

Holy Cross College (Autonomous)

Nagercoil-629004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle
An ISO 9001: 2015 Certified Institution

SSR 2019-2020 to 2023-2024

3.6.2 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community

Title of the programme : Awareness Session on Eradication of Plastics

Date : 15-08-2022

Organised by : UBA, Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To raise global awareness on plastic pollution.

Outcome of the activity : People understood how to reduce plastic pollution.

No. of Beneficiaries : 29 students and community

Venue : Ma<mark>nakudy</mark>

An awareness session on eradication of plastics was conducted on 15-08-2022 by the UBA, Department of English (SF), Holy Cross College (Autonomous), Nagercoil in the Manakudy village. The objective of the session was to raise global awareness on plastic pollution. The outcome of the activity was that people understood how to reduce plastic pollution. 29 students and community were benefitted by this session.



Title of the Programme : Awareness on Energy Usage

Date : 24.09.2022

Organized by : CEC, Department of Physics, Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To create awareness on energy usage among people

Outcome of the activity : The public understood the significance of energy in day Today usage of

equipment

No of Beneficiaries : 200

Venue : Punnai Nagar, Thomas Nagar and Ghandhi Nagar, Nagercoil,

Kanyakumari District

An awareness on Energy Usage was organized by the CEC, Department of Physics, Holy Cross College (Autonomous), Nagercoil on 24.09.2022 at Punnai Nagar, Thomas Nagar and Ghandhi Nagar, Nagercoil. The objective of the programme was to create awareness on energy usage among the public. The outcome of the activity was that the public understood the significance of energy usage in day-to-day life. There were around 200 beneficiaries from the programme.



Holy Cross College(Autonomous), Nagercoil

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CEC

(COMMUNITY ENGAGEMENT COURSE)

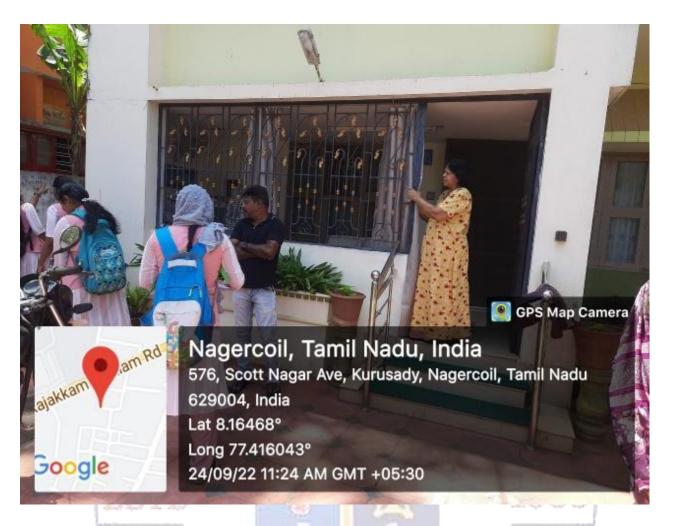
Department of Physics Holy Cross College(Autonomous), Nagercoil -629004, Tamil Nadu, India

ENERGY SURVEY



Date: 24-09-2022

Venue: Punnai Nagar, Thomas Nagar and Gandhi Nagar, KanyaKumari District



Title of the programme : Awareness Programme on Solid Waste Disposal Practices

Date : 24-09-2022

Theme/ Objective : To give awareness on disposal of solid waste in order to protect

environment

No. of Beneficiaries : 193 students and villagers

Organized by : CEC, Holy Cross College (Autonomous), Nagercoil

Venue : North Konam, Nagercoil

Outcome : Got aware of solid waste management and they also understood

the consequences of improper management of waste

An awareness programme on solid waste disposal practices was conducted at North Konam, Nagercoil on 24-09-2022 by the CEC, Holy Cross College (Autonomous), Nagercoil. The objective of the programme was to give awareness on disposal of solid waste in order to protect environment. 193 students and villagers were benefitted from this programme. The outcome of the programme was that people became aware of solid waste management and they also understood the consequences of improper waste management.



Title of the programme : Demo on Paper Bag Making

Date :24-09-2022

Organized by : CEC, Department of Zoology, Holy Cross College (Autonomous),

Nagercoil

Theme/Objective : Women Empowerment

Resource person : Dr. S. Prakash Shoba, Assistant Professor of Zoology, HCC

Outcome of the activity : The students gave hands-on training to the villagers

of Keezhakaattuvilai

No of Beneficiaries :54

Venue : Keezhakaattuvilai

A demo on Paper Bag Making was conducted on 24-09-2022 organized by the CEC, Department of Zoology, Holy Cross College (Autonomous), Nagercoil. The objective of the programme was to promote Women Empowerment. Dr. S. Prakash Shoba, Assistant Professor of Zoology, Holy Cross College (Autonomous), Nagercoil was the resource person. The outcome of the activity was that the

students gave hands-on training to the villagers of Keezhakaattuvilai on paper bag making. There were 54 beneficiaries from the programme.



MARIA

-629

COIL





Title of the Programme : Awareness Programme on Water Management

Date : 24-09-2022

Organised by : UBA, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective : Water Management

Resource Person : Panchayat President

Outcome of the Activity : Got awareness about saving water for future generations

No. of Beneficiaries : 130

Venue : Pozhikarai, Kanyakumari district.

An awareness programme on Water Management was conducted on 24-09-2022 by the UBA, Holy Cross College (Autonomous), Nagercoil at Pozhikarai, Kanyakumari district. The objective of this programme was to encourage Water Management. The Panchayat President was the resource person. The outcome of the activity was that people got awareness about saving water for future generations. There were 130 beneficiaries.

MARIA







RCOIL

-6296



Title of the programme : Solid Waste Management and After Effects of Covid 19

Date : 24- 09- 2022

Organised by : UBA, Department of English (SF), Holy Cross College

(Autonomous), Nagercoil

Theme/ Objective : To raise global awareness on Solid Waste Management

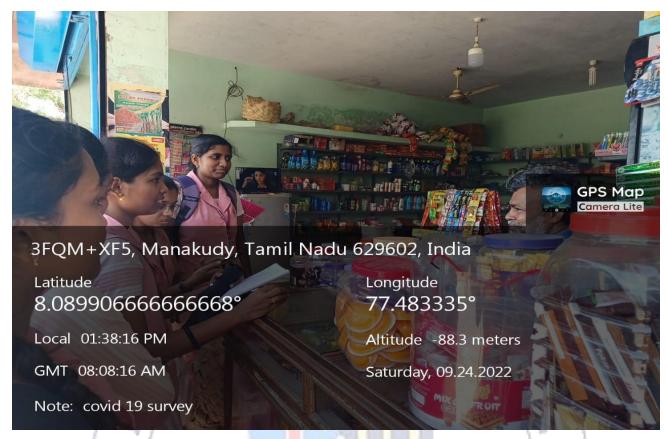
Outcome of the activity : Students learnt the aftereffects of covid 19 and also the use of solid

waste management

No. of Beneficiaries : 29 students and community

Venue : Manakudy

An awareness programme on Solid Waste Management and After Effects of Covid 19 was organised at Manakudy on 24- 09- 2022 by the UBA, Department of English (SF), Holy Cross College (Autonomous), Nagercoil. The objective of the programme was to raise global awareness on Solid Waste Management. The outcome of the activity was that students learnt the aftereffects of covid 19 and also the use of solid waste management. 29 students and community got 29 benefitted.





Title of the Programme : Training the Self-Help Group in Organic Farming

Date :24-09-2022.

Organised by : UBA, Department of Mathematics (S.F), Holy Cross College

(Autonomous), Nagercoil

Theme / Objective : Organic Farming

Resource Person : M.S. Nithisha, Department of Botany, Holy Cross College

(Autonomous), Nagercoil

Outcome of the activity : Learnt to make organic products with coconut peal, cow dung with

red sand

GRRCC

No. of Beneficiaries : 23 students and villagers

Venue : Kovilvilai

A programme on training the Self-Help Group in Organic Farming was conducted on 24-09-2022 by the UBA, Department of Mathematics (S.F), Holy Cross College (Autonomous), Nagercoil at Kovilvilai. The objective of the programme was to extend hands to the common public in organic farming. M.S. Nithisha, Department of Botany, Holy Cross College (Autonomous), Nagercoil was the resource person. The outcome of the activity was that people learnt to make organic products with coconut peel, cow dung with red sand. 23 students and villagers were the beneficiaries.

-629





Title of the Programme : Awareness Talk on Organic Farming

Date : 24-09-2022

Organized by : UBA, Department of Economics, Holy Cross College (Autonomous),

Nagercoil.

Theme/Objective : To instil the importance of organic farming

Resource Persons : Miss. R. Nithisha, II M.Sc. Botany, Holy Cross College (Autonomous),

Nagercoil

No. of. Beneficiaries : 64

No. of. Participants : 21+ 64 people

Venue : Kovilvizhai

An awareness talk on Organic Farming was organized on 24-09-2022 by the UBA, Department of Economics, Holy Cross College (Autonomous), Nagercoil at Kovilvilai. The objective of the programme was to instil the importance of organic farming. Miss. R. Nithisha, II M.Sc. Botany, Holy Cross College (Autonomous), Nagercoil was the resource person. 64 people benefitted from this programme.





Title of the Programme : Awareness Programme on Ozone Hole

Date : 08-10-2022

Organised by : Department of Botany, Holy Cross College (Autonomous), Nagercoil

Theme/Objective : To prevent ozone depletion

Resource Person : R. Nithisha, II M.Sc. Botany, Holy Cross College (Autonomous) Nagercoil

Outcome of the Activity : To create an awareness about ozone hole due to climatic changes

No. of Beneficiaries : 19

Venue : SasthanKovilvilai

The Department of Botany at Holy Cross College, Nagercoil, organized an Awareness Programme on Ozone Hole on 8th October 2022 at SasthanKovilvilai. The event aimed to highlight the dangers of ozone depletion and its connection to climate change. R. Nithisha, II M.Sc. Botany student, served as the resource person and explained the causes and effects of the ozone hole, emphasizing the need to reduce harmful chemicals like CFCs. Nineteen participants actively engaged in discussions on how individual actions can help mitigate ozone depletion. The programme successfully raised awareness about environmental protection. Attendees pledged to adopt eco-friendly practices to protect the ozone layer.





Title of the Programme : Awareness Talk on Solar Electricity

Date : 08-10-2022

Organized by : UBA, Department of Economics, Holy Cross College (Autonomous),

Nagercoil

Theme/Objective : To Educate the Importance of Electricity

Resource Persons : Miss. M. Vinishno Angelin, II M.Sc. Mathematics (S.F), Holy Cross

College (Autonomous), Nagercoil

No. of. Beneficiaries : 12students and 64 villagers

Venue : Kovilvizhai

On 8th October 2022, the UBA, Department of Economics at Holy Cross College, Nagercoil, organized an Awareness Talk on Solar Electricity at Kovilvizhai. The event aimed to educate participants on the importance of electricity and the benefits of using solar power. Miss M. Vinishno Angelin, a II M.Sc. Mathematics student, served as the resource person and highlighted the significance of solar energy as a sustainable and eco-friendly alternative. The session attracted 64 beneficiaries and had 12 active participants, who engaged in discussions about reducing reliance on non-renewable energy sources. The talk successfully raised awareness about solar electricity and its potential to meet future energy demands. Participants left the session with a better understanding of how solar power can contribute to a greener future.



Title of the Programme

: Survey Taken on Waste Disposal

Date : 08-10-2022

Organized by : UBA, Department of Economics, Holy Cross

College (Autonomous), Nagercoil

Theme/Objective : To Conduct a Survey on Waste disposal

No. of. Beneficiaries : 12 students + 64

Venue : Kovilvizhai

On 8th October 2022, the UBA, Department of Economics at Holy Cross College, Nagercoil, organized an Awareness Talk on Solar Electricity at Kovilvizhai. The event aimed to educate participants on the importance of electricity and the benefits of using solar power. Miss M. Vinishno Angelin, a II M.Sc. Mathematics student, served as the resource person and highlighted the significance of solar energy as a sustainable and eco-friendly alternative. The session attracted 64 beneficiaries and had 12 active participants, who engaged in discussions about reducing reliance on non-renewable energy sources. The talk successfully raised awareness about solar electricity and its potential to meet future energy demands. Participants left the session with a better understanding of how solar power can contribute to a greener future.







Title of the programme : Survey on Water Resources and Group Discussion

Date : 08-10-2022

Organised by : UBA, Department of Chemistry, Holy Cross

College (Autonomous), Nagercoil

Theme/Objective : Survey on Water Resources and Group Discussion

Outcome of the activity : Awareness to the Annai Nagar village people regarding

conservation of water resources

No. of beneficiaries : 78

Venue : Annai Nagar

The Department of Chemistry at Holy Cross College (Autonomous), Nagercoil, in collaboration with UBA, organized a "Survey on Water Resources and Group Discussion" on October 8, 2022. The event aimed to raise awareness among the residents of Annai Nagar village about the importance of water conservation. Through a detailed survey, participants gathered data on the water resources available in the town and their current state. This was followed by a group discussion where community members discussed sustainable water management practices. A total of 78 beneficiaries from the village actively participated in the program. The event successfully fostered awareness about conserving water resources among the local population.





Title of the programme : Plastic Awareness

Date : 08- 10- 2022

Organised by : UBA, Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To raise global awareness to reduce plastic pollution

Outcome of the activity : Students learnt the hazards of using plastic

No. of Beneficiaries : 29

Venue : Manakudy

The Department of English (SF) at Holy Cross College (Autonomous), Nagercoil, in collaboration with UBA, conducted a "Plastic Awareness" program on October 8, 2022. The primary objective of the event was to raise global awareness about the dangers of plastic pollution and encourage efforts to reduce its use. Held at Manakudy, the program highlighted the environmental hazards caused by plastic waste and the importance of adopting eco-friendly alternatives. A total of 29 beneficiaries, including students and community members, actively participated in the event. Through discussions and interactive sessions, participants gained valuable insights into the harmful effects of

plastic on ecosystems. The event successfully encouraged students to take steps toward minimizing plastic usage.



Title of the programme : Awareness Programme on Water Management

Date : 08-10-2022

Theme/ Objective : To reach out the local communities to promote awareness for

conservation, preservation and the efficient use of water resources

Organized by : CEC, Holy Cross College (Autonomous), Nagercoil

Outcome of the Activity : Visited the community members in their houses to create an

awareness on conservation, preservation and the efficient use of

water resources

No. of Beneficiaries : 216

Venue : North Konam, Nagercoil

The CEC of Holy Cross College (Autonomous), Nagercoil, organized an "Awareness Programme on Water Management" on October 8, 2022. The objective was to educate local communities about the importance of conserving, preserving, and efficiently using water resources. The program involved visiting community members in their homes at North Konam, Nagercoil, to engage in discussions about sustainable water practices. A total of 216 beneficiaries participated in this outreach effort. Through direct interaction, the team successfully raised awareness about water management and its long-term benefits. The initiative encouraged the community to adopt better water conservation habits.



Title of the programme

: Cleanliness and Waste Management

Date

: 8-10-2022

Organized by : CEC, Department of Zoology, Holy Cross College (Autonomous),

Nagercoil

Theme/Objective : Solid Waste Management

Resource person : Dr. A. Punitha, Assistant Professor of Zoology, Holy Cross College

(Autonomous), Nagercoil

Outcome of the activity : Gave awareness on cleanliness and solid waste management to the people

of Thollavillai village

No of Beneficiaries :47

Venue : Thollavilai

The Department of Zoology and the CEC of Holy Cross College (Autonomous), Nagercoil, organized a "Cleanliness and Waste Management" program on October 8, 2022. The event focused on raising awareness about solid waste management in Thollavillai village. Dr. A. Punitha, Assistant Professor of Zoology, served as the resource person, educating the participants on effective waste disposal and the importance of maintaining cleanliness in the community. A total of 47 beneficiaries attended the program, actively engaging in discussions on sustainable waste management practices. The initiative successfully promoted environmental responsibility among the village residents. The program aimed to encourage long-term practices for cleaner surroundings and efficient waste management.





Title of the Programme

: Awareness on Energy Conservation and Survey on Energy in Domestic Appliances

Date

: 22-10-2022

Organised by : RUN, Department of Physics, Holy Cross

College (Autonomous), Nagercoil

Theme/Objective : To create awareness and conservation of electrical energy on

the domestic appliances

Outcome of the activity : The public understood energy conservation and the application of energy

conservation in domestic appliances.

No of beneficiaries : 325

Venue : Kurusady

The Department of Physics at Holy Cross College (Autonomous), Nagercoil, under the RUN initiative, organized an "Awareness on Energy Conservation and Survey on Energy in Domestic Appliances" on October 22, 2022. The primary objective was to educate the public about conserving electrical energy in household appliances. Held at Kurusady, the event included a detailed survey and awareness sessions on energy-saving techniques. A total of 325 beneficiaries from the community participated in the program. The public gained valuable insights into the importance of energy conservation and learned how to apply these practices in their daily use of domestic appliances. The initiative successfully promoted sustainable energy use within households.



Holy Cross College(Autonomous), Nagercoil

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RUN

(REACHING THE UNREACHED NEIGHBOURHOOD)

Department of Physics

Holy Cross College(Autonomous), Nagercoil -629004, Tamil Nadu, India

&

Nagercoil Corporation
Organises

Awareness Programme on Energy Conservation and Survey on Energy in Domestic Appliances

Date: 22-10-2022

Venue: Kurusady Nagercoil-629004



Title of the programme : Awareness on Plastic Usage

Date : 27- 10- 2022

Organised by : RUN, Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To reduce plastic usage

Resource Persons : Mr. Antony

Outcome of the activity : Students learnt the ill effects of using plastic

No. of Beneficiaries : 41

Venue : Pillaithopu

The Department of English (SF) at Holy Cross College (Autonomous), Nagercoil, organized an "Awareness on Plastic Usage" program under the RUN initiative on October 27, 2022. The objective was to educate participants on reducing plastic usage and its harmful environmental impact. Mr. Antony, the resource person, provided valuable insights into the ill effects of plastic and the need for adopting eco-friendly alternatives. Held at Pillaithopu, the event saw active participation from 41 beneficiaries. Students gained a deeper understanding of the environmental hazards associated with

plastic use. The program successfully raised awareness about reducing plastic consumption in daily life.







Title of the Programme : Orientation Program on Environmental Sustainability and Plastic

Awareness

Date :27-10-2022

Organised by : Department of Tamil (SF), Holy Cross College (Autonomous), Nagercoil

Theme/objective :Sustainable Development

Resource Person : Rejin Mary Provision (NGO)

Outcome of the Activity : Students were made aware of the Sustainable Development Goals

No of Beneficiaries :27 students and community

Venue : Periavilai

The Department of Tamil (SF) at Holy Cross College (Autonomous), Nagercoil, organized an "Orientation Program on Environmental Sustainability and Plastic Awareness" on October 27, 2022. The program aimed to promote sustainable development and raise awareness about environmental issues, particularly plastic usage. Reji Mary, Coordinator of Provision, a representative from an NGO, served as the resource person, providing insights on the Sustainable Development Goals (SDGs) and how they relate to environmental sustainability. Held at Periavilai, the event saw participation from 27 student beneficiaries and the community. Students were educated on the importance of sustainable practices and the global efforts to achieve these goals. The program successfully fostered awareness about environmental conservation and plastic reduction.



Title of the Programme : Orientation Programme on Plastic Free Awareness

Date : 27-10-2022

Organized by : RUN, Department of Economics, Holy Cross College (Autonomous),

Nagercoil / Provision, NGO organization, Nagercoil

Theme/Objective : Environmental Sustainability and Plastic Free Awareness

Resource Persons : Mrs. Regi Mary, Co-ordinator of PROVISION, N.G.O.

No. of. Beneficiaries : 27 students out of 125 beneficiaries

Venue : Periyavillai

The Department of Economics at Holy Cross College (Autonomous), Nagercoil, in collaboration with Provision NGO, organized an "Orientation Programme on Plastic Free Awareness" on October 27, 2022. The program focused on environmental sustainability and raising awareness about reducing plastic use. Mrs. Regi Mary, Coordinator of Provision NGO, served as the resource person, delivering key insights on achieving a plastic-free environment. The event, held at Periyavillai, was attended by 27 participants out of 125 beneficiaries. The program effectively educated attendees on the adverse effects of plastic pollution and promoted practices for a more sustainable lifestyle.



Title of the Programme : Awareness Programme on Swatch Bharat and Training in Art

and Crafts

Date : 27-10-2022

Organised by : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective : Training in art and crafts like dance, nursery rhymes, songs, stories,

drawing and identifying shapes and Swatch Bharat

Outcome of the Activity : Students had given training in art and crafts like dance, nursery rhymes,

songs, stories, drawing

Number of the Beneficiaries : 43 students and school students

Venue: Government Middle School, Pozhikkarai

The Department of History at Holy Cross College (Autonomous), Nagercoil, organized an "Awareness Programme on Swachh Bharat and Training in Art and Crafts" on October 27, 2022. The event aimed to promote the Swachh Bharat initiative while also providing training in various art and craft activities. The program included sessions on dance, nursery rhymes, songs, stories, drawing, and shape identification. Held at the Government Middle School in Pozhikkarai, the program benefited 43 students. The initiative successfully combined environmental awareness with creative learning, engaging students in both cleanliness and artistic expression.



DEPARTMENT OF HISTORY HOLY CROSS COLLEGE (Autonomous)

Affiliated to Manonmaniam Sundaranar University Accredited with A+ Grade (CGPA- 3.35) by NAAC (IV Cycle) Nagercoil — 629004, Tamil Nadu, India

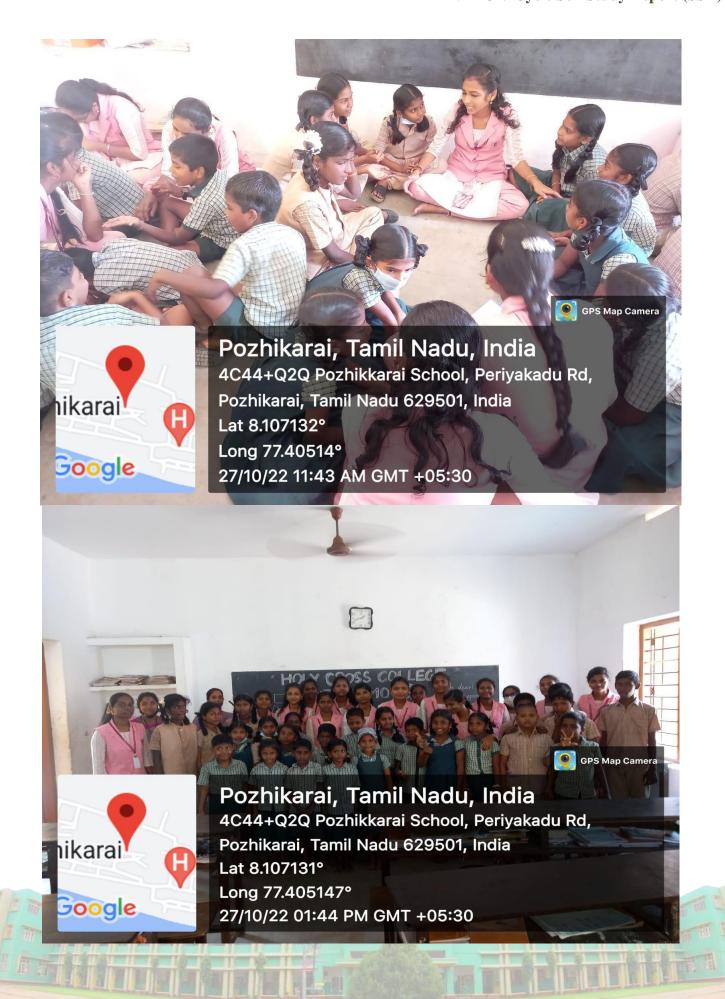


RUN

Date: 27-10-2022

Venue: Government Middle School, Pozhikkarai Topic: Training in art and crafts and Swatch Bharat

Organising Secretaries
Dr.C.R.Siva Kala & Dr.S.Mary Judit
Assistant Professors of History
Holy Cross College (Autonomous)
Nagercoil







Title of the Programme : Plastic Awareness

Date :29-10-2022

Organised by : The Department of Tamil (SF), Holy Cross College (Autonomous),

Nagercoil

Theme/objective : Sustainable Development

Resource Person : IREL Members

Outcome of the Activity : Students practically learnt the ways to recycle plastic

No of Beneficiaries :17 students and the local community

Venue : Periyavilai

The Department of Tamil (SF) at Holy Cross College (Autonomous), Nagercoil, organized a "Plastic Awareness" program on October 29, 2022, focusing on sustainable development. The event featured resource persons from IREL, who provided practical guidance on recycling plastic. Held at Periyavilai, the program had beneficiaries of 17 students and the local community. Participants engaged in hands-on learning about plastic recycling techniques and the importance of reducing plastic waste. The initiative effectively combined theoretical knowledge with practical skills, enhancing students' understanding of sustainable practices.



Title of the Programme : Solid Waste Management and Cleaning of the Beach

Date : 29-10-2022

Organized by : RUN, Department of Economics, Holy Cross College

(Autonomous), Nagercoil / Provision, NGO organization, Nagercoil

Theme/Objective : Environmental Sustainability and Plastic Free Awareness
Resource Persons : Mrs. Reji Mary, Co-ordinator of PROVISION, N.G.O.

No. of. Beneficiaries : 125

No. of. Participants : 27 students out of 125 participants

Venue : Periyavillai

The Department of Economics at Holy Cross College (Autonomous), Nagercoil, in collaboration with Provision NGO, organized a "Solid Waste Management and Cleaning of the Beach" program on October 29, 2022. The event aimed to promote environmental sustainability and raise awareness about reducing plastic waste. Mrs. Reji Mary, Coordinator of Provision NGO, led the program, which included a beach cleanup activity at Periyavillai. The event saw participation from 27 individuals out of 125 beneficiaries. The initiative successfully combined practical waste management efforts with educational outreach, encouraging both community involvement and environmental responsibility.





Title of the Programme : Awareness on Energy Usage

Date : 29-10-2022

Organized by : CEC, Department of Physics, Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To create awareness on energy usage among the public.

Outcome of the activity : The public understood the significance of energy in day today

equipment

No of Beneficiaries : 200

Venue : Thollavilai, Kanyakumari District

The CEC of the Department of Physics at Holy Cross College (Autonomous), Nagercoil, organized an "Awareness on Energy Usage" program on October 29, 2022. The primary objective was to educate the public about the importance of efficient energy use in everyday equipment. The event, held in Thollavilai, Kanyakumari District, attracted 200 beneficiaries. Through informative sessions and discussions, attendees gained a better understanding of how to manage and conserve energy in their daily lives. The program successfully highlighted the significance of energy awareness and its impact on sustainable living.



Holy Cross College (Autonomous), Nagercoil

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CEC

(COMMUNITY ENGAGEMENT COURSE)

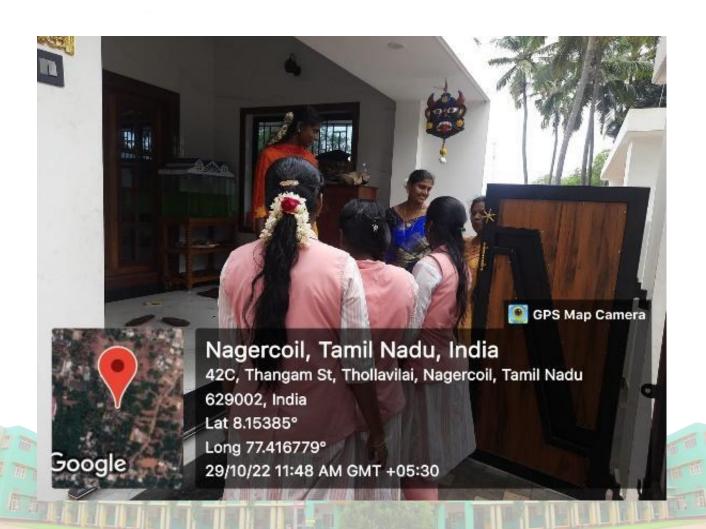
Department of Physics Holy Cross College(Autonomous), Nagercoil -629004, Tamil Nadu, India

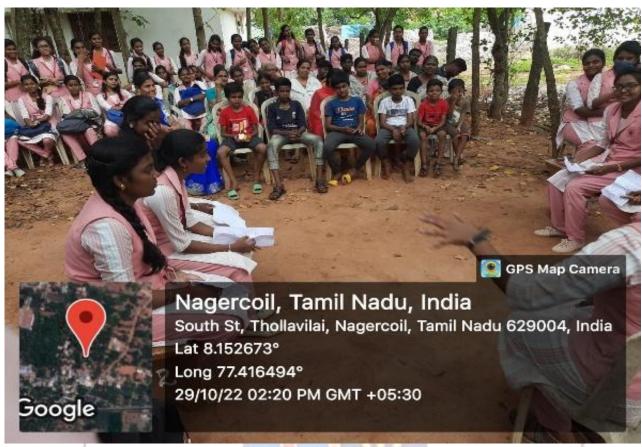
ENERGY SURVEY



Date: 29-10-2022

Venue: Thollavilai, KanyaKumari District





Title of the Programme : Energy Survey

Date : 29-10-2022

Organised by : CEC, Department of Physics, Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To create awareness of energy saving

Outcome of the Activity : Understood the usage of energy for various purposes through the energy

survey and emphasized the need for energy conservation among the public

No. of the Beneficiaries : 250

Venue : Annai Nagar, Pallam

The CEC of the Department of Physics at Holy Cross College (Autonomous), Nagercoil, conducted an "Energy Survey" on October 29, 2022. The objective was to raise awareness about energy conservation among the public. Held at Annai Nagar, Pallam, the event involved conducting a comprehensive survey to understand energy usage for various purposes. With 250 beneficiaries participating, the survey provided valuable insights into current energy consumption patterns and highlighted the need for more efficient energy practices. The program successfully emphasized the

importance of energy conservation and encouraged the community to adopt more sustainable energy habits.



Holy Cross College (Autonomous), Nagercoil





UBA

(UNNAT BHARAT ABHIYAN)

Department of Physics Holy Cross College (Autonomous), Nagercoil-629004, TamilNadu, India

S

Nager coil Corporation

Organises

ENERGY SURVEY

Date: 29-10-2022

Venue: Annai Nagar, Pallam, Kanyakumari District



Title of the programme

: Segregation of Solid Waste

Date

:29-10-2022

NAAC V Cycle Self Study Report (SSR)

Organized by : RUN, Department of Zoology and Provision – NGO organization in

Saamithoppu.

Theme/Objective : Solid Waste Management

Resource person : Dr. C. Josephine Priyatharshini and Dr. C. Anitha, Assistant Professors of

Zoology, Holy Cross College (Autonomous), Nagercoil

Outcome of the activity : Villagers were taught the difference between organic and inorganic wastes

and how to segregate them and safe disposal

No of Beneficiaries :300

Venue : Saamithoppu

The Department of Zoology at Holy Cross College (Autonomous), Nagercoil, in collaboration with Provision NGO, organized a "Segregation of Solid Waste" program on October 29, 2022, in Saamithoppu. The objective was to educate the community on effective solid waste management practices. Dr. C. Josephine Priyatharshini and Dr. C. Anitha, Assistant Professors of Zoology, served as the resource persons, providing guidance on distinguishing between organic and inorganic waste and demonstrating proper segregation and disposal methods. With 300 beneficiaries participating, the program successfully taught villagers essential skills for managing waste effectively and promoting environmental sustainability.



Title of the programme : Collection of Plastics

Date : 29- 10- 2022

Organised by : RUN, Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To raise global awareness to reduce plastic pollution

Resource Persons : Ms. Umayatharani

Outcome of the activity : Through the collection of plastics students came to know about the

numerous usages of plastics in houses

No. of Beneficiaries : 41

Venue : Pillaithopu

The Department of English (SF) at Holy Cross College (Autonomous), Nagercoil, organized a "Collection of Plastics" program on October 29, 2022. The objective was to raise global awareness about reducing plastic pollution. Ms. Umayatharani served as the resource person, guiding participants in the collection and analysis of plastic waste. Held at Pillaithopu, the event involved 41 beneficiaries, including students, who learned about the widespread use of plastics in households and the associated environmental impacts. The program effectively highlighted the need for reducing plastic use and encouraged more sustainable practices.



Holy Cross College (Autonomous)
Affiliated to Manonmaniam Sundaranar University
Accredited with A+ by NAAC (IV Cycle- CGPA 3. 35)
Nagercoil- 4, Tamil Nadu.

Reaching the Unreached Neighbourhod

Protecting the environment,
Women Empowerment and
Collection of Plastics

Patron: Dr. Sr. Mary Hilda, Secretary Chair person: Dr. Sr. S. Sahaya Selvi, Principal Dr. Sr. Leema Rose, Vice Principal Dr. P Sathya, Vice Principal Dr Jenepha- Convener

Date: 29.10.2022 Venue: Pillaithoopu Staff Incharges: Ws. J Anusha Snowly Ms. B Angelin Majila





Title of the Programme : Activities Emphasizing Eco Awareness

Date : 31-10-2022

Organised by : Department of Mathematics, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective : Eco Awareness

Outcome of the Activity : Created responsibility to protect the environment

No. of Beneficiaries : 44 students and local community

Venue : Holy Cross College (Autonomous), Nagercoil

The Department of Mathematics at Holy Cross College (Autonomous), Nagercoil, organized a program titled "Activities Emphasizing Eco Awareness" on October 31, 2022. The main theme of the event was to foster a sense of environmental responsibility among participants. Held at the college, the program engaged 44 beneficiaries in various activities designed to promote eco-friendly practices and raise awareness about environmental protection. The initiative successfully instilled a greater sense of duty in attendees to contribute to environmental conservation and sustainable living.





Title of the Programme

: Awareness on Green Energy and Handling Electrical and Electronic Devices

Date : 17-12-2022

Organised by : RUN, Holy Cross College (Autonomous), Nagercoil.

Theme/Objective : To create awareness on green energy and using electrical and

electronic devices

Outcome of the activity : The school students were able to gain knowledge on green

energy and on how to handle electrical and electronic devices

No of beneficiaries : 93

Venue : Punnai Nagar

The RUN initiative at Holy Cross College (Autonomous), Nagercoil, organized a program titled "Awareness on Green Energy and Handling Electrical and Electronic Devices" on December 17, 2022 at Punnainagar. The objective was to educate school students about green energy solutions and proper handling of electrical and electronic devices. The program successfully reached 97 beneficiaries, providing them with valuable knowledge on sustainable energy practices and safe device management. The event effectively enhanced students' understanding of green energy and practical skills for dealing with electrical and electronic equipment.



Holy Cross College (Autonomous), Nagercoil



RUN

(REACHING THE UNREACHED NEIGHBOURHOOD)

Department of Physics Holy Cross College (Autonomous), Nagercoil -629004, Tamil Nadu, India

Diguizes

Awareness Programme on Green Energy



Date: 17-12-2022

Venue : Government Primary school Punnai nager,Nagercoil-629004



Title of the Programme : Kitchen Garden Practices

Date :17-12-2022

Organised By : Department of Commerce SF-II, Holy Cross College (Autonomous),

Nagercoil

Theme/ objective : Kitchen Garden practice

Outcome of the activity : 160 families take initiatives to make kitchen garden in their house

Number of Beneficiaries : 160 Families

Venue : KonnakuzhiVilai

The Department of Commerce SF-II at Holy Cross College (Autonomous), Nagercoil, organized a program titled "Kitchen Garden Practices" on December 17, 2022. The primary objective was to encourage the establishment of kitchen gardens in households. Held at Konnakuzhivilai, the program successfully engaged 160 families, who were inspired to initiate kitchen gardens at their homes. The initiative effectively promoted self-sufficiency and sustainable living practices, leading to a significant number of families adopting kitchen gardening as a part of their daily routine.



Title of the Programme : Awareness on Energy Conservation and Survey on Energy in

Domestic Appliances

Date : 07-01-2023

Organised by : RUN, Holy Cross College (Autonomous), Nagercoil &

Nagercoil Corporation

Theme/Objective : To create awareness and conservation of electrical energy on the

domestic appliance

Outcome of the activity : 345 people of Kurusady were able to understand energy conservation

and apply them on domestic appliances to conserve energy

No of beneficiaries : 345 people including students

Venue : Kurusady

The RUN initiative at Holy Cross College (Autonomous), Nagercoil, in collaboration with Nagercoil Corporation, organized a program titled "Awareness on Energy Conservation and Survey on Energy in Domestic Appliances" on January 7, 2023. The event aimed to educate participants about conserving electrical energy in domestic appliances. Held in Kurusady, the program successfully reached 345 people including students, who gained insights into energy conservation practices and learned how to apply them to their household appliances. The initiative effectively promoted energy efficiency and encouraged more sustainable energy use within the community.



Holy Cross College(Autonomous), Nagercoil

Accredited with A+ Grade (CGPA 3.35-4th Cycle)by NAAC



RUN

(REACHING THE UNREACHED NEIGHBOURHOOD)

Department of Physics

Holy Cross College (Autonomous), Nagercoil -629004, Tamil Nadu, India

Nagercoil Corporation Organises

Awareness Programme on Energy Conservation and Survey on Energy in Domestic Appliances

Date: 07-01-2023

Venue: Kurusady Nagercoil-629004



Title of the Programme : Plant Donation

Date :10-01-2023

Organised By : Eco Club, Holy Cross College (Autonomous), Nagercoil

Objective/ Theme : Donation of plants

Resource Person : Dr. A. Punitha, Assistant Professor of Zoology, Holy Cross

College (Autonomous), Nagercoil

Outcome of the activity : Increased availability of plants for beautification, air purification,

and ecosystem support

No. of Beneficiaries :106

Venue : Thollavillai village

The Eco Club at Holy Cross College (Autonomous), Nagercoil, organized a "Plant Donation" program on January 10, 2023. The event aimed to enhance the availability of plants for beautification, air purification, and ecosystem support. Dr. A. Punitha, Assistant Professor of Zoology, served as the resource person, guiding the initiative. Held in Thollavillai village, the program benefited 106 participants by providing them with plants. The donation effort successfully contributed to improving the local environment and fostering a greater appreciation for greenery and ecological health.

Plant Donation





Title of the programme :Talk and Songs on Plastic Free Environment

Date : 21-01-2023

Organised by : RUN, Department of Chemistry, Holy Cross College (Autonomous),

Nagercoil

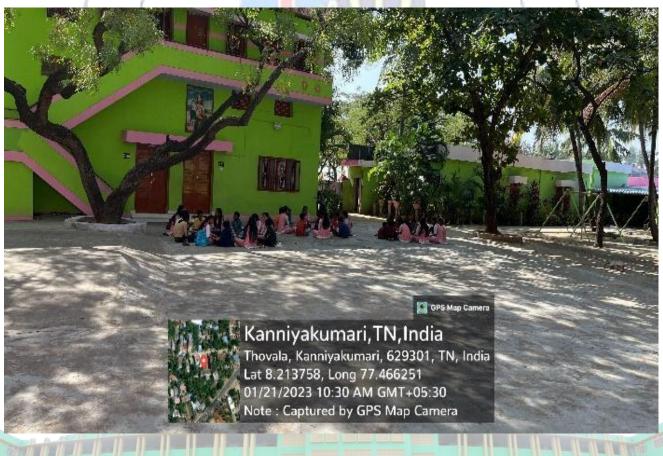
Theme/Objective : To impart environmental consciousness

Outcome of the activity : Students were enlightened on the need for sustainable environment

No. of beneficiaries : 38

Venue :St. Joseph's Social Welfare Centre, Vellamadam

The RUN programme of the Department of Chemistry at Holy Cross College (Autonomous), Nagercoil, organized a program titled "Talk and Songs on Plastic Free Environment" on January 21, 2023. The event aimed to raise environmental consciousness among participants. Held at St. Joseph's Social Welfare Centre in Vellamadam, the program featured educational talks and engaging songs about the importance of a plastic-free environment. With 38 beneficiaries attending, students were effectively enlightened on the need for sustainable environmental practices and the benefits of reducing plastic usage.





Title of the Programme : Awareness Programme on Conventional and Non-Conventional

Energy Resources

Date : 03-02-2023

Organised by : RUN, Holy Cross College (Autonomous), Nagercoil.

Theme/Objective : To create awareness on conventional and nonconventional energy resources

Outcome of the activity : The school students were able to gain knowledge on the various

conventional energy resources, conservation and applications

No of beneficiaries :141

Venue : Government Hr. Sec. School, Sundapatrivilai, Kanyakumari District

The RUN programme at Holy Cross College (Autonomous), Nagercoil, organized an "Awareness Programme on Conventional and Non-Conventional Energy Resources" on February 3, 2023. The program aimed to educate school students about both conventional and non-conventional energy resources, including their conservation and applications. Held at the Government Hr. Sec. School in Sundapatrivilai, Kanyakumari District, the event reached 141 beneficiaries. The program effectively

enhanced students' understanding of various energy sources and encouraged awareness about energy conservation and sustainable practices.



Holy Cross College(Autonomous), Nagercoil



RUN

(REACHING THE UNREACHED NEIGHBOURHOOD)

Department of Physics Holy Cross College (Autonomous), Nagercoil -629004, Tamil Nadu, India

Awareness Programme On Conventional and Non Conventional Energy Resources



Date: 3-02-2023

Venue: Government. Hr.Sec.School Sundapatrivilai,KanyaKumari Dist



Title of the programme : Awareness on Plastic and Cleaning the Shoreline

Date : 03- 02-2023

Organised by : RUN, Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To highlight the negative impacts of plastic.

Resource Persons : Ms. Charles Mary

Outcome of the activity : The programme helped students to be aware of cancer and the ways

to prevent it

No. of Beneficiaries : 40 students and the local community

Venue : Puthenthurai

The RUN programme of the Department of English (SF) at Holy Cross College (Autonomous), Nagercoil, organized an "Awareness on Plastic and Cleaning the Shoreline" program on February 3, 2023. The objective was to highlight the harmful effects of plastic on the environment and health. Resource person Ms. Charles Mary led the session, which was held at Puthenthurai and attended by 40 beneficiaries. Through the program, participants not only became more conscious of the environmental damage caused by plastic but also learned about cancer prevention strategies. The event successfully combined environmental awareness with public health education.







Title of the Programme : Awareness Programme on Energy Conservation

Date : 10-02-2023

Organised by : RUN, Holy Cross College (Autonomous), Nagercoil

Theme/Objective : To create awareness and conservation of electrical energy on the

domestic appliances

Outcome of the activity : Students of CMS Boys home was able to understand energy conservation

No of beneficiaries : 92

Venue : CMS Boys home, Punnai Nager

The RUN programme at Holy Cross College (Autonomous), Nagercoil, organized an "Awareness Programme on Energy Conservation" on February 10, 2023. The event aimed to educate participants about the importance of conserving electrical energy, particularly in domestic appliances. Held at CMS Boys Home in Punnai Nager, the program engaged 92 beneficiaries, including students, who gained a better understanding of energy-saving practices. The initiative successfully promoted awareness of energy conservation techniques and encouraged more efficient use of energy in everyday life.



Title of the Programme : Cleanliness Drive

Date : 20-02-2023

Organized by : NSS, Unit 76 & 77, Holy Cross College (Autonomous), Nagercoil

Objective/Theme : Swatchh Bharath

Resource Person : Mr.Sahaya George, Treasurer, Pallam Village.

Outcome of the Activity : Collected single use plastic and create awareness among the public.

No. of Beneficiaries :250

Venue : Pallam Village

The NSS Units 76 & 77 of Holy Cross College (Autonomous), Nagercoil, organized a "Cleanliness Drive" on February 20, 2023, with a focus on the Swachh Bharat initiative. The event aimed to address single-use plastic waste and raise public awareness about cleanliness. Mr. Sahaya George, Treasurer of Pallam Village, served as the resource person. Held in Pallam Village, the drive successfully engaged 250 beneficiaries, who participated in collecting single-use plastics and learning about effective waste management practices. The initiative contributed to cleaner surroundings and enhanced community awareness about the importance of maintaining a plastic-free environment.

முதல் நாள் 19-02-2023 - ஞாயிற்றுக்கிழமை

வருகையும் திட்டமிடலும் மாலை 6.00: முகாம் துவக்க விழா தலைமை: முனைவர் எ. வெளியப்பன் நாட்டு நலப்பணித்திட்ட . ஒருங்கிணைப்பாளர் மனோன்மணியம் சுந்தரனார் பல்கலைககழகம், திருநெல்வேலி.

வாழ்த்துரை: அருட்தந்தை சூசை ஆன்றனி பங்குத்தந்தை பள்ளம்

சிருப்பரை :

முனைவர் அருட்சகோதரி எஸ். சகாய செல்வி முதல்வர் தோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில்

இரண்டாம் நாள் 20.02.2023 - திங்கட்கிழமை

மீண்டும் மஞ்சப்பை விழிப்புணர்வு

களப்பணி: மஞ்சப்பை விழிப்பணர்வு ஜெ.ஹெலன் டேவிட்சன் கன்னியாகுமரி முன்னாள் பாராளுமன்ற உறுப்பினர் திமுக மாநில மகளிரணிச் செயலாளர்

பயிற்சி வகுப்பு : நூல் பை தயாரித்தல் திருமதி ச. மெர்லின் விஸ்றா ചഞ്ചിക്കമിധർ ക്രത്യ ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில்

பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்: தலைப்பு: இயற்கை மருத்துவம் சிறப்புரை: லா. பீனா திரேஸ்

மருத்துவ அலுவலர் கன்னியாகுமரி அரசு மருத்துவ கல்லூரி மருத்துவமனை ஆசாரிப்பள்ளம்

மன்னாம் நாள் 21.02.2023 - செவ்வாய்கிழமை

சுற்றுச்சூழல் பாதுகாப்பு

களப்பணி: கடற்கரை ஓரங்களில் நெகிழி ஒழிப்பு துணைமேயர் ம. பிரின்ஸி லதா நாகர்கோவில் மாநகராசி.

பயிற்சி வகுப்பு: திராட்சை ரசம் தயாரித்தல் முனைவர் ம.ஜாஸ்மின் வினோஜா தமிழ் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி)

நாகர்கோவில் பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்:

தலைப்பு : எதிர்கால இந்தியாவை உருவாக்குவதில் இளைஞர்கள்

சிறப்புரை: எஸ்.சேகர்,பி.இ தனி வட்டாட்சியர் தேசிய நெடுஞ்சாலை நிலமெடுப்பு விளவங்கோடு

> நான்காம் நாள் 22.02.2023 - புதன்கிழமை

குழந்தைகள் நல மேம்பாடு

களப்பணி: சுனாமி நினைவகம் தூய்மை பணி பயிற்சி வகுப்பு- காளான் வளர்ப்பு ஜெ. ஜெய்னப் மீரா

தாவரவியல் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகாகோவில். பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்

தலைப்பு: குழந்தைகள் நல மேம்பாடு சிறப்புரை: சி. கிறிஸ்டி ரம்பா சைல்டு லைன் கன்னியாகுமரி

ஐந்தாம் நாள் 23.02.2023 - வியாழக்கிழமை

மருத்துவ முகாம்

பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்

தலைப்பு : மார்பக புற்று நோய் விழிப்புணர்வு சிறப்புரை: மருத்துவர் ரா. நிரஞ்சனி உதவி மருத்துவ அலுவலர் அரசு ஆரம்ப சுகாதார நிலயம் , முட்டம்

ஆறாம் நாள் 24.02.2023 - வெள்ளி

சுற்றுச்சூழல் பாதுகாப்பதில் சட்டங்களின்

களப்பணி: மரம் நடுதல் பயிற்சி : இயற்கை உரம் தயாரித்தல் ந. தர்வுவி விலங்கியல் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில் சிறப்புரை: வழக்கறிஞர் :ஆனி ரெக்சிலின் சோபியா குழு வழக்கறிஞர் நீதிமன்ற வளாகம் நாகர்கோவில்

ஏழாம் நாள் 25.02.2023 - சனிக்கிழமை

நிறைவு விழா

நால்றவு விழா நால்றவு விழா பயிற்சி வகுப்பு: மாடி தோட்டம் அமைத்தல் முனைவர் ம.ஜாஸ்மின் வினோஜா தமிழ் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்காவில் வரவேற்புரை கே. ஸ்ரீ திவ்ய தர்வுனி நாட்டு நலப்பணித்திட்ட மாணவி

லமை: முணவர் எ. வெளியப்பன் நாட்டு நலப்பணித்திட்ட ஒருங்கிணைப்பாளர் மனோன்மணியம் சுந்தரனார் பல்கலைக் கழகம்,

திருநெல்வேலி முன்னிலை :முனைவர் அருட்சகோதரி லீமா நோஸ் துணை முதல்வர் ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி)

நாகாகோவில் அருட்தந்தை சூசை ஆன்றனி பங்குத்தந்தை பள்ளம் முகாம் அறிக்கை: மாணவர் செயலர் அனுபவ பகிர்வு: முகாம் மாணவியர்கள் முகாம் மதிப்புரை : ஊர் மக்கள் நன்றியுரை: ச. சலோமி எல்னா நாட்டு நலப்பணித்திட்ட மாணவி

நாட்டுப்பண்- நாட்டு நலப்பணித்திட்ட மாணவிகள்





Title of the Programme : Beach Cleaning

Date : 21-02-2023

: NSS, Unit 76 & 77, Holy Cross College (Autonomous), Nagercoil Organized by

Objective/Theme : Swatchh Bharath

Resource Person : Deputy Mayor Mrs.PrincyLatha

: 20 kg of plastic trash was collected close to Pallam beach and Outcome of the Activity

handed to the panchayat

No. of Beneficiaries :500

: Pallam Village Venue

The NSS Units 76 & 77 of Holy Cross College (Autonomous), Nagercoil, organized a "Beach Cleaning" event on February 21, 2023, as part of the Swachh Bharat initiative. The objective was to clean up plastic waste from the beach and promote environmental cleanliness. Deputy Mayor Mrs. Princy Latha served as the resource person. Held at Pallam Beach, the event saw participation from 500 beneficiaries who collectively removed 20 kg of plastic trash from the shoreline. The collected waste

was handed over to the local panchayat for proper disposal, contributing to a cleaner and healthier beach environment.





தலைப்பு : மார்பக புற்று நோய் விழிப்புணர்வு சிறப்புரை: மருத்துவர் ரா. நிரஞ்சனி உதவி மருத்துவ அலுவலர் அரசு ஆரம்ப சுகாதார நிலயம், முட்டம் ஆறாம் நாள் 24.02.2023 - வெள்ளி சுற்றுச்சூழல் பாதுகாப்பதில் சட்டங்களின் பங்கு களப்பணி: மரம் நடுதல் களப்பண: மரம் நடிதல் பபிற்சி : இயற்கை உரம் தபாரித்தல் ந. தர்வதினி விலங்கியல் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில் நாகாகவில் : வழக்கழிஞர் :ஆனி ரெக்சிலின் சோபியா குழு வழக்கழிஞர் நீதிமன்ற வளாகம் நாகர்கோவில் ஏழாம் நாள் 25.02.2023 - சனிக்கிழமை நிறைவு விழா நிறைவு விழா
களப்பணி: பேருந்து நிலையம் தூய்மை பணி
பயிற்சி வகுப்பு: மாடி தோட்டம் அமைத்தல்
முணைவர் ம.ஜாஸ்பின் வினோஜா
தமிழ் துறை தூறாலிகிறால் கல்லூரி
(தன்னாட்சி) நாகர்கோவில்
வரவேற்புறை கே. றி தின்ய தர்வுவி
நாட்டு நலப்பணித்திட்ட மாணவி
தலைமை: முணைவர் எ. வெளியப்பன்
நாட்டு நலப்பணித்திட்ட ஒருங்கிணைப்பாளர்
மனேன்மணியம் சுந்தரனார் பல்கலைக் கழகம்,
திருநேல்வேலி
மன்னியை முன்னினை முனைவி வாட்சகோகரி வீமா போஸ் முன்னிலை முறைவர் அருட்சகோதரி லீமா நோஸ் துணை முதல்வர் ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில் அருட்தந்தை சூசை ஆன்றனி பங்குத்தந்தை பள்ளம் முகாம் அறிக்கை: மாணவர் செயலர் அனுபவ பகிர்வு: முகாம் மாணவியர்கள் முகாம் மதிப்புரை : ஊர் மக்கள் நன்றியுரை: ச. சலோமி எல்னா நாட்டு நலப்பணித்திட்ட மாணவி நாட்டுப்பண்- நாட்டு நலப்பணித்திட்ட மாணவிகள்





Title of the Programme : Meendum *Manjapai* Campaign

Date : 22-02-2023

Organized by : NSS, Unit 76 & 77, Holy Cross College (Autonomous), Nagercoil

Objectives/Theme : To create awareness on the usage of cloth bag

Resource Person : Rtn. J. Helen Davidson, Ex Member of Parliament Lok sabha,

Kanyakumari

Outcome of the Activity : Created awareness on the usage of plastic bags instead of single use

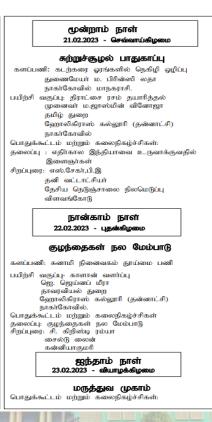
plastic bags

No. of Beneficiaries :250

Venue : Pallam Village

The NSS Units 76 & 77 of Holy Cross College (Autonomous), Nagercoil, organized the "Meendum Manjapai Campaign" on February 22, 2023. The campaign aimed to promote the use of cloth bags over single-use plastic bags. Rtn. J. Helen Davidson, former Member of Parliament for Lok Sabha, Kanyakumari, served as the resource person. Held in Pallam Village, the event reached 250 beneficiaries, successfully raising awareness about the benefits of switching to cloth bags to reduce plastic waste. The initiative effectively encouraged participants to adopt more sustainable shopping practices.

முதல் நாள் 19-02-2023 - ஞாயிற்றுக் காலை : வருகையும் கிட்டமிடலும் மாலை 6.00: முகாம் துவக்க கலைமை: முனைவர் எ. வெளியப்பன் நாட்டு நலப்பணித்திட்ட ஒருங்கிணைப்பாளர் மனோன்மணியம் சுந்தரனார் பல்கலைககமகம். திருநெல்வேலி. வாழ்க்குரை: அருட்கந்கை சூசை ஆன்றுவி பங்குத்தந்தை பள்ளம். . எவர் அருட்சகோதரி எஸ். சகாய செல்வி முதல்வர் ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில் இரண்டாம் நாள் 20.02.2023 - திங்கட்கிழமை மீண்டும் மஞ்சப்பை விழிப்புணர்வு களப்பணி: மஞ்சப்பை விமிப்பணர்வ மஞ்சப்பை வழ்ப்புணாவு ஜெ.ஹெலன் டேவிட்சன் கன்னியாகுமரி முன்னாள் பாராளுமன்ற உறுப்பினர் திமுக மாநில மகளிரணிச் செயலாளர் பயிற்சி வகுப்பு : நூல் பை தயாரித்தல் வகுப்பு : நூல் கூப ஓடிகாறது. திருமதி ச. மெர்லின் விஸ்நா வணிகவியல் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில் பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்: தலைப்பு: இயற்கை மருத்துவம் . சிறப்புரை: லா. பீனா திரேஸ் மருத்துவ அலுவலர் கன்னியாகுமரி அரசு மருத்துவ கல்லூரி மருத்துவமனை ஆசாரிப்பள்ளம்









Title of the Programme : Skill Development Program on Mushroom Cultivation

Date : 22-02-2023

: NSS, Unit 76 & 77, Holy Cross College (Autonomous), Nagercoil Organized by

Objectives/ Theme : To provide basic knowledge in cultivation of mushroom.

Resource Person : Ms. Jainab Meera, II B.Sc. Botany, Holy Cross College (Autonomous),

Nagercoil

Outcome of the Activity : Gained basic knowledge in mushroom cultivation

No. of Beneficiaries :100

Venue : Pallam Village

The NSS Units 76 & 77 of Holy Cross College (Autonomous), Nagercoil, organized a "Skill Development Program on Mushroom Cultivation" on February 22, 2023. The program aimed to provide basic knowledge on cultivating mushrooms. Ms. Jainab Meera, a II B.Sc. Botany student at Holy Cross College, served as the resource person. Held in Pallam Village, the event benefited 100 participants, who gained fundamental insights into mushroom cultivation techniques. The program successfully equipped attendees with practical skills for starting their own mushroom cultivation ventures.

முதல் நாள் 19-02-2023 - ஞாயிற்று காலை : வருகையும் திட்டமிடலும் மாலை 6.00: முகாம் துவக்க விழா தலைமை: முனைவர் எ. வெளியப்பன் நாட்டு நலப்பணித்திட்ட ஒருங்கிணைப்பாளர் மனோன்மணியம் சுந்தரனார் பல்கலைககழகம், திருநெல்வே வாம்க்குரை: அருட்கர்கை கூசை ஆன்றுவி முனைவர் அருட்சகோதரி எஸ். சகாய செல்வி முதல்வர் ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில் இரண்டாம் நாள் 20.02.2023 - திங்கட்கிழமை மீண்டும் மஞ்சப்பை விழிப்புணர்வு களப்பணி: மஞ்சப்பை விழிப்புணர்வு ஜெ.ஹெலன் டேவிட்சன் கன்னியாகுமரி முன்னாள் பாராளுமன்ற உறுப்பினர் திமுக மாநில மகளிரணிச் செயலாளர் பயிற்சி வகுப்பு : நூல் பை தயாரித்தல் திருமதி ச. மெல்லன் விஸ்றா

வியல் துறை .

மருத்துவமனை ஆசாரிப்பள்ளம்

நாகர்கோவில்

தலைப்பு: இயற்கை மருத்துவம் சிறப்புரை: லா. பீனா திரேஸ்

பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்:

மருக்குவ அலுவலர்

வேராலிகிராஸ் கல்லாரி (கன்னாட்சி)







Title of the Programme : Skit on Use of Plastic - A Bane to the Society

Date : 23-02-2023

Organised by : Holy Cross College (Autonomous), Nagercoil

Theme/ Objective : Use of Plastic - A Bane to the Society

Outcome of the Activity : Learnt about the harm caused by the use of plastics

No. of Beneficiaries : 97

Venue : Pallam, Kanyakumari district

Link : https://youtu.be/Hoknj_OGkpA

Holy Cross College (Autonomous), Nagercoil, organized a skit titled "Use of Plastic - A Bane to the Society" on February 23, 2023. The objective of the skit was to highlight the harmful effects of plastic use on society. Held in Pallam, Kanyakumari District, the performance engaged 97 beneficiaries, who learned about the significant negative impacts of plastic on the environment and health. The skit effectively conveyed the message of reducing plastic use and inspired the audience to consider more sustainable alternatives.





Title of the Programme : Green Song

Date : 23-02-2023

Organised by : Holy Cross College (Autonomous), Nagercoil

Theme/ Objective : Eco Awareness

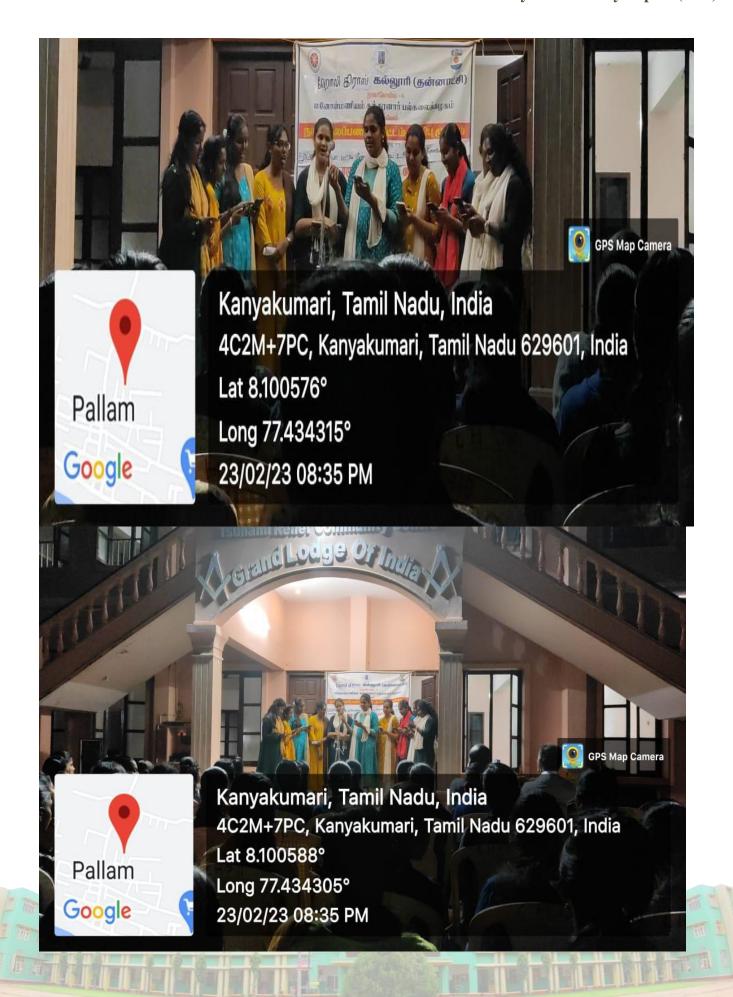
Outcome of the Activity : Instructed to dispose the waste materials

No. of Beneficiaries: : 97

Venue : Pallam, Kanyakumari district

Link : https://youtu.be/Xb4mb2Vf6zs

Holy Cross College (Autonomous), Nagercoil, organized a "Green Song" event on February 23, 2023. The theme of the event was eco-awareness, and its objective was to promote responsible waste disposal practices. Held in Pallam, Kanyakumari District, the event engaged 97 beneficiaries. The "Green Song" served as an educational tool, instructing participants on proper waste disposal methods and encouraging environmentally friendly habits. The initiative effectively communicated the importance of managing waste to support a cleaner and healthier environment.



Title of the Programme : Talk on Horticulture

Activity : Distribution of organic vegetable seeds

Date: 24-02-2023

Organized by : RUN, Department of Economics, Holy Cross College (Autonomous),

Nagercoil / Provision, NGO organization, Nagercoil

Theme/Objective : Environmental Sustainability and Plastic Free Awareness

Resource Persons : Mr. Danish Merlin, Horticulture Officer, Vilavancode

No. of. Beneficiaries : 125 beneficiaries, including 27 students

Venue : Periyavillai Village

The RUN programme of the Department of Economics at Holy Cross College (Autonomous), Nagercoil, in collaboration with Provision NGO, organized a "Talk on Horticulture" on February 24, 2023 at Periavilai. The event focused on environmental sustainability and plastic-free awareness, with a particular emphasis on horticulture practices. Mr. Danish Merlin, a Horticulture Officer from Vilavancode, served as the resource person. The program included the distribution of organic vegetable seeds to 125 beneficiaries, including 27 participants who engaged in the talk. The initiative aimed to promote sustainable gardening practices and raise awareness about reducing plastic use.



Title of the Programme : Plantation Drive

Date : 24-02-2023

Organized by : NSS, Unit 76 & 77, Holy Cross College (Autonomous), Nagercoil

Objective/ Theme : Green India

Resource Persons : Rev. Fr. Soosai Antony, Pallam Parish, Pallam, Mr. Charles,

President, Pallam village

Outcome of the Activity : Created awareness towards importance of planting and saving trees

No. of Beneficiaries :500

Venue : Pallam Village

The NSS Units 76 & 77 of Holy Cross College (Autonomous), Nagercoil, organized a "Plantation Drive" on February 24, 2023, with the theme "Green India." The objective was to raise awareness about the importance of tree planting and conservation. Rev. Fr. Soosai Antony from Pallam Parish and Mr. Charles, President of Pallam Village, served as resource persons. The event, held in Pallam Village, successfully engaged 500 beneficiaries. The drive effectively emphasized the significance of planting trees and contributed to foster a greater appreciation for environmental sustainability within the community.









Title of the Programme : Awareness Talk on Environmental laws

Date : 24-02-2023

Organized by : NSS, Unit 76 & 77, Holy Cross College (Autonomous), Nagercoil

Theme : Green India

Resource Person: Ms.Any Rexlin Sophy, Panel Advocate, Nagercoil

Outcome of the Activity : Created awareness towards importance of planting and gained knowledge

SPES NOS

on laws related to environment

No. of Beneficiaries :100

Venue : Pallam Village

The NSS Units 76 & 77 of Holy Cross College (Autonomous), Nagercoil, organized an "Awareness Talk on Environmental Laws" on February 24, 2023, with the theme "Green India." The session aimed to educate participants about environmental laws and their significance. Ms. Any Rexlin Sophy, a Panel Advocate from Nagercoil, served as the resource person. Held in Pallam Village, the event reached 100 beneficiaries. It effectively raised awareness about the importance of environmental protection and provided valuable knowledge on legal frameworks related to environmental conservation.



முதல் நாள் 19-02-2023 - ஞாயிற்றுக்கிழமை

காலை : வருகையும் திட்டமிடலும் மாலை 6.00: முகாம் துவக்க விழா தலைமை: முனைவர் எ. வெளியப்பன் நாட்டு நலப்பணித்திட்ட ஒருங்கிணைப்பாளர் மனோன்றையம் சுந்தரனார் பல்கலைக்கழகம், திருநெல்வேலி.

வாழ்த்துரை: அருட்தந்தை சூசை ஆன்றனி பங்குத்தந்தை

சிறப்புரை :

முனைவர் அருட்சகோதரி எஸ். சகாய செல்வி முதல்வர் ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில்

இரண்டாம் நாள் 20.02.2023 - திங்கட்கிழமை

மீண்டும் மஞ்சப்பை விழிப்புணர்வு

களப்பணி: மஞ்சப்பை விழிப்புணர்வு ஜெ.ஹெலன் டேவிட்சன் கன்னியாகுமரி முன்னாள் பாராளுமன்ற உறுப்பினர் திமுக மாநில மகளிரணிச் செயலாளர்

பயிற்சி வகுப்பு : நூல் பை தயாரித்தல் திருமதி சு. பெர்லின் விஸ்றா வணிகவியல் துறை ஹோலிகிரால் கல்லூரி (தன்னாட்சி) நாக்கோவில்

பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்: தலைப்பு: இயற்கை மருத்துவம் சிறப்புரை: லா. பீனா தீரேஸ் மருத்துவ அலுவலர் கன்னியாகுமரி அரசு மருத்துவ கல்லூரி

மருத்துவமனை ஆசாரிப்பள்ளம்

மூன்றாம் நாள் 21.02.2023 - செவ்வாய்கிழமை

சுற்றுச்சூழல் பாதுகாப்பு

களப்பணி: கடற்கரை ஓரங்களில் நெகிழி ஒழிப்பு துணைமேயர் ம. பிரின்ஸி லதா நாகர்கோவில் மாநகராசி. பயிற்சி வகுப்பு: திராட்சை ரசம் தயாரித்தல் முனைவர் ம.ஜாஸ்மின் வீனோஜா

தமிழ் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில்

பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்:

தலைப்பு : எதிர்கால இந்தியாவை உருவாக்குவதில் இளைஞர்கள்

சிறப்புரை: எஸ்.சேகர்,பி.இ தனி வட்டாட்சியர்

தேசிய நெடுஞ்சாலை நிலமெடுப்பு விளவங்கோடு

நான்காம் நாள் 22.02.2023 - புதன்கிழமை

குழந்தைகள் நல மேம்பாடு

களப்பணி: சுனாமி நினைவகம் தூய்மை பணி

பயிற்சி வகுப்பு- காளான் வளர்ப்பு ஜெ. ஜெய்னப் மீரா தாவரவியல் துறை ஹோலிகிரால் கல்லூரி (தன்னாட்சி) நாகாகோவில்.

பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள் தலைப்பு: குழந்தைகள் நல மேம்பாடு சிறப்புரை: சி. கிறிஸ்டி ரம்பா சைல்டு லைவ் கன்னியாகுமரி

ஐந்தாம் நாள் 23.02.2023 - வியாழக்கிழடை

மருத்துவ முகாம்

பொதுக்கூட்டம் மற்றும் கலைநிகழ்ச்சிகள்:

தலைப்பு : மார்பக புற்று நோய் விழிப்புணர்வு சிறப்புரை: மருத்துவர் ரா. நிரஞ்சனி உதவி மருத்துவ அலுவலர் அரசு ஆரம்ப சுகாதார நிலயம் , முட்டம்

ஆநாம் நாள் 24.02.2023 - வெள்ளிக்கிழமை

சுற்றுச்சூழல் பாதுகாப்பதில் சட்டங்களின் பங்கு

களப்பணி: மரம் நடுதல் பயிற்சி : இயற்கை உரம் தபாரித்தல் ந. தர்வுனி விலங்கியல் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி)

நாகர்கோவில் சிறப்புரை: வழக்கறிஞர் :ஆனி ரெக்சிலின் சோபியா குழு வழக்கறிஞர் நீதிமன்ற வளாகம் நாகர்கோவில்

ஏழாம் நாள் 25.02.2023 - சனிக்கிழமை

நிறைவு விழா

நலைற்ற **வழா** களப்பணி: பேருந்து நிலையம் தூய்மை பணி பயிற்சி வகுப்பு: மாடி தோட்டம் அமைத்தல் முனைவர் ம.ஜாஸ்மின் வினோஜா தமிழ் துறை ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில் வரவேற்புரை கே. ஸ்ரீ திவ்ய தர்ஷினி

வரவேற்புரை கே. ஸ்ரீ திவ்ய தர்ஷினி நாட்டு நலப்பணித்திட்ட மாணவி

தலைமை: முனைவர் எ. வெளியப்பன் நாட்டு நலப்பணித்திட்ட ஒருங்கிணைப்பாளர் மனோன்மணியம் சுந்தரனர் பல்கலைக் கழகம், தீருநெல்வேலி

முன்னிலை :முனைவர் அருட்சகோதரி லீமா றோஸ் துணை முதல்வர் ஹோலிகிராஸ் கல்லூரி (தன்னாட்சி) நாகர்கோவில்

அருட்தந்தை சூசை ஆன்றனி பங்குத்தந்தை பள்ளம் முகாம் அறிக்கை: மாணவர் செயலர் அனுபவ பகிர்வு: முகாம் மாணவியர்கள் முகாம் மதிப்புரை : ஊர் மக்கள் நன்றியுரை : ச. சலோமி எல்னா நாட்டு நலப்பணித்திட்ட மாணவி

நாட்டுப்பண்- நாட்டு நலப்பணித்திட்ட மாணவிகள்



Title of the Programme : An Orientation on Usage of Plastic and Collection of Plastics from the

Shoreline of Kanyakumari

Date :24-02-2023

Organized by : RUN, Holy Cross College (Autonomous), Nagercoil

Resource Persons : Mr. Mathivannan, Panchayat President & Mr. Suresh, Agriculture Head,

Kanyakumari

Outcome : The students were given an awareness on the harmful effects of plastic

bags and ways to replace plastic bags with eco-friendly ManjaPai

Beneficiaries : 45

Venue : Kanyakumari

The RUN programme of Holy Cross College (Autonomous), Nagercoil, organized an "Orientation on Usage of Plastic and Collection of Plastics from the Shoreline of Kanyakumari" on February 24, 2023. The event aimed to educate participants about the harmful effects of plastic bags and promote the use of eco-friendly alternatives like cloth bags (ManjaPai). Mr. Mathivannan, Panchayat President, and Mr. Suresh, Agriculture Head of Kanyakumari, served as resource persons. Held in Kanyakumari, the orientation engaged 45 beneficiaries, providing them with practical knowledge on reducing plastic use and effectively collecting plastic waste from the shoreline.



Title of the programme : Awareness on Organic Farming and Distribution of Seed Bags

Date : 24- 02- 2023

Organised by : RUN, Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To maintain biodiversity

Resource Persons : Mr. Bhagavathy Naidu

Outcome of the activity : The session brought into light about the uses of organic farming and the

harmful effects of artificial fertilizers

No. of Beneficiaries : 40

Venue : Kadiyapattinam

The RUN programme of the Department of English (SF) at Holy Cross College (Autonomous), Nagercoil, organized an "Awareness on Organic Farming and Distribution of Seed Bags" on February 24, 2023. The event aimed to highlight the importance of maintaining biodiversity through organic farming practices. Mr. Bhagavathy Naidu served as the resource person. Held in Kadiyapattinam, the session informed 40 beneficiaries about the benefits of organic farming and the detrimental effects of artificial fertilizers. Additionally, seed bags were distributed to support participants in adopting organic farming methods.







Title of the programme : Swatch Bharat and Teaching Basic Mathematics to School Students

Date : 02-03-2023

Organised by : RUN, Department of Chemistry, Holy Cross College (Autonomous),

Nagercoil

Theme/Objective : To impart the essence of clean surroundings in the minds of children

Outcome of the activity : Students understood the importance of cleanliness

No. of beneficiaries : 30

Venue : St. Teresa's Middle School, Pandaravillai, Kandanvillai

The RUN programme of the Department of Chemistry at Holy Cross College (Autonomous), Nagercoil, organized a program on March 2, 2023, titled "Swachh Bharat and Teaching Basic Mathematics to School Students." The dual-focus event aimed to instill the importance of cleanliness and provide basic math education. Held at St. Teresa's Middle School, Pandaravillai, Kandanvillai, the program reached 30 students. The session successfully conveyed the significance of maintaining clean surroundings while also enhancing students' understanding of basic mathematics.







Title of the Programme : Awareness of Avoiding Plastic Usage and Importance of Hygiene

Date : 10-03-2023

Organised by : Department of Mathematics (S.F), Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : Avoiding Plastic Usage

Outcome of the activity : Students explained about influx of plastic into our environment and also

the importance of hygiene

No. of Beneficiaries : 56Students and school community

Venue : Little flower High School, Manakudy

The Department of Mathematics (S.F) at Holy Cross College (Autonomous), Nagercoil, organized a program titled "Awareness of Avoiding Plastic Usage and Importance of Hygiene" on March 10, 2023. The event aimed to educate participants on the adverse effects of plastic pollution and emphasize the importance of hygiene. Held at Little Flower High School, Manakudy, the program engaged 56 students. The session effectively highlighted the influx of plastic into the environment and reinforced the significance of maintaining personal and public hygiene.





Title of the Programme : Awareness Programme on Conventional and Non-Conventional

Energy Resources

Date : 10-03-2023

Organised by : RUN, Holy Cross College (Autonomous), Nagercoil

Theme/Objective : To create awareness on conventional and non - conventional energy

resources

Outcome of the activity : The school students were able to gain knowledge on the various non-

conventional energy resources, conservation and applications

No of beneficiaries :143

Venue : Government Hr. Sec. School, Sundapatrivilai, Kanyakumari District

On March 10, 2023, RUN at Holy Cross College (Autonomous), Nagercoil, organized an "Awareness Programme on Conventional and Non-Conventional Energy Resources." The objective was to educate participants about various energy resources and their applications. Held at Government Hr. Sec. School, Sundapatrivilai, Kanyakumari District, the program reached 143 school students. The event successfully provided insights into both conventional and non-conventional energy resources, emphasizing conservation practices and their practical applications.



Holy Cross College (Autonomous), Nagercoil

Accredited with A+ Grade (CGPA 3.35-4th Cycle)by NAAC



RUN

(REACHING THE UNREACHED NEIGHBOURHOOD)

Department of Physics

Holy Cross College (Autonomous), Nagercoil -629004,

Tamil Nadu, India

Awareness Programme On Conventional and Non Conventional Energy Resources



Date: 10-03-2023

Venue: Government. Hr.Sec.School Sundapatrivilai,KanyaKumari Dist



Eathamozhi Main Road, Agastheeswaram Kanniyakumari, 629501, TN, India Lat 8.126927, Long 77.402782 03/10/2023 11:06 AM GMT+05:30 Note: Captured by GPS Map Camera

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Title of the Programme : Responsible Consumption and Production

Date :10-3-2023

Organised By : Department of Commerce SF-II, Holy Cross College (Autonomous),

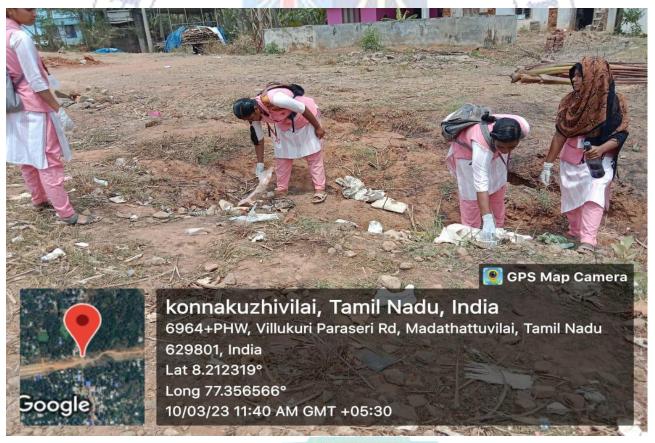
Nagercoil

Theme/ objective : Awareness programme on waste management
Outcome of the activity : People got awareness on segregation of waste

Number of Beneficiaries : 160 families

Venue : KonnakuzhiVilai

On March 10, 2023, the Department of Commerce SF-II at Holy Cross College (Autonomous), Nagercoil, organized a program titled "Responsible Consumption and Production." The event focused on waste management and aimed to educate participants about effective waste segregation. Held in Konnakuzhi Vilai, the program successfully reached 160 families, enhancing their awareness about the importance of responsible waste management practices. The session highlighted strategies for waste segregation, contributing to improved environmental sustainability in the community.



Title of the Programme

: Rally on Quit Plastic

Date

:13-03-2023

NAAC V Cycle Self Study Report (SSR)

Organised By : Eco Club, Holy Cross College (Autonomous), Nagercoil

Objective/ Theme : To raise awareness about the harmful effects of plastic pollution and

promote the reduction of single-use plastics through a rally

Resource Person : Dr. A. Punitha, Assistant Professor of Zoology, Holy Cross College

(Autonomous), Nagercoil

Outcome of the activity : Increased public consciousness regarding the detrimental impacts of

plastic pollution on the environment and human health

No. of Beneficiaries :28 students and local community

Venue : Holy Cross College (Autonomous), Nagercoil

On March 13, 2023, the Eco Club of Holy Cross College (Autonomous), Nagercoil, organized a "Rally on Quit Plastic" to raise awareness about the harmful effects of plastic pollution. The event aimed to promote the reduction of single-use plastics. Dr. A. Punitha, Assistant Professor of Zoology at the college, served as the resource person. The rally, held at the college campus, successfully engaged 28 students and local community participants, significantly enhancing public consciousness about the detrimental impacts of plastic pollution on both the environment and human health.





Title of the Programme : Awareness on Green Campus & Planting Saplings

Date : 24-03-2023

Organised by : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective : Awareness programme given in Green Initiatives

Outcome of the Activity : Students gave awareness in green initiative to make a prosperous India

Number of the Beneficiaries : 48 sudents and school students

Venue : St. James Higher Secondary School, Vaniyakkudi

On March 24, 2023, the Department of History at Holy Cross College (Autonomous), Nagercoil, organized a program titled "Awareness on Green Campus & Planting Saplings." The event focused on promoting green initiatives and environmental consciousness. Held at St. James Higher Secondary School, Vaniyakkudi, the program engaged 48 students. The session successfully raised awareness about green campus initiatives and encouraged participation in planting saplings to contribute to a more sustainable and prosperous India.





DEPARTMENT OF HISTORY HOLY CROSS COLLEGE (Autonomous)



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Nagercoil — 629004, Tamil Nadu, India

RUN

Date: 24-03-2023

Venue: St.James Higher Secondary School, Vaniyakudi

Topic: Awareness on Green Campus & Planting Saplings

Organising Secretaries

Dr.C.R.Siva Kala & Dr.S. Mary Judit Assistant Professors of History Holy Cross College (Autonomous) Nagercoil







Title of the programme : Skit on Plastics and its Adverse Effects and Distribution of ManjaPai

to People

Date :24-03-2023

Organised by : UBA, Department of Chemistry, Holy Cross College(Autonomous),

Nagercoil

Theme/Objective : To create awareness regarding plastics and its adverse effects

Outcome of the activity : People were made aware of the plastics which block the water ways

No. of beneficiaries : 20

Venue : Annai Nagar

On March 24, 2023, the UBA and Department of Chemistry at Holy Cross College (Autonomous), Nagercoil, hosted a program titled "Skit on Plastics and its Adverse Effects and Distribution of ManjaPai to People." The event aimed to create awareness about the negative impacts of plastic pollution. Held in Annai Nagar, the program reached 20 beneficiaries. Participants were educated about how plastics block waterways and received ManjaPai (cloth bags) to encourage

the reduction of plastic use. The skit effectively highlighted the environmental hazards of plastic and promoted sustainable alternatives.



Title of the Programme : Distribution of Herbal Plants in Kovil Vilai

Date : 25-03-2023.

Organised by : Department of Mathematics (S.F), Holy Cross College (Autonomous),

Nagercoil

Theme / Objective : Green Environment

Outcome of the activity : Students explained about the medicinal plants and their uses and

distributed the herbal plants to the villagers

No. of Beneficiaries : 25 students and 30 villagers

Venue : KovilVilai

On March 25, 2023, the Department of Mathematics (S.F) at Holy Cross College (Autonomous), Nagercoil, organized a program focused on the "Distribution of Herbal Plants in Kovil Vilai." The initiative aimed to promote a green environment and raise awareness about medicinal plants. During the event, students explained the uses of various herbal plants to the villagers and distributed these

plants to 25 beneficiaries. This effort contributed to both environmental sustainability and public health by encouraging the use of medicinal herbs.







Title of the Programme : Awareness on Swatch Bharat and Plastic Free India

Date : 25-03-2023

Organised by : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective : Awareness programme given in Swatch Bharat and plastic free India

Outcome of the Activity : Students had given awareness in swatch Bharat and plastic free to make an

India an eco-friendly country

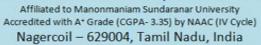
Number of the Beneficiaries : 28

Venue : Vaniyakkudi village, Anbiyam No. 22

On March 25, 2023, the Department of History at Holy Cross College (Autonomous), Nagercoil, conducted an awareness program titled "Swatch Bharat and Plastic Free India" in Vaniyakkudi village, Anbiyam No. 22. The program aimed to promote cleanliness and the reduction of plastic use in line with the Swatch Bharat initiative. During the session, students educated 28 beneficiaries about the importance of maintaining a clean environment and reducing plastic waste to foster an eco-friendly India.



DEPARTMENT OF HISTORY HOLY CROSS COLLEGE (Autonomous)





Date: 25-03-2023

Venue: Anbiyam-22, Vaniyakudi Village

Topic: Swatchh Bharat and Plastic Free Awareness

Organising Secretaries
Dr.C.R.Siva Kala & Dr.S. Mary Judit
Assistant Professors of History
Holy Cross College (Autonomous)
Nagercoil





Title of the Programme : Distribution of Vegetable Seeds for the Kitchen Garden

Date :25-3-2023

Organised By : Department of Commerce SF-II, Holy Cross College (Autonomous),

Nagercoil

Theme/ objective : Issued vegetables seeds for the kitchen Garden

Number of Beneficiaries : 160 Families

Venue : KonnakuzhiVilai

On March 25, 2023, the Department of Commerce SF-II at Holy Cross College (Autonomous), Nagercoil, organized a program focused on the distribution of vegetable seeds for kitchen gardens in KonnakuzhiVilai. The initiative aimed to support families in starting their own kitchen gardens by providing them with vegetable seeds. This effort benefited 160 families, helping them grow their own produce and promoting sustainable gardening practices.



Title of the Programme : Distribution of *Manjapai*

Date : 25-03-2023

Organized by : UBA, Department of Economics, Holy Cross College (Autonomous),

Nagercoil

Theme/Objective : To Create a plastic free environment

Resource Persons : Mr. Durai Raj, Secretary, Sivalayam Trust, Kovilvillai, Thengamputhur

No. of. Beneficiaries : 64 people 12 students

Venue : Kovilvizhai Village, Thengamputhur

On March 25, 2023, the UBA, Department of Economics at Holy Cross College (Autonomous), Nagercoil, organized a program focused on distributing Manjapai (cloth bags) in Kovilvizhai Village, Thengamputhur. The initiative aimed to promote a plastic-free environment. Mr. Durai Raj, Secretary of Sivalayam Trust, Kovilvillai, Thengamputhur, served as the resource person. The event benefited 64 individuals, with 12 students participants actively involved in distributing the cloth bags.





Title of the programme : Manjapai Awareness Programme and Distribution of Manjapai

Date : 25- 03- 2023

Organised by : UBA, Department of English (SF), Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : To raise awareness Green Nature

Outcome of the activity : Used *Manjapai* instead of polythene bags

No. of Beneficiaries : 29

Venue : Manakudi

On March 25, 2023, the UBA, Department of English (SF) at Holy Cross College (Autonomous), Nagercoil, conducted a Manjapai Awareness Programme and distributed Manjapai (cloth bags) in Manakudi. The program aimed to promote green practices by encouraging the use of cloth bags over plastic ones. The initiative was beneficial to 29 individuals, helping raise awareness about the environmental benefits of using reusable bags.



Title of the Programme : Awareness Programme on Good Health and Well Being and

Awareness of Manjapai

Date : 05-04-2023

Organised by : Department of History, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective : Awareness programme given in good health, wellbeing and use of

Manjapai.

Outcome of the Activity : Students had given awareness in good health and wellbeing and use of

Manjapai to make India a eco-friendly country

Number of the Beneficiaries : 68

Venue : St. James Higher Secondary School, Vaniyakkudi

On April 5, 2023, the Department of History at Holy Cross College (Autonomous), Nagercoil, organized an Awareness Programme on Good Health and Well-Being and the use of Manjapai (cloth bags). Held at St. James Higher Secondary School, Vaniyakkudi, the program aimed to educate participants about maintaining good health and well-being while promoting the use of eco-friendly

Manjapai to support a greener environment. The initiative reached 68 beneficiaries, raising awareness on both health and environmental issues.



DEPARTMENT OF HISTORY HOLY CROSS COLLEGE (Autonomous)



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Date: 05-04-2023

Venue: St. James Higher Secondary School, Vaniyakudi

Topic: Good Health and Well Being and Awareness on usage of Manjappai

Organising Secretaries Dr.C.R.Siva Kala & Dr.S. Mary Judit Assistant Professors of History Holy Cross College (Autonomous) Nagercoil







Title of the Programme : Free Dental Camp

Date :23-02-2023

Organised by : NSS, Unit 76 & 77, & Rotaract Club, Holy Cross College (Autonomous),

Nagercoil

Theme/ Objective : Free Dental Checkup to village People of Pallam

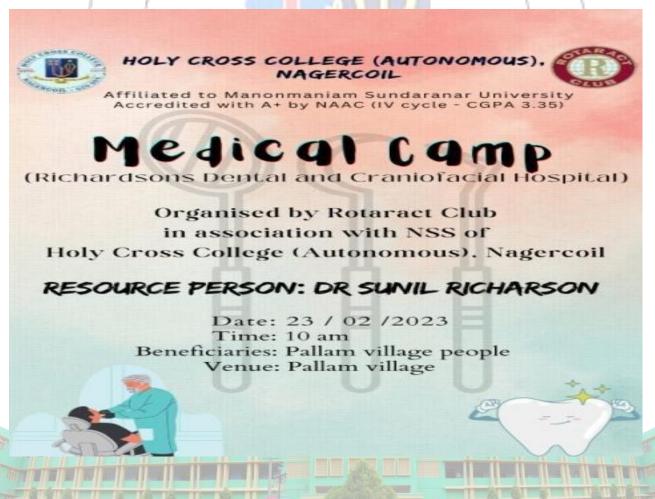
Resource Person : Dr. Sara, Richardson's Craniofacial Centre, Nagercoil

Outcome of the Activity : Around 60 were benefited from this free dental camp

Number of the Beneficiaries : 60

Venue : Public Hall, Pallam Village, Kanyakumari District

On February 23, 2023, a Free Dental Camp was organized by NSS, Unit 76 & 77, and the Rotaract Club of Holy Cross College (Autonomous), Nagercoil, at the Public Hall in Pallam Village, Kanyakumari District. The event, led by Dr. Sara from Richardson's Craniofacial Centre, aimed to provide free dental checkups to the local villagers. The camp successfully benefited around 60 people, addressing their dental health needs.



1965



ChildLine

RCOIL

1. Capacity Building Programme on 02.09.2022

Introduction

CHILDLINE – Kanniyakumari (Holy Cross College (Autonomous) organized Capacity Building Programme on 02.09.2022 at 11 am for CHILDLINE – Kanniyakumari team members at KSSS office in order to educate the team members on "JJ Act 2015 and POCSO Act 2012". Mrs. M. K. Shakeela Bhanu, District Child Protection Officer as Resource Person, Fr. A. Michael Raj, Collab Director (KSSS) and 9 CHILDLINE staff members participated in the capacity building programme.





Event

The programme started with the welcome address by Fr. A. Michael Raj, Collab Director (KSSS) and he also explained the importance of child protection acts. He motivated the participants to learn the core session of the acts. It will be useful to take legal action for child victims.

Then Mrs. M. K. Shakeela Bhanu, District Child Protection Officer as Resource Person explained about JJ act 2015. During her explanation, she educated the participants about

- The definition of abandoned child, aftercare, child in conflict with law, child in need of care and protection, child friendly, child legally free for adoption, Child Welfare Committee, corporal punishment, fit person, foster care, foster family, place of safety, adoption agency, sponsorship, and surrendered child under JJ Act 2015.
- Role and responsibility of members of Juvenile Justice Board, Child Welfare Committee, District Child Protection Unit and CHILDLINE services under JJ Act 2015.
- Adoption, Eligibility and procedure in order to adopt the child, State & Central Adoption Resource Agency.
- Other offences against children such that disclosure of identity of children, punishment for cruelty to child, penalty for giving intoxicating liquor or narcotic drug or psychotropic substance to a child, using a child for selling drug, child labour, illegal adoption, sale of children, corporal punishment and offences on disabled children.
 - Transfer of a child between children's home or special homes.



In the afternoon session, she explained about offences and punishment under POCSO Act 2012. Finally, the team members clarified their doubts with some case studies. Finally, the programme came to an end with the vote of thanks.

Outcome

CHILDLINE staff members got knowledge on "JJ Act 2015 and POCSO Act 2012". The participants also got awareness about offences and punishment under JJ Act 2015 and POCSO Act 2012. It was an informative and effective sessions for the participants and this capacity building programme also created good rapport between District Child Protection Unit and CHILDLINE services.

2. Capacity Building Programme on 15.12.2022

Introduction

CHILDLINE – Kanniyakumari (Holy Cross College (Autonomous) organized Capacity Building Programme on 15.12.2022 at 11 am for CHILDLINE – Kanniyakumari team members at KSSS office in order to educate the team members on "Child Labour, Bonded Labour and Intervention Protocol on Child Labour issues". Mr. J. Manikanda Prabhu (District Labour Officer) and Mr. T. S. Sajin (District Factory Officer) as Resource Persons, Fr. A. Michael Raj, Collab Director (KSSS) and 9 CHILDLINE staff members participated in the capacity building programme.



Event

The programme started with the welcome address by Fr. A. Michael Raj, Collab Director (KSSS) He motivated the participants to learn the intervention protocol for the child labour issues. Then Mr. J. Manikanda Prabhu, District Labour Officer as Resource Person explained about The Child Labour (Prohibition and Regulation) Act, 1986 and its amendments, the criteria for child labour, features of child and adolescent labour act, working conditions of the adolescent labours.

Mr. T. S. Sajin (District Factory Officer) explained about conditions of adolescent labours according to factory act. He also explained about sectors in which children who work as child labours and problem faced by children in it.

In the afternoon session, Nodal Coordinator explained about process of protocols in child labour issues and discussed about interventions related to child labour issues. Finally, the team members clarified their doubts with some case studies. Finally, the programme came to an end with the vote of thanks.





Outcome

CHILDLINE staff members got knowledge on "Child Labour, Bonded Labour and Intervention Protocol on Child Labour issues". The participants also got awareness about problem faced by children during working hours. It was an informative and effective sessions for the participants and this capacity building programme also created good rapport between Labour & Factory Department and CHILDLINE services.

3. Sensitization Programme on Child Marriage

CHILDLINE-Kanniyakumari organized sensitization programme on child marriage with the support of Health Department for BMO, VHNs, Doctors, WHV, SNs, CHN, HI, LT and BHN on 07.06.2022 in Government Primary Health Centre at Edaicode. Dr. Jebathiesh Bruce, Block Medical Officer was the chief guest of the programme.

Block Medical Officer introduced the members of CHILDLINE-Kanniyakumari and welcomed the participants. Nodal Coordinator and team member explained about causes & consequences of child marriage issues, three components of The Prohibition of Child Marriage Act 2006 such as prevention, protection and prosecution of offenders, some case studies related to problems faced by child due to child marriage issues and CHILDLINE & its activities. 100 participants of Government Primary Health Centre

of Melpuram Block received information and awareness about child marriage issues and received motivation to call 1098 for children in distress.







4. Training Programme for Volunteers on Child Protection

CHILDLINE-Kanniyakumari, (Holy Cross College (Autonomous) & Kottar Social Service Society) organized one day training programme on child protection with the support of Nuthana Trust for volunteers on 18.08.2022 in the office of Nuthana Trust at Kalluvilari. Mr. Isaiyaash (President of Kattathurai Village Panchayat) and Ms. Ginitha from District Child Protection Unit were the chief guest of the programme. Dr. C. Clement Winsly (Family Counsellor, Director of Nuthana Trust, Counselors, Women Health Volunteers, SHG Leaders, Community Volunteers, Staff members of Nuthana Trust and CHILDLINE participated during the programme. Mr. A. Maria Stephen (Advocate) participated in the programme as resource person.



One of the staff members from Nuthana Trust welcomed the participants. Mr. Isaiyaash, President of Kattathurai Village Panchayat gave presidential address of the programme. Dr. C. Clement Winsly, Director of Nuthana Trust explained about Parental care of children. Ms. Ginitha from District Child Protection Unit (DCPU) educated the participants on child protection system and explained about activities of DCPU.



Ms. C. Ramya, CHILDLINE team member explained about the age of the children, causes and consequences of child marriage, child sexual abuse, child labour, alcohol addiction, children in need of care & protection, and CHILDLINE & its activities. During the morning session, staff members from Nuthana Trust and CHILDLINE team members created awareness about child helpline no. 1098 and child issues to the participants through signing awareness song.

In the afternoon session, Mr. A. Maria Stephen (Advocate) explained about the importance of the child protection acts, child rights, JJ act 2015, the prohibition of child marriage act 2006 and POCSO Act 2012. He also shared some incidents in our society related child protection.

After the session of resource person, the Nodal Coordinator discussed with the participants about role of volunteers in child protection and gave motivation to call 1098 for the children in need of care and protection and to support during programmes. Finally the programme came to end with the vote of thanks. IEC material also were distributed to the participants by team members.





Outcome

40 participants received awareness and information about parental care of children, child protection system, activities of DCPU, causes and consequences of child marriage, child sexual abuse, child labour, POCSO Act 2012 & other protection acts, and list of children in need of care & protection, child helpline no. 1098 & its activities. They will call 1098 for children in distress and they will support for the programme.

5. Mass Awareness Programme on 30.06.2022

Introduction:

CHILDLINE Kanniyakumari organized joint mass awareness programme in St. Francis Hr. Sec. School, at Nagercoil, on 30.06.2022 at 2.30 pm. The aim of the programme was "Lets Create a Drug Free Community" and to educate the participants on "The effects of student addiction on him, family and society" and "Avoid drugs and stay healthy".



Beginning of the Event

The programme began with the Tamil Thai Valthu by school children. Rev. Sr. Rani, HM welcomed all the participants. Rev. Fr. John Benitto, Correspondent gave felicitation address and he motivated the children to not to use drugs in their life. Mrs. R. Sharojini, District Social Welfare Officer delivered the presidential address and explained about helpline number (7010363173) for substance abuse. Mr. E. Ramar, Inspector of Kottar Police Station gave chief guest address and he motivated the children to share the information about all incidents to parents and to avoid drugs.



Input Session:

Rev. Fr. Dr. Francis Xaviour Nelson, Director of Thiruppumunai (De-addiction Centre) explained about "The effects of student addiction on him, family and society" and Dr. G. Ancy, District Tabocco Consultant of Health Department educated the participants on "Avoid drugs and stay healthy". Mrs. Sharin, Admin of One Stop Centre explained about welfare schemes for children and other helpline numbers which will be helpful for children. Mrs. Palcy, team member shared the information about CHILDLINE and its activities.





End of the Event:

The participants took the pledge, which was read by Mrs. Punitha, team member. The IEC material ",isNahNu! Nghijg;nghUis cl;nfhs;sy; xU nfhz;lhl;lkh? nghOJNghf;fh? Gof;fkh? Nehah?" which were distributed the participants. Mrs. D. Cathrine Mary, Nodal Coordinator gave the vote of thanks. Finally, the programme was end with National Anthem. Mrs. S. Sheeba, Collab Coordinator facilitated the whole programme. 41 Adults and 169 Children participated in the programme and got awareness to say no to drugs.







6. Mass Awareness Programme (Drive against Drug)

District Administration organized a programme to take oath in all schools in Kanniyakumari District during "Drive against Drug" Campaign Programme on 11.08.2022. As part of "Drive against Drug" Campaign Programme, CHILDLINE Kanniyakumari organized mass awareness programme in Anna Bus Stand, at Nagercoil, on 13.08.2022 at 4 pm. The aim of the programme was "Lets Create a Drug Free Community" and to educate the participants on "Avoid drugs and stay healthy".

Mass Awareness Programme

As part of the "Drive against Drug" Campaign Programme, CHILDLINE Kanniyakumari organized mass awareness programme in the topic of "Poothaiyaal Paathai Maara Vendaam" in Anna Bus Stand, at Nagercoil, on 13.08.2022 at 4 pm. The aim of the programme was "Lets Create a Drug Free Community" and to educate the participants on "Avoid drugs and stay healthy".



The programme was started with the welcome address. Mr. Kalai Maamani. Pazhaniya Pillai, Mr. Manimaaran and Mr. Rajendran were invited by CHILDLINE-Kanniyakumari as Resource Person for the programme. They created awareness among public on avoid drugs and stay healthy by sharing information on effects on youngers due to alcohol consuming and addition of drugs. They also created awareness about healthy life and motivated the participants not to use drugs in their life by singing awareness songs.

Mr. Rajesh from District Child Protection Unit (DCPU) shared information about child protection and activities related to DCPU. Ms. C. Ramya, CHILDLINE team member explained about children in need of care & protection and CHILDLINE & its activities.



Ms. Jeya from District Social Welfare Dept., and CHILDLINE team members distributed IEC material related helpline number (7010363173) for substance abuse and child helpline no. 1098. Then Chief Guests pasted the stickers in the shops related to "Poothaiyaal Paathai Maara Vendaam".

Finally, Ms. D. Cathrine Mary, Nodal Coordinator gave the vote of thanks. Ms. S. Sheeba, Collab Coordinator facilitated the whole programme. 500 Adults and 250 Children participated in the programme and got awareness to say no to drugs.



