



Holy Cross College (Autonomous) Nagercoil – 629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle
An ISO 9001:2015 Certified Institution

SSR
2019-2020
to
2023-2024

5.3.1 Number of awards/medals for outstanding performance in sports/cultural activities at university/state/national/international level events during the last five years



RAJAS INSTITUTE OF TECHNOLOGY

(Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai.)
Ozhuginasery, Nagercoil, Kanyakumari District - 629001, Tamil Nadu. | www.riit.cc




NATIONAL LEVEL TECHNICAL SYMPOSIUM

AHAVA - 2023

This is to certify that

Mr/Ms T. JEYA AARYA _____ college
HOLY CROSS _____ college
has Participated / Won First / ~~Second~~ / ~~Third~~ Prize in Paper presentation /
~~Fashion show~~ / Fashion illustration / ~~Miniature garment making~~ /
~~Hair do & make-up~~ of National level technical symposium **AHAVA - 2023**
organized by Department of Fashion Technology at
Rajas Institute of Technology held on 8th March 2023.


Co-ordinator


Principal


Chairman























அகத்திய மாமுனிவர் கலை இலக்கியப் பண்பாட்டு ஆய்வு மையம்

அகஸ்தீஸ்வரம் - 629701.



ஊற்று

கவிஞன் பதிப்பகம்

ஆணை எண் : 33/030/05798/2012

முகிலை - 629701.

இணைந்து ஊற்றும்



கலைத் தென்றல் விருது

நாள் : 15.03.2023

திரு/திருமதி/செல்வன்/செல்வி.....ந:விஜய ஆர்யா.....

.....அவர்கள்

அகத்திய மாமுனிவர் கலை இலக்கியப் பண்பாட்டு ஆய்வு மையம்

மற்றும் **கவிஞன் பதிப்பகம்** இணைந்து நடத்திய 2023-ஆம் ஆண்டிற்கான மாநில அளவிலான ஓவியம் / சங்கீதம் / கையெழுத்துப் போட்டியில் / போட்டிகளில் பங்கேற்றுத் தனது தனித்திறமையினையும், கலைநுட்பத்தினையும் கவினுற வெளியீடுத்தியதற்காக **கலைத் தென்றல் விருது** வழங்கி கௌரவிக்கின்றோம்.

N. Ravi

புலவர் N. இராமசாமி
செயலாளர்
அகத்தியர் ஆய்வு மையம்

Dr. T. முஸ்தபா

போட்டி ஒருங்கிணைப்பாளர்
அகத்தியர் ஆய்வு மையம்

C. Thangarani

திருமதி. C. தங்கராணி
உரிமையாளர்
கவிஞன் பதிப்பகம்

36TH NATIONAL GAMES, GUJARAT 2022-ATHLETICS

30TH SEPTEMBER- 4TH OCTOBER

04-10-2022

9/30/22 - 10/5/22

IIT GANDHINAGAR GROUND (GUJARAT)

Event # 33 WOMENS High Jump

NR:SAHANA KUMARI HYDERABAD 1.92 2012

& NGR:BOBBY ALOYSIUS LUDHIANA 1.82 2001

1	SWAPNA BARMAN	395	29/10/96	MADHYA PRADESH	1.83m &
2	ADHINAYA S SHETTY	234	16/06/00	KARNATAKA	1.81m
3	GRACENA GLISTUS MERLY	618	23/05/00	TAMILNADU	1.81m
4	KHYATI MATHUR	702	02/09/03	UTTAR PRADESH	1.77m
5	RUBINA YADAV	249	14/01/01	HARYANA	1.74m
5	ANGEL P DEVASIA	345	06/12/94	KERALA	1.74m
7	KEVINAA ASHWINE A	614	23/03/02	TAMILNADU	1.71m
8	REKHA ..	234	24/01/99	HARYANA	1.71m
9	SINCHANA M S	316	28/02/03	KARNATAKA	1.65m
10	PRAMILLA RAJGAR	776	27/11/00	WEST BENGAL	1.60m
11	ATHIRA SOMARAJ	365	26/10/98	KERALA	1.60m

Event # 34 WOMENS Pole Vault

NR:V.S. SUREKHA NEW DELHI 4.15 2014

& NGR:V.S. SUREKA THIRUVANANTHAPURAM 4.00 2015

1	ROSY MEENA PAULRAJ	625	28/10/97	TAMILNADU	4.20m #&
2	PAVITHA VENGATESH	635	08/12/01	TAMILNADU	4.00m &
3	BARANICA ELANGOVAN	617	03/02/97	TAMILNADU	3.90m
4	MARIYA JAISON	348	23/09/97	KERALA	3.80m
5	VANSHIKA GHANGHAS	239	08/10/05	HARYANA	3.70m
6	SINDHUSHREE G	308	23/10/00	KARNATAKA	3.60m
7	RAJNI .	223	12/03/04	HARYANA	3.50m
8	BABITA PATEL	400	12/08/00	MADHYA PRADESH	3.50m
9	NITIKA AKARE	394	31/12/05	MADHYA PRADESH	3.50m
	RESHMA RAVEENDRAN	360	20/02/96	KERALA	NM
	DIVYA MOHAN	353	28/07/99	KERALA	NM

Event # 35 WOMENS Long Jump

NR:ANJU B. GEORGE ATHENS 6.83 2004

& NGR:ANJU B. GEORGE LUDHIANA 6.61 2001

1	NAYANA JAMES	349	18/10/95	KERALA	+0.9m/s	6.33m
		6.33, 6.09, 6.30, 5.93, 6.19, 6.23				
2	SHAILI SINGH	714	07/01/04	UTTAR PRADESH	+0.9m/s	6.28m
		4.29, 6.05, 6.07, 6.10, 6.09, 6.28				
3	SRUTHI LAKSHMI L	351	04/04/96	KERALA	+0.7m/s	6.24m
		6.06, 5.99, 6.02, 6.24, X, 6.11				
4	KARTHIKA G	105	02/01/96	ANDHRA PRADESH	+0.8m/s	6.16m
5	SHERIN A	612	24/02/00	TAMILNADU	+0.7m/s	6.14m
6	ANCY SOJAN E	364	01/03/01	KERALA	+0.6m/s	6.05m
7	HARSHINI SARAVANAN	631	10/08/99	TAMILNADU	+0.5m/s	5.98m
8	BHAVANI YADAV	108	19/12/98	ANDHRA PRADESH	+0.7m/s	5.80m
9	PRIYANKA KERKETTA	295	13/10/98	JHARKHAND	+0.8m/s	5.76m



36th National Games

Gujarat 2022 - 29 September - 12 October 2022

Certificate of Merit

Mr./Ms Gracena Glistus Merly

Represented Tamil Nadu

State

winning the **Bronze Medal** in the event
Athletics - High Jump

I D Nanavati
Secretary
Gujarat State Olympic Association

Rajeev Mehta
Secretary General
Indian Olympic Association

Ashwini Kumar, IAS
Member Secretary
National Games Organising Committee



36th NATIONAL GAMES
GUJARAT 2022
29 Sep - 12 Oct, 2022

JUDEGA
INDIA
JITEGA
INDIA

NGGJ2022007828



TAMILNADU ATHLETIC ASSOCIATION



MERIT CERTIFICATE

This is to certify that ABINAYA . M
representing KANNIYAKUMARI DISTRICT secured THIRD place
in TRIPLE JUMP performance 11.72 m in the age group of GIRLS U20 in
36th Tamilnadu Inter District Junior Athletic Championship Organised by Tiruvannamalai District Athletic
Association at SDAT Stadium, Tiruvannamalai from 16th to 19th October, 2022.

Date of Birth given by him/her is

W.L. DAVARAM, I.P.S.
President, TNAA

E.V. KAMBAN
President, TDAA

K. PUHAZENDI
Secretary TDAA

C. LATHA
Secretary, TNAA



TAMIL NADU ATYA PATYA ASSOCIATION (R)

Reg No. 160/2001

Affiliated to ATYA PATYA FEDERATION OF INDIA

Recognized by MINISTRY OF YOUTH AFFAIRS & SPORTS, GOVT. OF INDIA



16TH BOYS & GIRLS JUNIOR STATE ATYA PATYA CHAMPIONSHIP 2022-2023




S.No. 112

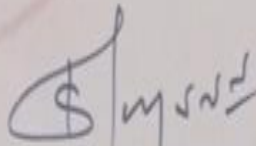
MERIT CERTIFICATE



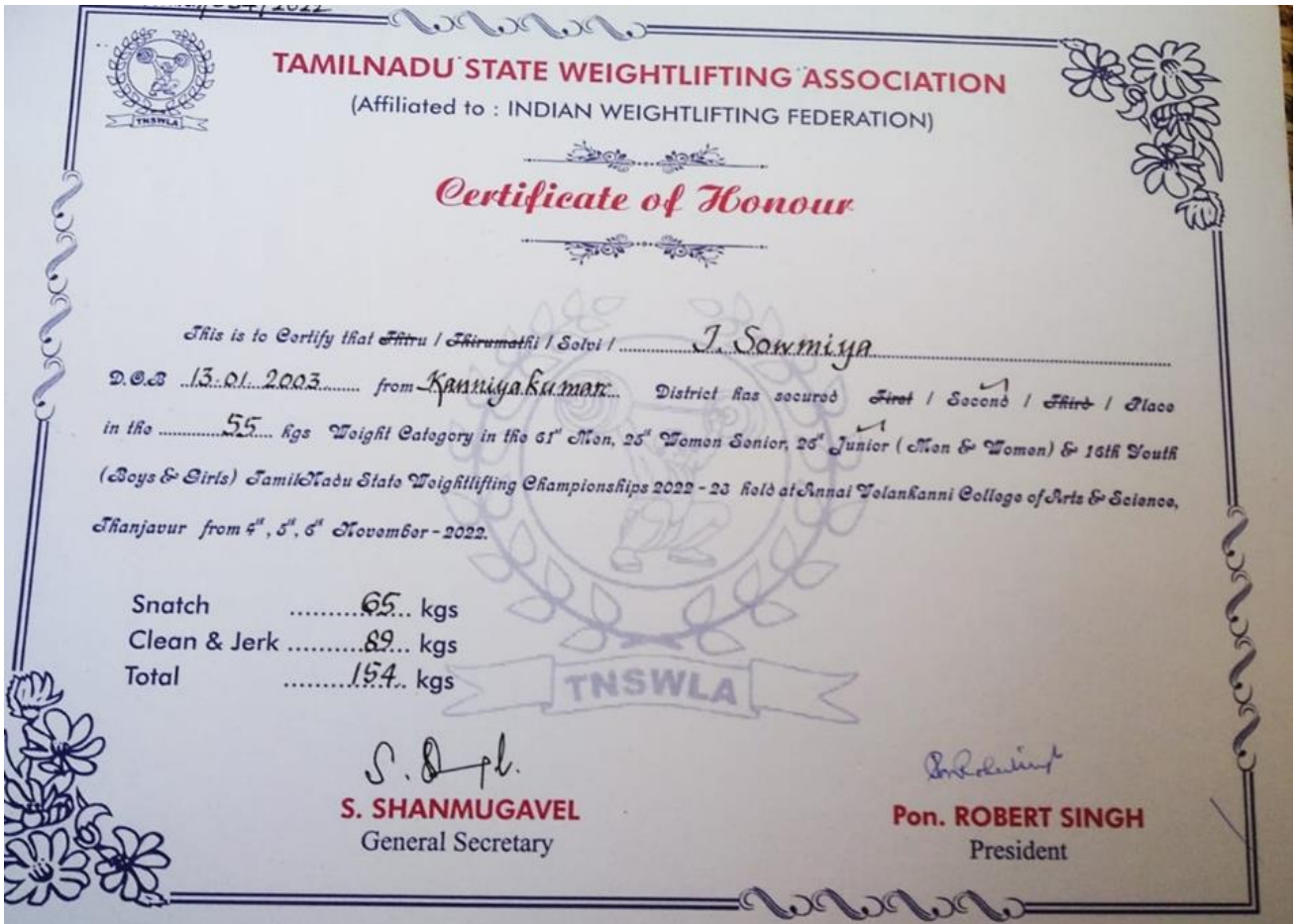
This is to certify that Shri/Kum/Smt N. GOMATHY (MANAGER).....
of KANYA KUMARI District with Date of Birth 22-10-2004..... has participated in the
16TH BOYS AND GIRLS JUNIOR STATE ATYA PATYA CHAMPIONSHIP
organized by Tiruvallur District Atya Patya association held at Angel School Ground, Thiruninravur
from 07th to 09th Oct 2022 and has secured THIRD Place.

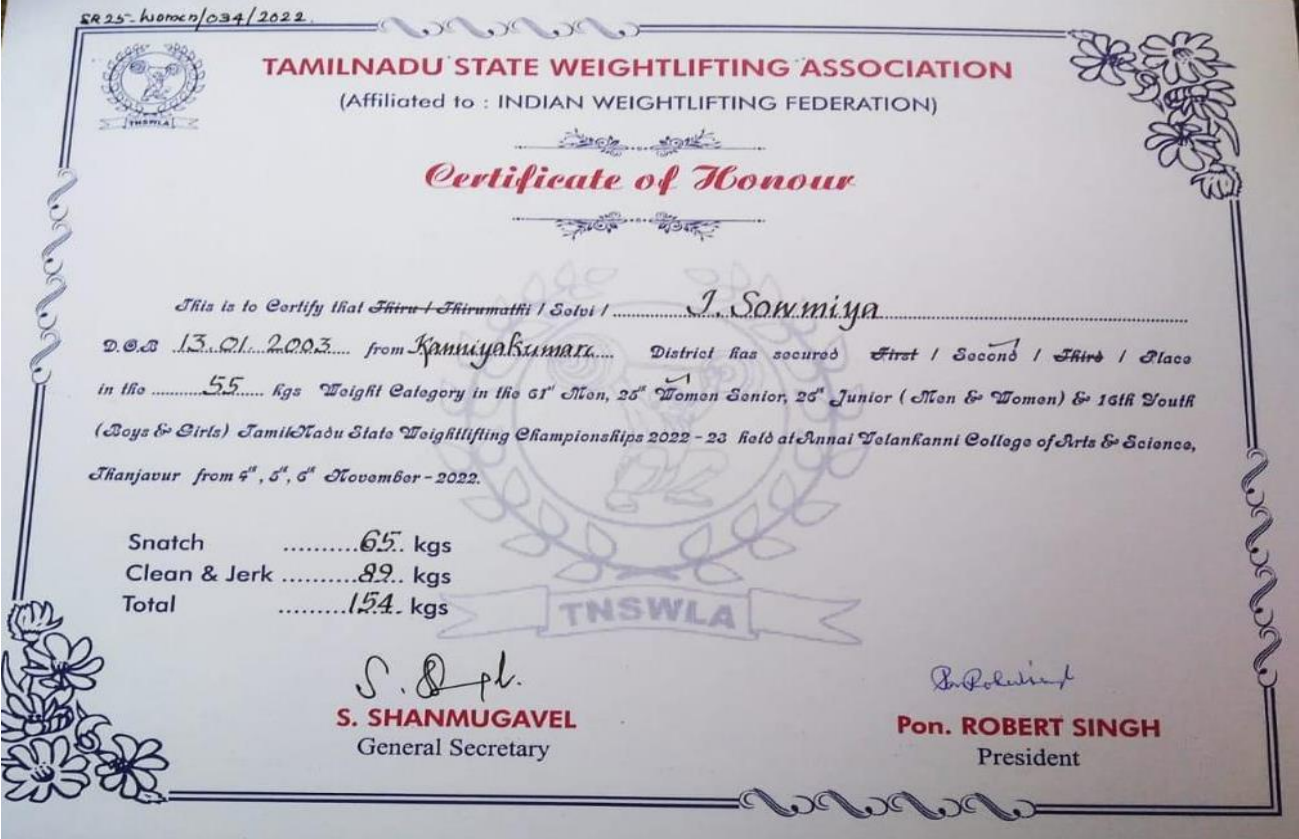

Shri R. ILANGO VAN
Chief Patron
Tamil Nadu Atya Patya Association


Shri N. SIVASUBRAMANIAN
General Secretary


Shri K. JAYARAMAN
Org. President
Tiruvallur District Atya Patya Association


Shri V. VINOTH
Org. Secretary



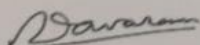


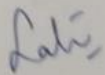
TAMILNADU ATHLETIC ASSOCIATION



MERIT CERTIFICATE

This is to certify that ABINAYA .M
representing UNATTACHED secured FIRST place
in TRIPLE JUMP performance 12.22m in the age group of GIRLS U20 in
4TH Tamilnadu State Youth Athletic (U/18 & 20 years) Championship Organised by Tamilnadu Athletic
Association at Tamilnadu Sports University, Vandalur, Chennai on 18th & 19th February, 2023.
Date of Birth given by him/her is 22.09.2004


W.I. DAVARAM, I.P.S.
President, TNAA

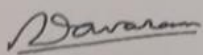

C. LATHA
Secretary, TNAA

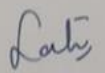
TAMILNADU ATHLETIC ASSOCIATION

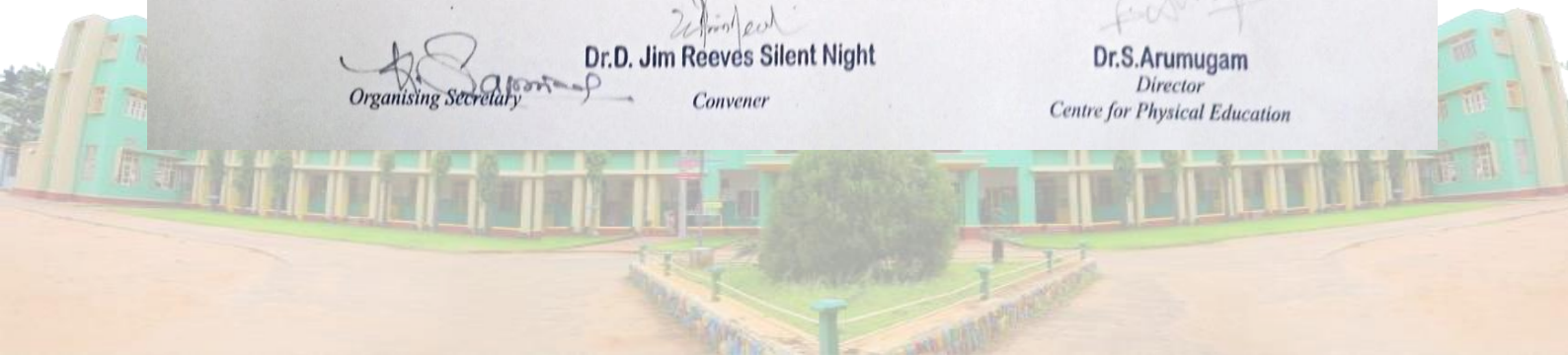
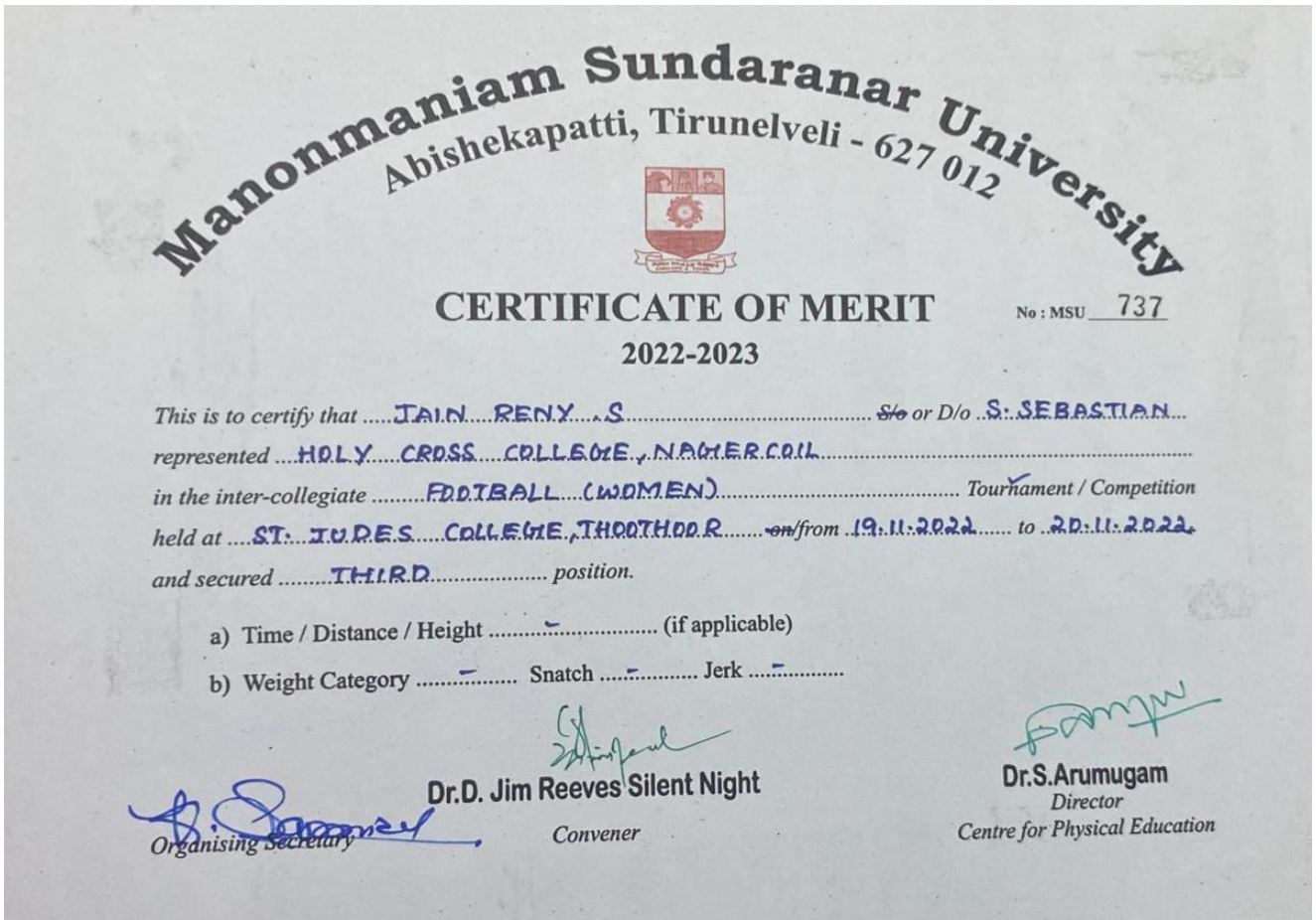


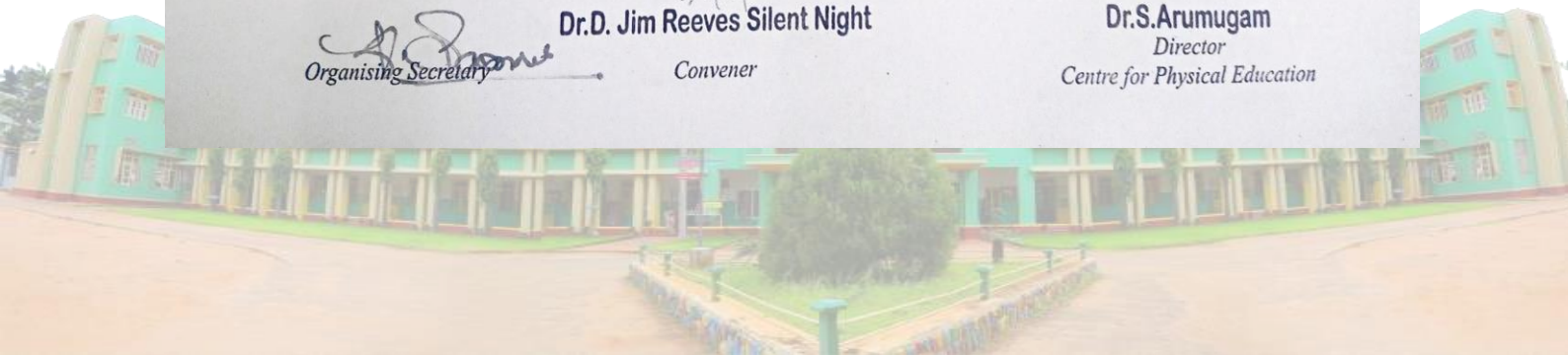
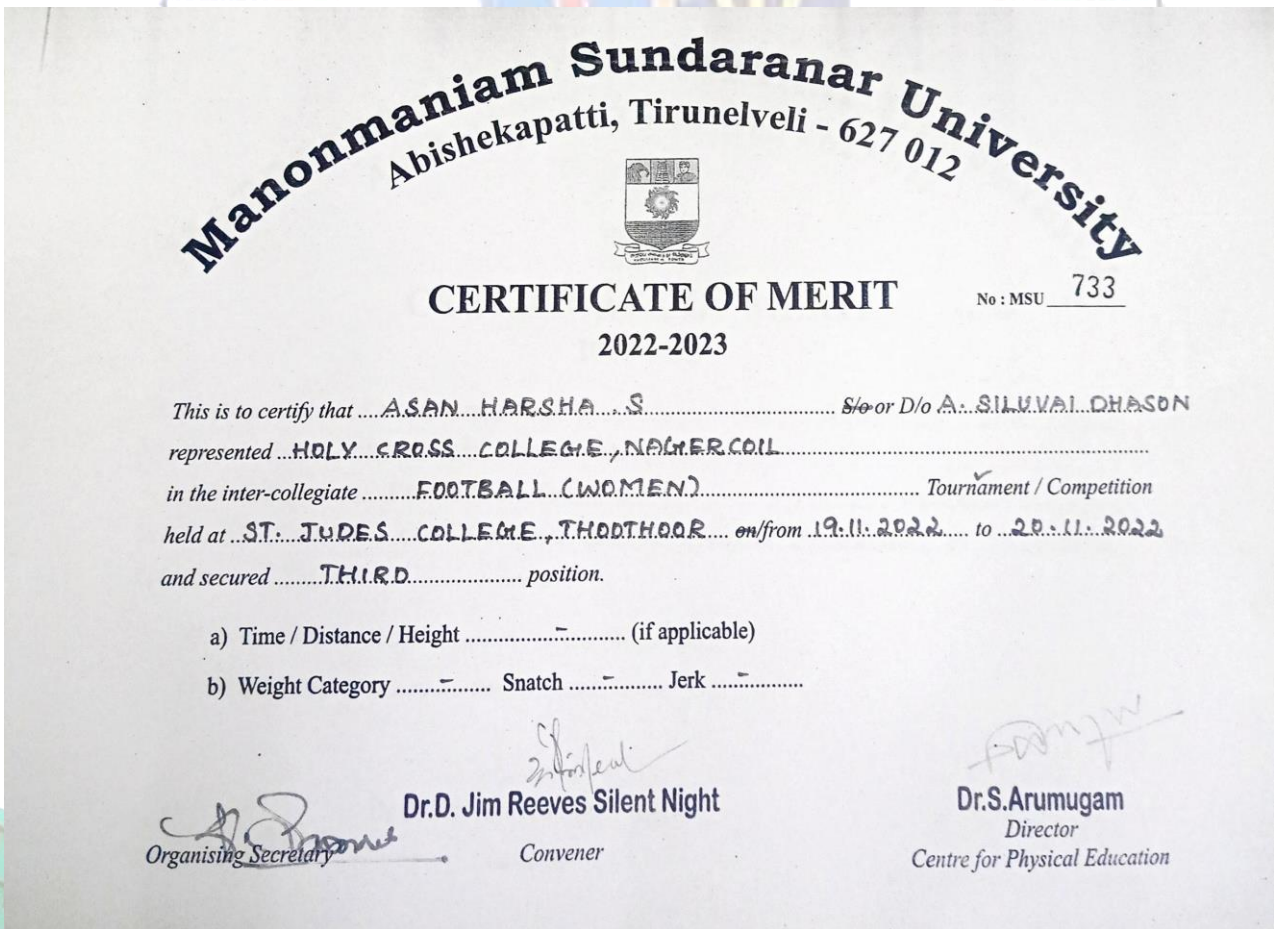
MERIT CERTIFICATE

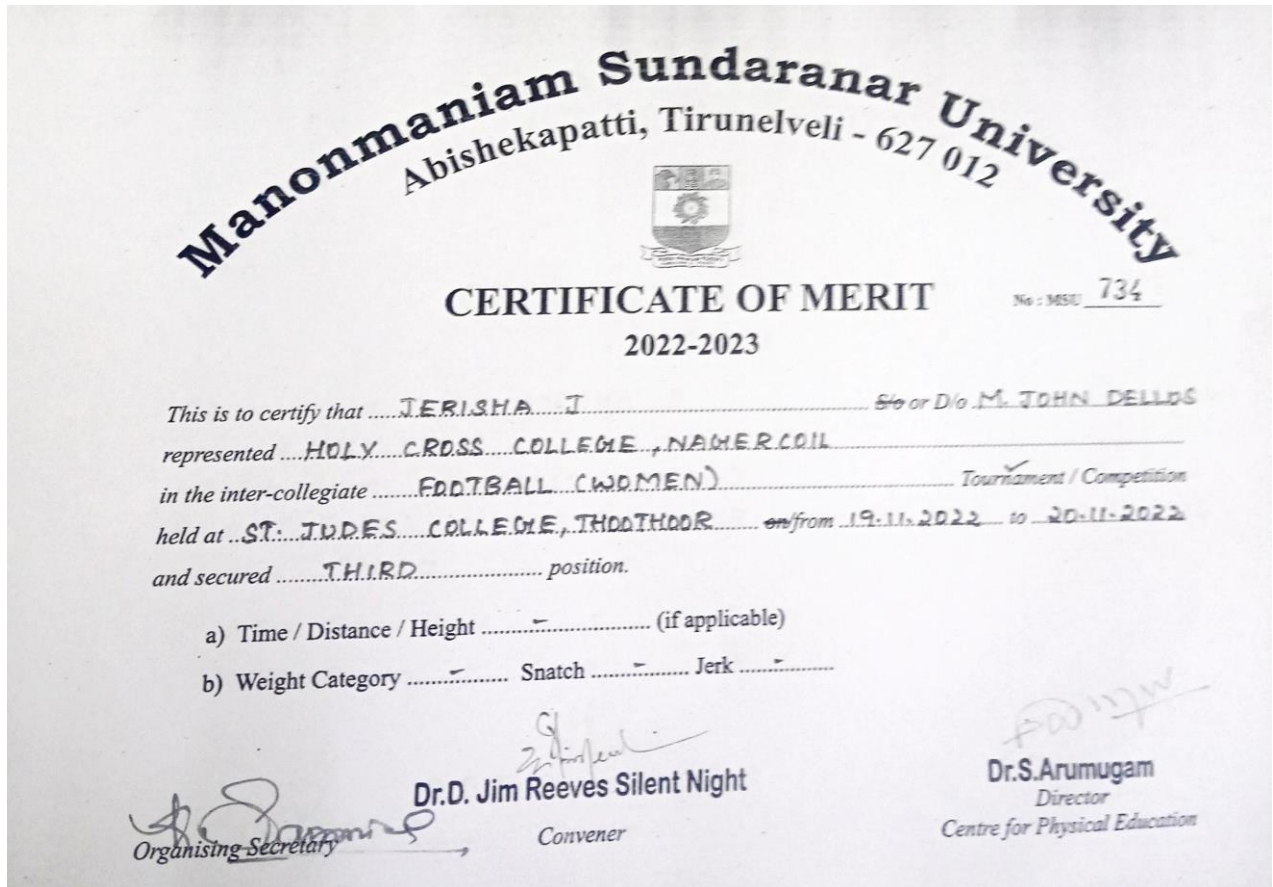
This is to certify that ABINAYA MOHAN JAYARAJ
representing UNATTACHED secured SECOND place
in LONG JUMP performance 5.90m in the age group of GIRLS U-20 in
4TH Tamilnadu State Youth Athletic (U/18 & 20 years) Championship Organised by Tamilnadu Athletic
Association at Tamilnadu Sports University, Vandalur, Chennai on 18th & 19th February, 2023.
Date of Birth given by him/her is 22.09.2004

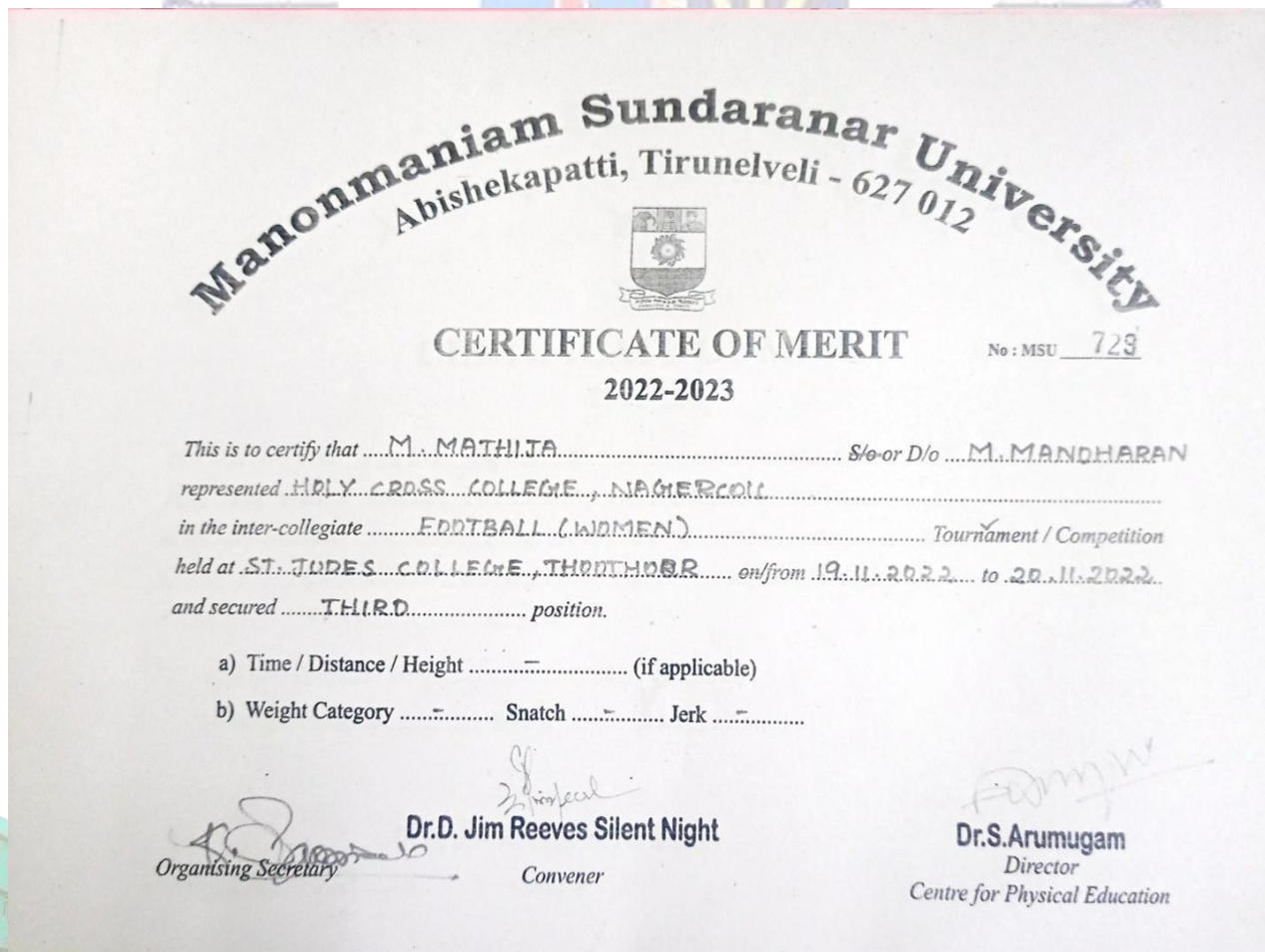
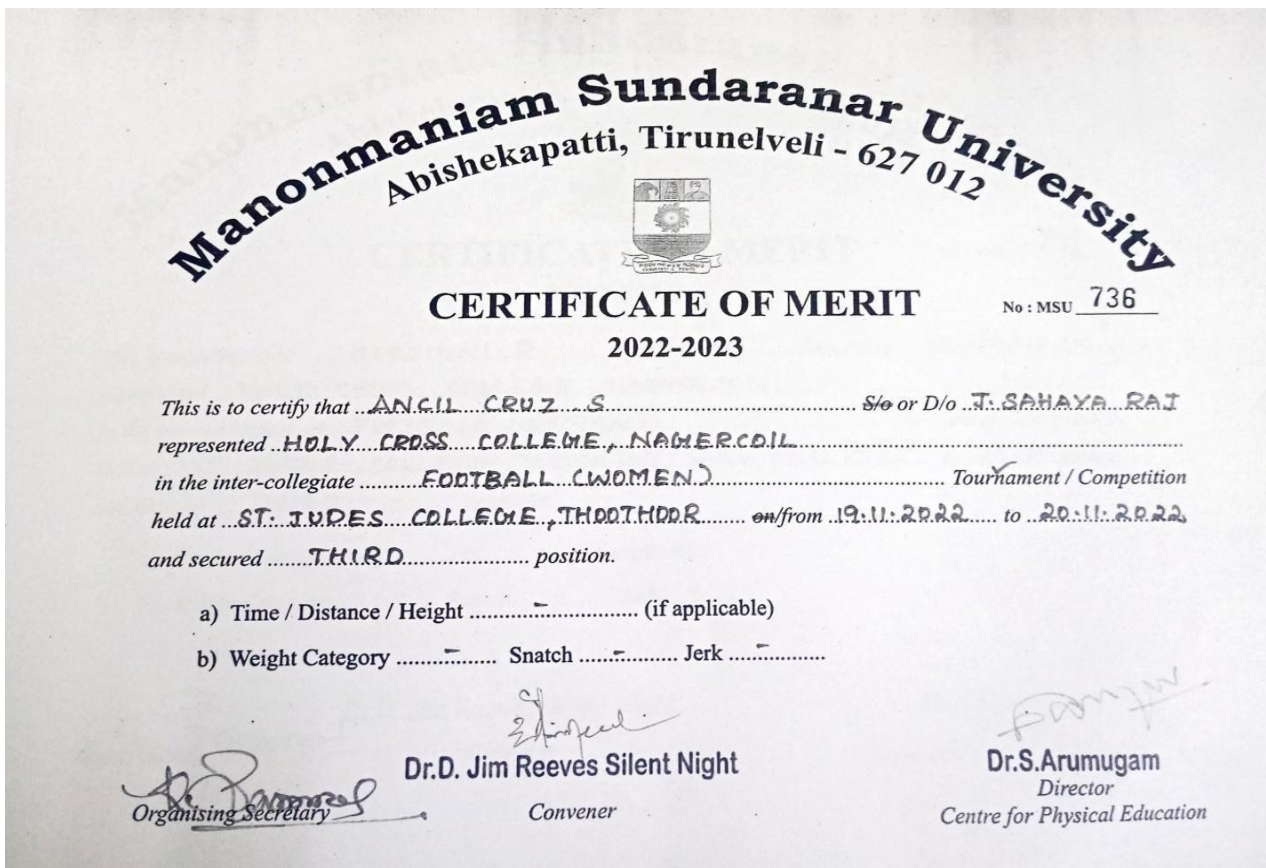

W.I. DAVARAM, I.P.S.
President, TNAA

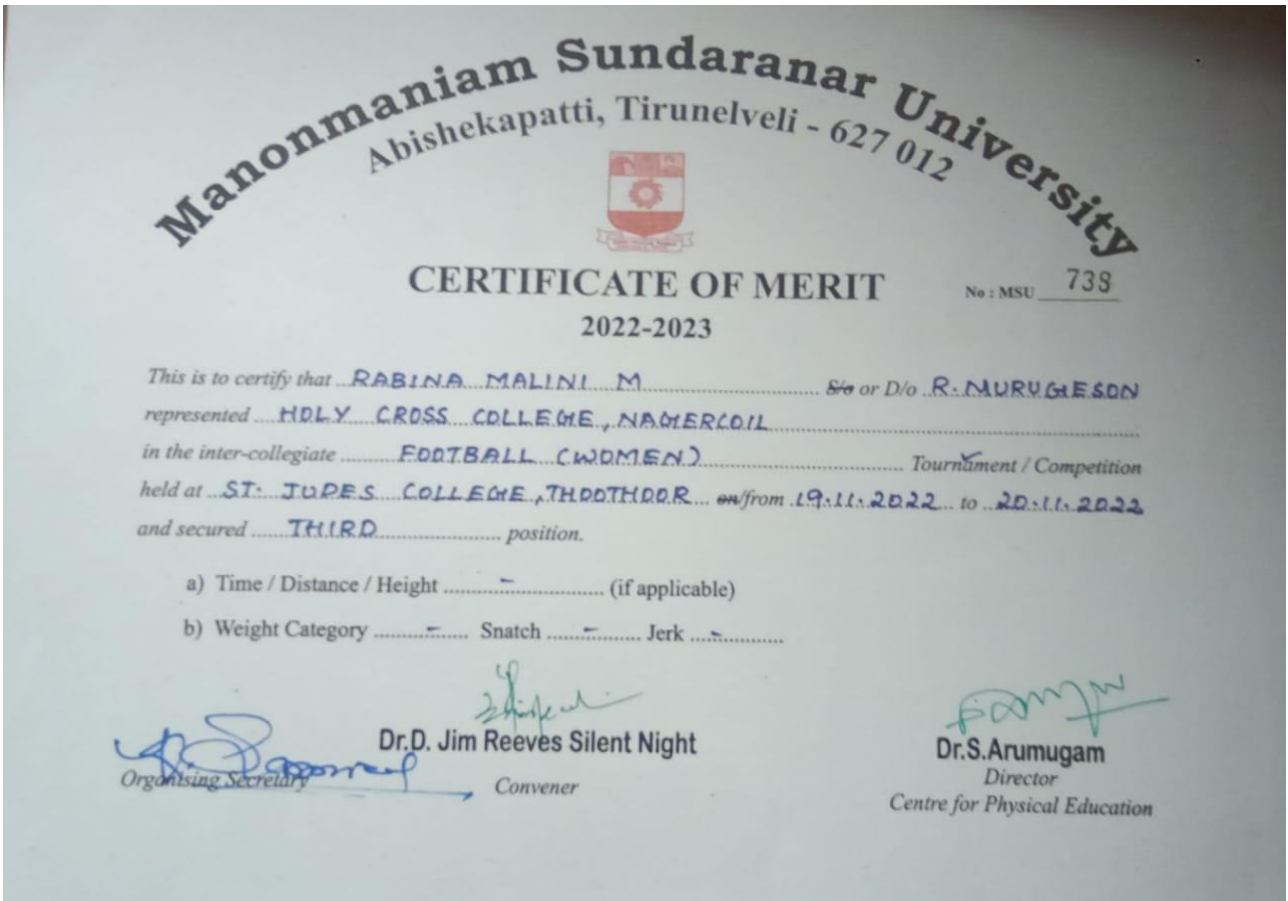

C. LATHA
Secretary, TNAA











Manonmaniam Sundaranar University
Abishekapatti, Tirunelveli - 627 012



CERTIFICATE OF MERIT
2022-2023

No: MSU 749

This is to certify that GOMATHY N S/o or D/o R. NAMARAJAN
represented HOLY CROSS COLLEGE, NAGERCOIL
in the inter-collegiate FOOTBALL (WOMEN) Tournament / Competition
held at ST. JUDES COLLEGE, THODHUR on/from 19.11.2022 to 20.11.2022
and secured THIRD position.

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

[Signature]
Organising Secretary

[Signature]
Dr.D. Jim Reeves Silent Night
Convener

[Signature]
Dr.S.Arumugam
Director
Centre for Physical Education

Manonmaniam Sundaranar University
Abishekapatti, Tirunelveli - 627 012



CERTIFICATE OF MERIT
2022-2023

No: MSU 839

This is to certify that T. SOWMIYA S/o or D/o S. Thangarasee
represented Holy Cross College, Nagercoil
in the inter-collegiate Weightlifting Tournament / Competition
held at T. D. M. N. S. College, T. Pallikulam on/from 29.11.2020
and secured First position.

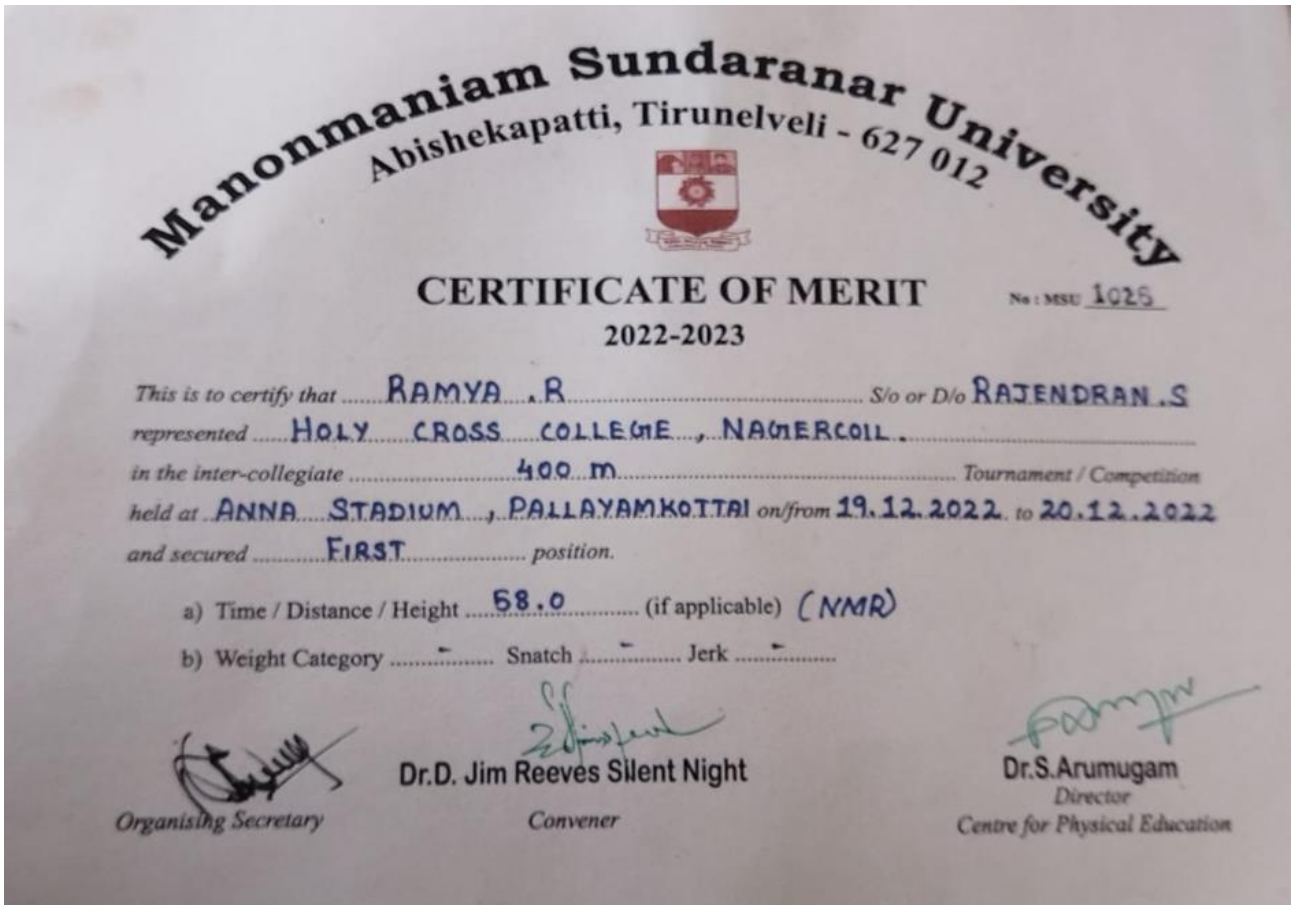
- a) Time / Distance / Height (if applicable)
- b) Weight Category 59 kg Snatch 65 kg Jerk 87 kg - 152 kg

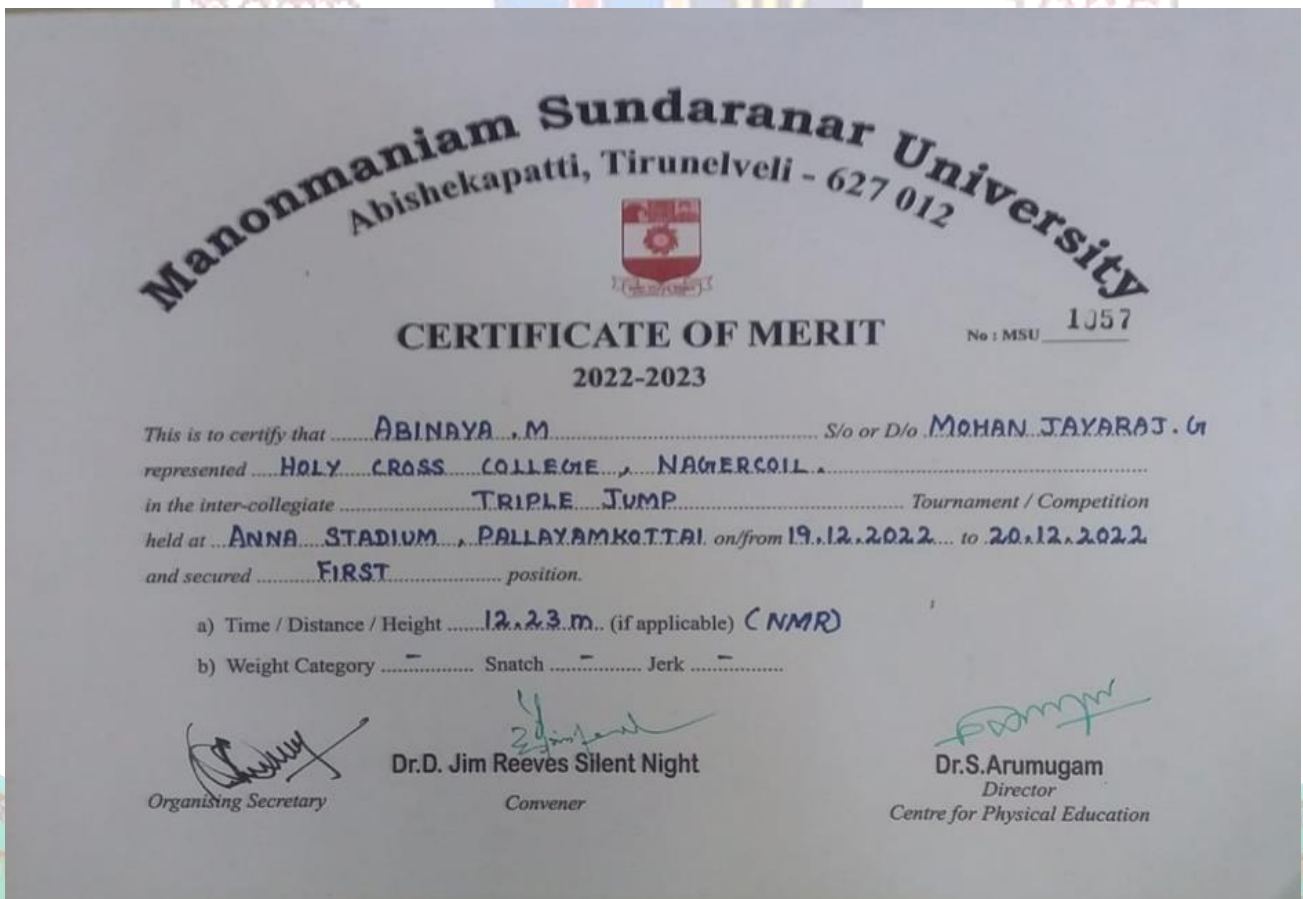
[Signature]
Organising Secretary

[Signature]
Dr.D. Jim Reeves Silent Night
Convener

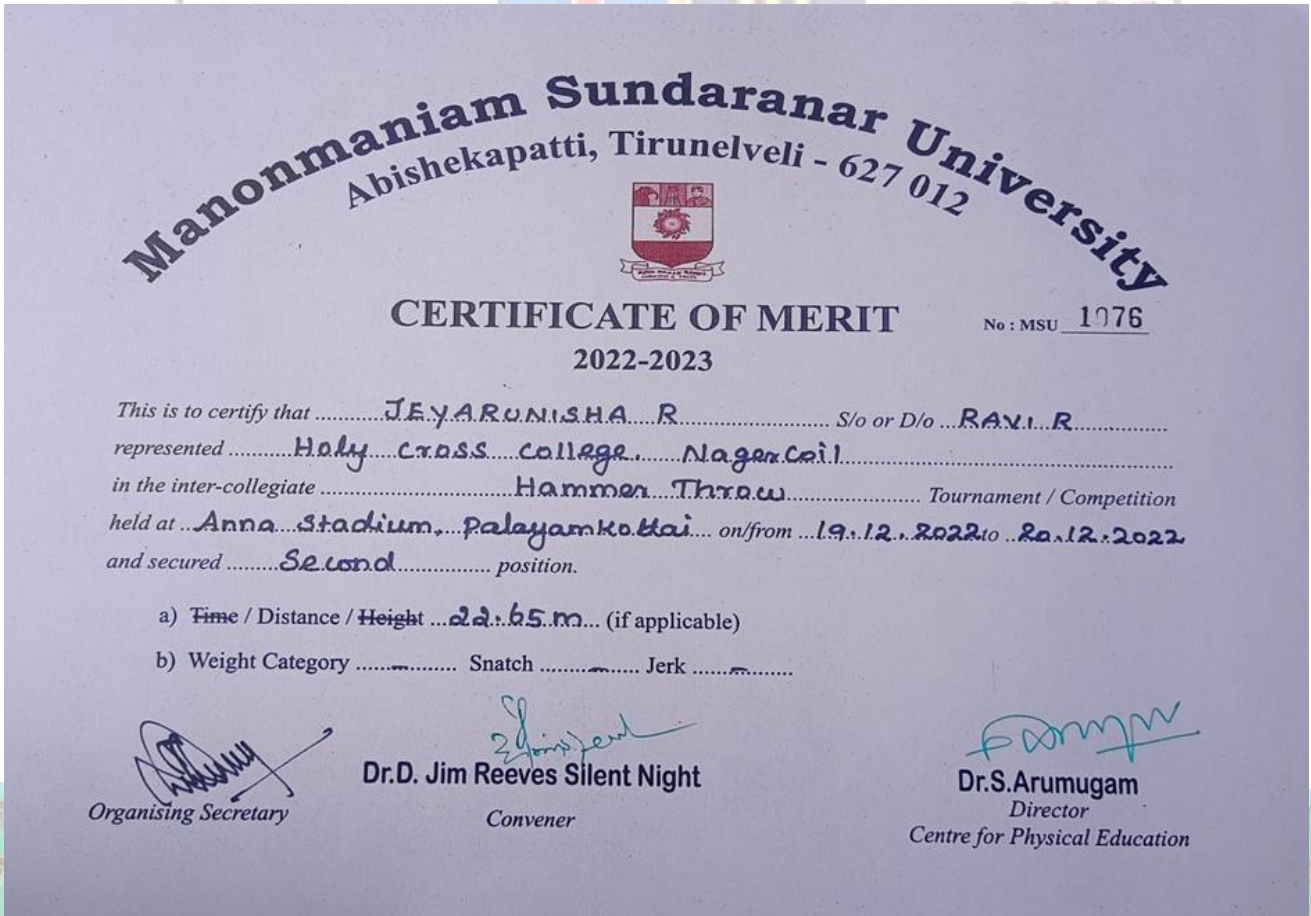
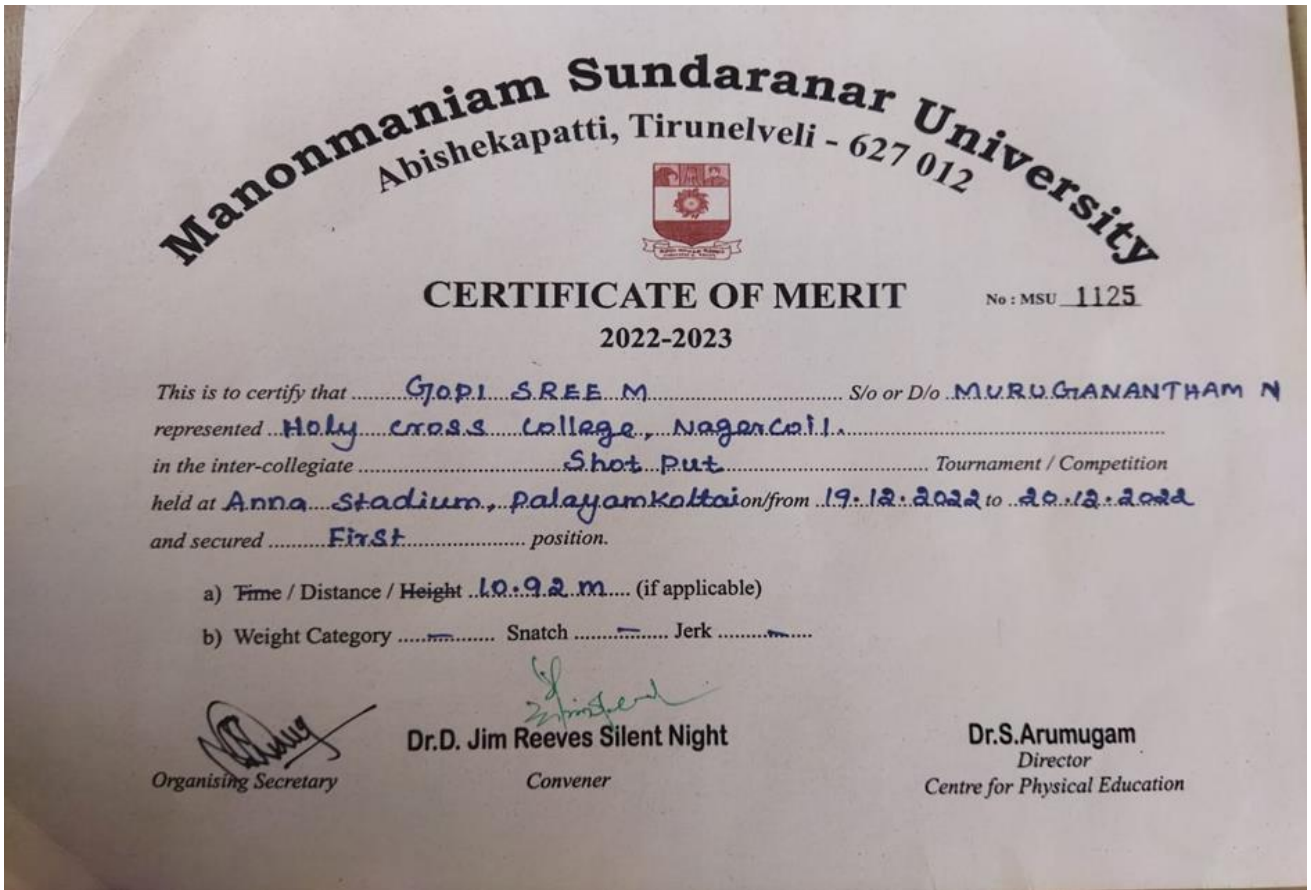


[Signature]
Dr.S.Arumugam
Director
Centre for Physical Education











Manonmaniam Sundaranar University
Abishekapatti, Tirunelveli - 627 012



CERTIFICATE OF MERIT

No : MSU 200

2022-2023

This is to certify that Antony clarcia k S/o or D/o kalki Rajan c.
represented Holy Cross College, Nagercoil
in the inter-collegiate 4x100m Relay Tournament / Competition
held at Anna Stadium, Palayamkottai on/from 19.12.2022 to 20.12.2022
and secured second position.

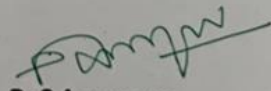
a) Time / Distance / Height 52.6 (if applicable)

b) Weight Category — Snatch — Jerk —


Organising Secretary

Dr.D. Jim Reeves Silent Night
Convener




Dr.S.Arumugam
Director
Centre for Physical Education

