



Holy Cross College (Autonomous) Nagercoil – 629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle
An ISO 9001:2015 Certified Institution

SSR
2019-2020
to
2023-2024

2.3.3 Preparation and adherence of Academic Calendar and Teaching plans by the institution

2023-2024

HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL

YOUTH RED CROSS

Action plan

2023-2024

Month	Activity	Staff in-charge	Resource person	Expected outcome
June	YRC Orientation Programme	Ms. Gracelin Lydia	Ms. M. Jasmine Vinoja, Assistant Professor, Department of Tamil, Holy Cross College, Nagercoil	To know about YRC principles
July	Give Blood, Save Life, Be a Hero: Blood Donation Camp	Dr. J. Befija Minnie	Dr. L.P. Sastha, Blood Bank Medical Officer of Government Head Quarters Hospital, Padmanabapuram	Creating awareness about Blood Donation
August	Geneva Convention Day: Competitions	Ms. Gracelin Lydia	-	To inculcate the Principles and Moto of YRC through competitions
	Independence Day Celebrations	All the Staff advisors of YRC	-	To instil patriotism through Independence day celebrations
September	World Heart Day: Cardiopulmonary Resuscitation (CPR) Training	Dr. J. Befija Minnie	Dr. Rajakumari, Asaripallam Medical College	Creating awareness by training the students
November	Talk on "Educational Opportunities for Women in UK" (Online)	Ms. Gracelin Lydia	Mrs. Nirmala Raju, CEO, Infiniti Creation, West Sussex, UK	To let the students know about the need of Women Empowerment

J. Befija Minnie



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December	First Aid Camp	All Staff advisors of YRC	Mr. Blithe Sudhar	To provide knowledge about first aid treatments in order to preserve life
January	National Youth Day Celebration: An Orientation programme on "Cybercrime"	Ms. Gracelin Lydia	Mr. Sahaya Jose, DSP, Chennai	To know about the safety usage techniques of social media
February	YRC Day Celebration: One day District level Study Camp	Dr. J. Befija Minnie	Dr. Christudas Williams, YRC District organizer	To provide orientation about the principles and services of YRC
	Disaster Management Training	All the Staff advisors of YRC	Mr. Blithe Sudar	To know about Disaster Management techniques
March	Women's Day Celebration: An Overview of Schemes and Laws for the Empowerment of Women	Dr. J. Befija Minnie	Dr. J. Befija Minnie, Assistant Professor, Department of Mathematics, Holy Cross College, Nagercoil	Creating awareness about the schemes available to provide legal assistance, education and protection to the girl child
	World Earth day: Talk on New thinking about the Climate Change Crisis	Ms. Gracelin Lydia	Dr. S. Sonia Assistant Professor, Department of Physics, Holy Cross College (Autonomous), Nagercoil	Creating awareness about Climate Change
April	Valedictory	Dr. J. Befija Minnie	--	-

J. Befija Minnie

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2022-2023

**Action Plan and Action Taken Report
2022-2023**

Month	Action Plan	Action Taken	Impact
June	YRC Orientation Programme		
	COVID Awareness Programme	-	-
July	World Hepatitis day	-	-
	Campus cleaning	-	-
	Tree plantation in the campus	-	-
August	Women's equality day	-	-
	Blood donation camp	-	-
September	Awareness talk on Women Empowerment	YRC Orientation Programme	The students got motivated to contribute to the society by following the principles of Youth Red Cross
	First Aid Training	-	
October	International Girl Child day	Instead of that: A Talk on "Women Empowerment"	The students got motivated to progress in their personal and professional life
	-	A Talk on "Women's Equality"	The students got awareness about the importance of eliminating violence against women and ending gender disparities
November	World Diabetes Day	-	-
December	Health awareness on issues related to women	-	Knowledge on various problems affecting women

NAAC V Cycle Self Study Report (SSR)

	Awareness Programme on Pollution Control	-	-
January	Medical Camp	Instead of that: Awareness Programme on Pollution Control	Students got awareness about keeping our campus clean
	National Youth Day	A Talk on National Youth Day	Students got motivated to achieve their goals and extend their contribution to the society
		A Talk on World Diabetes Day	Students got awareness about the impact of diabetes on health and how to prevent the disease
February	World Cancer Day	Instead of that: Medical Camp	Participants got benefitted by doing medical check-ups and got awareness about leading a healthy life style
	Disaster Management Training	-	-
March	World Water Day	Awareness Talk on Ocean Acidification	The students got awareness about the impacts of Ocean Acidification on the human beings and the living organisms in ocean
	World Earth day	Awareness Talk on Government Schemes For Women Empowerment	Awareness Talk on Government Schemes For Women Empowerment
April	Valedictory	-	

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2021-2022

Action Plan and Action Taken Report

2021-2022

Month	Action Plan	Action Taken	Impact
August	COVID Awareness Programme	-	
	YRC Orientation Programme	-	
September	Campus cleaning	-	This programme offered a chance to promote health and hygiene and community engagement within educational institutions
	Tree plantation in the campus	-	
October	Awareness talk on Women Empowerment	-	
	First Aid Training	Awareness Programme on First aid and Emergency Treatment	Students got awareness about First aid and emergency treatment
November	World Diabetes Day	-	-
December	Health awareness on issues related to women	Instead of that: Talk on "The Principles of YRC"	YRC volunteers were trained to know the Principles of YRC
	Awareness Programme on Pollution Control	National Pollution Control Day 2021	YRC volunteers were provided knowledge about the harmful effects of plastics

NAAC V Cycle Self Study Report (SSR)

January	Medical Camp		
	National Youth Day	-	
February	World Cancer Day	Mask Distribution by the YRC Volunteers	Students distributed mask inside the college campus and created awareness about COVID spread
	Disaster Management Training	-	-
March	World Water Day	Instead of that : Awareness talk on Health	Students got awareness about Health related problems
	Talk on Road Safety	-	-
April	-	Awareness talk on 'Self Motivation'	Students were able to understand the significance of self motivation in one's life
	-	Campus cleaning	Students were able to realize the importance of cleanliness.

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2020-2021

Action Plan and Action Taken Report

2020-2021

Month	Action plan	Action Taken	Impact
August	National Webinar on Psychological and Physical Well Being during unprecedented time	National Webinar on Psychological and physical well- being during unprecedented time	The webinar increased awareness about the importance of prioritizing mental and physical health and to prioritize self-care
	Webinar on 'Artificial Breast Feeding'	Webinar on Artificial Breast Feeding	The webinar played a valuable role in advancing knowledge and contributing to better outcomes for infant health and nutrition
September	Campus cleaning		
	Tree planation in the campus		
October	Medical Camp	-	
	Awareness talk on Women Empowerment	Awareness talk on Safety of Girls in Current Scenario	The awareness talk served as a catalyst for contributing to a safer and more supportive environment for girls and young women
November	World Diabetes Day	Awareness talk on Diabetes Prevention and Management	This programme had a significant impact on the attendees by increasing awareness, promoting healthy lifestyle choices and encouraging early detection
	Talk on Road Safety	-	
December	First Aid Training	-	
	Visit to Mentally Challenged Home	-	

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January	Disaster Management Training	Awareness programme on First Aid	The awareness programme had a positive impact on the attendees in empowering individuals to respond effectively to medical emergencies
	International Youth Day	-	
	Awareness programme on Blood Donation	-	
February	World Cancer Day	-	
	Health awareness on issues related to women	Talk on 'Women in Progressive Ways'	This programme had a positive impact on participants by empowering them and raising awareness
March	World Water Day	Instead of that: YRC District Level Students Study Camp at Scott Christian College (Autonomous), Nagercoil	This programme had an impact on promoting community engagement and nurturing a culture of lifelong learning and service
	Quit Plastics	Instead of that: Blood Donation Camp	The blood donation camp made a significant impact by saving lives and promoting collaboration in addressing healthcare needs
		Distribution of free Masks	
April	Valedictory	-	

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2019-2020

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Action Plan and Action Taken Report

2019-2020

Month	Action plan	Action Taken	Impact
June	International day against drug abuse and illicit trafficking	Instead of that: Participated in a Rally on 'Drug Abuse', from Anna Stadium, Vadaserry to SLB school, Nagercoil	The students could be able to create awareness among the public
July	Principles of YRC	Talk on the Principles of YRC	The students got an insight about the Principles of YRC
	Tree planation in the campus	Instead of that: Participated in a Rally on Alcohol-free District, from Scott Christian College Nagercoil to Collector office	The Students insisted the necessity of banning alcohol in our District
August	Blood Donation Camp	-	
	Independence day celebration	-	
	Geneva Convention Day (12-8-2018)	Participated in 70 th Geneva Convention Day Competitions at Women's Christian College, Nagercoil	The students realized the importance of celebrating Geneva Convention Day
September	Campus cleaning	Instead of that: Tree Plantation Programme	The students were given awareness about the importance of Tree plantation
	One Day Seminar "Serving humanity"		
	Life of Henry Dunant- Founder of Red Cross Society	Instead of that:	The students realized the importance of celebrating

NAAC V Cycle Self Study Report (SSR)

		70 th Geneva Convention Day Competitions	Geneva Convention Day
October	Medical Camp	Instead of that: Participated in National Voluntary Blood Donation Camp at Government Arts and Science College, Konam	The students showed their willingness to help the needy through blood donation
	Quit Plastics	-	
December	Disaster Management Camp	Instead of that: Awareness Talk on Health Issues of Women	The students were given awareness about health issues
	Visit to mentally challenged home	Instead of that: Christmas visit to St. Joseph's convent, Karunai Illam, Punnai Nagar	The students experienced the joy of giving and sharing to the needy
	Aids awareness Program	-	
January	First Aid Camp	Instead of that: Participated in Centenary Year Celebration: First Aid Training , Disaster Management Techniques and Drug Awareness	The students were given First Aid Training , Disaster Management Techniques and Drug Awareness
	Health awareness on issues related to women	Instead of that: Republic Day Celebration	The students recognized the significance of celebrating Republic Day through patriotic songs, talks and dance
	International Youth Day	Youth Day Celebrations: The impact of humanitarian services through Youth Red Cross	The students were inculcated the spirit of YRC and the importance of humanitarian services

NAAC V Cycle Self Study Report (SSR)

February	World Cancer Day	Instead of that: Organized a Free Medical Camp at North Soorankudy	The students could be able to create awareness among the public in promoting health equity and well being
		First Aid and Disaster Management Training	The students were trained to react to emergency situations
		Participated in Centenary Year Celebration Competitions	The students got motivated by getting prizes
March	World Water Day	-	
May		Distribution food materials and essentials to the needy people during COVID -19 pandemic	To be a role model in doing Humanitarian services

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