

## DEPARTMENT OF SOCIAL WORK

### Semester I,II,III&IV

(With effect from the academic year 2020-2021)



#### Vision:

“Empowering the young women as change makers in the society through networking with various agencies, inculcating professional values and attributes which lead to the holistic development of the society”.

#### Mission:

- To implant the students towards social concern and problems through inculcation of democratic and humanitarian values.
- To sensitize the various issues in the society for the empowerment of marginalized and vulnerable people.
- To reach the unreached through advocacy and right based approach.
- Applying skills in social work practice and social work research in different fields for achieving desirable changes and development.
- To facilitate entrepreneurship and career guidance through activity-based learning.

- **Programme Educational Objectives (PEOs)**

PEOs	Upon Completion of MSW degree programme, the graduates will be able to:
PEO - 1	The graduates use scientific and computational technology to solve social issues and Pursue research.
PEO - 2	Our graduates will continue to learn and advance their careers in industry both in Public and private sectors, government and academia.
PEO - 3	The graduates will attain professional knowledge and practice to work in different fields of Social settings transferring one’s knowledge, skills and expertise to community (Community can incorporate local, municipal, national and international scope) with professional ethics and values

#### Program Outcomes (POs)

POs	Upon completion of M.S.W. programme, the graduates will be able to:
PO – 1	Design and undertake individual research which will contribute to the future ideological and societal development

<b>PO – 2</b>	Enhance in-depth learning by using innovative technological sources
<b>PO – 3</b>	Integrate various theories and methodologies relating to social and environmental contexts
<b>PO – 4</b>	Articulate critically to address the emerging national and global challenges with an ethical outlook.
<b>PO – 5</b>	Perform the professionalism and team spirit and exhibit leadership, communication and managerial skills.

### **Programme Specific Outcomes (PSOs)**

<b>PSOs</b>	<b>Upon completion of M.S.W. programme, the graduates will be able to:</b>
<b>PSO 1</b>	Develop ability to identify, formulate and analyse complex social problems using social work knowledge through placements in service organizations and in open Community.
<b>PSO 2</b>	Acquire skills to practice values and ethics of social work practices with diverse and Vulnerable populations.
<b>PSO 3</b>	Apply social work methods, research-based activities and research to facilitate realistic understanding and contribute to the societal development.
<b>PSO 4</b>	Develop appropriate resources, use technology and innovative methods to enhance theoretical knowledge and practical wisdom.
<b>PSO 5</b>	Conduct appropriate programmes for sustainable development by giving orientation about environmental transformation and developing knowledge about sustainable development.
<b>PSO 6</b>	Enhance interpersonal and intra-personal skills for the efficient and competent personal and professional role performance with various groups of professional and Para-professional teams.

### **Eligibility Norms for Admission**

A passing minimum of 50% in any Bachelor Degree under any recognized university.

**Duration of the Programme:** 2 years **Medium of**

**Instruction:** English **Passing Minimum:**

A minimum of 50% in the external examination and an aggregate of 50% are required. There is no minimum pass mark for the Continuous Internal Assessment.

### Components of M.S.W Programme

	Components	Maximum Marks/ Course	Total Marks
<b>Major</b>	Core - Theory Papers	8 x 100	800
	Elective - Theory Papers	5 x 100	500
	Research Project	1 x 100	100
	Block Placement	2 x 100	200
	Core- Practical	4 x 100	400
<b>Total Marks</b>			<b>2000</b>

### Course Structure

#### Distribution of Hours and Credits

Course	Semester I	Semester II	Summer Vacation	Semester III	Semester IV	Total	
						Hours	Credit
Core-Theory	5(4)+6(5) 5(4) +4(4)	5(4)+6(4) 4(4)	-	-	5(4)	40	33
Core- Practical	10(5)	10(5) 5(4)	-	4(4)&4(3)	10(5) 5(4)	48	30
Elective			-	5(4) 5(4) 5(4)	5(4) 5(4)	25	20
Project	-	-	-	7(5)	-	7	5
<b>Total</b>	30(22)	30(21)	-	30(24)	30(21)	120	88
<b>Non-academic courses</b>							
*LifeSkill Training-I	-	(1)	-	-	-		1
*LifeSkill Training-II	-	-	-	-	(1)		1
*Community Engagement Course	-	(1)	(1)				2
*Summer Training							

Programme							
*UBA					(2)		2

- **Non-academic courses are mandatory and conducted outside the regular working hours**

### Courses offered

Semester	Course code	Title of the Course	Hours/Week	Credits
<b>I</b>	PW2011	<b>Core I:</b> Introduction to Professional social work	5	4
	PW2012	<b>Core II:</b> Sociology for Social work	6	5
	PW2013	<b>Core III:</b> Community organization and Social Action	5	4
	PW2014	<b>Core IV :</b> Social Work Practice with Individual and Group	4	4
	PW20P1	<b>Practical I :</b> (Observation visit & Rural	10	5
	SLP201	<b>Core V:</b> Social Welfare administration and Social Legislation	-	-
<b>II</b>	PW2021	<b>Core VI:</b> Social Work Research and Social Statistics	5	4
	PW2022	<b>Core VII:</b> Dynamics of Human Behavior	6	4
	PW2023	<b>Practical II</b> (Concurrent Field Work)	4	4
	PW20P2	Block Placement	10	5
	PW20P3	Service Learning Programme (SLP) Community Engagement Course	5	4
	SLP201	Life Skill Training (LST) – I	-	2
	LST201	<b>Core I:</b> Introduction to Professional social work	-	1

<b>III</b>	PW2031 PW2032	<b>Elective I:</b> a. Development a planning and Administration b. Public Health Management	5	4
	PW2033 PW2034	<b>Elective II:</b> a. Rural Community Development a. Mental health and Psychiatric disorders	5	4
	PW2035 PW2036	<b>Elective III:</b> a. Urban Community Development a. Medical Social Work	5	4
	PW20P4	<b>Practical IV</b> (Concurrent Field Work and Study tour)	4+4	4+3
	PW20P5	Research Project	7	5
	STP201	Service Learning Programme (SLP) Community Engagement Course	-	1
<b>IV</b>	PW2041	<b>Core VIII:</b> Psychological Counseling - Theory and Practice	5	4
	PW2042 PW2043	<b>Elective IV:</b> a. NGO Management a. Psychiatric Social work	5	4
	PW2044 PW2045	<b>Elective V:</b> a. Development Communication a. Hospital Administration	5	4
	PW20P6	<b>Practical VI</b> (Concurrent Field Work)	10	5
	PW20P7	Block placement	5	4
	LST202	Life Skill Training (LST) – II	-	1
		Summer Training Programme	-	2

		<b>TOTAL</b>	<b>120</b>	<b>95</b>
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### Self-Learning – Extra Credit Course

Semester	Course Code	Title of the Course	Hours/Week	Credits
II	PW20S1	Indian Polity	-	2
IV	PW20S2	Criminology and Forensic Science	-	2
IV	PW20S3	Online MOOC Course	-	2

### Instruction for Course Transaction Theory

#### (Major Core/Elective) Paper Hours

Components	Sem.I	Sem.II	Sem.III	Sem.IV
Lecture hours	40/55/70	40/55/70	70	70
Continuous Internal Assessment	5	5	5	5
Quiz (2)	1	1	1	1
Class Test (2)	2	2	2	2
Group discussion/Case study/Role play	3	3	3	3
Class assignment	2	2	2	2
Seminar	7	7	7	7
<b>Total Hours</b>	<b>60/75/90</b>	<b>60/75/90</b>	<b>90</b>	<b>90</b>

## Examination Pattern

### a) Major Core theory & Elective:

Ratio of Internal and External components – 40: 60

#### Internal Components and Distribution of Marks

Internal Components	Marks
Continuous Internal Assessment(2)	20
Quiz(2)	4
Class Test(2)	4
Online Home Assignment	4
Group Discussion/ Problem Solving/ Open book test /Case study/Collage making/Class assignment	4
Seminar	4
<b>Total</b>	<b>40</b>

#### Question Pattern (Core / Elective)

Internal Exam	Marks	External Exam	Marks
Part A-4 x 1 (No Choice)	4	Part A-10 x 1 (No Choice)	10
Part B- 3 x 4 (Internal Choice)	12	Part B- 5 x 3 (Internal Choice)	15
Part C -3 x 8 (Internal Choice)	24	Part C -5 x 7 (Internal Choice)	35
<b>Total</b>	<b>40</b>	<b>Total</b>	<b>60</b>

#### Practical Papers

(Observation visit & rural camp, Block Placement training and concurrent field work) Internal: 60 marks

External: 40 marks

**Total: 100 marks**

**Concurrent Fieldwork:**

Regularity for IC	:	5 Marks
Reporting	:	10 Marks
Mobilizing resources	:	5 Marks
Community Participation	:	5 Marks
Propaganda	:	5 Marks
Documentation	:	5 Marks
Marks from the agency	:	25 Marks
<b>Total Marks</b>	<b>:</b>	<b>60</b>

**Block Placement training:**

Regularity	:	10Marks
Daily Report	:	10Marks
Documentation	:	15Marks
Marks from the agency:		25Marks
<b>Total Marks</b>	<b>:</b>	<b>60Marks</b>

**a) Project**

Internal: 60

External: 40

Regularity for IC : 10

Marks Introduction : 5

Marks Review of Literature:

5 Marks

Methodology : 10

Marks Analysis and

Interpretation: 10 Marks

Findings and suggestion: 5

Marks Bibliography : 5



Marks

Format : 10 Marks

**Total Marks : 60 Marks**

### Life Skill Training

**Ratio of Internal and External 60 : 40**

#### Internal Component

Components		Marks
<b>Life Skill Training- I</b>	Album (20 pages)	40
	Group Song, Mime, Skit(Group of 5 students)	20
	<b>Total</b>	<b>60</b>
<b>Life Skill Training- II</b>	Case Study (30 page)	60
	<b>Total</b>	<b>60</b>

#### External Component

<b>Written Test</b>	Five out of Seven (5 x 8)	40
	<b>Total</b>	<b>40</b>

### SLP -Community Engagement Course (CEC)

(Field Work – 15 hrs; Class Hours – 15 hrs)

**Ratio of Internal and External 50 : 50**

#### Internal Component

Component	Marks
Assignment	10
Group Discussion	10
Attendance (Field Work)	30
<b>Total</b>	<b>50</b>

#### External Component

Component	Marks
Group Project Report / Case Study(10-15 pages in print)	50
<b>Total</b>	<b>50</b>

**Semester I**  
**Core I: Introduction to professional social**  
**work Course Code: PW2011**

Number of Hours per week	Number of Credit	Total Number of Hours	Marks
<b>4</b>	<b>4</b>	<b>45</b>	<b>100</b>

**Objectives:**

- To impart knowledge on the values and ethics of social work.
- To sensitize the students on social issues.

**Course outcomes (COs)**

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Explain the meaning and concept of various social work practices.	PSO-2	U
Co-2	Describe the evolution of social work in U.K, U.S.A and India.	PSO-2	U
Co-3	Explain the philosophy, principles and Functions of social work as a profession.	PSO-2	U
Co-4	Express the merits and demerits of professional social work in India.	PSO-2	U
Co-5	Categorize the primary and secondary social work methods with its merits and demerits.	PSO-3	An
Co-6	Understand the major theories and models in social work	PSO-3	U
Co-7	Apply the social work methods in various field of social work.	PSO-3	Ap

**Unit – I Social Work**

Meaning, Definition, Concept, Historical Development in U.K, USA and India. Concepts in Social work practice: Social Service, social welfare, social security, Social defense, social development, Social exclusion and Social Reform.

## **Unit- II Professional Social Work**

Nature, scope, objectives, Philosophy, Principles and their applications, Functions, Approaches and models , Methods, Values, Ethics, code of conduct, Social work as a Profession, Prospects and limitation of practices of professional social work in India.

## **Unit – III Methods of Social work**

Primary methods- Case work (Micro Social Work), Group work (Meso Social Work), Community Organization (Macro Social Work). Secondary methods - Social Welfare Administration, Social Work Research and Social Action. Social Work Professional Organizations- status and problems of National and International organizations.

## **Unit – IV Theories and models of Social work:**

Systems theory, Psychodynamic Theory, Social learning theory and Conflict theory. Models of Social work- Problem Solving Model, Cognitive Behavior Model, Crisis Intervention Model, Integrated Social work model, Developmental model, empowerment and justice model and radical model

## **Unit – V Fields of Social Work**

Meaning, Scope and Role of professional social work in different fields- Community setting, Family setting, Hospital setting, Correctional setting, Educational Setting, Industrial setting, Diaster Management, Human Right ,Eco Social Work and Gerontological Social Work.

## **Reference:**

1. Bhattacharya, Integrated Approach to Social Work in India, Jaipur : Raj Publishing House(2001)
2. Bradford, W. She a for, Charles, R. Horejsi, Gloria A. - Fourth Edition Techniques and Guidelines for Social Work, London : Allyn and Bacon, A Viacom Company(1997)
3. Desai, Murali Ideologies and Social Work (Historical and Contemporary Analysis), Jaipur :RawatPublication(2002).
4. Diwakar, V. D. Social ReformMovement in India, Mumbai : Popular Prakashan(1991)
5. Roy, Bailey and Phil, Lee Theory and Practice in Social Work, London(1982)
6. O' Neil, Maria Mac Mohan: General Methods of Social Work Practice, London : Allyn andBacon(1996 Third Ed.)

## Semester I

### Core II: Sociology for Social

work Course Code:

PW2012

Number of hours per week	Number of credit	Total number of hours	Marks
5	5	75	100

**Objectives:** 1. To provide the students of social work a sociological perspective on Indian society, its structure and dynamics

2. To enhance an analytical understanding among the students about the Indian society to aid in better professional practice.

3. To sensitize the students of the need to acquire suitable skills to deal with societal issues

#### Course outcomes (COs)

Course outcome	Upon completion of the course, the students will be able to :	PSOs addressed	Cognitive level
CO-1	Recall the concepts of sociology and recognize its relationship with social work	PSO-2	Re
CO-2	Distinguish the various social process	PSO-1	Ev
CO-3	Analyse the impact of culture and Institution in Indian Society	PSO-1	An
CO-4	Distinguish the various social control mechanisms and the basis for social stratification in India	PSO-1	An
CO-5	Explain the philosophy and major contribution of Indian sociological thinkers and assess the impact of social movements in Indian context	PSO-5	U, Ev
CO-6	Evaluate the causes and consequences of major social Problems and the developmental issues on liberalization, globalization and privatization	PSO-5	Ev
CO-7	Assess the role of social worker in social problems and development of appropriate strategies.	PSO-1	Ev

**Unit- I:Introduction toSociology:** Meaning and characteristics of Society, Community, social group, social association and Social institution. Social Structure and social system- functions of social institutions- marriage, family, kinship, caste , religion and education. Relationship of sociology with social work.

**Unit- II: Culture, Society and social process :** Concept, functions and elements of culture-norms ,folk ways, mores, institutions and laws; Cultural lag and cultural shock. Institutions: Types of institutions (Religious, Economic, Educational, social and political); Changing trends in these institutions and their impact on Indian society; social processes (Co-operation, competition, conflict, accommodation, assimilation and acculturation)

**Unit III: Social control and Social stratification:** Social control: Concept, types and functions.

Major agents of social control: kinship, religion, law, education, traditions and customs. Social stratification: Meaning and functions, basis of social stratification in India- caste, modern trends Of caste system in India, sanskritization.

**Unit- IV: Social change and Social movements:** Major philosophy and major contributions of sociological thinkers- Mahatma Gandhi, Swami Vivekananda, Dr. Ambedkar, E.V. R. Periyar, Social change- meaning, theories, factors, social movements- meaning, causes, types. Major Social movements in India- Narmadha Bacho Andolan, Dalit movement, Women movement, Dalit movement, Naxalbari movement, Religious movements

**Unit-V: Social Problems and developmental issues:** Children problems- Child Labour, Child Abuse. Adolescent's problems- Alcohol and substance abuse, corruption, crime and delinquency, Cybercrimes. Women Problems - Divorce, Prostitution, and Problems of Destitutes. Problems of physically and mentally challenged, refugees and transgenders - developmental issues- issues arising out of liberalization, globalization and privatization.

#### **Books for Reference**

1. Abhijit Dasgupta, 2012, On the margins: Tribes, castes and other social categories (Fourth), Sage Publications, New Delhi.
2. Sachdev D.R. and Vidhya Bhushan, 2006, Introduction to sociology, Kitab Mahal, Allahabad.
3. G.R. Madhan, 1973, Indian Social Problems, Allied Pacific Pvt. Ltd,
4. Sahu D.R., 2012, Sociology of Social movement Sage Publications, New Delhi.
5. M.N. Srinivas, 1963, Social Change in Modern India University of Calcutta
6. Thara Bhai L, 2012, Indian sociology issues and challenges, Sage Publications, New Delhi
7. Surinder S. Jodhka, 2012, Changing caste, ideology, identity and mobility, Sage Publications, New Delhi
8. Diwakar V.D, 1991, Social Reform Movement in India, Mumbai: Popular Prakashan

**Semester I**  
**Core III : Community Organization and Social**  
**Action Course Code: PW2013**

Hours Per Week	Number of Credit	Number of Hours	Marks
3	3	45	100

**Objectives:**

- To help the students to get knowledge about the community.
- To capture the policy and participation of the community development.

**Course Outcomes (COs)**

Co No	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the roles and skills of community organization.	PSO-2	U
Co-2	Differentiate the integrative and disintegrative process in the community.	PSO-2	An
Co-3	Distinguish the community organization and community development.	PSO-2	An
Co-4	Understand, respond and practice the methods of community organization.	PSO-2	U
Co-5	Apply and analyse the intervention techniques in crisis situation.	PSO-1	Ap
Co-6	Understand the social action as a social work method.	PSO-3	U
Co-7	Develop the personality requirement as a social activist	PSO-3	C

**UnitI**

**Community organization:** Concept, meaning, Objectives, characteristic, principles, scope, history, values. Community organization as a method of social work .**Role sand skills of community organizer.**

## UnityII

**Community Dynamics:** Integrative and disintegrative process in the community. Community welfare councils and community chests. Community Organization and Community development – similarities and differences.

## Unit III

### **Methods of community organization:**

Fact-finding, planning, mobilization, Rapport building, group decision making, conference and committee practice, co-operative action, negotiation, consultation, conflict resolution, Resource mobilization, Administration, Recording, Evaluation.

## UnitIV

**Social Work Intervention in Emergencies:** Fire, Flood, Drought, Earthquake, Tsunami, War Famine, and other Community issues. Modern techniques needed for Social Workers: SWOT analysis, PRA tools, Time management. Project management, social audit.

## UnitV

**Social Action** : Concept, definition, objectives, history, elements and strategies– social action as a social work method– social worker as a social activist, role and personality requirements.

### **Reference:**

1. Cox Fred, Community organization, Michigan: F.E. Peakcock Publishers(1987).
2. Friedlander, W.A. Concepts and Methods in Social Work, EaglewoodCliffs, New Delhi:Bentice Hall International Inc(1978).
3. Gangrade, K.D Community Organization in India, Mumbai : popular Prakashan (1971).
4. Murray. G. Ross, Community organization theory and practice(2000)
5. Sanjay Bhattacharya, Social Work- An Integrated Approach,

Deep and Deep

Publications private Ltd, Delhi. (2011)

**Semester I**  
**Core-IV Social Work Practice with Individuals and**  
**Groups Course Code: PW2014**

Number of Weeks	Hours per Week	Number of Credit	Total Number of Hours	Marks
3		3	45	100

**Objectives:**

- To understand Social Case Work as a primary method and to learn its applicability in different settings.
- To help the students to develop various skills and knowledge in dealing with the individuals. To make the students to understand various psycho-social problems of an individual and how to tackle the situation

**Course Outcomes (COs)**

Co No	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the social case work as a primary method.	PSO-2	U
Co-2	Explain the values and principles of case work practice.	PSO-2	U
Co-3	Identify the various psycho-social problems of an individual.	PSO-2	U
Co-4	Practice social case work process and techniques in various individuals and families.	PSO-2	Ap
Co-5	Construct the ability to prepare and present adequate and detailed reports on social case work.	PSO-2	C
Co-6	Understand the importance and evolution social group work.	PSO-2	U
Co-7	Identify the Group formation and its stages.	PSO-1	U
Co-8	Apply social group work process and techniques in various groups in the community.	PSO-4	Ap

**Unit I**

**Introduction to Social Case Work:** Nature, Concept, Definition, Objectives, Case work skills, Goals, Values and Principles of Case Work Practices. Historical development of Social Casework.



## **Unit II**

**Helping Process:** Intake, Case Study-Tools for case study, Diagnosis -types of diagnosis, factors involved in diagnosis, Treatment –Techniques and Methods, Process, Establishing Treatment Goals, Treatment Plan, Application of Treatment Methods, Termination-Methods and techniques. Case work recording and its importance

## **Unit III**

### **Introduction to Social Group Work:**

Definition, Functions, Importance, Principles, Concept, Objectives of group work, Skills, Philosophy, Scope, Historical development of Social Group Work Method. Problems and Limitation of Social Group Work Practice in India. Models of Group Work.

## **Unit IV**

**Types of Groups: primary and secondary groups** , formal and informal groups, Open and Closed Groups, Reference Group, Group Cohesiveness, Treatment Groups: Educational, Growth, Remedial, Group psychotherapy, Group counselling, Task Groups: council, committee & Team

Developmental Groups: Self-help Groups, Support Groups

## **Unit V**

### **Types of Groups:**

Primary and secondary groups , formal and informal groups, Open and Closed Groups, Reference Group, Group Cohesiveness, Treatment Groups: Educational, Growth, Remedial, Group psychotherapy, Group counselling, Task Groups: council, committee & Team Developmental Groups: Self help Groups, Support Groups

## **Reference**

1. Aptekar, Herbert The Dynamics of Casework and Counselling, New York : Houghton Mifflin Co. (1955)
2. Hamilton, Gordon The New York School of Social Work : Theory and Practice of Social Case Work, New York and London : Columbia University Press(1970)
3. Perlman, Helen H Social Case Work - A Problem solving process, University of Chicag Press, Chicago. (1957) Battacharya Sanjay, Social Work an Integrated Approach, New Delhi: Deep & Deep Publicators Pvt. Ltd
4. Douglas Tom, A Theory of Group Work Practice, Macmilan Press(2005)
5. Trecker, Harleigh, B. Social Group Work: Principles and Practice, Association
6. Association Press, New York (1967)

**I M.S.W  
Semester I  
Life Skill Training - I  
Course Code: LST201**

No. of hours per week	Credit	Total no. of hours	Marks
1	1	30	100

**Objectives:**

- To understand the fundamental rules of success
- To practice integrity in day to day life

**Course Outcomes (COs)**

CO No.	<i>Upon completion of this course, the students will be able to:</i>	PSO Addressed	Cognitive Level
CO-1	Understand the human values to lead a successful life	PSO-	U
CO-2	Apply the ethics in real life situation	PSO-	A
CO-3	Analyse and improve one's attitude	PSO-	Y

**Unit I**

Success - Success formulae.

Goals - The law of Karma, The law of clarity, and The law of flexibility.

Positive Mental Attitude - The law of optimism and self-confidence.

**Unit II**

Purposeful-Burning desire - The law of desire and The law of energy.

Planning and Preparation - The law of planning.

**Unit III**

Resources - The law of maximization - Time and its management: health, courage, strengths and weaknesses, attitude, will and skill, enthusiasm, initiative, creativity/resourcefulness/ingenuity, experience, appearance, orderliness and neatness, courtesy, politeness and manners, charisma, live life, have luck and skills.

**Unit IV**

Self-discipline -The law of time preference and The law of direction.

Action - The law of applied effort and The law of compensation.

Persistence.

**Unit V**

Prayers - The partnership with God - work with commitment towards the goal - work and prayer.

Values - to attain stability in life -Benjamin Franklin's thirteen virtues.

**Text Book**

Rao, C.N. (2014). 10 Fundamental Rules of Success. India: V & S Publisher.

**Reference Books:**

1. Bellamy, D.R. (1999). 12 Secrets for Manifesting your Vision, Inspiration and Purpose. India: Master Mind Books.
2. Iyer, S.S. (2009). Managing for Value. New Delhi: New Age International Publishers.
3. Sharma, S.P. (1999). Success Through Positive Thinking. Delhi: PustakMahal
4. Raj, A.S. (2015). Personality Development. Delhi: Firewall Media.

## Semester II

### Core-V Social Welfare Administration and Social Legislation

Course Code: PW2021

Number of Hours per week	Number of Credit	Total Number of Hours	Marks
4	4	45	100

#### Objectives:

- To get more knowledge about women development, problems faced and rights of women
- To understand the method of social welfare administration

#### Course Outcomes (COs)

Co No	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the principle and functions of social welfare administration in national and international level	PSO-2	U
Co-2	Interpret the methods and techniques of social welfare administration.	PSO-2	Ap
Co-3	Practice the methods and techniques of social welfare administration in the organization.	PSO-3	U
Co-4	Understand the registration act regarding NGO and companies' formation.	PSO-2	U
Co-5	Recall the social structure and beliefs influencing the status of women.	PSO-2	R
Co-6	Interpret the various acts related to women and children development.	PSO-2	Ap

#### Unit-I

**Social Welfare Administration-** concept, scope, principles, nature and task. Social Welfare boards and its functions. Social welfare organization- national and international levels.

#### Unit-II

##### Methods and techniques of Social Welfare Administration.

POSDCORB: planning – organizing staffing, directing, coordinating, reporting and budgeting. Office administration- finance, fund raising, accounting, auditing, purchases and stock keeping, record maintenance, public relation, monitoring and evaluation, research and annual report.

### Unit-III

**Registration-** Societies Registration Act 1860, procedure under Tamil Nadu Societies registration Act 1975- Foreign contribution (Regulation) Amendment Act 1985, Indian Trust 1882, Companies Act 1956- The duties and responsibilities of office bearers and executives, the role of general body and governing body.

### Unit IV Social legislation I

(Major provisions of the following legislations)

Introduction to personal laws, legislation pertaining to marriage, Divorce, adaption, property  
Legislation pertaining to children- POSCO, Child labour, JJ Act, child marriage,

Legislation pertaining to women- Dowry, Divorce, Domestic violence, Sexual Harassment, Indecent presentation Nany's form.

### Unit V

(Major provisions of the following legislations)

Legislation pertaining to REI, SC, ST, PCR, RTI, Bonded labor, Protection of Human rights Act, Elderly.

### References

1. Bose, A.B- social welfare planning in India New Delhi, ECAFE( mimeo) (1970)
2. Dr. Subramaniam. S., - 50 years of India's Independence, Manas publications, New Delhi-110002(1997)
3. Choudry, Paul Hand book on social welfare in India, Sterling pub, New Delhi, (1979)
4. Choudry, Paul Social Welfare Administration, Atma Ram & Sons, Delhi, (1979).
5. Bhattacharya Sanjay, Social Work – An Integrated Approach, Deep and Deep Publications Private Ltd. Delhi(2011)

**Semester II**  
**Core-VI Social Work Research and Social Statistics**  
**Course Code: PW2022**

Number of hours per week	Number of credit	Total number of hours	Marks
5	5	75	100

**Objectives**

- To comprehend the importance of research as a social work method
- To be familiar with various research designs, methods, statistical tools and techniques relevant to social work research.
- To facilitate the students the skills for collecting and analyzing the data on recent social issues and motivate them towards social work research process.
- To understand the nature of social work research and help the students to prepare scientific report on the research work carried out.

**Course Outcomes (Cos)**

CO No.	Upon completion of this course, students will be able to	POs addressed	CL
CO-1	Recall the concepts of social work research and recognize the research process of social work	PSO-2	R
CO-2	Formulate and choose suitable sampling methods for study	PSO-4	C
CO-3	Distinguish between various research designs based on the research	PSO-3	An
CO-4	Develop the methods and tools for collecting data	PSO-3	C
CO-5	Recognize the importance of statistics in social work research with reference to statistical tools.	PSO-3	An
CO-6	Organize the data using various scaling techniques.	PSO-4	Ap
CO-7	Apply the skills of presentation and interpretation of data for writing the research report	PSO-2	Ap
CO-8	Recall an recognize the ethics of social work research with diverse population	PSO-2	R

**Unit I Social work research;** Meaning, definition, purpose of research, Types of research: Qualitative and quantitative research-Social research and social work research. Scientific Method; Nature, Characteristics, purpose and steps in research process; variable and its types, Hypothesis: Formulation, Attributes of hypotheses and types and significance; criteria for good research.

**Unit II Research design and Sampling;** Research design: Exploratory, Descriptive, Diagnostic and Experimental. Formulation of research problem. Sampling: Definition, principles, Types and procedures; population and Universe, Census and sampling; measurement: Meaning, levels of measurement: Nominal, ordinal, interval and ratio; validity and reliability; scaling techniques

**Unit III Sources and methods of data collection:** Sources: Primary and Secondary, Research tools Observation, case study and Survey methods, Interview, interview schedule, schedule, questionnaire: construction of question types of question, question format and sequence of questions.

**Unit IV Preparation of Research report:** Processing the data; tabulation; Diagrammatic representation of data: interpretation of data; Report writing and referencing; Agencies involved in social research; Ethical considerations of social work research;

**Unit V Social statistics:** Statistics: Meaning, aim, purpose, scope and functions. measures of central tendency: Arithmetic mean, median and mode. Dispersion: range, quartile deviation, standard deviation and co-efficient of variation. Tests of significance: T test and chi-square test., correlation: meaning, types and uses, Karl Pearson's coefficient of correlation and Rank correlation. Computer Applications: Use and application of computer in Social Work Research with special to Statistical Package for Social Science (SPSS), R.

### **Books for Reference**

1. Goode, W J and Hatt, P K. (1952). Methods in Social Research. Mc.Graw Hill, New York.
2. Gupta S.C. (2012). Fundamentals of Statistics, 7e. Himalaya Publication Co., New Delhi.
- 3 Kothari C.R (1997). Research Methodology - Methods and Techniques. Vishwa Prakashan, New Delhi,1997
4. Ramachandran P. (1993). Survey Research for Social Work, Institute for Community Organization Research, Bombay.
5. Ranjit Kumar. (2014). Research Methodology. Sage Publications, New Delhi.
6. Wilkinson T.S and Bhandarkar P.L. (2005). Methodology and Techniques for Social Research, 16e (Reprint). Himalaya Publication Co., New Delhi.
7. C.R. Kothari, Research Methodology, Wiley EAStern United, New Deihi, 1985.

**Semester II**  
**Core-VII Dynamics of Human**  
**Behaviour Course Code: PW2023**

Hours Per Week	Number of Credit	Number of Hours	Marks
3	3	45	100

**Objectives**

- To impart knowledge on the stages of development.
- To develop an understanding of the various factors which influence personality development and behavior
- To apply the information on growth, development and health in social work practice in general and individuals, groups and communities in particular.
- 

Co No	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the scope and nature of psychology.	PSO-6	U
Co-2	Discriminate the schools of psychology.	PSO-6	U
Co-3	Interpret the current perspective in psychology.	PSO-6	Ap
Co-4	Develop the ability to understand the various factors which influence human growth and development.	PSO-6	An
Co-5	Understand the theories of personality.	PSO-6	U
Co-6	Analyze the important concepts of personality in various foreign psychologists.	PSO-6	An
Co-7	Assess the hereditary and environment in their own personality development.	PSO-6	E
Co-8	Understand the cognitive aspect of human psychology.	PSO-6	U
Co-9	Estimate the impact of psychological, social, economic and political factors influencing the human behavior.	PSO-6	An
Co-10	Identify the individual adjustment and maladjustment pattern	PSO-6	U

## **Unit - I**

**Psychology:** Definition, Nature, branches and scope. Schools of Psychology. Current Perspective in Psychology.

## **Unit - II**

**Human Growth & development** - Pre-natal development and Socio cultural factors influencing development and hazards during infancy, toddler hood, pre – school, Childhood, puberty, adolescence, adulthood, middle age and old age.

## **Unit – III**

**Personality:** Definition and Structure – Theories of personality: Trait and Type theories- Important concepts of the contributions of Freud, Jung, Adler, Maslow and Erickson. Factors influencing personality Development- Heredity & Environment.

## **Unit – IV**

**Cognitive aspects of Psychology:** Sensation, Perception, Motivation, and learning Memory and attitude. Factors influencing behaviour: Psychological, Social, Economic, Political factors. Intelligence and creativity, measurement of intelligence ( IQ and Intelligence test.)

## **Unit – V**

**Individual adjustment and Maladjustment;** Concept, cause and effects. Frustration and conflict; Types of conflicts, Defense mechanisms.

### **Reference Book:**

1. Clifford, Morgen and King, Richard (1975) Introduction to Psychology, 7<sup>th</sup> Edition, New York : McGraw Hill Inc.
2. Colman, James C. & Broen William E. (1972), Abnormal Psychology and Modern life, 4<sup>th</sup> Edition, Scott, Foresman and Company.
3. Gardner, Murphy (1964) An Introduction to Psychology, 1<sup>st</sup> Edition, Calcutta : Oxford and IBH Publishing Co.
4. Hurlock, (1980) Elizabeth Personality Development, 5<sup>th</sup> Edition, New Delhi: Tata McGrawHill Publishing Co. Ltd.
5. Mangal, S. K. (2007) General Psychology, 2<sup>nd</sup> Edition, New Delhi: Sterling Publisher Pvt. Ltd.



**I M.S.W**  
**Semester I**  
**Life Skill Training - I**  
**Course Code: LST201**

No. of hours per week	Credit	Total no. of hours	Marks
1	1	30	100

**Objectives:**

- To understand the fundamental rules of success
- To practice integrity in day-to-day life

**Course Outcomes (COs)**

CO No.	<i>Upon completion of this course, the students will be able to:</i>	PSO Addressed	Cognitive Level
CO-1	Understand the human values to lead a successful life	PSO-	U
CO-2	Apply the ethics in real life situation	PSO-	A
CO-3	Analyse and improve one's attitude	PSO-	Y

**Unit I**

Success - Success formulae.

Goals - The law of Karma, The law of clarity, and The law of flexibility. Positive Mental Attitude - The law of optimism and self-confidence.

**Unit II**

Purposeful-Burning desire - The law of desire and The law of energy. Planning and Preparation - The law of planning.

**Unit III**

Resources - The law of maximization - Time and its management: health, courage, strengths and weaknesses, attitude, will and skill, enthusiasm, initiative, creativity/resourcefulness/ingenuity, experience, appearance, orderliness and neatness, courtesy, politeness and manners, charisma, live life, have luck and skills.

**Unit IV**

Self-discipline -The law of time preference and The law of direction. Action - The law of applied effort and The law of compensation.

Persistence.

**Unit V**

Prayers - The partnership with God - work with commitment towards the goal - work and prayer. Values - to attain stability in life -Benjamin Franklin's thirteen virtues.

**Text Book**

Rao, C.N. (2014). 10 Fundamental Rules of Success. India: V & S Publisher.

**Reference Books:**

1. Bellamy, D.R. (1999). 12 Secrets for Manifesting your Vision, Inspiration and Purpose. India: Master Mind Books.
2. Iyer,S.S.(2009).Managing for Value .New Delhi :New Age International Publishers.
3. Sharma ,S.P.(1999).Success Through Positive Thinking .Delhi: Pustak Mahal
4. Raj ,A.S.(2015).Personality Development .Delhi :Fire wall Media.

**Self-Learning**  
**Course Course Code**  
**PW20S1 Indian Polity**

**Objectives**

- To get basic knowledge about Indian Constitution structure
- To understand the basic concepts and rights of Indian Citizens

**Introduction to Indian Constitution**

Historical Background (The company rule 1773-1858, The Crown Rule 1858-1947)

Making of the Indian Constitution, Salient features, Preamble, Union and its territories, Citizenship, Fundamental rights, Directive principle of State policy, Fundamental duties (Article 1 to 51A)

**Unit-II**

**System of Government**

Parliamentary System- Features of parliamentary government , Features of Presidential government, Merits and demerits of Parliamentary system , Federal System – Federal features and unitary features of the constitution, Centre and state Relations-legislative relations, Administrative relations, Financial relations, Interstate Relations- Interstate water disputes, Inter state councils

**Unit-III Central**

**Government**

President – Election of the president, Qualifications, oath and condition, term, Impeachment, and vacancy, Powers and functions of the president, Veto power of the president, Ordinance making power of the president, Pardoning power of the president, Constitution position of the president

Vicepresident-Election, Qualifications, oath, Conditions of office, Term, Vacancy, Powers and functions

Prime Minister-Appointment, oath, Term salary, Powers and Functions of Prime Minister Powers and functions of Supreme Court, Judicial review, Judicial Activism

Central Council of Ministers

## Unit IV

### State Government, Panchayati Raj, Municipalities, Union Territories and Special Areas

Governor -Appointment of Governor, Term, Powers and Functions, Constitutional provisions

Chief Minister- Appointment of Chief Minister, Term, Powers and Functions, Constitutional provisions

State Legislature, High Court, Special Status and special provisions for some states, Panchayati Raj, Municipalities major powers and functions

## Unit V

### Constitutional bodies and non-Constitutional Bodies (only important Functions)

Constitutional Bodies-Election commission, Union Public Service Commission, State public Service Commission, Finance Commission, National Commission for SCs, STs, Special officer for linguistic Minorities, Comptroller and auditor General of India, Attorney General of India, Advocate general of State

Nonconstitutional Bodies - NITI Aayog, National Human rights, State Human rights, Central

Information Commission, State Information Commission, Central vigilance Commission, Central bureau of Investigation, Local and Lokayuktas

## References

1. M. Laxmikanth, Indian Polity, Fifth Edition, McGraw Hill Education (India) private limited (2017)
2. M. Karthikeyan, Governance in India Basic and beyond, Second edition, Kindle publication (2016)
3. D.D Basu Introduction to the Constitution of India, 23 rd Edition, Lexis Nexis publication (2018)
4. Manohar Pandey, General knowledge 2018, Arihant publications (India) Limited (2018)
5. Subhash C. Kashyap, Our parliament 2018, NBT. India publications (2018)
6. Spectrum, Indian Polity (first edition 2013, 6th edition 2018) Spectrum publications (India) limited (2018)

### Semester III

#### Major Elective - Public Health

Management Course Code: PW2032

Hours/week	Credits	Total Hours	Marks
5	4	60	100

#### Objectives:

- To get more knowledge about Health.
- To know various administrative structures in health care.

- **Course Outcome**

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the concepts of health and importance of Public Health.	PSO-6	U
Co-2	Explain the symptoms, treatment, and prevention of communicable and non-communicable diseases.	PSO-6	U
Co-3	Apply the skills of population policy in promotion of family planning.	PSO-7	Ap
Co-4	Analyze the communication media in health education.	PSO-6	An
Co-5	Understand the recent national health programme and schemes in India.	PSO-6	U
Co-6	Discuss the various systems promoting Health care in India	PSO-6	An

#### Unit: I

**Concept of Health:** Dimensions of Health: Physical, mental, social, emotional and spiritual. Indicators of health: Mortality, morbidity, disability, nutritional status, environmental status, socio economic status and healthcare delivery. Public Health: Definition, meaning, functions and importance of Public Health.

#### Unit:II

**Diseases:** Concept, definition, causative factors and its types. Symptoms, mode of transmission, treatment and prevention of major communicable diseases: (Air borne, water borne, Vector Borne) - TB, Sexually Transmitted Infections (STI), hepatitis, poliomyelitis, diphtheria, diarrhea, malaria, cholera, typhoid, leprosy and HIV/AIDS- Psycho social intervention in communicable diseases. Epidemic and Pandemic diseases in global level.

### **Unit: III**

**Non - communicable diseases:** Causes, symptoms, treatment and prevention of major non - communicable diseases: cancer, diabetes, asthma, hypertension, cardiac disorders, Occupational Health problems - Psycho social intervention in non - communicable diseases  
- Role of medical social worker.

### **Unit: IV**

**Family Planning and Health Education:** Definition and Scope. Birth control Methods – National Population Policy 2000 - Social Work intervention in promotion of Family Planning. Health education: definition, objectives, approaches, principles. Information, Communication and Education (IEC); Health advocacy and Health campaigning.

### **Unit: V**

**Health Care Planning and Management:** Healthcare Planning - Meaning, Definition, Objectives, goals. Health Care System in India: PHC, CHC, Taluk hospital, District hospital, Medical College, specialized hospitals (Public, Private, Indigenous and Voluntary). National Health Policy 2017 - Achievements and Short comings. National Health Programmes and schemes - NHM : NRHM and NUHM

### **Reference Books:**

1. Anderson Clifford R., (1977) Your guide to health, (1st Edition) Oriental Watchman, Pune, Publishing House.
2. Davidson Stanley, Passmore R., Brock J. F, Truswell A. S., Edinburgh, (1979) Human Nutrition & Dietetics, (7<sup>th</sup> Edition) , London, Churchill Living stone.
3. Suraj Gupte, (1991) Speaking of Child Care, (8<sup>th</sup> Edition) New Delhi, Sterling Publishers Pvt. Ltd.
4. Park.K,(2013) Preventive and Social Medicine, (21<sup>st</sup> Edition), Jabalpur, India Banarsida's Bhanot Publishers.
5. Rabindra Nath Pati, A.P.H. (2008) Family Planning, (1<sup>st</sup> Edition), New Delhi. Publishing Corporation.

### Semester III

#### Major Elective - Mental Health and Psychiatric

Disorders Course Code: PW2034

Hours / Week	Credits	Total Hours	Marks
5	4	60	100

#### Objectives:

1. To impart knowledge of Psychiatric Illness
2. To train the students to practice Psychiatric Social Work Effectively

#### Course Outcome

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand and use inner wisdom to work in the field of mental health.	PSO-6	U
Co-2	Identify the concepts related to mental health and mental illness and theoretical underpinnings related to it.	PSO-6	U
Co-3	Explain the general classification of mental disorder.	PSO-6	U
Co-4	Develop the psycho- social interventions in preventive, promotive and curative services that work towards enhancing the dignity of persons living with mental illness.	PSO-6	C
Co-5	Cite the examples of other mental disorder.	PSO-6	U
Co-6	Identify the psychiatric disorder in children, adolescence and women.	PSO-6	U
Co-7	Understand the psychiatric interviewing and National mental health programme	PSO-6	U

#### Unit: I

**Mental Health:** Definition and meaning of Mental Health, Mental Disorder- Psychiatry: Concepts, Criteria and characteristics of Mental Health and Neuro transmitters of mental functioning- History of Psychiatry in India. International Classification of Mental Disorder –

ICD 10 and DSM 5. Changing trends in Mental Health.

**Unit: III**

**General Classification of Mental Disorders – Personality disorders, psychosexual disorders, Psychoactive Substance Abuse:** Personality Disorders – types. Psychosexual disorders – Dhat Syndrome, Erectile dysfunction, Premature ejaculation, Paraphilias, Male or female arousal disorders. Psychoactive Substance Abuse.

**Unit: IV**

**General Classification of Mental Disorders – Psycho somatic disorders, Stress related disorders, Child Psychiatric disorders and Others:** Psychosomatic disorders – Peptic ulcer, bronchial asthma, ulcerative colitis, psoriasis, allergic dermatitis, hypertension, irritable bowel syndrome. Stress related disorders – Acute Stress Reaction, Post Traumatic Stress Disorder (PTSD), adjustment disorder. Child Psychiatric Disorders – Autism, Developmental disorders, Mental Retardation, Attention Deficit Disorders (ADD), Attention Deficit/Hyperactivity Disorder (ADHD). Emotional disorders, Habit disorders. Digital disorders. Trans Cultural Psychiatry.

**Unit: V****Unit: V****Psychiatric interviewing and National mental health programme:**

Case History Taking and Mental Status Examination. Uses of Rating scaling in assessment and intervention. Mental Healthcare Act,2017. National Mental Health Policy, District mental health programme.

**References Books:**

1. Francis J. Turner (1996) Social Work Treatment-Interlocking Theoretical approaches,(4<sup>th</sup> Edition) ,New York.The FREE press, A division of Simon & Schuster Inc.
2. Seker.K, Parthasarathy.R, Muralidhar.D, Chandrasekar Rao.M,(2007) Handbook of psychitric social work,(2<sup>nd</sup> Edition) , Bangalore, National Institute of Mental Health and Neuro Science.
3. Dr.Ramakrishanan. K, Dr.Arun Kumar.N, (2010) Psychiatry Made Easy, (1<sup>st</sup> Edition), Trichy, ATHMA Institute of Mental Health and Social Science.
4. Jennifer, John Wiley & Sons, (1981) An outline of modern psychiatry, (5<sup>th</sup> Edition) Hoboken.
5. Venkatesan. S, (2004) Children with development disabilities, (1<sup>st</sup> Edition) Amerind pub, sage publication.

### Semester III

#### Major Elective - Medical Social

Work Course Code: PW2036

Hours / week	Credits	Total Hours	Marks
5	4	60	100

#### Objectives:

- To impart knowledge on the importance of Medical social work.
- To train the students to practice medical social work effectively

#### Course Outcome

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Explain the concepts related to health and illness.	PSO-6	U
Co-2	Understand the interplay of health illness and patients that leads to inequalities.	PSO-6	U
Co-3	Understand the knowledge of various illnesses and identify its psychosocial impacts.	PSO-6	U
Co-4	Apply the skills of medical social work interventions and ability to work in hospital teams.	PSO-6	Ap
Co-5	Analyze the concepts and different types of disabilities.	PSO-6	An
Co-6	Apply the Medical social work techniques in disabilities.	PSO-6	Ap
Co-7	Understand the different types of social legislation acts.	PSO-10	U
Co-8	Apply the knowledge of social legislations related to public health in social work practice.	PSO-10	Ap

#### Unit: I

**Medical social work:** Definition, History in India, scope, skills and social work intervention of practicing medical social work, Limitations of practicing medical social work. Meaning and importance of preventive medicine- Concept and types of prevention. Social work intervention in the prevention of diseases and promotion of health.



## Unit:II

**Patients, Health, illness and Healthcare:** The concept of patients human being- Problems of hospitalization of the patient: familial, economic, emotional and social. Methods of fundraising and resource mobilization. Rights and Duties of patient.

## Unit: III

**Models and Approaches:** Models of Healthcare- Multidisciplinary approach and team work in treatment. Role and functions of the medical social worker as a member of the treatment team, and general hospital and its departments - Eye Bank, Blood Bank, Specialized Clinic(Neurology, Reproductive healthcare, Cardio vascular Problem, Cancer, Diabetes, occupational health problems), Organ and tissues donation. Medico legal issues.

## Unit :IV

**Disabilities:** Meaning, definition, types, magnitude, consequences, causes, symptoms, treatment and prevention of disabilities (Speech, hearing, Visual, Physical & mentally challenged) –

Intervention among psycho social problems of differently abled. Differences among Impairment, Disability and Handicap.

## Unit: V

**Social Legislation related to Public Health:** Rights of Persons with Disabilities Act (RPWD) 2016, Rehabilitation Council of India Act 1992, Medical Termination of Pregnancy Act (MTP) 1971, Food Adulteration Act 1954, The Drugs and Cosmetics Act 1940, The Births, Deaths and Marriages Registration Act 1886, The Epidemic Diseases Act 1897, The Prohibition of Smoking in Public Places Rules 2008.

## Reference Books:

1. Dora, GoldStien,(1954) Expanding Horizons in Medical Social Work,(1<sup>st</sup> Edition), Chicago, The University of Chicago Press.
2. Park.J.E&Park.K,(1997)Preventive and Social Medicine,(4<sup>th</sup>Edition),Jabalpur Banaridas Bhanot.
3. Banerjee, Gouri Rani, (1998) The Tuberculosis Patient, (1st Edition), Mumbai Tata Institute of Social Sciences.
4. Javeri D. R.,( 1996) Social Work in Hospital Set up,(4<sup>th</sup> Edition) Mumbai, KEM Hospital.
5. Pathak, S.H, (1961) Medical social Work in India, (1<sup>st</sup> Edition) Delhi ,School of Social Work.
6. Sundar .I,(2009) Social Work Practices in health and Medical Profession,(1<sup>st</sup> Edition) New Delhi ,Sarup Book Publishers Pvt. Ltd.

**Semester III Research Project  
CourseCode:PW20P5**

<b>Hours/Week</b>	<b>Credits</b>	<b>Total Hours</b>	<b>Marks</b>
<b>6</b>	<b>4</b>	<b>90</b>	<b>100</b>

**Objectives**

1. To gain knowledge towards research design and data collection.
2. To enable students to define research problem, analyse data and interpret results.

**Course Outcome**

<b>Cos</b>	<b>Upon completion of this course the students will be able to :</b>	<b>PSO Addressed</b>	<b>CL</b>
CO-1	define the research problem	3	R
CO-2	review the concepts, theories and formulate hypothesis	3	U
CO-3	formulate the research design	3	C
CO-4	understand the methods of data collection and collect the data	3	U
CO-5	analyse the collected data with the statistical tools, interpret it and summarize the findings	3	An

**Guidelines**

- All the students must undertake project work in the II year (III semester).
- The students, with the consent of the Supervisor and HoD.

<b>Evaluation</b>	<b>Marks</b>	<b>Month/ Date</b>	<b>Evaluator</b>
Proposed title, review of literature and objectives.	-	3 <sup>rd</sup> Week of III Semester	-
Final- Internal	60	September/ October	Internal. examiner
*Viva-voce	40	October /November	Ext. examiner
<b>Total marks</b>	<b>100</b>		

\* Mode of presentation by Power Point

## **Project framework**

I. The project format should be in:

- Font - Times New Roman
- Heading - Font size 14 (Bold) - Uppercase
- Sub headings - Font size 12 (Bold) – Lowercase; should be numbered. (Eg: Introduction 1; Subheading 1.1; 1.2 ....)
- Text, the content of the project – Font size -12 (Normal).

II. Project must be completed within the stipulated time.

III. Submission of project:

- one soft copy (PDF format in CD)
- Three hard copies (soft binding) duly signed and endorsed by the Supervisor and the Head.

### **I. Initial Pages - in the following sequence**

- i. Title Page
- ii. Certificate from the Supervisor
- iii. Declaration by the candidate endorsed by the Supervisor and HOD.
- iv. Acknowledgement (within one page - signed by the candidate).
- v. Table of Contents

### **II. Main body of the project**

- i. Introduction
- ii. Review of Literature
- iii. Methodology
- iv. Analysis and Interpretation v. Findings and suggestion
- vi. Summary vii. Bibliography

**Semester III**  
**Life Skill Training - II**  
**Course Code: LST202**

No. of hours per week	Credit	Total no. of hours	Marks
1	1	30	100

**Objectives:**

1. To aid students in making right choices and decisions
2. To create awareness on practical methods that lead to personal and societal development

**Course Outcome (CO)**

CO No.	<i>Upon completion of this course, the students will be able to:</i>	PSO Addressed	Cognitive Level
CO-1	Identify the root cause of social evils and it's consequences	PSO-	An
CO-2	Understand the importance of personal and emotional well being	PSO-	Un
CO-3	Empathise with the needy and disabled	PSO-	Ap

**Unit I**

Corruption - causes and types. Seeds and remedies of corruption.

Casteism - causes and consequences.

Communalism - characteristics - causes and remedial measures.

Regionalism - characteristics - causes and remedial measures.

**Unit II**

Abortion - reason and methods. Birth control

Alcoholism - alcoholism and causes of drinking. Harmful effects of liquor.

Drug addiction - causes - effects and control of drug addiction.

**Unit III**

Depression - signs - causes and treatments.

Suicide - signs and treatments. Child labour.

**Unit IV**

Divorce - causes and effects. Steps to avoid divorce.

Dowry system in India - Legislations to inhibit dowry system. Cases and problems.

**Unit V**

Care and concern for the aged and disabled - need to take care of elders. Caring of someone with physical disability.

HIV and aids - basic facts - causes - prevention and treatment.

**Text Book:**

(Compilation will be provided to the students)

**Reference Books:**

CN. Shankar Rao, India Social Problems - A Sociological Perspective. S. Chand and Company Limited. New Delhi. 2015.

CN. Shankar Rao, Sociology of Indian Society. S. Chand and company limited. New Delhi. 2004

Gawain, Shakti and Laurel King. Living in the Light. - A Guide to Personal Transformation. Natraj Publishing. Canada. 1998.

## Semester IV

### Major Core- Psychological Counselling: Theory and Practice

Course Code:PW2041

Hours/Week	Credits	Total Hours	Marks
5	4	60	100

#### Objectives:

1. To impart knowledge of effective Counselling Techniques.
2. To train students to be an efficient Counsellor.

#### Course Outcome

Co No.	Upon completion of this course ,students will be able to	PSO addressed	CL
Co-1	Recall the concepts and objectives of counselling.	PSO-3	K
Co-2	Understand the methods and techniques of counseling and Identify the problems and limitations of counselling.	PSO-6	U
Co-3	Apply the skills of counselling in various settings.	PSO-6	Ap
Co-4	Explain the importance of various theories in counseling & Develop an understanding of Disaster victims	PSO-8	An
Co-5	Assess the ethics and models of guidance and compare the counselling and guidance settings	PSO-6	E
Co-6	Formulate various disaster management strategies from Counseling techniques.	PSO-6	C

#### Unit:I

**Counselling:** Definition, Concepts, Objectives, Needs, Principles, Process, Skills, Techniques. Problems and Limitations of Counselling. Types of Counselling – Family, Group, Individual, Marital, Student, Geriatric. Counselling Relationship.

## **Unit:II**

**Theories and Therapies:** Psychoanalytic Theory, Adlerian Theory, Client Centered Theory, Behaviour Modification Theory, Rational Emotive therapy, Gestalt Theory, Reality Therapy and Transactional Analysis.

## **Unit: III**

**Counselling Practice in various Groups and Settings:** Counselling in Groups – T Groups, Encounter groups, Support groups, Psychoeducational groups and Psychotherapy groups. Counselling center – Family court, VCTC, ICTC, Family center, Palliative care center, Industrial center. Counseling with special Groups: Children, Youth, Aged and differently abled. Career Counselling with Adolescents.

## **Unit: IV**

**Psycho social support in Crisis and Trauma:** Reactions subsequent to Disaster (Mental Health Aspects, Emotional Reactions), Shock, Vigilance, Despair, Crying, Numbness, Guilt and Relieving. Basic Techniques of Counselling- Ventilation, Empathy, Active Listening, Social Support, Externalization of Interest, Valuation of Relaxation and Recreation and Spirituality. Crisis and Trauma counselling – Resilience and Psychological first aid; Supportive counselling with PLHIV, TB patients, Infertility Counselling, Sex counselling, Bereavement counselling, Counselling in disaster, Counselling against suicidal thoughts and Community counselling.

## **Unit:V**

**Counselling as a Profession:** Counsellor as a Professional; Ethical standards in Counselling; Research; Relevance of Counselling as a Social work practice; Role of professional social worker in counselling field, FCC in counselling profession; Do's and Don'ts in Counselling.

## **Reference Books:**

1. Francis J. Turner, (1996) Social Work Treatment-Interlocking Theoretical approaches, (4<sup>th</sup> Edition) New York, The FREE press, A division of Simon & Schuster Inc.
2. John Antony. D, (2006) Mental Disorders Encountered in Counselling- A textbook of clinical psychology Based on Diagnostic and statistical manual of mental disorders, (2<sup>nd</sup> Edition) Dindugal, Tamilnadu, Anugraha publications.
3. Lewis E. Patterson, Elizabeth Reynolds Welfel, (2001) The counseling process, (5<sup>th</sup> Edition) Cleveland state university, Wadsworth, Thomson Learning pub.
4. Feltham. C & Horton. I (2000) Handbook of Counselling and Psychotherapy, (2<sup>nd</sup> Edition) London: Sage Publication.
5. Nelson-Jones, R. (1995). The Theory and Practice of Counselling, (2<sup>nd</sup> Edition), London: Cassell.

**Semester-IV**

**Major**

**Elective-**

**Psychiatric Social Work Course Code: PW**

**2043**

<b>Hours/Week</b>	<b>Credits</b>	<b>Total Hours</b>	<b>Marks</b>
5	4	60	100

**Objectives:**

1. To impart knowledge on the importance of Psychiatric Social Work.
2. To train the students to practice Psychiatric Social Work Effectively

**Course Outcome**

<b>Co No.</b>	<b>Upon completion of this course ,students will be able to</b>	<b>PSO addressed</b>	<b>CL</b>
Co-1	Understand the history of psychiatric social work	<b>PSO-6</b>	<b>U</b>
Co-2	Interpret the major therapeutic approaches of intervention And rehabilitation.	<b>PSO-6</b>	<b>U</b>
Co-3	Apply the skills of working with different populations Across a variety of settings.	<b>PSO-6</b>	<b>Ap</b>
Co-4	Understand the relevance and applicability of different approaches vis-a-vis is emotional and interpersonal issues.	<b>PSO-6</b>	<b>U</b>
Co-5	Create the community mental health programme for high Risk group.	<b>PSO-6</b>	<b>C</b>

**Unit:I**

**PsychiatricSocialWork:**Definition,History,Scope,CharacteristicandImportanceofpsychiatricsocial work. Community Psychiatry: History ,Principles and Intervention.

**Unit:II**

**Psychiatric Social work in various settings:** Psychiatric Social Work as a Primary Setting- Psychiatric social work intervention in Various Settings- De-addiction centers, mental health centers, Educational centers, Medical centers, Geriatric care centers, Correctional centers, Special school, Half way homes, day care centers, Child Guidance clinic, Suicide prevention. Admission and Discharge procedures in Psychiatric hospital: Voluntary and Involuntary Admission.

### **Unit:III**

**Psychiatric Therapies:** Individual and Group Psycho Therapies, Conjoint Therapy, Organic Therapy- Medication, Electro Convulsive Therapy (ECT), Milieu Therapy, Occupational Therapy, Cognitive Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), Logotherapy, Neuro Linguistic Programme (NLP), Recreational and Relaxation therapies. Psychiatric hospital as a Therapeutic Community.

### **Unit:IV**

**Psychiatric Rehabilitation:** Meaning, concept, definition, Principles of Rehabilitation, Intervention of psychiatric social worker in Rehabilitation- Assessment, Planning, Implementing and Evaluating Rehabilitation Services. Community intervention in Rehabilitation (Individual, family, groups, community). Types of Rehabilitation Centers.

### **Unit:V**

**Community Mental Health Programme for High Risk Groups:** Post Partum Mothers, Children, Adolescents, Elderly, the mentally challenged, Alcoholic, Drug Dependence, Chronically Ill, families-in-distress, Disaster and Suicide victims. Prevalence of Mental Health problems among various groups

### **Reference Books:**

1. Francis J. Turner, (1996) Social Work Treatment-Interlocking Theoretical approaches,(4<sup>th</sup>Edition)New York, The FREE press,A division of Simon & Schuster Inc.
2. Sekar.k, Parthasarathy, Muralidhar, Chandrasekar Rao,(2007) Handbook of Psychiatric Social Work,(1<sup>st</sup>Edition)Bangalore,National Institute of Mental Health and Neuroscience.
3. Dr.Ramakrishnan.K,Dr.ArunKumar.N,(2010)Psychiatry Made Easy,(1<sup>st</sup>Edition)Trichy,A THMA Institute of Mental Health and Social Science.
4. Purnima N Mane,(1990) Setting in Child Guidance's Clinic,(1<sup>st</sup> Edition)Mumbai ,Tata Institute of Social Service.
5. Purnima N Mane,KatyandGandevia,(1993)Mental Health in India,(2<sup>nd</sup>Edition)Mumbai,Tata Institute of Social Sciences.



## Semester IV

### Major Elective - Hospital

Administration Course Code:

PW2045

Hours/Week	Credits	Total Hours	Marks
5	4	60	100

#### Objectives:

1. To impart knowledge of hospital administration.
2. To train students to be an efficient hospital administrator.

#### Course Outcome

Co No.	Upon completion of this course ,students will be able to	PSO addressed	CL
Co-1	Understand the meaning–evolution from charity to modern Hospital and classification of hospital.	PSO-7	U
Co-2	Interpret the hospital administration-concept ,principles and Hospital administrator-role ,functions and duties	PSO-7	U
Co-3	Understand human resource planning: Methods and Techniques	PSO-7	U
Co-4	Discuss the counselling-Training and development of Various categories and uses of computers in hospital.	PSO-7	Re
Co-5	Analyze hospital organization and role of hospital in the Health care delivery system.	PSO-7	An
Co-6	Understand the quality assurance in hospital services	PSO-7	U
Co-7	Understand the laws pertaining to hospital	PSO-7	U

#### Unit:I Hospital as a System:

Hospital-

Meaning, Evolution from charity to modern hospital ,Classification .Hospital

Administration- concept,definition,generalprinciples,importance,functions,patterns and standards.

## **Unit:II**

**Human Resource Planning:** Human Resource Planning : Methods and techniques- recruitment ,selection, induction, placement, performance appraisal, career planning and counseling. Trainingand development of various categories. Uses of Technology in hospital.

## **Unit:III**

**Organization of Hospital Administration :**The governing boards-The Department organization- TheHospitalauxiliary- Roleofhospitalinthehealthcaredeliverysystem.Corporatizationofhospitals.

## **Unit:IV**

**Quality Assurance in Hospital services:** General consideration-Setting the standard and associated problems - Improving the quality of hospital services. National Accreditation Board for Hospitals and Healthcare Providers (NABH)

## **Unit:V**

**Laws pertaining to hospital :**The Employees Provident Fund Act1952,TheEmployeesPension Scheme 1995,Employees DepositLinkedInsuranceScheme1976, The Employees State Insurance Act 1948, The Health Insurance Policy (Both Government and Private) – Issues and Challenges.

## **Reference Books:**

1. McGiobony,(1952)PrinciplesofHospitalAdministration,(2<sup>nd</sup>edition)Putnam,TheUniversity of California.
2. AryaP.PandGuptaR.P(1989),HumanResourceandAccounting,(3<sup>rd</sup>Edition)Delhi,DeepandD eep.
3. Goel, SL and Kumar.R(1990) Hospital Administration and Management,(2<sup>nd</sup>Edition),Delhi ,Kalinga.
- 4.Mathur.B.L(1990),HRD Strategies, approaches and experiences,(1<sup>st</sup>Edition)Jaipur ,Assistant Publishers.

**Semester IV**  
**Life Skill Training - II**  
**Course Code: LST202**

No. of hours per week	Credit	Total no. of hours	Marks
1	1	30	100

**Objectives:**

- 1. To improve the integral growth of human being towards sustainable development.**
- 2. To create awareness about human rights, values and their significance and their role.**

**Course Outcome (CO)**

CO No.	<i>Upon completion of this course, the students will be able to:</i>	PSO Addressed	Cognitive Level
CO-1	Understand the pros and cons of organ donation and transplant.	PSO-	
CO-2	To recognise their rights and address the issues pertaining to human rights violation.	PSO-	
CO-3	To acquire the skills required for a successful personal and professional life.	PSO-	

**Unit I**

Generation gap - causes. Bridging the generation gap.

Donate life - pros and cons of organ donation - organ donation and transplant.

**Unit II**

Impact of mass media on society - functions and social impacts of media.

Responsible freedom - freedom and responsibility.

**Unit III**

Violation of human rights - the right to live free. Freedom to move - freedom of thought and freedom of expression.

Right to democracy - types of violations and safeguarding of human rights.

**Unit IV**

Impact of materialism on youth.

Terrorism - causes - solutions to rid the world of terrorism and remedy.

**Unit V**

Marriage preparation - Fidelity and permanence. Values to practice for a successful marriage. Tips for a successful marriage.

Professional ethics and human values - work ethics - ethics and character. Civic virtues and respect for others. Types of value and its nature. Professional value and duty ethics - how to face challenges in the work place.

**Text Book:**

(Compilation will be provided to the students)

**Reference Books:**

Baghel, Dr. Sanjay Singh. *Social Media and Indian Youth*.

Apple Books. New Delhi.2015.Bhagwan , Dada. *Generation Gap* .

mahavideh Foundation. Ahmedabad. 2000.

M. Govindarajan, S. Natarajan and V.S. Senthil Kumar. Professional Ethics and Human Values. PHI Learning Private Limited. New Delhi .2013.

Don Miguel Riuz and Heather Ash Amara. *The Seven Secrets to Healthy , Happy Relationships*. Hierophant Publishing .2018.

	<b>Content addressed with Gender</b>
	<b>Content addressed with Environment Sustainability</b>
	<b>Content addressed with Human Values</b>
	<b>Content addressed with Professional Ethics</b>
	<b>Content addressed with Indian Knowledge System</b>