



# Holy Cross College (Autonomous) Nagercoil – 629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli  
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle  
An ISO 9001:2015 Certified Institution

SSR  
2019-2020  
to  
2023-2024

## 5.1.3 Capacity development and skills enhancement activities are organised for improving students' capability

Name of the Capability Enhancement Program	Date of Implementation	Number of Students Enrolled	Name of the Agencies/Experts Involved with Contact Details
<b>2023-2024</b>			
<b>Soft Skills</b>			
Student Induction Programme for I UG	20-06-2023	473	Holy Cross College (Autonomous), Nagercoil.
A Chef's Touch	25-11-2023	31	Ruth Catering and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Acrylic Painting	25-11-2023	30	Praba Fine Arts Academy and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Apparel Designing	25-11-2023	31	Cross Com A to Z Tailoring Unit for Women and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Basics of Web Creation	25-11-2023	29	Creative Technologies and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Elegance and Style	25-11-2023	29	Teena Beauty Salon and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.

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Fabric Painting	25-11-2023	30	Praba Fine Arts Academy and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Glass Reverse Painting	25-11-2023	30	Praba Fine Arts Academy and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Hooked Needle Work	25-11-2023	32	Angela's Artistry and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Jewellery Design	25-11-2023	31	Farzana Designs and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Personal Grooming	25-11-2023	32	Preethi Beauty Innovation and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Portrait and Pencil Shading	25-11-2023	32	Praba Fine Arts Academy and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Pot and Clay Painting	25-11-2023	24	Praba Fine Arts Academy and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Speak and Shine Spoken Hindi	25-11-2023	32	Speak & Shine Academy and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Style Art Writing	25-11-2023	32	Praba Fine Arts Academy and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.

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Traditional Embroidery	Aari	25-11-2023	31	Cross Com A to Z Tailoring Unit for Women and Crossian Centre for skill Development in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
An Orientation on the Romantic and the Victorian Age		31-01-2024	53	Dr. Sathya P, Assistant Professor of English, Holy Cross College, Nagercoil
Workshop on Folk Art Training		17-07-2023	21	Maiyam Kazhai Kuzhu, 86, Ranga Nagar, 2nd street, Nagelkeni, Chrompet, Chennai.
Playback Theatre		01-02-2024	19	Kuravai Kazhai Kuzhu, Nagercoil
Remedial Coaching		03-07-2023	2005	All Faculty, Holy Cross College (Autonomous), Nagercoil
<b>Language and Communication Skills</b>				
Take off with Spoken English		23-06-2023	520	Holy Cross College (Autonomous), Nagercoil.
Discipline-Wise Bridge Course		03-07-2023	520	Holy Cross College (Autonomous), Nagercoil.
Take off with French		30-06-2023	77	Ms. Anbu Hannah Dora, Associate Professor of French, Holy Cross College (Autonomous), Nagercoil.
National Level Speaking Competition on The Adaptability Skills		18-08-2023	52	Department of English (SF), Nirmala College for Women (Autonomous), Coimbatore and Holy Cross College (Autonomous), Nagercoil
Professional English for Arts and Social Sciences-III		19-06-2023	134	Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-IV		12-05-2023	134	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management- III		19-06-2023	126	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management -IV		12-05-2023	126	Holy Cross College (Autonomous), Nagercoil.

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Professional English for Life Sciences - III	19-06-2023	112	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences - IV	12-05-2023	112	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - III	19-06-2023	98	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - IV	12-05-2023	98	Holy Cross College (Autonomous), Nagercoil.
<b>Life Skills</b>			
<b>Yoga and Physical Fitness</b>			
Yoga for Health and Happiness	22-06-2023	25	Dr.S. Kavitha, Yoga Trainer, Assistant Professor, Department of Mathematics S.F., Holy Cross College (Autonomous), Nagercoil
Nari Sakthi Fitness Runs	13-03-2024	84	L. Deva Vijila, Assistant Professor, Department of Chemistry, Holy Cross College (Autonomous), Nagercoil
Yoga: A Practical Session	19-02-2024	223	Dr. S. Kavitha, Assistant Professor of Mathematics (SF), Holy Cross College, Nagercoil
Yoga Training Program	29-09-2023	126	Dr. S. Kavitha, Assistant Professor, Department of Mathematics, Holy Cross College (Autonomous), Nagercoil.
<b>Health and Hygiene</b>			
A Holistic Approach to Better Menstrual Health and Hygiene	05-04-2024	140	Dr. Dolly, Consultant obstetrician and Gynaecologist, Siva Hospital
Menstrual Hygiene and Awareness	11-12-2023	56	Dr. L. Beena Theres BNYS, Medical officer, Yoga and Naturopathy lifestyle clinic department, Kanyakumari Government Medical College Hospital, Asaripallam
Feminine Hygiene	14-07-2023	746	Dr. L. Deva Vijila, Assistant Professor, Department of Chemistry, Holy Cross College (Autonomous), Nagercoil
Personal Health and Hygiene	20-02-2024	256	Department of Chemistry, Holy Cross College (Autonomous), Nagercoil

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Health and Hygiene-World Food Day -2023 and Exhibition of Traditional Foods	16-10-2023	40	Dr. Jo Sharma, Associate Professor, University of TORONTO, Canada and Mrs. Geetha Sugumaran, York University, TORONTO, Canada
Health and Hygiene-Microbiome as a Key Player in Sustainable Agriculture and Human Health	12-01-2024	75	Dr. S Prakash, Principal Scientist, Plant Tissue Culture Centre Division of Finura Agro Tech LLP, Thovalai
Haemoglobin Check-up	20-02-2024	171	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Breast feeding awareness campaign	07-08-2023	134	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Menstrual Hygiene	05-12-2023	134	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Mosquito Borne Diseases	15-09-2023	15	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
<b>Entrepreneurial Skills</b>			
Role of Entrepreneurship Development in Employment Generation	20-10-2023	57	Mr.G. Arul Jerald Prakash, Former Director, Kerala State Science and Technology Museum and Planetorium, Thiruvananthapuram
Fostering Students Entrepreneurship through Digital Platforms	20-02-2024	55	Mr.R.Robert, Assistant Professor, Department of Electronics and Communications Engineering, Annai Vailankanni College of Engineering, Kanyakumari.
The Role of Technology in Student Entrepreneurship	23-01-2024	85	Dr. P. Aji Udhaya, Assistant Professor, Dept. of Physics, Holy Cross Collee (Autonomous), Nagercoil-4
Preparation of Dairy Products	04-03-2024	41	Department of Chemistry, Holy Cross College (Autonomous), Nagercoil
Hands on Training on Herbal Formulations	28-02-2024	105	Mrs. Saritha Jothi from Varma Asan, Kottaram, Kanyakumari and V. Thenkarai Mahara Pillai, Melaputheri, Nagercoil-1
Apiculture - Honey Harvesting	05-02-2024	26	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Vermitechnology	26-09-2023	21	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.

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Sericulture	24-01-2024	26	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Pet keeping and care	13-10-2023	28	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Dairy Products	14-10-2023	19	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Medical Coding	12-10-2023	26	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Sea Food products	13-10-2023	19	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Maneuvers Required to be an Efficacious Tycoon	19-08-2023	90	Razy UL Hammed, Chief Trainer (PW World)
Huckstor Kiosk: An Entrepreneurial Initiative	22-01-2024	54	Department of English (SF), Holy Cross College (Autonomous), Nagercoil.
Hands on Training- 3D Pencil Shading Workshop	27-09-2023	165	Mr. Pravin Deepak (Architect and Artist)
Successful Youth Entrepreneurs	22-01-2024	195	Dr. M. Selvam, Senior Professor and Head (Retd.) of the Department of Commerce and Financial Studies at Bharathidasan University, Tiruchirappali
Navigating Innovation for Entrepreneurial Triumph	26-02-2024	145	Dr. Thangaraja Arumugam, Vellore Institute of Technology, Chennai
Session on Accelerators/ Incubation - Opportunities for Students and Faculty - Early-Stage Entrepreneurs	27-06-2023	80	Mrs. A. Glory, District Resource Person Non-Farm, Magalir Thittam, Kanniyakumari District
Business Model Canvas	30-06-2023	94	Mr. N. Rahul (project lead), Mr. C. Gigin Durai (project Associate), and Mrs. Nagalingam (project Associate), Tamil Nadu startup and Innovation mission, Govt of Tamil Nadu
Angel Investment / VC funding opportunity for early-stage Entrepreneurs	25-07-2023	92	Mr. R. Sujith, District Resource Person, Prime Minister Formalisation of Micro Food Processing Enterprises Scheme, Nagercoil
Session on Achieving Value Proposition Fit & Business Fit	25-07-2023	42	Mr. P. Muthukumar, Faculty, Indian Bank Rural Self Employment Training Institute, Kanyakumari District

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Intra Institutional Startup competition	08-08-2023	44	Startup cell, Institution's Innovation Council, Holy Cross College (Autonomous), Nagercoil
Campus Bazaar	08-08-2023	65	Deanery of Entrepreneurship Development in association with Institution's Innovation Council, Holy Cross College (Autonomous), Nagercoil
Motivational Story of a Successful Entrepreneur	19-10-2023	40	Mr. P. Kalaperumal, Proprietor of Perumal Engineering Works, Nagercoil
Campus Bazaar - <i>Kaloori Angadi</i>	27-09-2023	105	Deanery of Entrepreneurship Development in association with Institution's Innovation Council, Holy Cross College (Autonomous), Nagercoil
Women Entrepreneurship and Economic Development	11-12-2023	60	Mr. G. Saravanan, Financial Literacy Counselor (FLC), South Indian Bank Ltd, Nagercoil Branch.
Orientation session on Innovation and Entrepreneurship Ecosystem	11-01-2024	40	Dr. Sheeba Daniel (Convener of IIC), Holy Cross College (Autonomous), Nagercoil
The Christmas Bazaar	15-12-2023	150	Deanery of Entrepreneurship Development in association with Institution's Innovation Council, Holy Cross College (Autonomous), Nagercoil
Orientation Session on Micro, Small, and Medium Enterprises (MSME) sector	15-02-2024	55	Dr. K. Baby (Coordinator of Startup Cell), Assistant Professor of History, Holy Cross College (Autonomous), Nagercoil
Hands on training on Digital Marketing	20-02-2024	90	Mr. J. Jenslin Vino, Media Analyst - Freelancer
Workshop on Entrepreneurship Skill, Attitude and Behaviour Development	29-02-2024	48	Ms. Vidhya (Alumni Entrepreneur), Teacher, St. Francis Primary School, Vavarai, Mrs. T. Vinit (Alumni Entrepreneur), J V Beauty Parlour, Punnai Nagar and Ms. Ansala. H, (Student Entrepreneur), Founder Ansala Arts.
Workshop on Entrepreneurship as Career Opportunity	12-04-2024	49	Ms. Joe A Nituna, Startup founder of Nila Dream Creations and Ms. R. K. Renuka, Startup founder of R.K Creative Gifts and Crafts.
Orientation session on Achieving Problem Solution Fit and Product Market Fit	13-04-2024	45	Ms. Bershiya, Founder of Arutra Create

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T.N Start-Up organises a talk on Start-Up ideas for French Students	26-03-2024	53	Mrs. P.T. Anbu Hannah Dora H.O.D & Associate Professor, Holy Cross College (Autonomous), Nagercoil
T.N Start-Up organises a talk on Start-Up ideas for Chemistry Students	25-03-2024	41	Dr. Y. Christabel Shaji. Assistant Professor, Department of Chemistry, Holy Cross College
T.N Start-Up organises a talk on Start-Up ideas for Mathematics Students	18-10-2023	45	Dr. L. Jesmalar Assistant Professor, Department of Mathematics, Holy Cross College (Autonomous), Nagercoil
T.N Start-Up organises a talk on Start-Up ideas for Economics Students	27-10-2023	52	Dr. S. Jeni Sanjana Assistant Professor, P.G Research Department of Holy Cross College (Autonomous), Nagercoil
Mentor Ward	04-07-2023	2005	Holy Cross College (Autonomous), Nagercoil.
Personal Counselling	21-06-2023	127	Holy Cross College (Autonomous), Nagercoil.

### Awareness of Trends in Technology

Artificial Intelligence	12-09-2023	62	S. Mary Ashany, Department of Mathematics, Holy Cross College (Autonomous), Nagercoil
Digital Rules and Responsibilities	30-08-2023	60	Dr. Sr. Leema Rose, Vice Principal, Holy Cross College (Autonomous), Nagercoil, Dr. Fr. Francis Xavier Nelson, Director, Addiction Treatment Ministry, Nagercoil and Dr. Sr. Basil Rose, Former Principal and Secretary, Holy Cross College (Autonomous), Nagercoil.
Sensor based Equipments	06-07-2023	126	Mr. Venu Raja, DECE, Instructor, Lakrran & Co, Chennai
Nanotechnology Innovations in the Energy Sector	21-08-2023	200	Dr. S. R. Sarath Kumar, Assistant Professor, Department of Nanoscience and Technology, University of Kerala, Dr. K.S. Sibi, Assistant Professor, Department of Physics, University of Kerala
Intellectual Property Rights: Implications in Industry	26-09-2023	152	Dr. V. Ajith Prabhu, Chief Scientist, Head of TDPMD (Technology Development and Project Management Division), and Nodal Officer of the Patent Information Cell



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Unlocking Innovation: Navigating IPR in a Global Landscape	16-02-2024	135	Dr. R. S. Rimal Isaac, Assistant Professor in Nanotechnology at Noorul Islam Centre for Higher Education
Tight focussing properties of LASER and sun light	08-12-2023	163	Dr. P.M. Anbarasan, Professor cum Director, CNRES, Department of Physics, Periyar University, Salem
Innovation through Ideation- Virtual Reality	05-09-2023	81	Dr. N.C. J. Packia Lekshmi, Assistant Professor of Allied Health Sciences, Innovation Ambassador, Noorul Islam Centre for Higher Education, Kumaracoil
Empowering Sustainability through Innovative Mobile Application: Addressing Pollution Challenges and Promoting Eco- Friendly Practices	22-12-2023	98	Dr. S. Uma Devi, Innovation Ambassador, Assistant Professor of Botany, Sree Ayyappa College for Women, Chunkankadai, Nagercoil
Synergising satellite-based phytoplankton monitoring with industry 4.0 for sustainable smart agriculture	01-03-2024	100	Dr. J. Colins Johnny, Assistant Professor, Department of Civil Engineering, University College of Engineering, Nagercoil
Regional Level Workshop on Microsoft Office and Medical Coding	22-02-2024	120	Dr. Jenisha, Senior Medical Trainer, Transorze, Trivandrum
We are in Class - Virtual Training	20-01-2024	134	Mr. Cardinal Stanely Raj, the Director of Arcline Virtual Reality Academy, Trichy
Innovative Reimagining of Language and Literature for Industry 4.0	29-02-2024	252	Rev. Dr. Francis M Peter S.J, Province Advisor, Educational Resource & Research Centre, Former Professor, XLRI School of Business, Jamshedpur. Mr. Peter Sahaya Raj, MD & CEO, Indygenous Fashions, Chennai. Mr. M.T. Saju, Author & Journalist, Thiruvananthapuram
International Conference on Technical Advancement in Bio Sciences	17-08-2023	160	Dr. S. Ravichandran, Associate Professor, Govt.Arts and Science College, Nagercoil Dr. K. Marimuthu, Professor, Department of Environmental Science, Tezpur Central University, Assam, Dr. Nayeem Mullungal, Dept. of Biological and Environmental Sciences, Qatar University, Qatar, Dr. S. Kalidass, Associate Professor, Department of Animal Science, Manonmanium Sundaranar University, Tirunelveli Mr. Naga Murali Chalamalasetti, Volta Brems Ltd., Ghana

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English Language Professionals in the Digital World	16-10-2023	250	Mr. Vasanth Kumar, Founder and CEO, Brandz Mindz
The Impact of Industry 4.0 on Innovative Content Development	21-09-2023	250	Mr. Rtn. Bristo D, Founder, MYRIAD Group of Companies
Education and AI: The Transition	08-09-2023	250	Mr. S. Jerome, Research Scholar, Holy Cross College, Nagercoil
International conference on Contemporary Technological and Industrial Revolution 5.0	05-03-2024	85	Dr.Jebamalai Vinnachiarachi, Principal Advisor, Knowledge Management Associates, Former Principal Advisor to the Director, General of UNIDO ,Vienna , Austria., Dr. D. G. M. Victoria, Assistant Professor in Economics, S.T. Hindu College, Nagercoil. Dr.J.V. Arun,Assistant Professor in Economics, Government Arts College for Men, Nandanam, Chennai.
Industry 4.0: Digital Banking Revolution in India	29-01-2024	192	Dr.V.Sundar, Professor, Department of Commerce, Annamalai university, Annamalainagar
Career Opportunities for Commerce Graduates in the Era of Industry 5.0	15-03-2024	300	Dr. Nishad Nawaz from Kingdom University, Bahrain, Dr. Samuel J.,Assistant Professor of Commerce, Loyola College, Chennai, Dr. K. Balaji , Amirta Mysuru Campus.
International Seminar on Impact of Artificial Intelligence on the future of students	05-03-2024	206	Mr. Sahaya Sachin, Jordan springs NSW, Australia & Mrs. D. Beula Jeba Malar, Shishya Public school campus, Dehradum
Emergence of Artificial Intelligence in Business	18-01-2024	162	Ms.M.C. Sheeba, Assistant Professor, St.Xavier's Cathelic College of Engineering, Chunkankadai.
Marketing in the Modern Era	20-03-2024	195	Ms.S.Jasmine Suguna, Assistant Professor, St.Xavier's Catholic College of Engineering, Chunkankadai.
A Talk on Harnessing AI: Alter the Change Beyond Limits	25-03-2024	56	P.Asmin Janisha, Research Scholar, Department of English, Holy Cross College(Autonomous), Nagercoil
Scopus Re- Search	07-08-2023	36	Ms.Benitta, M.Phil Scholar, Department of English, Holy Cross College (Autonomous), Nagercoil

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Value-added Course: Basics of Excel	13-10-2023	19	Holy Cross College (Autonomous), Nagercoil.
LinkdIn Training	06-03-2024	56	T.Rajkumaran. Trainer, FACEEPREP, Coimbatore
Internship Opportunities in Artificial Intelligence and Machine Learning	19-12-2023	60	Mr. Christ Jose, Placement Officer at Holy Cross College (Autonomous), Nagercoil
Workshop on Python Programming	25-07-2023	60	Mr. J. Jeejo Vetharaj, Freelancer
Seminar on Ethical Hacking	20-09-2023	141	Er.J.Jencewin,, Assistant Professor, Department of Computer Science and Engineering, St.Xavier's Catholic College of Engineering
Seminar on Technical Articles Reading and Writing	19-12-2023	66	Dr.AmalaRose, Assistant Professor & Head, Department of Computer Science St.John's College of Arts and Science, Ammandivilai
National Seminar on Digital Twin Technologies	05-03-2024	250	Mr.Subeesh, Software Engineer, Speridian Technologies, Technopark, Trivandrum. Ms. Reshma Sundar Software Engineer, Speridian Technologies, Technopark, Trivandrum

### 2022-2023

### Soft Skills

Student Induction Programme for I UG	25-07-2022	473	Holy Cross College (Autonomous), Nagercoil.
Saree & Glass Painting	11-03-2023	37	Praba Fine Arts Academy and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Pencil Shading & Calligraphy	11-03-2023	37	Praba Fine Arts Academy and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Canvas painting	11-03-2023	42	Praba Fine Arts Academy and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.

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Tailoring	11-03-2023	42	A to Z Cross Com Tailoring Unit and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Aari work	11-03-2023	42	A to Z Cross Com Tailoring Unit and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Crocheting	11-03-2023	42	Angela's Artistry and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Basic Beauty & Hair Dressing	11-03-2023	41	Preethi Beauty Innovation and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Bright Face & Beauty Hair style	11-03-2023	44	Teena Beauty Parlour and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Catering	11-03-2023	42	Ruth Catering and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Jewel making	11-03-2023	42	Farzana's Design and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Folk Arts Training	23-09-2022	13	Maiyam Kalaikuzhu, Chennai.
Remedial Coaching	08-08-2022	1361	Holy Cross College (Autonomous), Nagercoil.
Soft Skill-Lecture and Training	23-03-2023	40	Department of English (S.F), Holy Cross College (Autonomous), Nagercoil.
Talk on Skill Development	30-03-2023	29	Department of English (S.F), Holy Cross College (Autonomous), Nagercoil.
Soft Skills-Challenges Faced in Interview	30-03-2023	32	Department of English (S.F), Holy Cross College (Autonomous), Nagercoil.

### Language and Communication Skills

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Take off with Spoken English	01-08-2022	473	Holy Cross College (Autonomous), Nagercoil.
Take off with French	04-08-2022	100	Ms. Anbu Hannah Dora, Associate Professor of French, Holy Cross College (Autonomous), Nagercoil.
Spoken Hindi	11-03-2023	34	Speak & Shine spoken Hindi and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-I	01-08-2022	134	Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-II	12-12-2022	134	Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-III	18-07-2022	148	Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-IV	12-12-2022	148	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management - I	01-08-2022	126	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management - II	12-12-2022	126	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management- III	18-07-2022	167	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management -IV	12-12-2022	167	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences -I	01-08-2022	112	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences -II	12-12-2022	112	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences - III	18-07-2022	171	Holy Cross College (Autonomous), Nagercoil.

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Professional English for Life Sciences - IV	12-12-2022	171	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - I	01-08-2022	98	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - II	12-12-2022	98	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - III	18-07-2022	134	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - IV	12-12-2022	134	Holy Cross College (Autonomous), Nagercoil.
<b>Life Skills</b>			
Yoga and Physical Fitness	18-07-2022	473	Ms. Russia, Yoga Trainer, Holy Cross College (Autonomous), Nagercoil and Ms. Kavitha, Assistant Professor of Mathematics, Holy Cross College (Autonomous), Nagercoil.
<b>Health and Hygiene</b>			
Hygiene & Hygiene for women	05-04-2023	160	Ms. V. Susan Tharasa, III B.Sc Mathematics, Holy Cross College (Autonomous), Nagercoil
Women Health Problems	18-10-2022	76	Dr. Shandic Kumar.S, Consultant, Dr. Shandic's Homeopathy Clinic, Nagercoil.
6 <sup>th</sup> Siddha Day Celebration on Siddha Diet and Nutrition for Healthy Life	09-01-2023	400	Dr. Veni. M.D(S), Assistant Medical Officer, Government Primary Health Centre, Singalalerpuri
Medical Camp	22-02-2023	1045	Jayasekharan Medical Trust, Nagercoil - 629003, Kanyakumari District.
Women Health Problems	18-10-2022	65	Department of Chemistry, Holy Cross College (Autonomous), Nagercoil.
Millets and Organic food Festival	30-08-2022	90	K. Ajith B.Tech., Proprietor, Tamizh Iyarkai Velan Pannai, Tirunelveli
Public Health and Hygiene	18-07-2022	42	Department of Zoolgoy, Holy Cross College (Autonomous), Nagercoil
Awareness Talk on Renal Disorders and Renal Health	09-03-2023	130	Ms. Agnel & Ms. Reshma, I M.Sc Zoology, Department of Zoolgoy, Holy Cross College (Autonomous), Nagercoil

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Awareness program on Cancer	13-02-2023	141	Dr. A. Punitha, Assistant Professor, Department of Zoology, Holy Cross College (Autonomous), Nagercoil
Millets Food Exhibition	03-03-2023	1925	Holy Cross College (Autonomous), Nagercoil
Health and Hygiene	30-03-2023	54	J.M. Gracelin Lydia, Assistant Professor of English, Holy Cross College (Autonomous), Nagercoil
Healthy Lifestyle	05-04-2023	22	K. Mihi Nancy, Assistant Professor of English, Holy Cross College (Autonomous), Nagercoil
Awareness Talk on Good Health & Well Being	05-04-2023	64	Ms.A. Nabika Beldezazar, II B.A History, Department of History, Holy Cross College (Autonomous), Nagercoil.
NLP Relaxation Therapies	05-04-2023	11	A. Justin Avinash, Jnana Deepa Institute of Philosophy and Theology, Punae
<b>Entrepreneurial Skills</b>			
Session on Accelerators/Incubation - Opportunities for Students and Faculty - Early-Stage Entrepreneurs	23-06-2022	70	Ms. Jerina Bubby, Assistant Director, MSME, Tirunelveli
Mentoring Session on Lean Startup and Minimum Viable Business	23-06-2022	90	Mr. Jose Robin, Entrepreneur, Oasis Group of Companies, Oman
Session on Business Model Canvas	09-07-2022	158	Mr. Gautham Palaniswamy, Manager and Chief Innovation Officer, Sathyabama TBI, Chennai
Seminar on Angel Investment and Venture Capitalist: Funding Opportunity for Early-Stage Entrepreneurs	20-07-2022	125	Ms. Nirmala Guru, CEO, Guru Business School, Qatar
Holy Cross Bazaar (Series - II) (World's Entrepreneurs Day)	22-08-2022	150	Mrs. Parveen Mathew, Correspondent, Corpus Christi School, Nagercoil
Virpanai Angaadi Holy Cross Bazaar-III	01-10-2022	120	Holy Cross College (Autonomous), Nagercoil

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Innovation and Entrepreneurship- Towards a Sustainable Future	15-10-2022	65	Holy Cross College (Autonomous), Nagercoil
<i>Kalloori Angaadi</i> Holy Cross Bazaar-IV	29-10-2022	65	Holy Cross College (Autonomous), Nagercoil
Workshop on Innovation Mindset – To Improve Mental Wellness & Attitude Building Programme	09-11-2022	75	Ms. Giftlin Sneha, Operation Lead, Atesh Labs & Incubation Associate
Session on Role and Significance of Innovation and Entrepreneurship in Education, (National Education Day Celebration)	11-11-2022	48	Holy Cross College (Autonomous), Nagercoil
One Day Entrepreneurship Promotional Activity for Outgoing students	11-11-2022	188	Dr. M Diliphan Kumar, Master Trainer, Entrepreneurship Development and Innovation Institute, Government of Tamil Nadu
Entrepreneurship Skills for the Future	13-12-2022	40	Ms. T. Giftlin Sneha, Lead of Operations of Atesh Labs and Cofounder of ZUIG
Session on Startup is my Identity	16-12-2022	166	Ms. S. Anusha Mini, Alumna, Holy Cross College (Autonomous) Nagercoil
Entrepreneurship and Startup Initiative Programme: Student's Emporium - Holy Cross Bazaar - V	25-02-2023	100	Dr. S.S. Mane, Professor and Head, Department of English, Karmaveer Bhaurao Patil Mahavidyalaya, Pandharpur, Maharashtra
Kumari Entrepreneurial Fest – A Mega Event	03-04-2023	60	Thiru. P.N. Shridhar I.A.S., District Collector of Kanyakumari
Motivational Factors & Entrepreneurial Intention	12-10-2022	86	Dr. Janarthenan Pillai, Prof & Head faculty of Management Studies Noorul Islam Centre for Higher Education, Thuckalay
National Seminar on Women Entrepreneurship	15-03-2023	251	Ms. Anu Jose, New Born Photographer, Ms. Skujani suresh, Freelance Makeup artist Cochin.
Personal Counselling	18-07-2022	204	Counselling Cell of Holy Cross College (Autonomous), Nagercoil and Counselling Ministry of Kottar Diocese, Nagercoil.



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Mentoring	18-07-2022	2095	Holy Cross College (Autonomous), Nagercoil.
<b>Awareness of Trends in Technology</b>			
Computer Oriented Numerical Methods	21-11-2022	44	Department of Mathematics, Holy Cross College (Autonomous), Nagercoil.
Trends in Technology with Python	26-09-2022	71	Mr. N.R.Raghav, Digital Marketing Manager, Vollmond Academy, Villukury
Cyber Crime Awareness Programme	10-03-2023	163	T.M Ajimal Jenif, SI of Police, Cyber Crime Police Station, Nagercoil
Design Thinking and Innovation	12-09-2022	85	Dr. Sheeba Daniel, Assistant Professor, Department of Chemistry, Holy Cross College (Autonomous), Nagercoil
Training Program on Canva Design	23-03-2023	16	Dr. X. Venci Candida, Assistant Professor, Department of Zoology, Holy Cross College (Autonomous), Nagercoil
Entrepreneurship in Mobile Application Development	02-08-2022	47	Mr.Ganesh, Project Manager, Hi-Tech Solutions, Nagercoil.
Code with Django	07-09-2022	137	Mr.N.R.Ragav Narayanan, Digital Marketing Manager, Vollmond Academy.
Ways to Advance your Technology Career	06-10-2022	137	Mr.Jaya Kumar, Project Manager, Foisys.
Robotics Workshop	12-10-2022	137	Mr.Siva Bala Vignesh, R-Shell Info Services, Nagercoil.
IT Workshop in .NET	30-01-2023	46	Ms.Reshma Sundar and Mr.Palani Muthu Kumar, Dot Net Developer, Inbox Solutions, Nagercoil.
International Seminar on Quantum Causal Inference Initiative	27-03-2023	239	Er.D.Godlin Oliver, Technical Consultant, Union Pacific Railroad, Denver, Colorado, United States of America
Recent Trends in Technology	30-03-2023	33	Ms. M.Maria Helen Janoba, Assistant Professor of English, Holy Cross College (Autonomous), Nagercoil
Web designing	11-03-2023	25	Creative Technology and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.

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<i>Enmin Samuga Udagankal oru Parvai</i>	03-04-2023	54	Sr.S Antin Mary, Department of Mathematics, Holy Cross College (Autonomous), Nagercoil
Audio-Visual Aids	21-11-2022	32	Dr. V. Pradeepa, Department of History, Holy Cross College (Autonomous), Nagercoil
National Seminar on Digitalization in India	21-03-2023	219	Dr.P.Arunachalam, Professor of Economics, Cochin University of Science and Technology,Kochi, Kerala, Dr.P.Geetha, Associate Professor, Department of Economics, SriGVG Visalakshi College for Women, Udumalpet, Dr.M.Selvaraj, Department of Economics, Loyala College (Autonomous),Chennai.
Computer Literacy	18-07-2022	473	Holy Cross College (Autonomous), Nagercoil.
Orientation Session on Google Classroom	25-07-2022	2095	Holy Cross College (Autonomous), Nagercoil.
<b>2021-2022</b>			
<b>Soft Skills</b>			
Student Induction Programme for I UG	01-09-2021	612	Holy Cross College (Autonomous), Nagercoil.
Canvas Painting	02-03-2022	34	Praba Drawing School and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Doll Making	02-03-2022	35	Crazy Woolen Crafts and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Aari work	02-03-2022	36	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Tailoring	02-03-2022	40	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.

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Fashion Designing	02-03-2022	34	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Catering	02-03-2022	41	Ruth Catering and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Basic Beauty and Hair Dressing	02-03-2022	37	Preethi Beauty Parlour and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Bright Face and Beauty Hair Style	02-03-2022	37	Teena Beauty Parlour and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Jewel Making	02-03-2022	36	Farzana Designs, Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Saree and Glass Painting	02-03-2022	20	Praba Drawing School and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Pencil Shading and Calligraphy	02-03-2022	36	Praba Drawing School and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Pickle Making	02-03-2022	26	New Pickle and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Vegetable Carving	02-03-2022	10	J J Creative Carving and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Art from Waste, How to Commercialize the product created out of waste	02-03-2022	28	Eden Gifts & Handicrafts, Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Catering	02-03-2022	54	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.

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Flower arrangement	02-03-2022	58	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Remedial Coaching	09-08-2021	1124	Holy Cross College (Autonomous), Nagercoil.
<b>Language and Communication Skills</b>			
Take off with Spoken English	06-09-2021	575	Holy Cross College (Autonomous), Nagercoil.
Take off with French	09-09-2021	101	Ms. Anbu Hannah Dora, Associate Professor of French, Holy Cross College (Autonomous), Nagercoil.
Spoken Hindi	02-03-2022	45	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-I	06-09-2021	148	Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-II	03-01-2021	148	Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-III	09-08-2021	184	Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-IV	03-01-2021	184	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management - I	06-09-2021	167	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management - II	03-01-2021	167	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management- III	09-08-2021	175	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management -IV	03-01-2021	175	Holy Cross College (Autonomous), Nagercoil.

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Professional English for Life Sciences -I	06-09-2021	171	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences -II	03-01-2021	171	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences - III	09-08-2021	152	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences - IV	03-01-2021	152	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - I	06-09-2021	134	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - II	03-01-2021	134	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - III	09-08-2021	156	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - IV	03-01-2021	156	Holy Cross College (Autonomous), Nagercoil.
<b>Life Skills</b>			
<b>Yoga and Physical Fitness</b>			
Yoga and Physical Fitness	02-03-2022	612	Mr. S.K. Ananth Nagarajan, M.Sc, Master of Yoga and Philosophy, Voice India Development Trust, Nagercoil and Ms. Kavitha, Assistant Professor of Mathematics, Holy Cross College (Autonomous), Nagercoil.
Zumba Dance	02-03-2022	564	Dr. Ajith Sinduja, Assistant Professor of Chemistry, Holy Cross College (Autonomous), Nagercoil.
Hip Hop Dance	02-03-2022	52	Kavithalaya Dance Academy and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Yogasanam & Muthura	02-03-2022	60	Aaro Yoga Centre and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
<b>Health and Hygiene</b>			
Clinical Chemistry	09-08-2021	39	Department of Chemistry, Holy Cross College (Autonomous), Nagercoil.

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Public Health and Hygiene	09-08-2021	38	Department of Zoology, Holy Cross College (Autonomous), Nagercoil.
Workshop on Blood grouping and testing	15-11-2022	35	Mrs. Vijila Christy, Vivek Lab, Nagercoil
Webinar on Women Health Issues and Remedies	30-06-2021	72	Prof.Ms.Swapna.M.K.Nair,RN,RM,MSN,Ph.D(P), Professor Cum Principal, Sree Ramakrishna College of Nursing, Kulasekharam.
<b>Entrepreneurial Skills</b>			
Redefine Your Career: Become an entrepreneur	13-08-2021	150	Dr. Lurdes Poobala Rayan, Director, EDC, Francis Xavier Engineering College Tirunelveli
Learn to Fail: An Entrepreneurial Instinct	24-08-2021	186	Mr. N. Rahul, Founder of ATESH Labs and Silverink Foundations
Empowering Women Entrepreneurship	23-10-2021	159	Dr. Sakthi Jothi, Founder, Sri Sakthi Social Economical and Educational Welfare Trust, Ayyampalayam Dindigul
Women Entrepreneurs	01-10-2021	163	Dr. R. Rajesh Babu, Assistant Professor, Nanjil Catholic College of Arts and Science, Kaliyakkavilai
Become an Entrepreneur on Fine Arts	07-10-2021	232	Mrs. S. Mary Dominic Freeda, Founder, Pearl Art Drawing school, Besant Nagar, Chennai
Innovation Driven Entrepreneur	11-10-2021	208	Ms. Riya Rashmi, Founder, Opus Coliseum
Financial Empowerment of Women in Higher Education	13-10-2021	138	Ms. Nirmala Guru, CEO, International Business and Leadership Coach, CEO, Guru Coaching LLC, Qatar
Empowering Women Entrepreneurship	23-09-2021	159	Er. J. Jessy Flora, Senior Scientist & Group Director, IPRC, ISRO (Rtd) Magendragiri
Lab to land Programme	10-12-2021	37	Department of Chemistry, Holy Cross College (Autonomous), Nagercoil
Success Story of a Women Entrepreneur	18-12-2021	57	Ms. Uma Kannan, Women Entrepreneur, Siva Packaging Industries, Nagercoil
Unlock Your Hidden Powers in Innovation and Entrepreneurship	23-02-2022	193	Dr. M. Dhilphan Kumar, Vice Principal, Geetha Jeevan College of Arts and Science, Thoothukudi
Strategies to Become a Successful Entrepreneur	23-02-2022	129	Ms. Sujani Suresh, Makeup Artist, Cochin, Kerala

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Entrepreneurial Motivation of Women and Ideas of Business	20-05-2022	110	Dr. D.G.M. Victoria Assistant Professor Department of Economics, S.T. Hindu College Nagercoil
Personal Counselling	09-08-2021	128	Counselling Cell of Holy Cross College (Autonomous), Nagercoil and Counselling Ministry of Kottar Diocese, Nagercoil.
Mentoring	09-08-2021	2123	Holy Cross College (Autonomous), Nagercoil.
<b>Awareness of Trends in Technology</b>			
Innovations in Astrophysics	28-02-2022	98	Tamilnadu Scientific Research Organization, Pudukottai.
Multimedia Training	15-12-2021	41	Jayam Computers, Nagercoil
Computer Hardware Training	15-12-2021	25	Annai Best Care Computer Clinic and Education, Nagercoil
Seminar on What's your Technology	25-02-2022	210	Department of Commerce SF - I, Holy Cross College (Autonomous), Nagercoil
Web Designing	02-03-2022	35	Creative Technologies and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Python and Basics of Photoshop	02-03-2022	36	Trivia Tech Learning Solutions, Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Design Thinking for Innovation	02-03-2022	20	Atesh Labs India, Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Computer Literacy	02-03-2022	612	Holy Cross College (Autonomous), Nagercoil.
Orientation Session on Google Classroom	09-08-2021	2103	Holy Cross College (Autonomous), Nagercoil.
<b>2020-2021</b>			
<b>Soft Skills</b>			
Student Induction Programme for I UG	19-08-2020	672	Holy Cross College (Autonomous), Nagercoil.

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Basic Beauty and Hair Dressing	09-07-2020	43	Teena Beauty Parlour and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Bright Face and Beauty Hair Style	09-07-2020	62	Ruth Catering and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Art of Dressing Better	09-07-2020	60	Preethi Beauty Parlour and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Catering	09-07-2020	58	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Flower Arrangement	09-07-2020	58	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Pencil Shading & Calligraphy	09-07-2020	51	Praba Drawing School and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Traditional South Indian Pickles Making (Veg & Non-Veg)	09-07-2020	43	New Pickle and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Creative Writing	05-03-2021	244	A.Jarith, B.Tech., MBA, Honourary Doctorate and writer
Remedial Coaching	24-08-2020	1218	Holy Cross College (Autonomous), Nagercoil.
<b>Language and Communication Skills</b>			
Effective Newspaper Reading for Cracking Competitive Examinations	17-04-2021	232	Readers Circle, PG & Research Department of English, HCC, Nagercoil
Effective Communication Skills	17-02-2021	103	Mr.Prasanth, Senior DevOps ZIRCA Digital Solutions Pvt.Ltd
Listening Skills for Professional Empowerment	17-02-2021	244	Dr. Benzigar M, Assistant Professor Department of Languages Christ (Deemed to be university), New Delhi NCR
Take off with French	26-08-2020	89	Ms. Anbu Hannah Dora, Associate Professor of French, Holy Cross College (Autonomous), Nagercoil.



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Spoken Hindi	09-07-2020	46	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-I	24-08-2020	184	Holy Cross College (Autonomous), Nagercoil.
Professional English for Arts and Social Sciences-II	01-04-2021	184	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management- I	24-08-2020	175	Holy Cross College (Autonomous), Nagercoil.
Professional English for Commerce and Management- II	01-04-2021	175	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences -I	24-08-2020	152	Holy Cross College (Autonomous), Nagercoil.
Professional English for Life Sciences -II	01-04-2021	152	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - I	24-08-2020	156	Holy Cross College (Autonomous), Nagercoil.
Professional English for Physical Sciences - II	01-04-2021	156	Holy Cross College (Autonomous), Nagercoil.
<b>Life Skills</b>			
<b>Yoga and Physical Fitness</b>			
Meditation and Exercise	24-08-2020	668	Holy Cross College (Autonomous), Nagercoil
Yogasanam & Muthura	09-07-2020	60	Aaro Yoga Centre and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Hip Hop Dance	09-07-2020	54	Kavithalaya Dance Academy and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
<b>Health and Hygiene</b>			

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International Webinar on Evolution of Treatment: An Overview – Cancer & Covid-19	27-06-2020	274	Dr. Leenus Martin, Principal Scientist, ERASCA, California, Mr. X. Robert Livingston, Senior Marketing Manager, Glenmark Pharmaceuticals, Chennai
National E-Conference on Regenerative Medicine & Psychoneuroimmunology	16-07-2020	172	Dr. Giridharan Appaswamy, Chief Scientific Officer, Lifecell International Private Limited & Dr. M. Jayalakshmi, Assistant Professor, Department of Immunology, School of Biological Sciences, Madurai
Peer group discussion on Endocrine Disorders	15-10-2020	87	Dr. F. Brisca Renuga, Holy Cross College (Autonomous), Nagercoil
<b>Entrepreneurial Skills</b>			
National Webinar on Entrepreneurship in Aquaculture	20-01-2021	139	Dr. T.T. Ajith Kumar, Principal Scientist, ICAR – National Bureau of Fish Genetic Resource, Lucknow
Ornamental Fish Farming: Prospects in Kanyakumari District	05-03-2021	140	Dr. Jegan Jascott, MBBS, D. Ortho. gave a talk on Ornamental Fish Farming: Prospects in Kanniyakumari District
National Seminar on Intellectual Property Rights (IPR) and its role in Bioentrepreneurship	13-03-2021	118	K.P. Srinivasakumar, Head Clinical Operations, Institute of Biology and Clinical Research, Thiruvananthapuram, Kerala
English for Entrepreneurship	21-04-2021	235	Bryan's Academy, Parvathipuram & Arclines Visualise Beyond, Virtual Reality Academy, Trichy
Entrepreneurial Advantage of English learners	11-03-2021	233	IIC & PG & Research Department of English, HCC, Nagercoil
Webinar on Entrepreneurship and Skill Development	17-12-2020	76	Dr. S. Marceline, Head & Associate Professor, Anna Adarsh College, President Confederation of Women Entrepreneurs TamilNadu Chapter
Innovative API for Entrepreneurs	28-11-2020	75	N R Raghav Narayanan, Founder and Director, Vollmond Academy
Personal Counselling	03-08-2020	110	Counselling Cell of Holy Cross College (Autonomous), Nagercoil and Counselling Ministry of Kottar Diocese, Nagercoil.
Mentoring	03-08-2020	2087	Holy Cross College (Autonomous), Nagercoil.

**Awareness of Trends in Technology**

Bio Prospecting of marine algal natural products and their benefits	01-09-2020	150	Dr. T. Citarasu, Associate Professor, Centre for Marine Science and Technology, Rajakkamangalam.
Webinar on Environmental Biotechnology	12-04-2021	185	Dr. M. Jerold, Assistant Professor, Department of Biotechnology, NIT, Warangal.
Web Designing	09-07-2020	50	Creative Technologies and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Design Thinking for Innovation and Problem Solving	09-07-2020	32	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Computer Literacy	24-08-2020	668	Holy Cross College (Autonomous), Nagercoil.
Orientation Session on Google Classroom	03-08-2020	2087	Holy Cross College (Autonomous), Nagercoil.

**2019-2020**

**Soft Skills**

Student Induction Programme for I UG	17-06-2019	709	Holy Cross College (Autonomous), Nagercoil.
Aari Work	06-07-2019	54	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Basic Beauty and Hair Dressing	06-07-2019	60	Preethi Beauty Parlour and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Bright Face and Beauty Hair Style	06-07-2019	57	Teena Beauty Parlour and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Catering	06-07-2019	69	Ruth Catering and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Doll Making	06-07-2019	57	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.

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Hand Embroidery	06-07-2019	45	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Jewellery Making	06-07-2019	64	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Painting	06-07-2019	53	Praba Drawing School and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Tailoring	06-07-2019	56	Crazy Woolen Crafts and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Tally	06-07-2019	29	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Western Music	06-07-2019	21	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Remedial Coaching	10-07-2019	1350	Holy Cross College (Autonomous), Nagercoil.
<b>Language and Communication Skills</b>			
Take off with spoken English	20-06-2019	707	Holy Cross College (Autonomous), Nagercoil.
Take off with French	27-06-2019	101	Ms. Anbu Hannah Dora, Associate Professor of French, Holy Cross College (Autonomous), Nagercoil.
English for Communication	27-06-2019	121	Department of English, Holy Cross College (Autonomous), Nagercoil.
Spoken English	17-06-2019	31	Holy Cross College (Autonomous), Nagercoil.
English through Language Laboratory Ability Enhancement Compulsory Course	21-06-2019	689	Holy Cross College (Autonomous), Nagercoil.
Spoken Hindi	06-07-2019	18	Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.

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<b>Life Skills</b>			
Yoga and Physical fitness	10-12-2019	387	Ms. Kavitha, Assistant Professor of Mathematics, Holy Cross College (Autonomous), Nagercoil.
<b>Health and Hygiene</b>			
Sanitation for Woman: The Problem and Solution	11-12-2019	12	Mrs. Isabel Rajesh, Managing Director, Friendly Care, Paavai Cottage Industries, Vadakkankulam
Resources, Health benefits and therapeutic potentials of seaweeds	03-10-2019	120	Dr. G. Immanuel, the Director of the Center for Marine Science and Technology (CMST), Rajakkamangalam
<b>Self-Employment</b>			
Wine Preparation	25-06-2019	40	Dr. Benit, Dr. Albino Wins, Dr. Celin Pappa Rani, Department of Botany, HCC, Ngl.
Roof Top Garden and Mushroom Cultivation – Hands on Training	20-02-2020	55	Mr. Shanmuga Nathan, Mrs. Indra, Kurusady & Dr. Jespin Ida and Dr. Sr. Leema Rose, Department of Botany, HCC, Ngl.
Marketing Vermicompost	27-07-2019	40	Mr. Gomathinayagam, Honourable Judge, Nagercoil Court
<b>Entrepreneurial Skills</b>			
Apiculture training	04-07-2019	9	YMCA, Marthandam
Hands on training on Rearing of Silkworm	22-08-2019	36	Department of Zoology, Holy Cross College (Autonomous), Nagercoil
Personal Counselling	17-06-2019	144	Counselling Cell of Holy Cross College (Autonomous), Nagercoil and Counselling Ministry of Kottar Diocese, Nagercoil.
Mentoring	24-06-2019	2173	Holy Cross College (Autonomous), Nagercoil.
<b>Awareness of Trends in Technology</b>			
Future Biotechnology Line	04-02-2020	22	Dr. V. C. Padmanaban, Assistant Professor, Kamaraj College of Engineering and Technology, Madurai
Endowment Lecture: Biosensors	24-02-2020	124	Dr. T.S.T. Balamurugan, Post-Doctoral Researcher, Tsinghua University, Beijing, China

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Data Science and Big Data Analytics with Soft Skills	22-11-2019	45	Mr. Jebin, Mr. Jeevan (ICT Academy)
A Training on Hardware, Software and Networking	03-06-2019	46	Dr. Subitha, Dr. Anto Kumar, Dr. John Roobert, Mr. John Paul (St. Xavier's College, Chunkankadai)
Workshop on Content Management System	03-06-2019	45	Mr. John Pino, Dr. Annrose, Mrs. Angelin, Mr. Gavaskar, Mr. Ajin (St. Xavier's College, Chunkankadai)
Cloud Computing	17-06-2019	46	Mr. S. Sarath Sundar, LIVE WIRE, Centre Head, Nagercoil
Tally	17-06-2019	45	Mrs. Amala Pushpam BITS, Nagercoil
Computer Hardware	22-11-2019	25	Annai Best Care, Nagercoil
Domestic Appliance and Service	22-11-2019	45	Spenser and Co, Refrigeration, Electronics and Hospital Equipment Engineers, Vetoornimadam, Nagercoil
Multimedia Training	22-11-2019	45	Oasis Grace Multimedia Centre, Nagercoil
Web Designing	06-07-2019	35	Creative Technologies and Holy Cross Academy in Collaboration with Institution Innovation Council, Holy Cross College (Autonomous), Nagercoil.
Computer Literacy	27-06-2019	718	Holy Cross College (Autonomous), Nagercoil.

