.4 and secured SECOND position. a) Time / Distance / Height (if applicable) b) Weight Category Snatch Jerk



CERTIFICATE OF MERIT 2022-2023

No: MSU 1140

This is to certify that THERESE KAVISA K S/o or D/o KALKI RAJAN C represented HOLY CROSS COLLEGIES, NAMERCOLL in the inter-collegiate AX AOOM RELAY Tournament / Competition held at ANNA STADIUM, PALAYM KOTTAI on/from 19: 12:2022 to 20:12:2022 and secured SECOND position.

a) Time / Distance / Height (if applicable)

b) Weight Category Snatch Jerk

Dr.D. Jim Reeves Silent Night

Organising Secretary

Convener

Dr.S.Arumugam Director

Centre for Physical Education

	aniam S Shishekapatti	undara:	nar		
am	chekapatti	, Tirunelvel	-627	7:	
TOIL	pisire		2/01	Per	
Mar				OFE	
*		CATE OF M		No: MSU 200	
		2022-2023	LKII	No: MSU	
This is to certify that	Antony Clate	ia k	S/o or D/ot	kalki Rajan C	
in the inter-collegiate	J	XIDOM Relow	Tou	rnament / Competition	
held at Anna Sta	dium. Palayan	koHei on/from	19-12-2022	. 10 .20 .12 And 5	?
	ond position				
	/ Height 52. 6 y Snatch				
b) weight Categor	y Shatch	JOK		-mm	_
Merit Da				600 A	
Organising Secretary	Dr.D. Jim Reeves S		amise's	Director	
	Convener		Centre	for Physical Education	
		100			
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