



Holy Cross College (Autonomous)

Nagercoil – 629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle
An ISO 9001:2015 Certified Institution

SSR
2019-2020
to
2023-2024

2.3.3 Preparation and adherence of Academic Calendar and Teaching plans by the institution

ACTION PLAN-NSS

2023-2024

NATIONAL SERVICE SCHEME

NSS Unit no 76 & 77

Action Plan 2023-2024

NSS Programme officer : Dr. V. Pradeepa, Department of History., (Unit No-77)

: Dr. M. Abila Jeba Queen Department of Physics.,
(Unit No- 76)

President : M.S. Bershia II B.A History

Secretary : S. Aashika Sree II B.S.C Physics

Month and Date	Name of the Programme	Action Taken	Impact
03.6.2023	World Bicycle Day	Bicycle Rally was conducted on World Bicycle Day	Created awareness against the depletion of non – renewable resources and to save energy in the Thollavilai Village
05.06.2023	World Environmental Day	Video Making Competition on World Environmental Day Topic- Importance of Environmental Protection	Created awareness about environmental protection among the NSS volunteers
21.06.2023	International Yoga Day Celebration	Yoga training had given to the NSS volunteers	Insisted the importance of yoga to lead healthy and happy life
26.06.2023	World Drug Awareness Day	Drug Awareness Rally was conducted	<i>Educated the public and NSS volunteers regarding the ill-effects of drugs and alcohol.</i>
28.06.2023	Swatchh Bharath	Cleaning activity was given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness.
13.07.2023	Online Training on How to Register “MerMatiMeraDesh” Programme	NSS Volunteers Registered in the MerMatiMeraDesh.	Created awareness about save our soil.

NAAC V Cycle Self Study Report (SSR)

17.07.2023	NSS Orientation	Orientation had given to I Year Volunteers	Students acquired knowledge on National Service Scheme and also able to improved their leadership qualities.
15.08.2023	Independence Day Celebration	The National Flag was Hoisted by Mr.S.Sekar, Manager/Tahsildar, amilnadu State Marketing Corporation Dept,Chenbagaramanputhoor .	Realised the importance of independence and learnt about the sacrifices and struggles of the freedom fighters
19.08.2023	Sadbhavana Diwas Pledge	The Unity Pledge was taken by NSS Volunteers	Inculcated the values of unity in diversity
31.08.2023	Swatchh Bharath	Campus Cleaning were given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness.
07.09.2023	National Eye Awareness Week	Eye Awareness Week Rally was conducted in association with Dr.Agarwal Eye Hospital Nagercoil.	Created awareness about Eye donation and protection among the volunteers and the public
08.09.2023	NSS Meeting	There was a discussion regarding to NSS Day and plant one Corer, Palmyra seeds in Coastal areas.	Gained knowledge about tree planting in Coastal areas
21-09-2023	NSS Day Celebration	Department wise Skit Competition was Conducted on the theme National Integration	Strengthened the social bond among the volunteers
01-10-2023	Beach Cleaning	NSS Volunteers collected nearly 5Kg single use Plastic Waste in the Periyakadu Beach	Created awareness about the harmful effects of plastic usage.

NAAC V Cycle Self Study Report (SSR)

01-10-2023	Massive Sowing of Palmyra Seed	500 Palmyra seeds were planted by our NSS Volunteers in Periyakadu Beach in the presence Mr.V.Praveenkumar Assistant Director, Horticulture Department, Rajakkamangalam Block.	Insisted the importance of growing Palmyra plant in the coastal areas.
12-10-2023	Ceremony function for One Corer Palmyra seeds plantation	NSS POS Attended the Meeting	Insisted the importance of growing Palmyra plant in the coastal areas.
17-10-2023	NSS Meeting	Discussion regarding Youth Awakening Day Competition	Gained knowledge about Youth Awakening Day
18-10-2023	Youth Awakening Day Competition	Essay writing and Elocution Capitations were conducted on the topic Mighty Kalam a great inspirer	NSS volunteers recalled the insightful thoughts to empower the youth and to transform India as a prosperous nation.
27-10-2023	Swatchh Bharath	Campus Cleaning	Created awareness among student communities towards sanitation and cleanliness
30-10-2023	Paper Bag Making.	Training on Paper Bag Making	NSS volunteers gained knowledge about paper Bag Making
05.12.2024	Human Rights Day Pledge	Human Rights Day Pledge was taken by NSS Volunteers	Inculcated the values of Human Rights.
10.01.2024	My Bharat Portal Registration	My Bharat Portal Registration were given to NSS Volunteers	Created awareness about my Bharat Registration

NAAC V Cycle Self Study Report (SSR)

23.01.2024	Nanmuthalvan training	Orientation was given to School Students	School Students got ideas about college courses
24.01.2024	Voters Day Pledge	Human Rights Day Pledge was taken by NSS Volunteers	Inculcated the values of Human Rights
25.01.2024	Rally on Women's Education, Drug Abuses, and Voters awareness.	Rally was conducted to NSS Volunteers.	Created awareness about Women's Education, Drug Abuses, and Voters awareness.
26.01.2024	Republic Day Celebration	The National Flag was Hoisted.	Realised the importance of independence and learnt about the sacrifices and struggles of the freedom fighters.
30.01.2024	Regular meeting	There was a discussion regarding to NSS Camp	Got knowledge about the camp
11.02.2024	NSS Camp	NSS Camp was conducted in Periyakadu	Created awareness among student communities towards sanitation and cleanliness

[Signature]
18/02/2024

[Signature]
18/02/2024



2022-2023

NATIONAL SERVICE SCHEME

NSS Unit no 76 & 77

Action Plan 2022-2023

NSS Programme officer : Dr. V. Pradeepa, Department of History ,
(Unit No-77)

: Dr. M. Abila Jeba Queen Department of Physics.,
(Unit No- 76)

President: M. Mathija II B.S.C Zoology

Secretary : J. Benald Serni II B.A English

Month	Action Plan	Action Taken	Impact
01.06.2022	Swatch Bharat	Mass cleaning activity was given to NSS Volunteers	Gained knowledge on the importance of Cleanses
13.06.2022	Mass Cleaning	Cleaning activity was given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness
13.06.2022	World Elder Abuse Awareness Day	Competitions was conducted on World Elder Abuse Awareness Day	Insisted the importance of Elders
21.06.2022	International Yoga Day (Yoga Demonstrations and Lecture on Yoga)	Yoga training had given to the NSS volunteers	Understood the uses of various asanaas
27.06.2022	World Anti – Drug Day	Competitions was conducted on World Anti – Drug Day	<i>Educated the public and NSS volunteers regarding the ill-effects of drugs and alcohol</i>
29.07.2022	Swatch Bharat (Cleanliness activities in the campus)	Cleaning activity was given to NSS Volunteers	Acquired the idea of personal hinge and sanitation
30.07.2022	Voluntary service in “Mega Job Fair”	Volunteers involved in the “Mega Job Fair”	Improved the values of helping mentality and cooperation

NAAC V Cycle Self Study Report (SSR)

11.08.2022	Pledge Against Drug abuse	Pledge Against Drug abuse was taken by NSS Volunteers	Fostered awareness on Drug abuses
12.08.2022	Har Ghar Tiranga Programme (National flag at every home) during the Independence week	The National Flag was given to every home	Imparted knowledge on the significance of the national flag
15.08.2022	75 th Independence Day celebration (75 teak saplings distribution)	The National Flag was Hoisted and 75 teak saplings distributed.	Created awareness on green incentive by distributing 75 teak saplings
18.08.2022	“Sadbhavana Diwas” – Pledge	The Unity Pledge was taken by NSS Volunteers	Inculcated the values of unity in diversity
23.08.2022	Special Camp on Linking Aadhar and Voter ID	Special Camp on Linking Aadhar and Voter ID was conducted	247 students 43 staffs were benefited by linking Aadhar and voter ID
05.09.2022	Swatch Bharat (Cleanliness activities in the campus and community.	Campus Cleaning were given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness.
23.09.202	NSS Day Celebration	NSS Day Celebration was conducted	Strengthened the social bond among the volunteers
07.09.2022	International literacy Day (Identification of School Dropouts in the pazhavilai Village)	A Spurway was conducted in pazhavilai village to identify the drop outs	Created an awareness on education and its importance in the futures endeavours
6.10..2022	Clean India 2.0	Campus cleaning was conducted	Created awareness among student communities towards sanitation and cleanliness
29.10.2022	FIT India Freedom Run (3.0)	FIT India Freedom Run was conducted	Created awareness among student communities towards sanitation and cleanliness

NAAC V Cycle Self Study Report (SSR)

28.10.2022	Unity RUN , Unity Human Chain and Unity Pledge	Unity RUN, Human Chain and Pledge were conducted	Students understood the importance of Unity
20.10.2022	Campaign on (MeendumManjapai) Eradication of Plastic carry bag	Manjapai bags were distributed in Ramanputhoor	Created awareness on plastic free nation and gain knowledge on importance of the soil pollution
13.10.2022	Global Hand washing Day (Arrange demo.on Hand washing to students)	Hand washing demo was conducted in school	Students understood the importance of personal hinge and sanitation
09.11.2022	Voters awareness and new voters registration program	Voters awareness program was conducted	Created awareness on new voters registration
14.12.2022	Swatch Bharath	Campus Cleaning were given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness.
16.12.2022 to 23. 12. 2022	Aadhar updation camp	Aadhar updation camp was conducted	Created awareness on Aadhar updation
19.12.2022	Mass Cleaning	Campus Cleaning were given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness.
22.12.2022	Swatch Bharath	Campus Cleaning were given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness.
10.01.2023	Road Safety Awareness	Road cleaning work was conducted in kurusadi	Created awareness on Road Safety
26.01.2023	Republic Day Celebration	The National Flag was Hoisted.	Realised the importance of independence and learnt about the sacrifices and struggles of

NAAC V Cycle Self Study Report (SSR)

			the freedom fighters.
24.01.2023	Republic day craft work	Craft work training was given to NSS Volunteers	Students gained knowledge on craft skill
18.02.2023	NSS Orientation Programme	NSS POS Attended Orientation Programme in MS University	Acquired knowledge on National Service Scheme
19.02.2023 to 25.02.2023	NSS Special Camp	NSS Camp was conducted in Pallam	Created awareness among student communities towards sanitation and cleanliness
17.02.2023	Exercise on laughing therapy	laughing therapy Exercise was conducted to NSS Volunteers	Acquired knowledge on stress free living and mental health
03.03.2023 to 04.03.2023	Green fest	Volunteer service conducted in Green fest	Created awareness on green incentive
13.03.2023	Mass cleaning	Campus Cleaning was given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness.
09.03.2023	Maperum Tamil kanavu	Volunteer service conducted in Maperum Tamil kanavu	Acquired knowledge on Tamil language
13.03.2023	Swatch Bharat	Campus Cleaning were given to NSS Volunteers	Created awareness among student communities towards sanitation and cleanliness.
13.04.2023	Equality Day Pledge	Equality Day Pledge was taken by NSS Volunteers	Inculcated the values of Equality among the people
15.04.2023	Youth unemployment Survey	Youth unemployment Survey was conducted	Created awareness on Youth unemployment

Shankar
18/04/2023

V. Pradeep
18/04/2023

2021-2022

NATIONAL SERVICE SCHEME

Action Plan 2021 - 2022

NSS Programme officers : Dr. C. Josephine Priyatharshini,
Dept. of Zoology (Unit No:76)
Dr.V. Pradeepa, Dept. of History (Unit No:77)

President : Susan Tharasa, (II B.Sc., Mathematics)

Secretary : Mathija, M. (I B.Sc. Zoology)

Month	Action plan	Action Taken	Impact
June	Web-symposium on COVID -19	01.06.2021	knew the dos and don'ts during pandemic
	World Environment Day	05.06.2021	Great impact on environment
	E-Quiz on "Yoga, music and hydrographic day 2021"	21.06.2021	Students regularly practice yoga and few on music therapy
July	Plastic Bag Free Day	06.07.2021	Reduce the usage of plastics
	Olympic Cheer4India campaign	22.07.2021	Promote national patriotism
	Gender Equality Awareness programme	28.07.2021	Prevents violence against women and girl child
	COVID 19 awareness – Distribution of Notice	30.07.2021	knew the dos and don'ts during pandemic
	Independence day competitions	30.07.2021	Inspired nationalist movement
August	Independence day	15.08.2021	Inspired nationalist movement
	World Unity Day	19.08.2021	To reaffirm the solidarity among people
September	COVISHIELD vaccination camp	02.09.2021	Reduce the COVID cases
	Awareness on Women's Law	17.09.2021	Inspired by the basic laws of women
	Swatchh Bharath – Parthenium Eradication	18.09.2021	Reduce allergic disorders
	NSS Day	24.09.2021	Not me but you inculcated among

NAAC V Cycle Self Study Report (SSR)

October	Wild life week celebration	01.10.2021-10.10.2021	students Aware on endangered animals
	Swatchh Bharath	20.10.2021-30.10.2021	Clean their nativity has been implemented
November	Medical Camp	10.11.2021&11.11.2021	Reduced the severity of ailments
	District level declamation contest	24.11.2021	showcased India's cultural richness and unity in diversity
	Voter's Registration	30.11.2021	Many students got registered and got voter's ID
December	Voter's Day Competitions	20.12.2021	showcased India's cultural richness and unity in diversity
	Christmas Sharing	20.12.2021	Students become social wellbeing
January	25 th National Youth Festival	05.01.2022	Laid the foundation for future India
	Pongal Celebration	14.01.2022	Knew the importance of Harvest and Farmers
	National Girl Child Day	24.01.2022	Felt proud to be a girl child
	73 rd Republic Day	26.01.2022	Inspired nationalist movement
February	Medical Camp	14.02.2022	Got Remedy against many ailments
	Voter's Awareness Programme	17.02.2022	Focused on the fact that the right to vote is a basic right
	Special Camp	27.02.2022-05.03.2022	Great impact on environment
March	Awareness programme on "Cyber Crime"	18.03.2022	Shut down many cyber crime related queries

V. Pradeep
24/03/2022

C. Pradeep
24/03/2022



2020-2021

NATIONAL SERVICE SCHEME

Action Plan 2020 - 2021

NSS Programme officers : Dr.S. Sunitha, Dept. of Tamil., (Unit No:77)
 : Dr. C. Josephine Priyatharshini,
 Dept. of Zoology (Unit No:76)
 President : M.Uma Priyadharsini (II B.Sc.Maths)
 Secretary : S.Sathya (I B.A. English Literature)

Month	Action plan	Action Taken	Impact
August	Green India- Plantation	15.08.2020	Great impact on environment
October	Webinar on New Education Policy	29.09.2020	Advantages and drawbacks on NEP has been understood by students
	Covid -19 Awareness meet cum pledge	08.10.2020	knew the dos and don'ts during pandemic
	Rastriya Ekta Diwas	30.10.2020	reaffirmed the solidarity among the people
January	Republic Day	26.01.2021	showcased India's cultural richness and unity in diversity
February	Do's and Don'ts during pandemic	19.02.2021	knew the dos and don'ts during pandemic
	Road Safety Awareness programme	22.02.2021	knew the signals and traffic rules on road safety
March	Free Medical Camp	10.03.2021	Many students knew the importance of blood donation
	Voter's Day Awareness Programme	23.03.2021	Focused on the fact that the right to vote is a basic right
	100% Votting Signature Campaign	24.03.2021	Focused on the fact that the right to vote is a basic right

C. Priya
30/03/2021

Sunitha
30.03.2021



2019-2020

NATIONAL SERVICE SCHEME

Action Plan 2019- 2020

NSS Programme officers : Dr.S. Sunitha, Dept. of Tamil, (Unit No:77)
 : Dr. C. Josephine Priyatharshini,
 Dept. of Zoology (Unit No:76)
 President : Priya, B.K. (II B.Sc. Zoology)
 Secretary : Anju George, (I B.A. English)

Month	Action plan	Action Taken	Impact
June	International Yoga Day	21.06.2019	Students were Practicing yoga regularly
	World Addiction Day	26.06.2019	Created awareness on eradication of addiction at nearby villages
July	Swatchh Bharath	22.07.2019	Swatch Bharath was carried out in college campus
	Swatchh Bharath	29.07.2019	Swatch Bharath was carried out in college campus
	VizhippunarvuVidiyal Rally	30.07.2019	Awareness on humanity
August	Independence Day celebration	15.08.2019	Inspired nationalist movement
	Sadbhavana Diwas	20.08.2019	To reaffirm the solidarity among people
	Water Management	29.08.2019	Helped to reduce water consumption
September	Fit India Movement	03.09.2019	Inspired to lead healthy life
	Seminar on “Rashtriya Pooshan Maah- 2019”	20.09.2019	Educated to have healthy natural food
	Natural Food Festival	23.09.2019	Educated to have healthy natural food
	NSS Day Celebration	24.09.2019	Not me but you inculcated among students

NAAC V Cycle Self Study Report (SSR)

	Training on Solid waste management	28.09.2019	Reduced all pollutions produced by solids
October	District level Declamation contest	10.10.2019	Showcased the richness of Indian culture
December	AIDS Awareness Programme	10.12.2019	Aware on AIDS
	Blood Donation Camp	12.12.2019	Got educated about blood donation
January	Voter's Day Competitions on "Role of Individual for Democratic India"	07.01.2020	focused on the fact that the right to vote is their basic right
	Voter's day Rally cum prize distribution	25.01.2020	Focused on the fact that the right to vote is a basic right
	Republic Day celebration	26.01.2020	showcased India's cultural richness and unity in diversity
February - March	Corona Virus Awareness Programme Cum Rally	12.02.2020	knew the dos and don'ts during pandemic
	Special Camp	27.02.2020-04.03.2020	Great impact on environment

C. Prasad
20/03/2020

Sunil
20.03.2020

