



Holy Cross College (Autonomous) Nagercoil - 629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle
An ISO 9001:2015 Certified Institution

SSR
2019-2020
to
2023-2024

5.3.1 Number of awards/medals for outstanding performance in sports/cultural activities at university/state/national/international level events during the last five years



Sri Parasakthi College for Women Courtallam

(An Autonomous College of the Manonmaniam Sundaranar University)
Re-accredited With 'A' (3.38) by NAAC
Under the Management of H.R. & C.E. Dept

DEPARTMENT OF ENGLISH & RESEARCH CENTRE

Enthusia - 2020

A State Level Literary Arena

Certificate

This is to certify that Ms. V. J. MAXLIN

of Holy Cross College, Nagercoil

Participated / Won I / H / III prize in Western Dance

Date : 21.02.2020

S. Shyama Kamini
Organising Secretary

A. J. M.
Head

P. V. S.
Principal

भारतीय भारत्तोलन संघ
Indian Weightlifting Federation



Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

To Whomsoever it may concern:

This is to certify that Ms. RAMASUNDARA PANDI AROCKIYA ALISH represented INDIA in 76 kg weight category during 2019 Commonwealth Junior (Men & Women) Weightlifting Championships held at Apia, Samoa from 6-15 July 2019.

She stood second (2nd) in 76 kg category with a total of 188 kgs. Her overall result is as under:-

Snatch	79 kgs
Clean & Jerk	109 kgs
Total	188 kgs

Her date of birth registered with us is 05.11.2000.

This letter is being given on the basis of record available in the office of Indian Weightlifting Federation.

For Indian Weightlifting Federation,



[Sahdev Yadav]
Secretary General

Date: 23 July 2019

Place: New Delhi



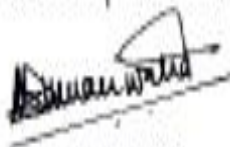


Fed Cup Jr./Tiruvannamalai-2019/112

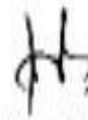


MERIT CERTIFICATE

This is to certify that **GRACENA G MERLY**
representing **TAMIL NADU** Secured **FIRST** Place
in **GIRLS HIGH JUMP** (Performance **1.78m NMR***) in
17th Federation Cup National Junior Athletics Championships
Organised by Tamil Nadu Athletics Association
at Tiruvannamalai (TN) from 24th to 26th September 2019
Date of birth given by him/her is **23/05/2000**



PRESIDENT
(Adille J. Sumariwalla)



SECRETARY
(C.K. Valson)

Certificate is only valid if the original Date of Birth Certificate matches with the Date of Birth mentioned on this Certificate.



National #/GUNTUR-2019/374



MERIT CERTIFICATE

This is to certify that **GRACENA G MERLY**
representing **TAMIL NADU** Secured **SECOND** Place in
HIGH JUMP (Performance ...**1.74m**)
in the age group of... **GIRLS U/20 YEARS** in
35th National Junior Athletics Championships
Organised by **Andhra Pradesh Athletics Association**
at **Vijaywada (AP)** from **2nd to 6th November 2019.**
Date of Birth given by him/her is **23/05/2000**

PRESIDENT
(Adille J. Sumariwalla)

SECRETARY
(C.K. Valsan)

Certificate is only valid if the original Date of Birth Certificate matches with the Date of Birth mentioned on this Certificate.

Association of Indian Universities

AIU HOUSE, 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002



CERTIFICATE OF MERIT

AA N^o 015434

This is to certify that**DHARSHNI.T**.....

Mother's Name.....**ROSELY**.....Father's Name.....**THASAIYAN**.....

was a member of the **MANDANMANIAM**..... University ...**WOMEN**..... Team
SUNDARANAR

which was **Winner** in the All India Inter-University...**WEIGHTLIFTING (81 kg)**

Tournament held at**M.S. University**..... from **28-12-2019** to **30-12-2019**
Tirunelveli-627012


Organising Secretary

Date ...**3.0 DEC. 2019**


Joint Secretary (YA & Sports)

Association of Indian Universities
AIU House, 16, Indrajit Gupta Marg,
New Delhi-110002

Snatch - **85 kg**
Clean & Jerk - **111 kg**


Secretary General

Association of Indian Universities

AIU HOUSE, 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002



CERTIFICATE OF MERIT

AA N^o 015433

This is to certify that AROCKIYA ALISH R

Mother's Name LURTHU MARY Father's Name RAMASUNDARAPANDI

was a member of the MANONMANIAM SUNDARANAR University WOMEN Team

which was **Winner** in the All India Inter-University WEIGHTLIFTING (76 kg)

Tournament held at M.S. University Tirunelveli-627012 from 28-12-2019 to 30-12-2019

Snatch - 80 kg
Clean & Jerk - 121 kg

Organising Secretary
Date 30 Dec 2019

Joint Secretary (YA & Sports)
Association of Indian Universities
AIU House, 16, Indrajit Gupta Marg,
New Delhi-110002

Secretary General

Association of Indian Universities

AIU HOUSE, 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002



CERTIFICATE OF MERIT

AD N^o 018643

This is to certify that GRACENA G. MERLY

Mother's Name E. GIFTIN VEDHAMERLY Father's Name J. GLISTUS

represented MANONMANIAM SUNDARANAR University TIRUNELVELI

in the All India Inter-University Athletics Tournament

held at Aha Education Foundation from 02-01-2020 to 06-01-2020

and Secured FIRST position. Moodbidri, Karnataka

- a) Time/Distance/Height High Jump [1.77 mtr]
(if applicable)
b) Weight Category

Organising Secretary
Date

Dr. Baljit Singh Sekhon
Joint Secretary (YA & Sports)
Association of Indian Universities
AIU House, 16, Indrajit Gupta Marg,
New Delhi-110002

Secretary General

Reg.No.HR/013/2014/00779

Sr.No :-SOAI/No 1/14/DD/

1ST STUDENTS OLYMPIC NATIONAL EVENTS 2019/20

Organized By :- Students Olympic Association, India

Affiliated To :- Students Olympic Council, Asia

Recongnized By :- International students Olympic Committe

Recongnized By :- Nehru Yuva Kendra Sangathan
(Government Of India)



CERTIFICATE OF MERIT / PARTICIPATION / OFFICIAL

This is to Certify that Mr. /Ms. F.T.FRATHA
represented byTAMIL NADU..... State , Discipline Events of ...ARCHERY
Position 1st in age group U-14 / 17 / 19 / 21 / 25 / 35 has Participated is

1ST STUDENTS OLYMPIC NATIONAL EVENTS 2019/20

Held at Lovely Professional University, Jalandhar, Punjab
From 31 January 2020 to 02 February
under the students Olympic Association

Dr. Bhagwatsinh Vanar
President

Mr. Pardeep Bhardwaj
General Secretary

Organizer

SR/35-WOMEN/267



भारतीय भारोत्तोलन संघ
Indian Weightlifting Federation

DIPLOMA

Awarded to
T. Dharshini
from
Tamil Nadu

Participated in **35th Women Senior National Weightlifting Championships - 2019-2020**

Held at **Kolkata, West Bengal from 2-7 February 2020**

Category	81 kg (Women)	Snatch	85 KG
		Clean & Jerk	109 KG
Place	II SECOND	Total	194 KG

DATE OF BIRTH REGISTERED WITH US IS **31.12.1998**

[Birendra Prasad Baishya], M.P.
President



[Sahdev Vadav]
Secretary General

This DIPLOMA is valid as per Date of Birth mentioned on this Certificate

SR/35-WOMEN/263



भारतीय भारोत्तोलन संघ
Indian Weightlifting Federation

DIPLOMA

Awarded to

R. Arockiya Alish

from

Tamil Nadu

Participated in **35th Women Senior National Weightlifting
Championships - 2019-2020**

Held at **Kolkata, West Bengal from
2-7 February 2020**

Category	76 kg (Women)	Snatch	89 KG
		Clean & Jerk	118 KG
Place	I FIRST	Total	207 KG

DATE OF BIRTH REGISTERED WITH US IS **5.11.2000**

[Birendra Prasad Baishya], M.P.
President



[Sahdev Yadav]
Secretary General

This DIPLOMA is valid as per Date of Birth mentioned on this Certificate



1ST KHELO INDIA UNIVERSITY GAMES - WEIGHTLIFTING

KIIT - BHUBANESWAR - ODISHA

24/2/2020 to 1/3/2020



SENIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	TOTAL	1	138	SAKSHI PRAKASH MASKE	23.03.2001	SPPU-
		2	133	KOMAL KOHAR	24.07.2002	MDUR-
		3	126	PRERANA KISHOR SONAWANE	22.03.2000	KBCN-
49 kg	TOTAL	1	164	PRIYADARSHINI THURAM	03.03.2000	MU-KRN
		2	148	CHETANA DEEPAK GHOJAGE	05.08.1996	SPPU-
		3	138	AKILA P	16.01.2001	MSU-
55 kg	TOTAL	1	172	GAURI PANDEY	15.06.1998	VBSPU-
		2	162	PRAMILA KRISANI	09.01.1996	BU-ORS
		3	157	ABHIRAMI P MATHEW	21.03.2000	UOC-
59 kg	TOTAL	1	175	YUMNAM KHOMDONBI CHANU	01.04.1997	LPU-PUN
		2	160	SNEHA	20.12.1999	MDUR-
		3	155	VENNELA DHANA LAXMI	28.11.2001	ANU-AP
64 kg	TOTAL	1	167	SHIVANI SANJAY MORE	02.12.1999	UOM-
		2	164	KOMAL KHAN	23.03.2001	CCSU-
		3	152	MONIKA	10.03.1995	PU-PUN
71 kg	TOTAL	1	191	HARJINDER KAUR	14.10.1996	PUP-
		2	181	NIKEETA VALMIK KALE	22.07.2000	SPPU-
		3	180	SNEHA M S	25.02.1996	UOC-
76 kg	TOTAL	1	200	AROCKIYA ALISH R	05.11.2000	MSU-
		2	181	RAKHI	11.10.1996	PU-PUN
		3	171	SWATHI KISHOR	09.02.1998	UOC-
		1	190	DHARSHINI T	31.12.1998	MSU-
81 kg	TOTAL	2	172	MAYURI RAMCHANDRA DEVARE	28.02.1999	SU-MHR
		3	168	THATITHURI SATYA JYOTHI	30.08.1998	ANU-AP
87 kg	TOTAL	1	184	MONU	11.11.1996	PUP-
		2	166	MADDU OOHA SAI	18.02.1997	ANU-AP
		3	160	BANITA GHADEI	15.05.1999	BU-ORS
+87 kg	TOTAL	1	187	ANNMARIYA M T	21.08.1998	UOC-
		2	174	MEHAK SHARMA	01.04.1995	LPU-PUN
		3	152	AMRUTHA K JAYAN	27.04.1998	UOC-



TAMILNADU ATHLETIC ASSOCIATION



MERIT CERTIFICATE

This is to certify that GIRACENA G. MERLY
 representing ST. JOSEPH'S SPORTS ACADEMY secured FIRST place
 in HIGH JUMP performance 1.76 mtr ^{NMR} in the age group of WOMEN in
 92nd Tamilnadu State Senior Athletic Championships Organised by Trichy District Athletic Association at Trichy
 on 22nd and 23rd June, 2019 at Anna Stadium, Trichy.

Date of Birth given by him/her is

W.I. Davaram
 W.I. DAVARAM, I.P.S.
 President, TNAA

C. Latha
 C. LATHA
 Secretary, TNAA

M.RAMASUBRAMANI, I.P.S.,
 President, TDAA

D. Raju
 D. RAJU
 Secretary, TDAA

LICENSED TO: Marudhu Athletics

Page 1 of 1

34th TAMILNADU INTER DISTRICT JUNIOR ATHLETIC CHAMPIONHI

31-08-19

Organised by: KANCHIPURAM ATHLETIC ASSO

7:29AM

8/30/19 - 1/9/19

Venue: J.N. STADIUM, CHENNAI

Event # 75 GIRLS 20 High Jump

FINALS

Place	Name	Bib	Age/Grade	Team	Mark	Wind
# 34TH TAMILNADU INTER: M SANGEETHA CHENNAI 1.68 2003						
✓ 1	. GRACENA G/MERI	1659	20	KANCHIPURAM DIS	1.76m	#
2	. AMY ELIZABETH I	501	20	CHENNAI DISTRICT	1.40m	
3	. P.RUBINA SWEETI	531	20	CHENNAI DISTRICT	1.40m	
4	. KEERTHANA .P	518	20	CHENNAI DISTRICT	1.35m	
5	. PAVITHRA	789	20	COIMBATORE DIST	1.30m	

LICENSED TO: Marudhu Athletics Page 1 of 1

33rd TAMILNADU STATE JUNIOR OPEN ATHLETIC CHAMPIONSHIP

Organised by: ERODE District Athletic Ass

Venue: Bannariamman Institute, Sathi

6/10/19 - 8/10/19 06-10-19
9:31PM

Event # 76 WOMENS 20 High Jump **FINALS**

Place	Name	Bib	Age/Grade	Team	Mark	Wind
# 33RD OPEN JUNIOR: . GRACENA G MERLY KANCHIPURAM DISTRICT 1.76 2019						
1	✓ GRACENA G.MERI	2723	'05/2	St JOSEPH S SPORTS	1.65m	
2	.D.HEMALATHA	2144	'12/2	SDAT	1.50m	
3	.A.MADHUMITHA	2140	'09/2	SDAT	1.45m	

TAMILNADU STUDENT GAMES ASSOCIATION

9th STATE LEVEL OPEN ARCHERY CHAMPIONSHIP - 2019

Organized by : VIVEKA CULTURAL EDUCATION & SPORTS DEVELOPMENT TRUST

Affiliated : Student Games Federation, India
 Recognized by : World Student Games Federation
 Member : International Sports Council (ISC), United (ESA), FIEP-CANADA
 Recognized by : International Olympic Committee (ICO)

Reg. No. 53/2018

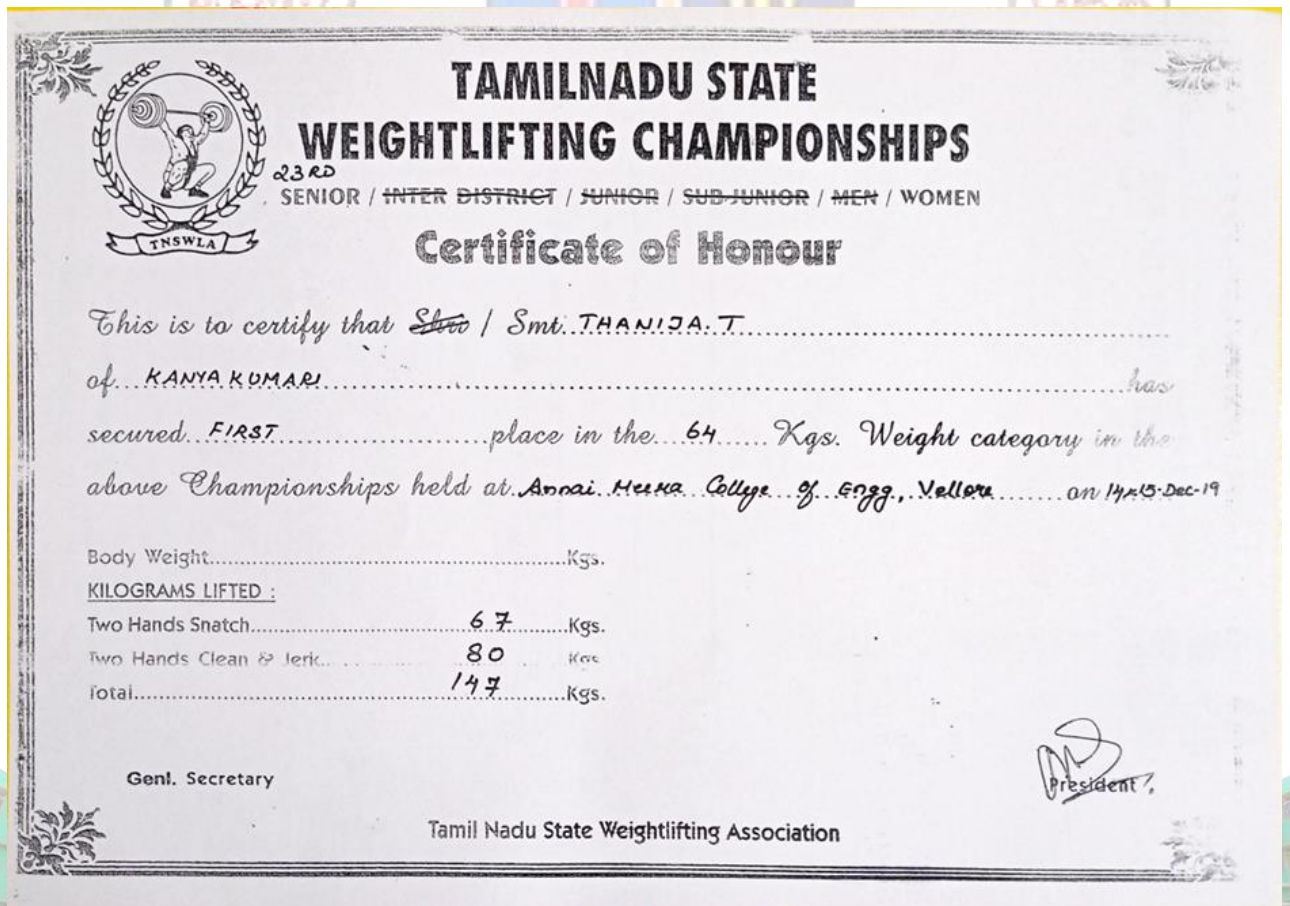
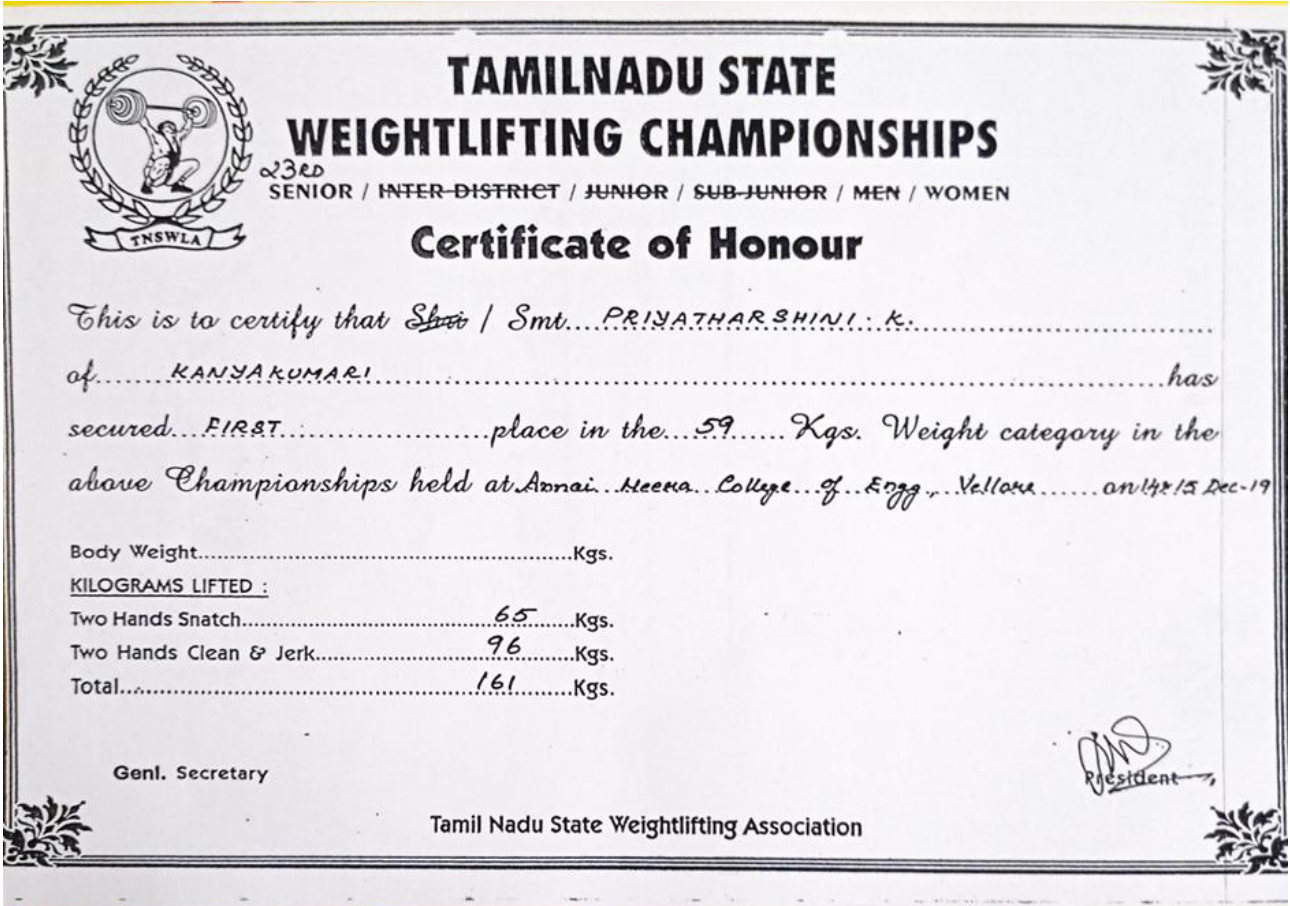
CERTIFICATE OF MERIT / PARTICIPATION

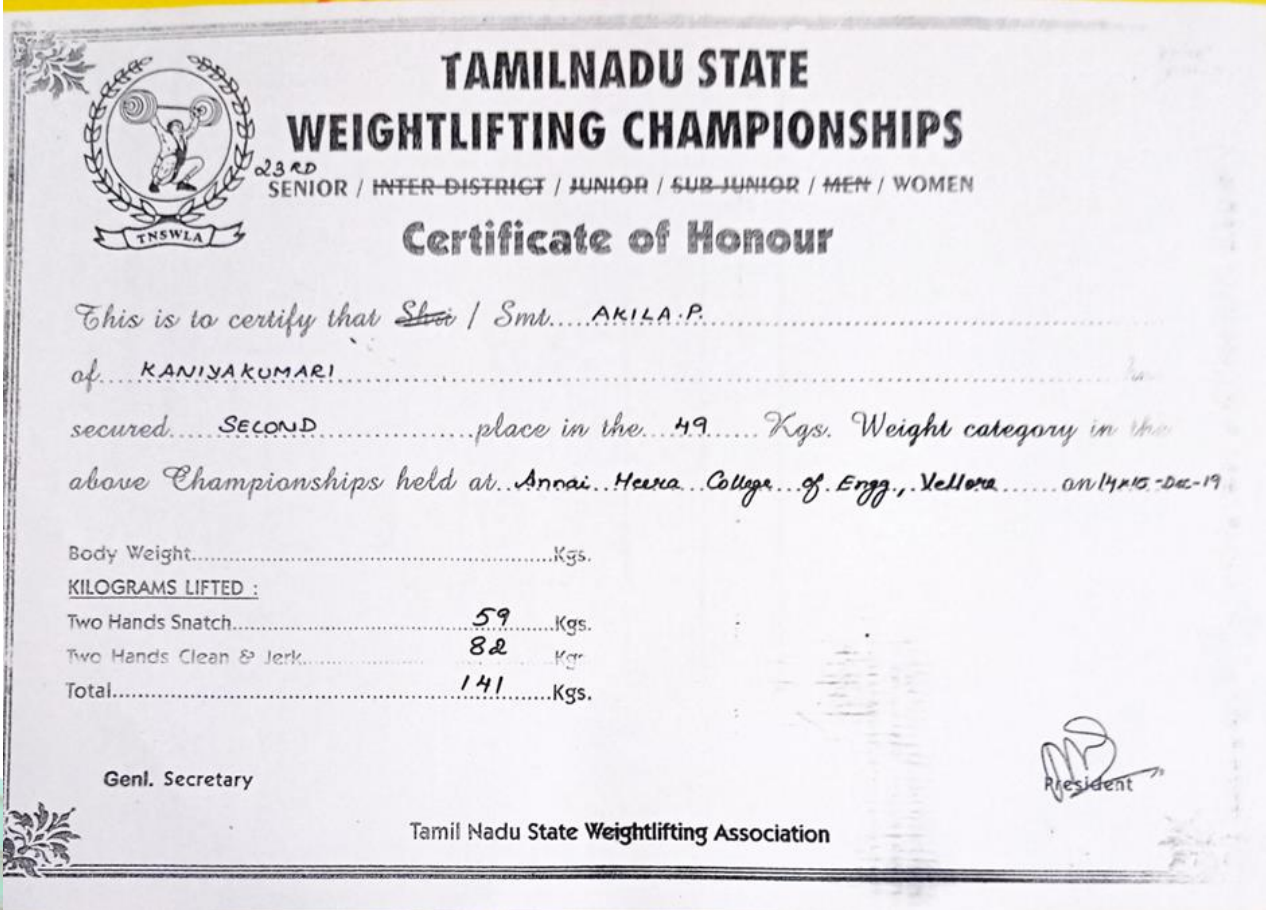
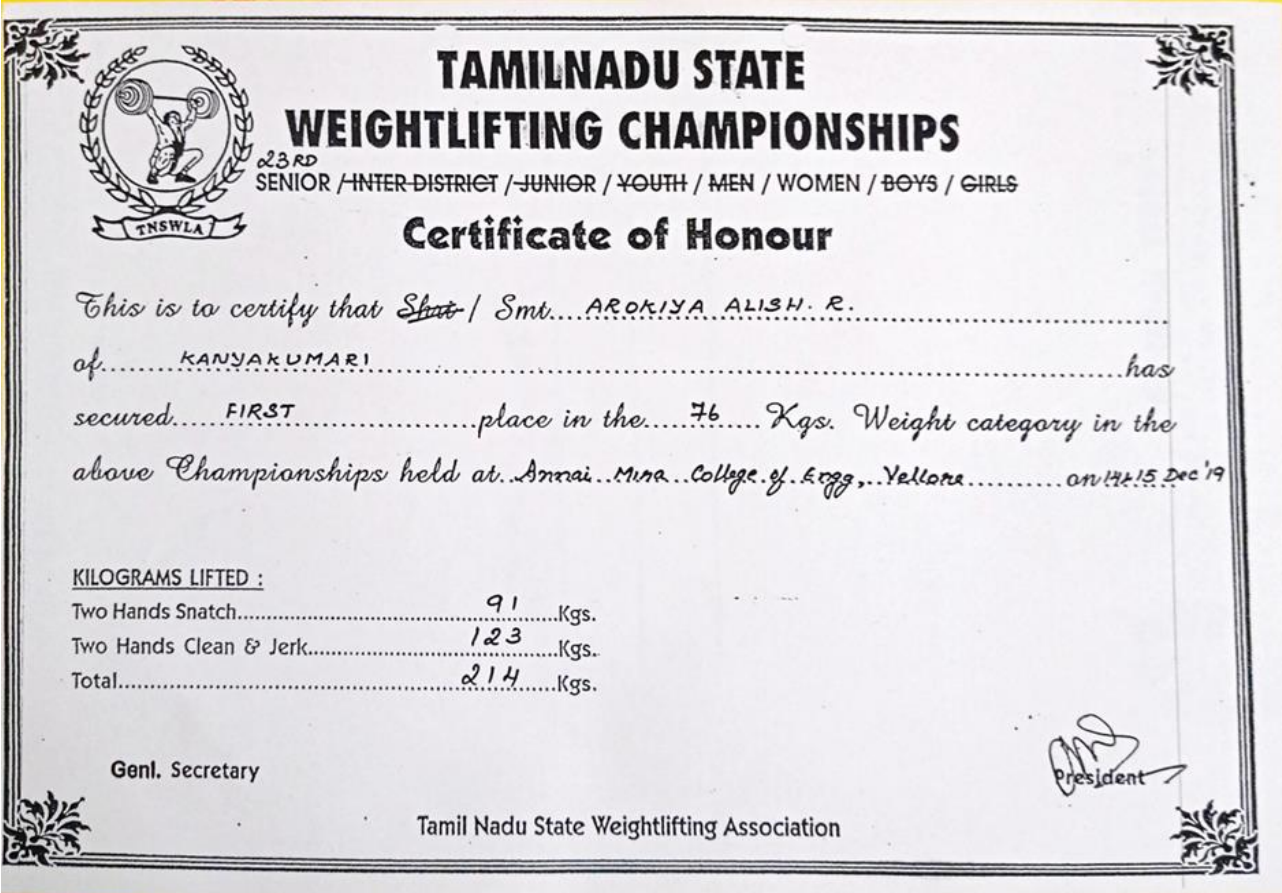
This is to certify that Selvan / Selvi / Mr. / Ms. E. T. FRATHA of KANYAKUMARI District has won FIRST Place in the age group of UNDER 21 9th State Level open Archery Championship 2019 held at Rohini College of Engineering & Technology, Kanyakumari on 24.11.2019.

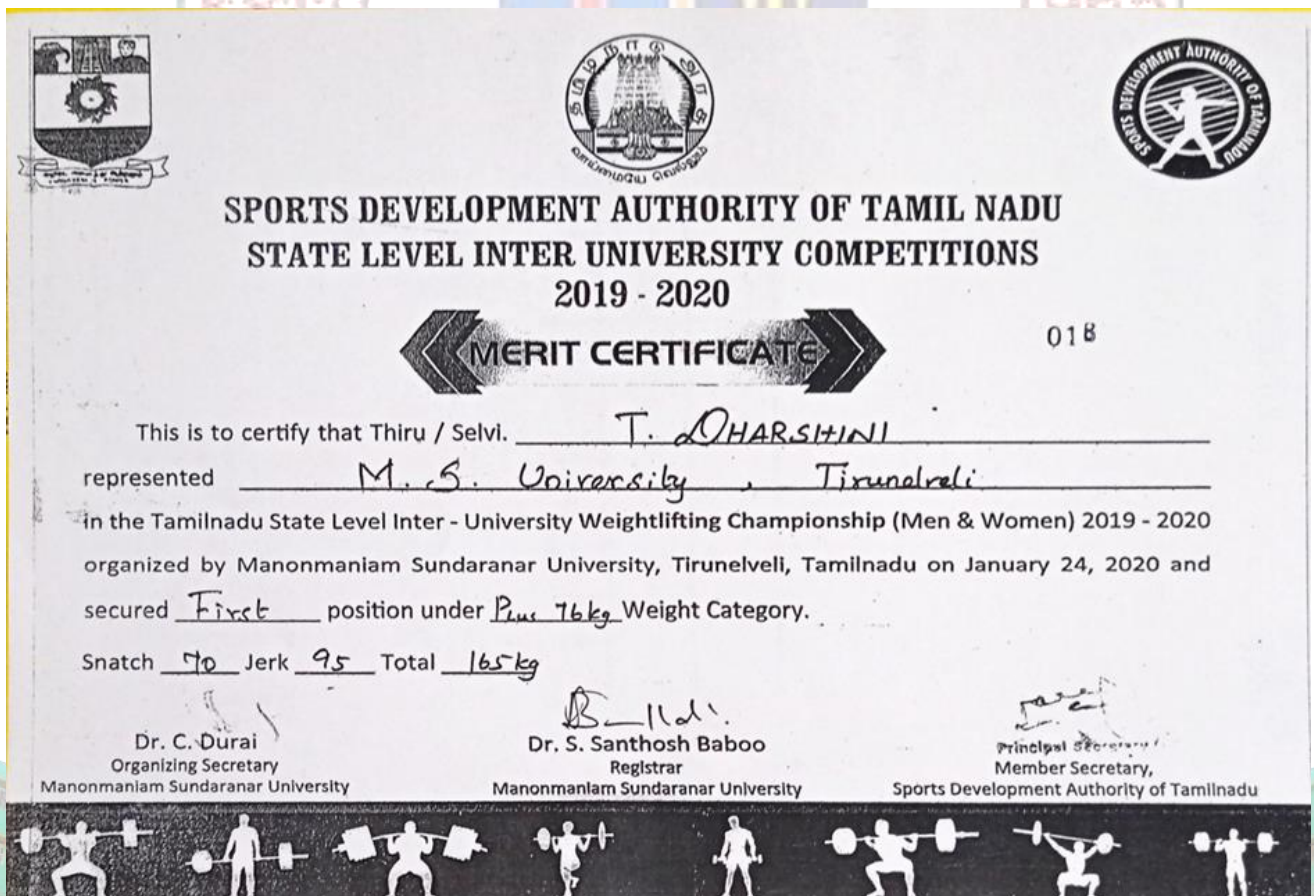
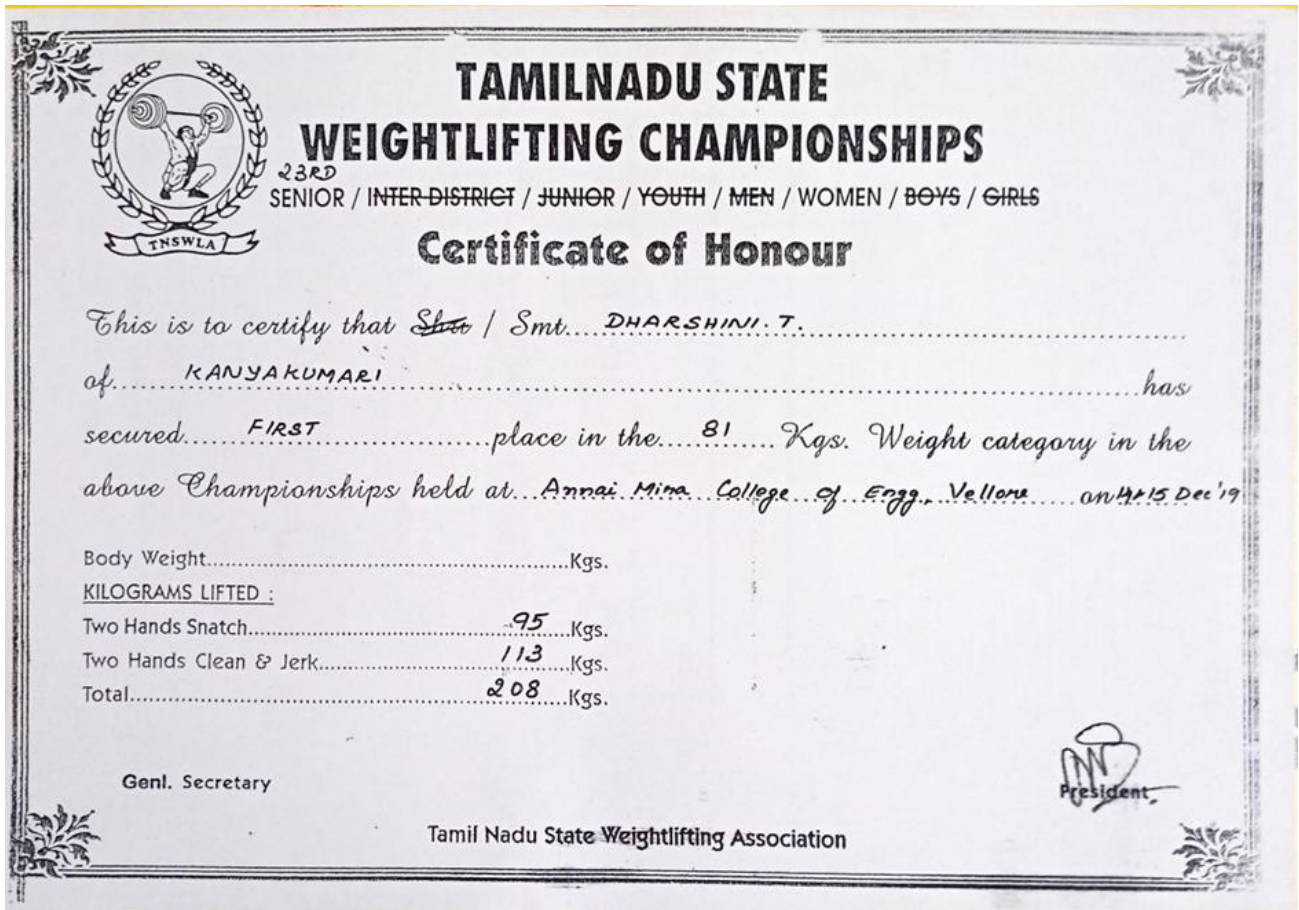
Mr. S.ATHISAYARAJ M.A.,M.P.Ed.,
TNSGA


Mr. S.J.ALAGESARAJA
TNSGA

Mr. M.ASHOKKUMAR M.B.A.,
TNSGA







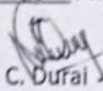
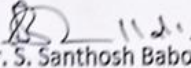
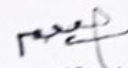




SPORTS DEVELOPMENT AUTHORITY OF TAMIL NADU
STATE LEVEL INTER UNIVERSITY COMPETITIONS
2019 - 2020

« MERIT CERTIFICATE » 015

This is to certify that ~~Thiru~~ / Selvi. R. AROCKIYA ALISH
represented M.S. University, Tirunelveli
in the Tamilnadu State Level Inter - University Weightlifting Championship (Men & Women) 2019 - 2020
organized by Manonmaniam Sundaranar University, Tirunelveli, Tamilnadu on January 24, 2020 and
secured First position under 76 kg Weight Category.

Snatch 70 Jerk 100 Total 170 kg.

 Dr. C. Dufai Organizing Secretary Manonmaniam Sundaranar University	 Dr. S. Santhosh Baboo Registrar Manonmaniam Sundaranar University	 Principal Secretary / Member Secretary, Sports Development Authority of Tamilnadu
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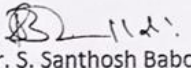
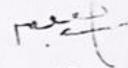




SPORTS DEVELOPMENT AUTHORITY OF TAMIL NADU
STATE LEVEL INTER UNIVERSITY COMPETITIONS
2019 - 2020

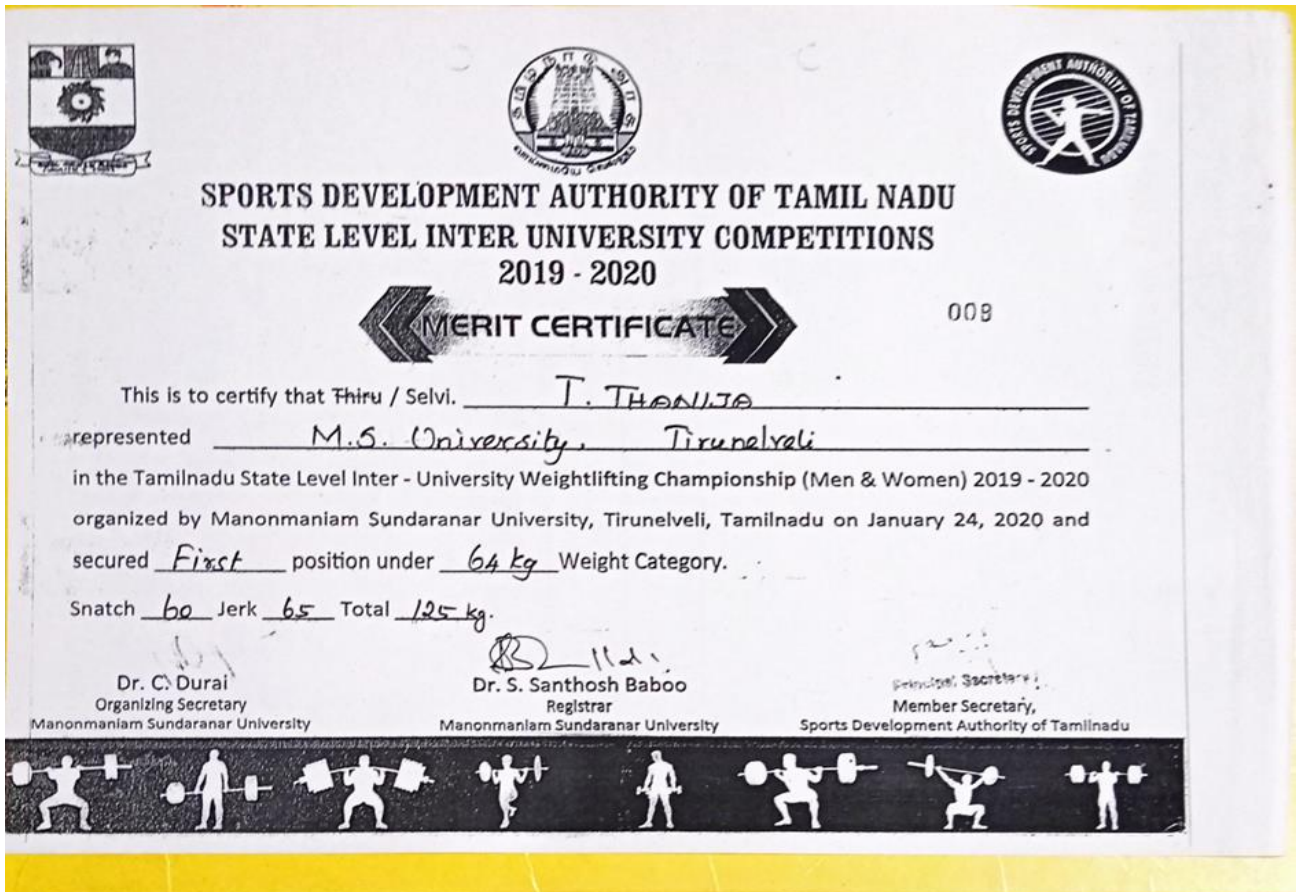
« MERIT CERTIFICATE » 008

This is to certify that ~~Thiru~~ / Selvi. K. PRIYA THARSHNI
represented M.S. University, Tirunelveli
in the Tamilnadu State Level Inter - University Weightlifting Championship (Men & Women) 2019 - 2020
organized by Manonmaniam Sundaranar University, Tirunelveli, Tamilnadu on January 24, 2020 and
secured Second position under 59 kg Weight Category.

Snatch 60 Jerk 87 Total 147 kg.

 Dr. C. Durai Organizing Secretary Manonmaniam Sundaranar University	 Dr. S. Santhosh Baboo Registrar Manonmaniam Sundaranar University	 Principal Secretary / Member Secretary, Sports Development Authority of Tamilnadu
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Manonmaniam Sundaranar University

Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

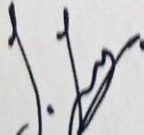
No: MSU 933

2019-2020

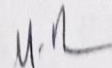
This is to certify that Malar. S. S/o or D/o R. Sivasami
represented Holy Cross College Nagesai
in the Inter Collegiate Weight Lifting Tournament / Competition
held at IDMNS College, T. Kalikulam on 24.09.19 to —
and secured Third position.


a) Time / Distance / Height — (if applicable)

b) Weight Category 45kg Snatch 25kg Jerk 35kg Total: 60kg


Organising Secretary
Date 24/09/19




Convener


Director
Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No: MSU 934

2019-2020

This is to certify that AKILA P S/o or D/o A. Pazhani
represented Holy Cross College Nagercoil
in the Inter Collegiate Weight Lifting Tournament / Competition
held at IDMNS College, T. Kallikulam on 24.09.19 to —
and secured 1st position.

a) Time / Distance / Height — (if applicable)

b) Weight Category 49kg Snatch 68kg Jerk 81kg Total: 143kg

Organising Secretary
Date 24/09/19



M.V.
Convener

[Signature]
Director
Centre for Physical Education

Manonmaniam Sundaranar University

Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No : MSU 938

2019-2020

This is to certify that MINISHA . T S/o or D/o A. Thanaraj
 represented Holy Cross College Nagercoil
 in the Inter Collegiate Weight Lifting Tournament / Competition
 held at DMNS College, T. Kallikulam on 24.09.19 to -
 and secured Second position.

a) Time / Distance / Height - (if applicable)

b) Weight Category 55kg Snatch 31kg Jerk 41kg Total: 72 kg

Organizing Secretary

Date 24/09/19



Convener

Director

Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No: MSU 940

2019-2020

This is to certify that PRIYA THARSHINI. K. S/o or D/o V. Kadarakaraiyandi
represented Holy Cross College Nagercoil
in the Inter Collegiate Weight Lifting Tournament / Competition
held at TDMNS College, T. Kallikulam on 24.09.19 to —
and secured First position.

a) Time / Distance / Height — (if applicable)

b) Weight Category 59kg Snatch 66kg Jerk 91kg Total: 157kg

Organising Secretary
Date 24/09/19



Convener

Director
Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No : MSU 944

2019-2020

This is to certify that Thanija. T. S/o or D/o N. Thasaiyan
represented Holy Cross College Nagercoil
in the Inter Collegiate Weight lifting Tournament / Competition
held at TDMNS College, T. Kallikulam on 24.09.19 to -
and secured First position.

a) Time / Distance / Height (if applicable)

b) Weight Category 64kg. Snatch 64kg Jerk 75kg. Total: 139kg

Organising Secretary

Date 24/09/19



Convener

Director

Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT
2019-2020

No: MSU 948

This is to certify that A.ROEKIYA ALISH. R. S/o or D/o
represented Holy Cross College Nagercoil
in the Inter Collegiate Weight lifting Tournament / Competition
held at TDMNS College, T. Kallikulam on 24.09.19 to -
and secured First position.

a) Time / Distance / Height (if applicable)

b) Weight Category 76 kg Snatch 85 kg Jerk 109 kg Total: 194 kg

Organising Secretary
Date 24/09/19.....



Convener

Director
Centre for Physical Education

Manonmaniam Sundaranar University

Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No : MSU 054

2019-2020

This is to certify that DHARSHINI. T. S/o or D/o N. Thasaiyan
represented Holy Cross College Nagercoil
in the Inter Collegiate Weight Lifting Tournament / Competition
held at IDMNS College, T. Kallikulam on 24.09.19 to -
and secured 1st position.

a) Time / Distance / Height (if applicable)

b) Weight Category 81kg Snatch 101kg Jerk 125kg Total: 226kg

Organising Secretary

Date 24/9/19



Convener

Director

Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

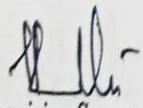
No : MSU 1370

2019-2020

This is to certify that MALAR S S/o or D/o
represented HOLY CROSS College NAGERCOIL.....
in the Inter Collegiate ATHLETIC MEET Tournament / Competition
held at ANNA STADIUM TIRUNELVELI from 11-12-19 to 13-12-19
and secured THIRD position in 400mts

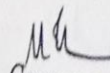
a) Time / Distance / Height 1:06.58sec (if applicable)

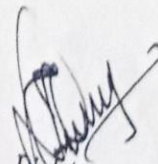
b) Weight Category Snatch Jerk


Organising Secretary

Date 12.12.2019




Convener


Director

Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

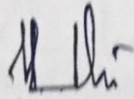
No: MSU 1379

2019-2020

This is to certify that JISHA.R S/o or D/o
represented HOLY CROSS College NAGERCOIL.....
in the Inter Collegiate ATHLETIC MEET Tournament / Competition
held at ANNA STADIUM, TIRUNELVELI from 11-12-19 to 13-12-19
and secured SECOND position. IN 400 mts

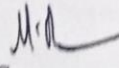
a) Time / Distance / Height 1:05:48sec (if applicable)

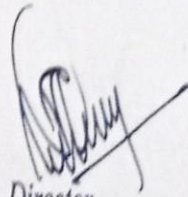
b) Weight Category Snatch Jerk


Organising Secretary

Date 12.12.2019




Convener


Director

Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No: MSU 175

2019-2020

This is to certify that ANCILIN VIJI. A S/o or D/o J. ANTONY JOS
represented HOLY CROSS College NAGERCOIL
in the Inter Collegiate ATHLETIC MEET Tournament / Competition
held at ANNA STADIUM, TIRUNELVELI from 11-12-2019 to 13-12-2019
and secured THIRD position in TRIPLE JUMP

a) Time / Distance / Height 9.78MTS (if applicable)

b) Weight Category Snatch Jerk

Organising Secretary

Date 11.12.2019



Convener

Director

Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No: MSU 558

2019-2020

This is to certify that MARLENA G MERLY S/o or D/o
represented HOLY CROSS College NAGERCOIL
in the Inter Collegiate ATHLETIC MEET Tournament / Competition
held at ANNA STADIUM, TIRUNELVELI from 11-12-2019 to 13-12-2019
and secured FIRST position IN HIGH JUMP (NMR)


a) ~~Time / Distance~~ / Height 1.73 Mts. (if applicable)

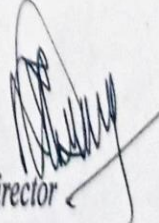
b) Weight Category Snatch Jerk


Organising Secretary

Date 11.12.19




Convener


Director

Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

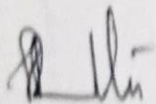
No: MSU 1206

2019-2020

This is to certify that GNANA JENISHA.S S/o or D/o S.S. CRUZ
represented HOLY CROSS College NAGERCOIL
in the Inter Collegiate ATHLETIC MEET Tournament / Competition
held at ANNA STADIUM, TIRUNELVELI from 11.12.2019 to 13.12.2019
and secured FIRST position. IN JAVELIN THROW

a) Time / Distance / Height 31.28mb (if applicable)

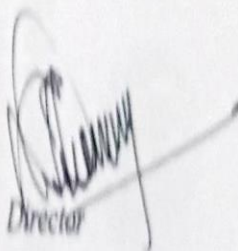
b) Weight Category Snatch Jerk


Organising Secretary

Date 11.12.2019




Convener


Director
Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

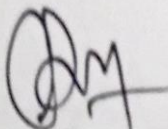
No: MSU 725

2019-2020

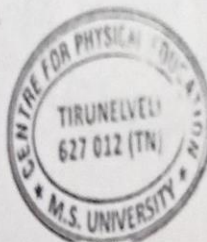
This is to certify that P. ANJALATCHI ~~She~~ or D/o G. PACHAIYAPPAN
represented NOLY CROSS College NAGERCOIL
in the Inter Collegiate WOMEN'S FOOTBALL Tournament / Competition
held at ST. JOHN'S COLLEGE, PALAYAMKOTTAI from 11.09.2019 to 13.09.2019
and secured WINNER position.

a) Time / Distance / Height (if applicable)

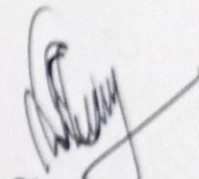
b) Weight Category Snatch Jerk


Organising Secretary

Date 13.09.2019

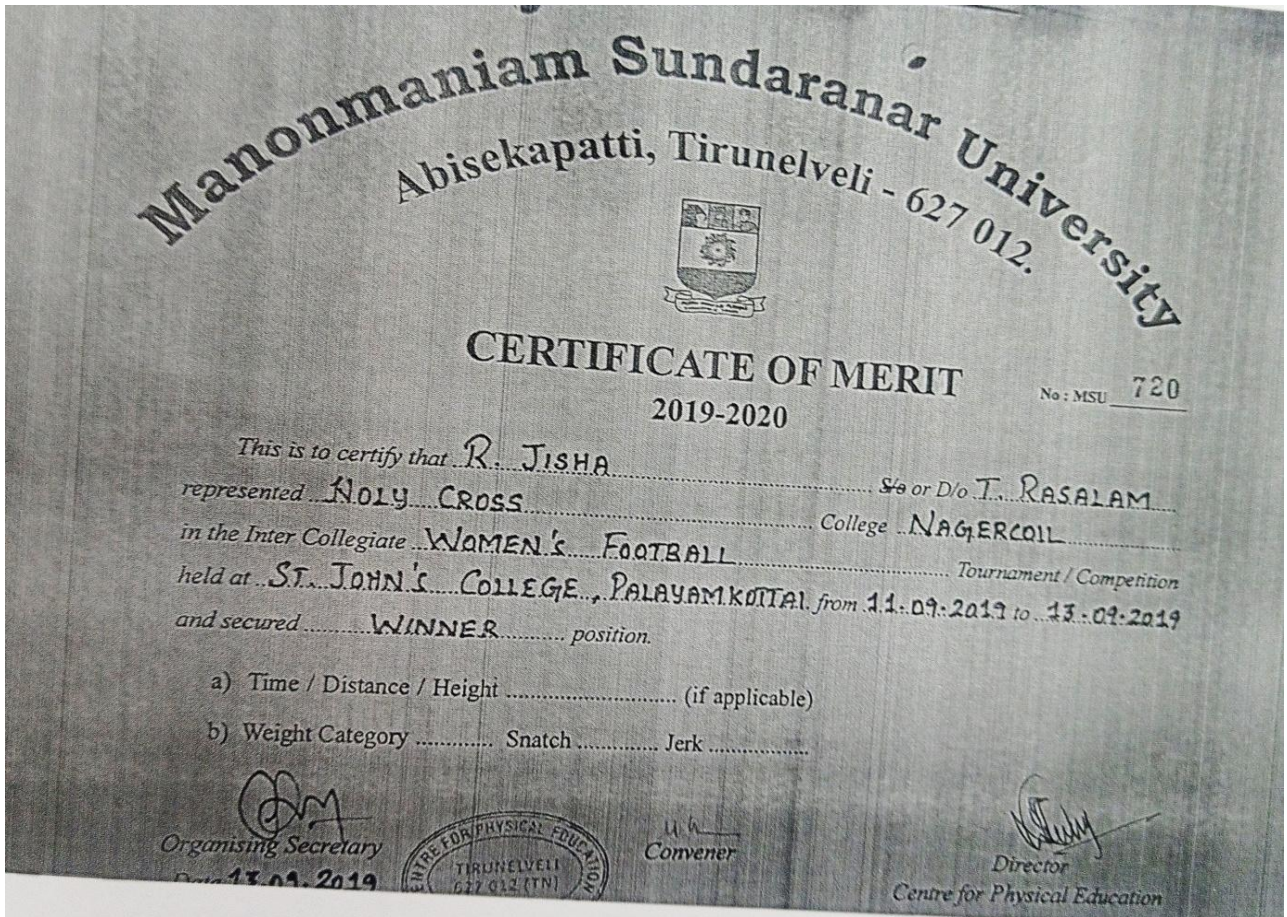


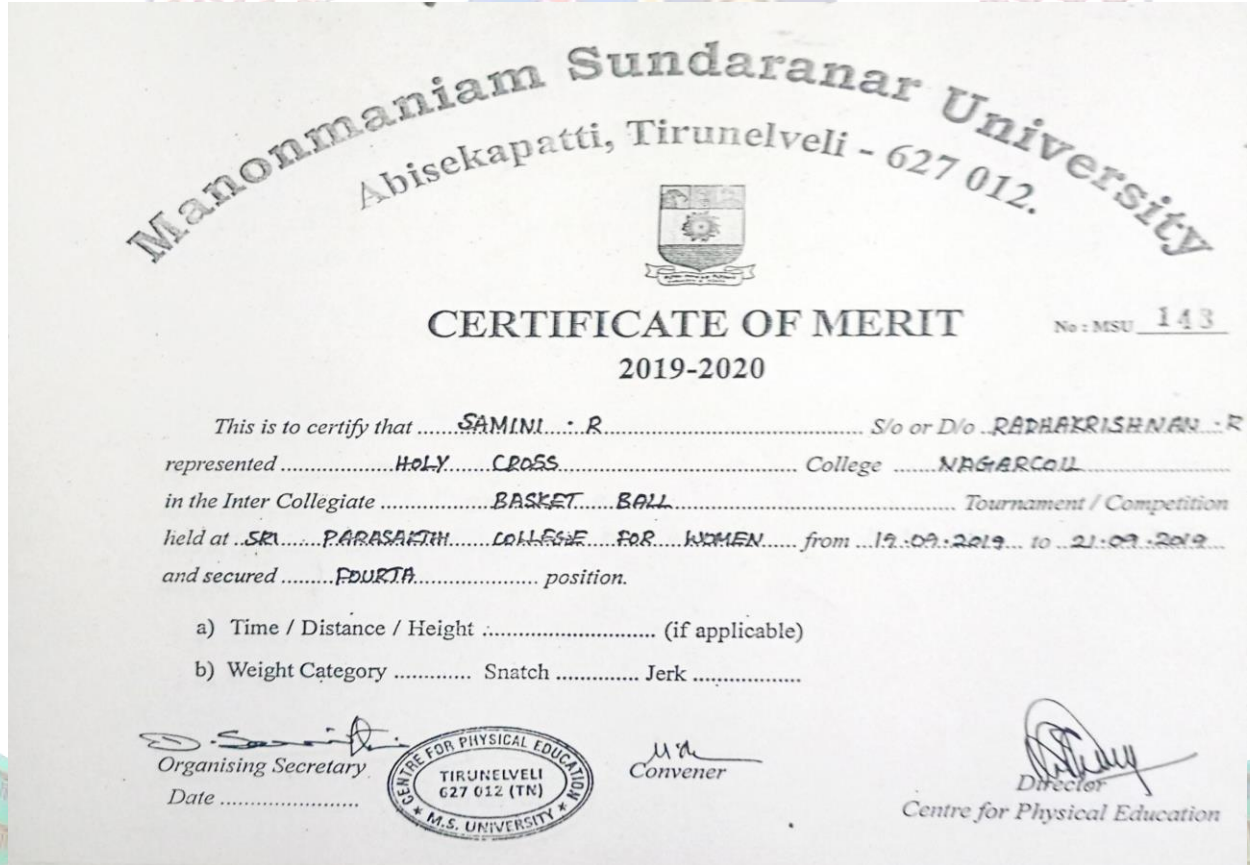

Convener


Director

Centre for Physical Education







Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT
2019-2020

No : MSU

This is to certify that LIBINA .V. S/o or D/o VEDHA .SUNDAR
represented HOLY . CROSS College NAGARCOIL
in the Inter Collegiate BASKET . BALL Tournament / Competition
held at SRI . PARASAKTHI . COLLEGE FOR WOMEN from 19.09.2019 to 21.09.2019
and secured FOURTH position.

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Organising Secretary
Date



Convener

Director
Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT
2019-2020

No : MSU 146

This is to certify that DEEPTHIJA . CARA . D. S/o or D/o PILLIANS
represented HOLY . CROSS College NAGARCOIL
in the Inter Collegiate BASKET . BALL Tournament / Competition
held at SRI . PARASAKTHI . COLLEGE FOR WOMEN from 19.09.2019 to 21.09.2019
and secured FOURTH position.

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Organising Secretary
Date



Convener

Director
Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No : MSU 145

2019-2020

This is to certify that RUBIKA : N S/o or D/o NAGARAJAN
represented HOLY CROSS College NAGARCOLL
in the Inter Collegiate BASKET BALL Tournament / Competition
held at SRI PARASAKTHI COLLEGE FOR WOMEN from 19.09.2019 to 21.09.2019
and secured FOURTH position.

- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Organising Secretary
Date



Convener

Director
Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT

No : MSU 144

2019-2020

This is to certify that SUMI : M S/o or D/o MURUGESAN
represented HOLY CROSS College NAGARCOLL
in the Inter Collegiate BASKET BALL Tournament / Competition
held at SRI PARASAKTHI COLLEGE FOR WOMEN from 19.09.2019 to 21.09.2019
and secured FOURTH position.

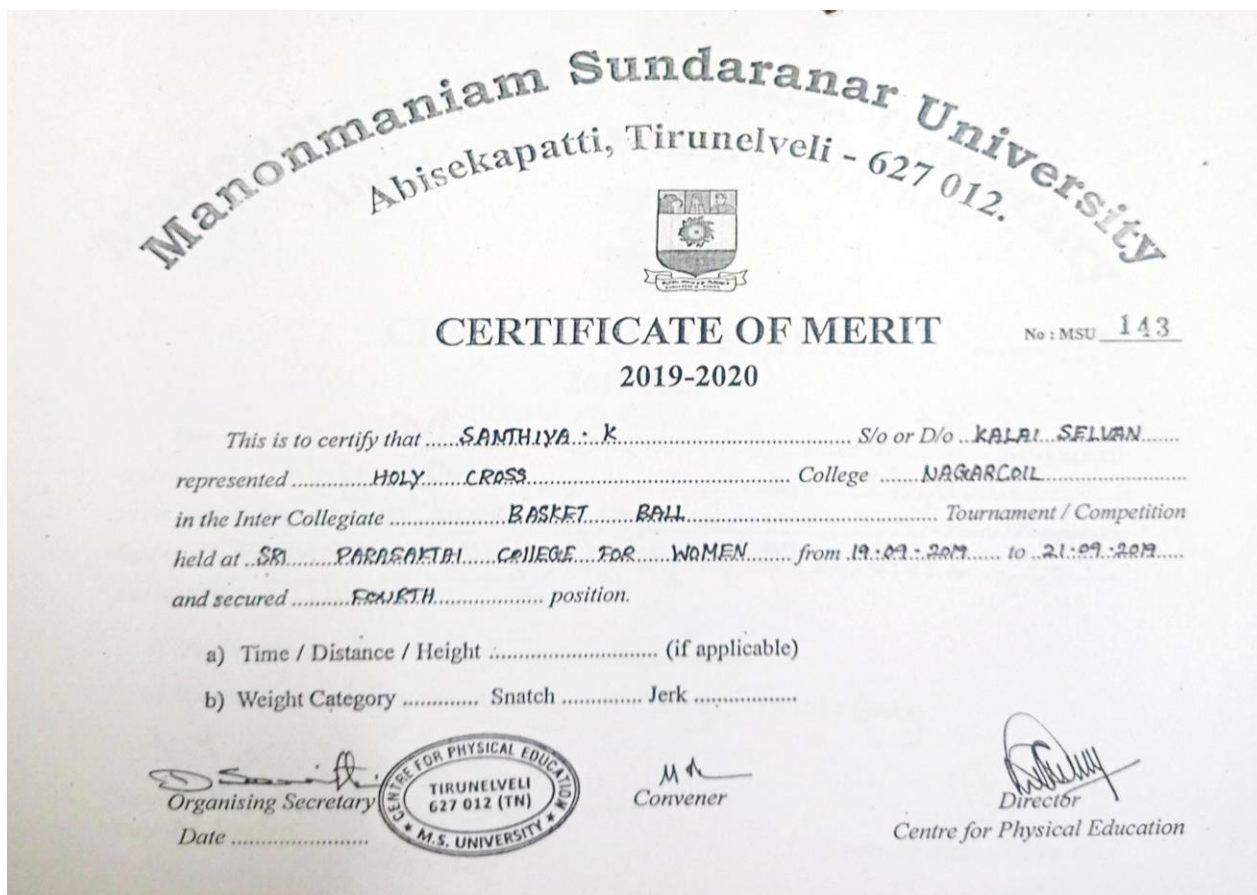
- a) Time / Distance / Height (if applicable)
- b) Weight Category Snatch Jerk

Organising Secretary
Date



Convener

Director
Centre for Physical Education



Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT
2019-2020

No : MSU 141

This is to certify thatANGILIN VIJI .A..... S/o or D/o ..ANTONY JOSE.....
representedHOLY CROSS..... CollegeNAGARCOIL.....
in the Inter CollegiateBASKET BALL..... Tournament / Competition
held at SR. PARASAKTHI COLLEGE FOR WOMEN..... from 19.09.2019..... to 21.09.2019.....
and securedFOURTH..... position.

a) Time / Distance / Height (if applicable)
b) Weight Category Snatch Jerk



Organising Secretary
Date




Convener


Director
Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.

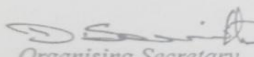



CERTIFICATE OF MERIT
2019-2020

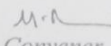
No : MSU 140

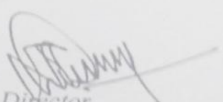
This is to certify thatBARIT SARAI DHANA .B..... S/o or D/oBENEDICT.....
representedHOLY CROSS..... CollegeNAGARCOIL.....
in the Inter CollegiateBASKET BALL..... Tournament / Competition
held at SR. PARASAKTHI COLLEGE FOR WOMEN..... from 19.09.2019..... to 21.09.2019.....
and securedFOURTH..... position.

a) Time / Distance / Height (if applicable)
b) Weight Category Snatch Jerk

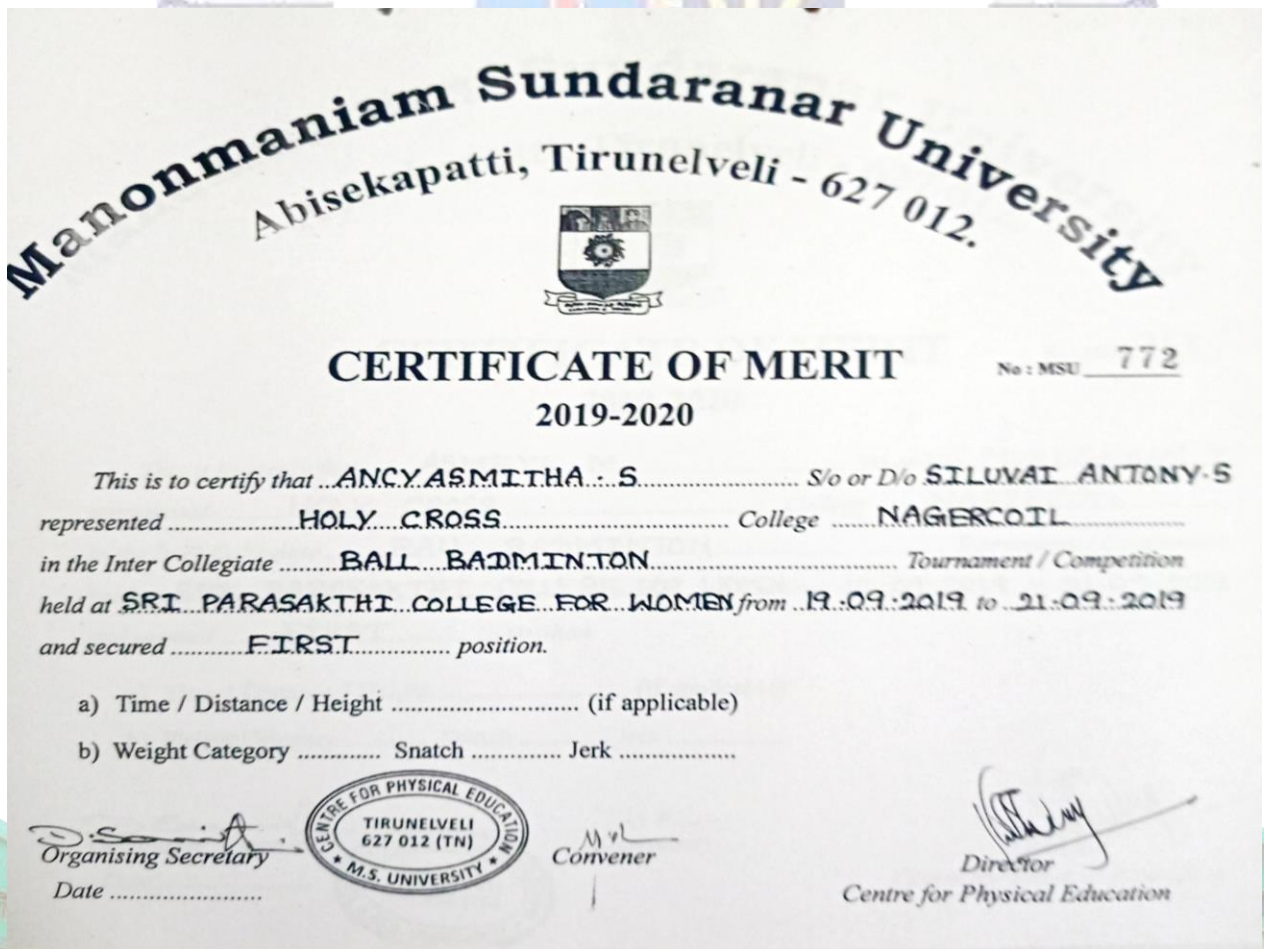

Organising Secretary
Date




Convener


Director
Centre for Physical Education





Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT No : MSU 362
2019-2020

This is to certify that ASMEYA . M S/o or D/o MURUGESAN . I
represented HOLY CROSS College NAGERCOIL
in the Inter Collegiate BALL BADMINTON Tournament / Competition
held at SRI PARASAKTHI COLLEGE FOR WOMEN from 19.09.2019 to 21.09.2019
and secured FIRST position.

a) Time / Distance / Height (if applicable)
b) Weight Category Snatch Jerk

Organising Secretary _____ Date



Convener _____

Director _____
Centre for Physical Education

Manonmaniam Sundaranar University
Abisekapatti, Tirunelveli - 627 012.



CERTIFICATE OF MERIT No : MSU 364
2019-2020

This is to certify that NISHITHA . C S/o or D/o CYRIL AMALADHAS
represented HOLY CROSS College NAGERCOIL
in the Inter Collegiate BALL BADMINTON Tournament / Competition
held at SRI PARASAKTHI COLLEGE FOR WOMEN from 19.09.2019 to 21.09.2019
and secured FIRST position.

a) Time / Distance / Height (if applicable)
b) Weight Category Snatch Jerk

Organising Secretary _____ Date



Convener _____

Director _____
Centre for Physical Education

