



# Holy Cross College (Autonomous) Nagercoil – 629 004

Affiliated to Manonmaniam Sundaranar University, Tirunelveli  
Nationally Accredited with A+ Grade (CGPA 3.35) by NAAC IV Cycle  
An ISO 9001:2015 Certified Institution

SSR  
2019-2020  
to  
2023-2024

## CERTIFICATE COURSES - SYLLABUS

### SAREE AND GLASS PAINTING (COURSE CODE: CC2201)

<b>Unit I</b> – Introduction to Saree & Glass Painting	<b>4 hours</b>
<b>Unit II</b> – Saree Painting Basics	<b>6 hours</b>
<b>Unit III</b> – Advanced Saree Painting Techniques	<b>6 hours</b>
<b>Unit IV</b> – Glass Painting Basics	<b>6 hours</b>
<b>Unit V</b> – Advanced Glass Painting Techniques	<b>6 hours</b>

### PENCIL SHADING AND CALLIGRAPHY (COURSE CODE: CC2202)

<b>Unit I- Introduction</b> Materials, safety, basic concepts.	<b>2 Hours</b>
<b>Unit II Pencil Shading</b> Form & value, light & shadow, blending, textures, realistic drawing exercises.	<b>12 Hours</b>
<b>Unit III Calligraphy</b> Alphabet drills, flourishing techniques.	<b>6 Hours</b>
<b>Unit IV Calligraphy</b> Letterforms, creating personalized compositions	<b>6 Hours</b>
<b>Unit V Project:</b> Combine skills in a creative final project, get instructor feedback.	<b>2 Hours</b>



**CANVAS PAINTING (COURSE CODE: CC2203)**

**Unit 1: Introduction to canvas painting 6 Hours**

- Basic scenery
- Sunset painting

**Unit 2: Dancing Girl Painting 6 Hours**

- Blue and black birds painting

**Unit 3: Deer in the Forest Painting 6 Hours**

- Panda painting

**Unit 4: Sculpture embossing painting introduction 6 Hours**

- Tree Sculpture embossing
- Fish Sculpture embossing

**Unit 5: Forest Painting 6 Hours**

- House with river painting Example: Innscape (Single tree)

**TAILORING (COURSE CODE: CC2204)**

**Unit I Basic of Stitching**

Machine pedal, Emming, Kaja button and Straight Stitching. **6 Hours**

**Unit II Pillow Cover and Petticoat**

Pillow cover and Petticoat Cloth cutting and Stitching and Theory classes **6 Hours**

**Unit III Chudithar**

Top and pant Paper cutting and Cloth cutting and Stitching. **6 Hours**

**Unit IV Blouse**

Blouse Paper cutting and Cloth cutting. **6 Hours**

**Unit V Blouse**

Stitching and Theory classes. **6 Hours**



**AARI WORK (COURSE CODE: CC2205)**

**Unit I Fundamental Stitches:**

**6 Hours**

Chain stitch, Double chain stitch, Inner stitch, Reverse chain stitch, Back chain stitch, Zig Zag stitch, Double Zig Zag, Button hole stitch, Double button hole, Circular button hole, Chain with zig, Herring bone stitch, Stem stitch.

**Unit II Advance Stitches:**

**6 Hours**

Fly stitch, Feather Stitch, Beads running stitch, Different types of beads running stitch, Aari box stitch, Double box and cross box stitch, Fern stitch, Arrow stitch of its types, Types of chotti stitch, waved buttonhole stitch, Pattern stitch, Honey comb stitch.

**Unit III Filling Stitches:**

**6 Hours**

Button hole leaf filling, Button hole flower filling, Lock methods, fishbone fillings, Embossed leaf filling and flower filling.

**Unit IV Zardozi Works of Loading Stitches:**

**6 Hours**

Zardozi continuous stitch, Zardozi leaf filling of flower filling, Embossed zardozi works, Zardozi loops stitch, Zardozi loading stitches, Zardozi French knot, long French knot, Ring knot, Padded Ioding stitches.

**Unit V Advance Works:**

**6 Hours**

Cut works in different shapes, Honeycomb cut work, Mirror cook, French knot, Ring knot, Long French knot, Bullion knot, how to implement bullion knot on rose design, Patch works, 3D patchworks, Laktan works, Tracing methods.

**CROCHETING (COURSE CODE: CC2206)**

**Unit I:** Introduction, types of hooks and yarns, needle practice, basic stitches

**6 hours**

**Unit II:** How to read the patterns, symbols, and abbreviation

**6 hours**

**Unit III:** Shapes using hooked needle

**6 hours**

**Unit IV:** Edging stitches for garments

**6 hours**

**Unit V:** Project 4: lace kids' garment

**6 hours**



**BASIC BEAUTY AND HAIR DRESSING (COURSE CODE: CC2207)**

**Unit – 1: Personal Grooming and Hygiene: 6 Hours**

Basics of Good grooming- Care of yourself- Care of your skin, hair and nails- Personal and public Hygiene- Wardrobe planning- Jewellery- Self grooming tips.

**Unit-2: Skin care: 6 Hours**

Basic science of skin- Skin types- Skin elasticity- Skin colour- Common skin problems and steps to rectify them - Skin maintenance – Food intake for glowing skin.

**Unit-3: FACIAL & BLEACH: 6 Hours**

Process and steps to do facial (Both Herbal and chemical) with massage strokes and its uses - Process and steps to do bleach (Both Herbal and chemical)- Home remedies.

**Unit-4: Hair care: 6 Hours**

Basic science of hair, scalp and hair growth- Hair types- Hair structure- Hair problems and their remedies- Hair growth tips- Hair growth oil preparation process- Dandruff control methods- How to choose shampoos- Hair conditioning tips.

**Unit-5: Makeup and hairstyle: 6 Hours**

Basic makeup – Self makeup – party makeup – Different hair styles



**BRIGHT FACE AND BEAUTY HAIR STYLE (COURSE CODE: CC2208)**

**Unit 1: Threading**

**6 Hours**

- Eyebrow threading
- Practical and Notes Eyebrow threading ·Demo
- Cream bleach – Demo
- Cream bleach ·Practical and Notes

**Unit 2: Facial**

**6 Hours**

- Normal Fadal·Demo – m I Fadal • Practical and Notes
- Hair Style. (Front) French, Zig zac, PiMel French, Puff Fron
- Rose Style, Rose PiMel

**Unit 3: Hair and Body Maintenance**

**6 Hours**

- Head massage Demo
- Head massage Practical and Notes
- Preparation of hair oil, preparation of herbal bleach for face Hand massage ·Demo and Practical
- Les massage Demo and Practical

**Unit 4 - Brightening Face Preparation of skin lightening Powder Notes**

**6 Hours**

- Gold Facial ·Demo and Practical
- Types of skin
- Skin Maintenance

**Unit5 -Hair style and Makeup**

**6 Hours**

- Pineapple hairstyle, butterfly, five roll, seven roll, ponytail model
- Bridal Makeup Tips Class



**SPOKEN HINDI (COURSE CODE: CC2209)**

**Unit I**

**6 hours**

One Letter words (verb & noun) in Hindi, Pronoun: Tu, Tum, Aap, Mujhe, Framing sentences using tu, tum, aap, mujhe, Name of Colours, Nouns by classes – Masculine nouns/ Feminine nouns, Vocabulary

**Unit II**

**6 hours**

Name of Animals, Name of Flowers, Name of Vegetables, Name of fruits, Parts of the Body, Adjectives, List of verbs, Numbers, Vocabulary

**Unit III**

**6 hours**

Days of the Week, Name of Months, seasons, Yes/no questions, Greetings, Questions with kyaa and kahaaN, Vocabulary

**Unit IV**

**6 hours**

Descriptive words, Self- Introduction , Translating simple sentences from English and Tamil to Hindi, Use interrogative pronouns (kaun, kiskaa, kiskii, kiske, kahaaN se), Ask and answer questions about price, quality and quantity, Identify and list ingredients used in cooking, Use present habitual tense, Use connectors (is liye, kyonki, fir, etc.)

**Unit V**

**6 hours**

Members in a Family, Daily Routines, Use present habitual tense, Questions words, Correct use of pronouns, adjectives



**CATERING (COURSE CODE: CC2210)**

**Unit: I Basic of catering and Baking**

**6 Hours**

An Introduction to Catering – Entrepreneurship – Investments and sales Techniques – Profit oriented tips and techniques.

**Unit: II**

**6 Hours**

Carrot Halwa – Bread Omelette making – Tips and training – Training for cooking – group work – Theory and practical knowledge.

**Unit: III**

**6 Hours**

Potato Balls – veg cutlet – coconut milk paniyaram – cooking training – group discussion.

**Unit: IV**

**6 Hours**

Different sauces – Tomato sauces – chili sauces – soya sauces – Masala pastes – creamy cheese pasta making – Training for cooking

**Unit: V**

**6 Hours**

Presentation – Sport Topics – Evaluation Test (written)

**WEB DESIGNING (COURSE CODE: CC2211)**

**Unit I Introduction:**

**6 Hours**

- Web design overview, career paths, tools & setup.
- HTML Basics, Structure, elements, attributes, creating web pages.

**Unit II CSS Fundamentals**

**8 Hours**

- Styling, layouts, colors, fonts, responsiveness.

**Unit III Advanced HTML/CSS**

**6 Hours**

- Forms, interactivity, media, accessibility.

**Unit IV Project 1**

**4 Hours**

- Apply skills to build a simple static website.
- Resources & Next Steps (2 hrs): Tools, communities, continuing education.

**Unit V Project 2**

**6 Hours**

- Build a more complex website with forms and interactivity.
- Assessment



**JEWEL MAKING (COURSE CODE: CC2212)**

**Unit – I**

**6 Hours**

- Basics for Jewel Making – An Introduction to Jewel making – Entrepreneurship – Pros and Cons of Jewel making – Investments – Material learning – Profit oriented Tips and Techniques.

**Unit – II: Bangle making**

**6 Hours**

- Customers demand – Different styles of Bangles – Color Combinations
- Thread Bangles – Interlock Bangles – Double Color Bangles
- Light weight Bangles – Heavy Kundan Bangles

**Unit – III: Earring making**

**6 Hours**

- Different Shapes and Styles of Earrings – Color Combos
- Thread Jhumkas - Stone Jhumkas - Double Color Jhumkas
- Paper Earring techniques
- Other base style earrings

**Unit – IV: Chain making**

**6 Hours**

- Tips and techniques for chain making
- Basics for Chain making – beaded chain
- Jewelries from recycled materials

**Unit – V: Execution Skills**

**6 Hours**

- Jewelry making – on spot challenge with limited timing
- Creativity - Display and presentation
- Evaluation

